Prediabetes subtypes



CLUSTER 3 HIGH RISK LOW INSULIN SECRETION HIGH GENETIC RISK

High risk of diabetes
High cardio-vascular risk

CLUSTER 5 HIGH RISK HIGH LIVER FAT

High risk of diabetes High cardio-vascular risk Higher mortality HIGH VISCERAL FAT HIGH RENAL SINUS FAT

Relatively low diabetes risk High risk of nephropathy Higher mortality

CLUSTER 1,2,4: LOW DIABETES RISK, LOW MORTALITY