

U5U6 essentials

Theme1 Unforgettable travel to Beijing

[vocabulary]

newbie/noob	=newcomer	bountiful	巨大的; 慷慨大方的
panoramic	<i>the whole picture of...</i>	vigor	<i>energy</i>
IG spot	网红打卡地	go big or go home	不鸣则已, 一鸣惊人
authentic	<i>original and real</i>	insane	<i>crazy</i>
rides	游乐园中的项目	vocation	职业 (易混 vacation)

Theme2 Let's talk about travel

[vocabulary]

hit the bar/beach	<i>slang. go to the bar...</i>	dramatic	<i>very impressive and unforgettable</i>
cosmopolitan	世界性的; 见识广的		
cuisine	<i>French word. 烹饪, 料理</i> (Cantonese... etc.)	stunning	<i>very very impressive or attractive</i>
touristy	<i>a. 专为游客设计的 (指充满了商业气息的)</i>		

Theme3 How to order food at a restaurant?

[Dialogue chips]

- (1) Party of how many? Two please.
- (2) A booth or a table? A table for two, please.
- (3) A diet coke, please. (*Refer to "0 calorie coke"*)
- (4) Can I take your order? Not yet. / We need another minute.
- (5) What would you recommend? / What do you have? / What's the special today?
- (6) starter (*dishes before the main course*)
- (7) entrée or main course (*the main dish of the meal*)
- (8) How would you like your steak done? (*Blue / Rare / Medium rare / Medium / Medium well / Well done*)
- (9) Can I get this to go? / Check please!

Attention: To be polite, always use words like "can I", "please", etc.

[Menu]

Caesar salad	凯撒色拉	pasta	意面
ribs	猪肋排	sunny side-up	单边煎蛋
lamb	羊排	scrambled eggs	炒蛋
chicken steak	鸡排	over easy	溏心蛋
seafood	海鲜	hard boiled	水煮蛋
omelets	蛋饼	ketchup	番茄酱
York cake	蛋黄酥	mashed potatoes	土豆泥
yam	淀粉类的食品	sweet potatoes	红薯
Chinese yam	山药	poutine	肉汁奶酪薯条
brownie	巧克力蛋糕	gluten	麸质

Theme4 Let's do sports

[vocabulary]

aerobic	有氧健身操	pull up	引体向上
cardio	有氧运动	hurdle	跨栏
sprint 50m	50m 冲刺跑	sit and reach	坐位体前屈
final	决赛	jargon	行话(term)
semifinal	半决赛	mechanism	机制, 规定
a slip of the tongue	口误	communal	集体的
stroke	脑卒中, 中风	diabetes	糖尿病(Not pl.)