

FOOTBALL ANALYTICS CHALLENGE

FOR THE

Elijah Cavan William Ngana





"The only sign we have in the locker room is from 'The Art Of War': Every battle is won before it is fought."

- Bill Belichick.

Part 1

Exploring the Data



Key Assumptions

Q. Which route combinations were most popular in the NFL in 2020? Of these route combinations, which perform best against each coverage type?

We assumed:

- A route combination was a list of routes run on the play
- Over a large enough sample, weather would play only a small part
- Turnovers, TDs were less sticky then pass break ups and first downs
- Receivers mainly played one position (i.e slot or out wide)
- All plays are equally weighted (i.e a 10 yard gain in the 4th quarter is the same as a 10 yard game in the first - although this is handled by EPA)
- A receiver is anyone who runs a route including TEs and RBs
- Removed all plays where the QB is not on the field

What position excels against what coverage?

- Slot receivers are generally better than wide outs against Tampa 2. TEs are the best receivers in general against cover 0, cover 1 & cover 2. This makes sense since TEs are probably being covered by LBs in these schemes.
- We also see how the various personnel groupings fare against a given coverage; for example 21 personnel is most efficient at the combination and tampa 2 coverages (and useless for the cover type - i.e cover 0, cover 1 coverages)





Part 2

Cleaning and Engineering

Feature Engineering

We added a variety of features to help train the ML models and draw insights from the data. In particular, we calculated results which depended solely on the Coverage Scheme. Some examples of new features we used:

- Air yards
- YAC (yards after the catch)
- Pressure rate per Coverage Type
- Pass breakups per coverage type
- Receiver class (is a receiver especially good at running long routes, short routes, ect)
- Route length (is a given route long or short)
- Personnel groupings

Cleaning

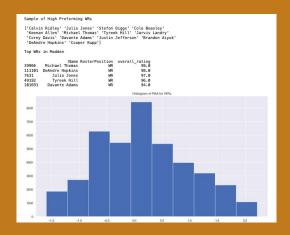
- Consolidated several route types into a route class (for example rb-screen and bubble-screen are credited with the 'screen' class)
- Removed plays in which the QB is not on the field
- Removed players who played less than 50 snaps
- Removed the coverages 'Spike' and 'Other



How long is that route?

In addition to defining new features, we also changed some of the pre existing columns. Here we are showing a scatter plot of the KMeans clusters for routes based on air yards (these are classified as Short, Medium, Long routes). As well as a histogram of Points above Average for WRs. This was done to simplify looking at the routes- there are less combinations if we replace the route names with the route length.





Part 3

Q. Part 1: What are the most Popular Routes/ Route Combinations

Most Popular Routes

Note: The combinations for the rest of the coverage types can be found in the notebook

```
Most popular route combinations 10 personnel:
(('Curl', 'Flat', 'Flat', 'Go', 'Out'), 31.0)
(('Curl', 'Curl', 'Flat', 'Flat'), 30.0)
(('Curl', 'Curl', 'Flat', 'Flat', 'Go'), 29.0)
Most popular route combinations 11 personnel:
(('Run Fake', 'rpo'), 115.0)
(('Curl', 'Curl', 'Flat', 'Flat'), 38.0)
(('Curl', 'Curl', 'Flat', 'Flat', 'Go'), 30.0)
Most popular route combinations 12 personnel:
(('Curl', 'Curl', 'Flat', 'Flat'), 21.0)
(('Run Fake', 'rpo'), 51.0)
(('Corner', 'Deep Cross', 'Flat', 'Quick', 'Run Fake'), 17.0)
Most popular route combinations 0 personnel:
(('Screen', 'Screen'), 54.0)
(('Curl', 'Flat', 'Flat', 'Go', 'Out'), 17.0)
(('Flat', 'Flat', 'Go', 'Out', 'Slant'), 15.0)
Most popular route combinations 1 personnel:
(('Curl', 'Curl', 'Flat', 'Flat'), 8.0)
(('Curl', 'Curl', 'Flat', 'Flat', 'Go'), 6.0)
(('Screen', 'Screen'), 14.0)
```

Here we show the most popular route combinations by personnel groupings and by Coverage type. Notice- the most popular route combinations are not always the ones that seek to maximize EPA.

```
Most Popular combinations for: Combination
                                         Route list personnel
                                                                   mean count
         ['Corner', 'Curl', 'Flat', 'Flat', 'Slant']
                                                           10 0.294190
                  ['Corner', 'Flat', 'Flat', 'Out']
                                                           10 -1.178749
84 ['Flat', 'Flat', 'Flat', 'Flat', 'Out', 'Swing']
                                                           10 -0.735372
Most Popular combinations for: Cover 0
                                 Route_list personnel
                 ['Corner', 'Flat', 'Slant']
                                                   11 -0.016449
312
                    ['Fade', 'Flat', 'Out']
                                                   11 -0.162710
                                                                    12
294 ['Fade', 'Flat', 'Flat', 'Flat', 'Out']
                                                                    10
                                                    0 -1.204635
Most Popular combinations for: Cover 1
                                 Route_list personnel
                                                                count
              ['Flat', 'Flat', 'Go', 'Out']
2589
                                                   11 -0.284107
                                                                    52
           ['Corner', 'Flat', 'Flat', 'Out']
                                                   10 -0.742640
                                                                    48
2577 ['Flat', 'Flat', 'Go', 'Out', 'Slant']
                                                                    35
                                                    0 -0.890183
```

