

# WHAT YOU JUST BOUGHT

You now have access to Prometheus--your personal AI strategist, goal architect, and no-BS planning assistant. This isn't therapy. This isn't fluff. It's structure, clarity, and fire--on your terms.

Inside this download, you'll find:

- Your private link to the Prometheus AI
- A 3-day Quick-Start Setup Plan
- Bonus tips to maximize your results

# STEP 1: ACCESS THE AI

Click the link below to open Prometheus in ChatGPT (ChatGPT Plus required):

[>> Access Prometheus Now](YOUR-LINK-HERE)

(\*If you haven't already, sign into ChatGPT and activate the link.\*)

Make sure to bookmark the page--this is your permanent access.

### STEP 2: YOUR 3-DAY QUICK START PLAN

Day 1 - Get Grounded

Say: "Prometheus, help me define the 3 most important areas of my life right now."

You'll build focus. Choose one priority to improve first--health, finances, discipline, relationships, or purpose.

Day 2 - Map the Fire

Say: "Prometheus, help me create a short-, mid-, and long-term plan for [my goal]."

You'll get a structured breakdown--daily habits, 30-day missions, and 12-month objectives.

Write them down. Print them out. This is your new blueprint.

Day 3 - Lock It In

Say: "Prometheus, create a weekly ritual and daily habits to keep me accountable and moving forward."

You now have a system. Set a time each week to check in with Prometheus, update your goals, and reflect.

### TIPS TO GET THE MOST OUT OF PROMETHEUS

- Be honest. Prometheus works best when you're real about what's in your way.
- Talk to it like a coach. Give context. Ask for specifics. Push back if needed.
- Save your best outputs. Screenshot or copy what matters--you'll refer back later.
- Use it daily or weekly. Make it part of your rhythm--not just a one-time tool.

#### NEED HELP? FEEDBACK? IDEAS?

This is just the beginning. If you have suggestions, hit a roadblock, or want to share a win--email me:

[YOUR EMAIL HERE]

Your feedback shapes future versions and updates.

FINAL NOTE

Now it's your turn.
- Prometheus Support Team (a.k.a. just a guy named Bryan who built this damn thing to survive)

You're not alone. You're not broken. And you're not done.

Prometheus was built by someone who knows the fire--and still walks through it.