



East Texas Neuro Support Group 2023

- People Helping People -

February 18	Bingo Zoom Activity & Guest Speaker	1:00 pm
March 11	Bingo Zoom Activity & Guest Speaker	1:00 pm
April 1	ETNSG Pork Roast Fundraiser (Flyers will be made available before the event)	
April 22	Lufkin Spring Fest – This is not a scheduled group event, but you might choose to meet up with other group members and enjoy the day together.	10 am - 4 pm Optional Activity
May 6	Free Annual Fish Fry Dinner & Entertainment Ellen Trout Zoo (Second Picnic Pavilion to the left) 402 Zoo Circle Lufkin, TX 75904	11:00 am 3:00 pm
June 3	Angelina County Airport Meet at the pavilion Bring a sack lunch and drink or you can purchase a burger there 800 Airport Blvd, Burke, TX 75941-4366 936 634 7511	11:30 am
July 15	Free Ice Cream Social- A flyer will be mailed to you prior to the event	2 pm - 4 pm
August 12	Texas Pro Bowling Alley 3801 North St. Nacogdoches, TX 75965 <i>bowling bumper guards and accessible bowling ramp will be made available</i>	2 pm-4 pm
September 23	Lake Naconiche Park Free Picnic Meet at picnic pavilion. Take US Highway 59 north from Nacogdoches and turn left on FM 2435. Go approximately 2 miles and turn onto CR 137 ADA Accessible Bathrooms Nice sandy area for swimming No lifeguard, You might want to bring safety swimming gear/lawn chairs. Accessible covered fishing dock https://tpwd.texas.gov/fishboat/fish/recreational/lakes/naconiche/access.phtml	11:30 am
October 14	Stephen F. Austin University Experimental Forest/ Interpretive Trail 6592 FM 2782, Nacogdoches, TX www.srs.fs.usda.gov/4159/experimentalforests Free picnic then we will explore the trail together	11 am - 3 pm
November 11	Traditional Thanksgiving Dinner A flyer will be mailed to you prior to the event	12 pm - 3pm
November 18	ETNSG Pork Roast Fundraiser flyers will be made available prior to the event	
December 9	Christmas Dinner Lufkin Stringer's Barbeque See website for directions and menu www.lufkinbbq.com 203 S Chestnut St, Lufkin, TX 75901 (936)634-4744 If you'd like, bring a \$10 gift for the Chinese gift exchange Santa is Expected to join us!	12 pm-3pm
January 27	ETNSG Yearly Planning Meeting / Bingo Activity	1:00 pm

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**Bring a friend
or more!**

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