Most Popular Routes cont...

```
Most Popular Route length combinations for: Combination
                              route len list personnel
                                                       mean
                                                           count
  ['medium', 'short', 'short', 'short']
                                                10 0.578493
    ['long', 'short', 'short', 'short']
                                          10 0.895750
    ['long', 'medium', 'short', 'short', 'short']
                                           0 -0.663793
Most Popular Route length combinations for: Cover 0
                              route len list personnel
                                                            count
                                                       mean
195
                   ['medium', 'short', 'short']
                                                 11 0.157812
   ['medium', 'short', 'short', 'short']
Most Popular Route length combinations for: Cover 1
                              route len list personnel
                                                       mean count
    ['medium', 'short', 'short', 'short']
                                                 10 0.056856
                                                              565
682
     ['short', 'short', 'short', 'short']
                                                10 -0.147920
                                                              515
      ['long', 'short', 'short', 'short']
500
                                                 10 -0.109546
                                                              480
```

```
Most Popular for Combination
  Route route_len
                      mean
                            count
  Flat
           Short 0.071175
                              152
  Curl
           Short 0.387381
                               67
   Out
           Short 0.166135
                               52
Most Popular for Cover 0
    Route route len
                        mean
                              count
    Flat
             Short -0.178837
                                616
    Curl
             Short -0.011489
                                228
   Slant
             Short 0.026088
                                214
Most Popular for Cover 1
  Route route len
                      mean
                            count
  Flat
           Short -0.011508
                             5128
   Curl
           Short -0.084758
                             2880
                             2078
    Go
            Lona 0.011684
```

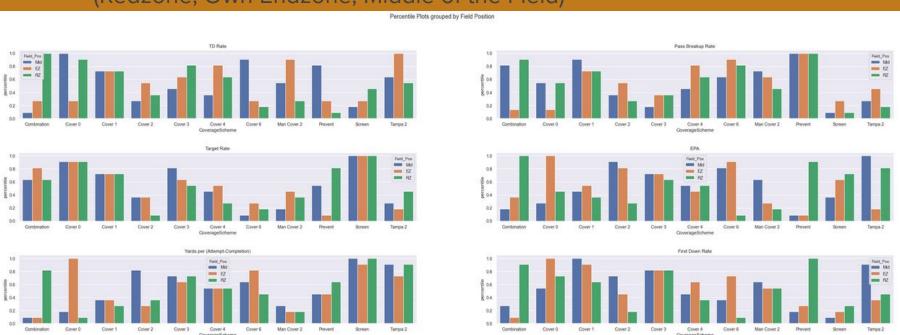
Part 4

Models & Analysis

Q. Part 2: Of these route combinations, which perform best against each coverage type?

Stacking Coverage Schemes Against One-Another

Plotting the most important features per coverage type based on percentiles relative to other coverages. Further split by Field Position (Redzone, Own Endzone, Middle of the Field)



Percentile Plots: Insights

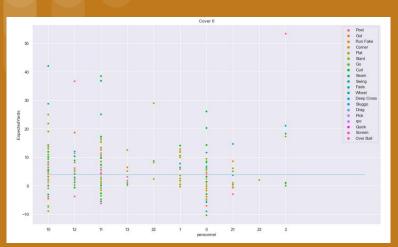
We have determined that:

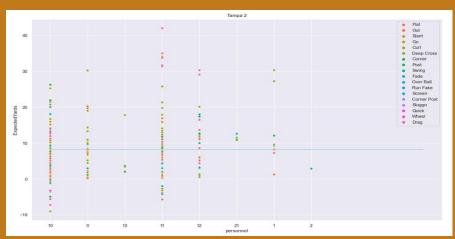
- The cover schemes (cover 0, cover 1 for example) tend to be more steady, while schemes like Tampa 2, Combination can wildly fluctuate in effectiveness based on field position
- The more DBs you have in coverage tends to limit targets; but you end up giving up high EPA plays/ many first downs
- Prevent has a high pass break up rate; but also a high target rate. This tells us that game situation plays a huge role in what play schemes and coverages are run.

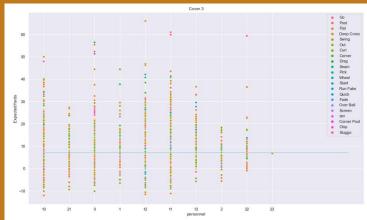
ML Models: General Info

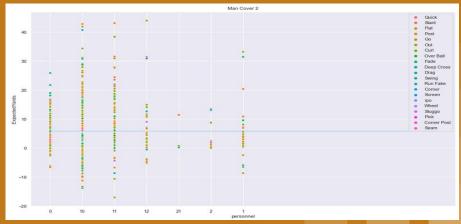
- Logistic regression and random forests regression models used
- Features used:
 - <u>Team stats class:</u> (ex. Point differential) allows the model to determine the difference between the two teams playing (including how good one offense is compared to the opposing defense)
 - <u>Player stats</u> (ex. Points above average) allows the model to distinguish between a good QB throwing to a good receiver v.s a bad QB throwing to a bad receiver
 - <u>Cover Scheme class:</u> coverage scheme statistics such as the average pass break ups or pressure rates for a given coverage scheme
 - Routes class: the route combinations and route lengths used on the play. Including if a receiver is running a 'specialist' route (a route the receiver is much better than the average receiver in running). Also the personnel grouping is included.

ML Model: Expected Yards (98% accuracy)







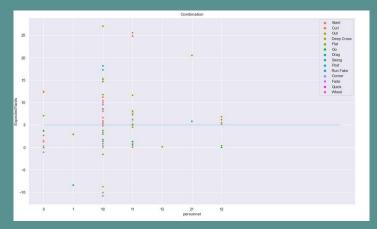


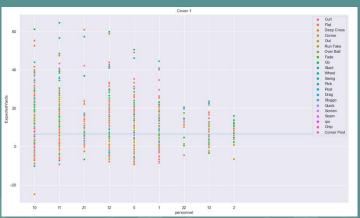
Expected Yards: Insights

The plots in the previous slide show a sample of the expected yards model (98% accuracy) versus personnel groupings and the targeted route on the play. We can draw several insights from these plots. For example: The combination scheme is least successful against 10 personnel, but does a good job versus 0, 12, 23 personnel. Routes that are effective against combination include slants, curls and flats.

Conversely, Cover 1 succeeds versus 22, 13 and 02 personnel; but is burned by 10,11,12 personnel for example. Routes that are effective against Cover 1 include Go routes, slants and flats.

The blue line represents the average offensive yardage against that coverage scheme





ML Model: Probability of First Down (97% accuracy)

ML model which calculates the probability of a first down based on the route being run on the play (as well as a number of other features). The plots show the probability of a first down given that an optimal route is being run, compared to the average probability for all route combinations. In part 1 we showed the most popular route combinations; the optimal routes are now the routes that maximize EPA against a given coverage. The blue line represents the probability of a first down for the average route combination.



Probability of First Down: Insights

We have determined that:

- For every coverage scheme, running the optimal routes is more effective (obvious since they are chosen based on EPA). But for some coverages these optimal routes are more effective than for others (see EDA plot, receivers are not always the best position player to target for a given coverage).
- The cover schemes (as opposed to combination schemes,
 Tampa 2, ect) are the most effective schemes at limiting
 first downs

<u>Limitations and Improvements</u>

There are several ways we could improve this analysis. We were also limited by the data.

- No tracking data (given us alternative ways to classify routes)
- Only 1 year of data
- We did not take into account how often a receiver plays, or how a good receiver might 'warp' the defence
- We did not take into account how running a play multiple times decreases its effectiveness
- We didn't look at different formation types (21 personnel v.s 12 personnel for example)
- We did not account for the strength of a given DB and how that might affect plays run by the offense
- Is a route effective or is the defense conceding the play. For example, if I
 get an 8 yard gain against a 'prevent' coverage; is this an effective play or
 am I doing what the defense wants me to do.

Optimal route combination against:

<u>Cover 0:</u> [Go/Fly, Curl, Swing-right, Deep Cross] <u>run fake, Go/fly, Seam, swing-left]</u>

<u>Cover 6: [comeback, Go/fly, Chuck & release]</u> <u>Cover 1:</u> [Go/Fly, Deep Cross, Pick, Flat Left]

Combination: [Curl, Slant, Corner] Man Cover 2: [slant, Go/fly, Post, Curl]

<u>Cover 2:</u> [Go/Fly, Seam, Curl, Chip-Flat] <u>Cover 4:</u> [curl, curl, flat-right, corner post]

<u>Prevent: [chuck & release, Go/fly, Deep Cross, Dig]</u> <u>Tampa 2: [over ball, flat-right, Go/fly, curl]</u>

Screen: [corner, fade, jet sweep pass]

References: Additional Datasets Used

Madden ratings: https://maddenratings.weebly.com/

Strength indicators:

https://www.pro-football-reference.com/years/2020/index.htm

That's all Folks!