



QUARTERLY THEORY

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What is Quarterly Theory?

Key Points

- » There are two elements in charts, price elements and **time elements**.
- » **Quarterly theory** is a time element. 
- » Quarterly theory suggests that time can be divided into **4 quarters** and each quarter serves a different purpose.
- » It helps us identify the best times to take a trade and when this time knowledge is applied at HTF PD Arrays we get High Probability trades.
- » All of the major Higher timeframe (HTF) PD arrays have been talked about previously.
 - **OrderBlocks**
 - **Fair Value Gaps**
 - **Liquidity**

Marking **Quarters** for Different Timeframes

Key Points

» An **yearly** cycle consists of 4 quarters. *(3 months each)*

- Q1 = Jan-Mar
- Q2 = April-June
- Q3 = July-Sept
- Q4 = Oct-Dec

» A **monthly** cycle consists of 4 quarters. *(1 week each)*

- Q1 = First Full Week
- Q2 = 2nd Week
- Q3 = 3rd Week
- Q4 = 4th Week

» A **weekly** cycle consists of 4 quarters. *(1 day each)*

- Q1 = Monday
- Q2 = Tuesday
- Q3 = Wednesday
- Q4 = Thursday

» A **daily** cycle consists of 4 quarters. *(6 hours each)*
(All Times are in EST or UTC-4)

- Q1 = 6:00 P.M to 12:00 A.M
(Asian Session)
- Q2 = 12:00 A.M to 6:00 A.M.
(London Session)
- Q3 = 6:00 A.M to 12:00 P.M
(New York Session)
- Q4 = 12:00 P.M to 6:00 P.M
(Afternoon Session)

Marking **Quarters** for Different Timeframes

Key Points

» A **session** cycle consists of 4 quarters. *(90 minutes each)*
(Asian Session)

- Q1 = 6:00 P.M to 7:30 P.M
- Q2 = 7:30 P.M to 9:00 P.M
- Q3 = 9:00 P.M to 10:30 P.M
- Q4 = 10:30 P.M to 12:00 A.M

(London Session)

- Q1 = 12:00 A.M to 1:30 A.M
- Q2 = 1:30 A.M to 3:00 A.M
- Q3 = 3:00 A.M to 4:30 A.M
- Q4 = 4:30 A.M to 6:00 A.M

(New York Session)

- Q1 = 6:00 A.M to 7:30 A.M
- Q2 = 7:30 A.M to 9:00 A.M
- Q3 = 9:00 A.M to 10:30 A.M
- Q4 = 10:30 A.M to 12:00 P.M

(Afternoon Session)

- Q1 = 12:00 P.M to 1:30 P.M
- Q2 = 1:30 P.M to 3:00 P.M
- Q3 = 3:00 P.M to 4:30 P.M
- Q4 = 4:30 P.M to 6:00 P.M



Marking **Quarters** for Different Timeframes

Key Points

» A **90 minutes** cycle consists of 4 quarters. (*22 minutes each*)
(these are also called macros)

First 90 minutes of Asian session:

- Q1 = 6:00 P.M to 6:22 P.M
- Q2 = 6:23 P.M to 6:45 P.M
- Q3 = 6:45 P.M to 7:08 P.M
- Q4 = 7:08 P.M to 7:30 P.M

Second 90 minutes of Asian session:

- Q1 = 7:30 P.M to 7:52 P.M
- Q2 = 7:53 P.M to 8:15 P.M
- Q3 = 8:15 P.M to 8:37 P.M
- Q4 = 8:37 P.M to 9:00 P.M

Third 90 minutes of Asian session:

- Q1 = 9:00 P.M to 9:22 P.M
- Q2 = 9:23 P.M to 9:45 P.M
- Q3 = 9:45 P.M to 10:08 P.M
- Q4 = 10:08 P.M to 10:30 P.M

Fourth 90 minutes of Asian session:

- Q1 = 10:30 P.M to 10:52 P.M
- Q2 = 10:53 P.M to 11:15 P.M
- Q3 = 11:15 P.M to 11:37 P.M
- Q4 = 11:37 P.M to 12:00 A.M

You can mark macros like this for each session by dividing each session in 22 minutes quarters. NOBODY INVENTED THEM.

What is Judas Swing And True Open?

Key Points

- » **Judas swing** is basically a liquidity sweep/manipulation to shake out retail stops before market turns in the desired direction.
- » Points where Judas swing is applicable:
(all these were discussed in detail in the liquidity video)
 - Weekly Highs/Lows
 - Structural Highs/Lows
 - Equal Highs/Lows
- » True Opens are areas revisited by price before giving the actual move.
- » True Opens are defined by these times:
 - Yearly true Open = 1st Monday of April
 - Monthly true open = 2nd Monday of the month
 - Weekly True open = 6:00 PM EST every Monday
 - Daily True open = 12:00 P.M (Midnight) EST time.
 - NY Session True open = 7:30 A.M EST time.
 - Asian Session True open = 7:30 P.M EST time.
 - London Session True open = 1:30 A.M EST time.

Possible Price Paths for Quarterly Theory

Key Points 💡

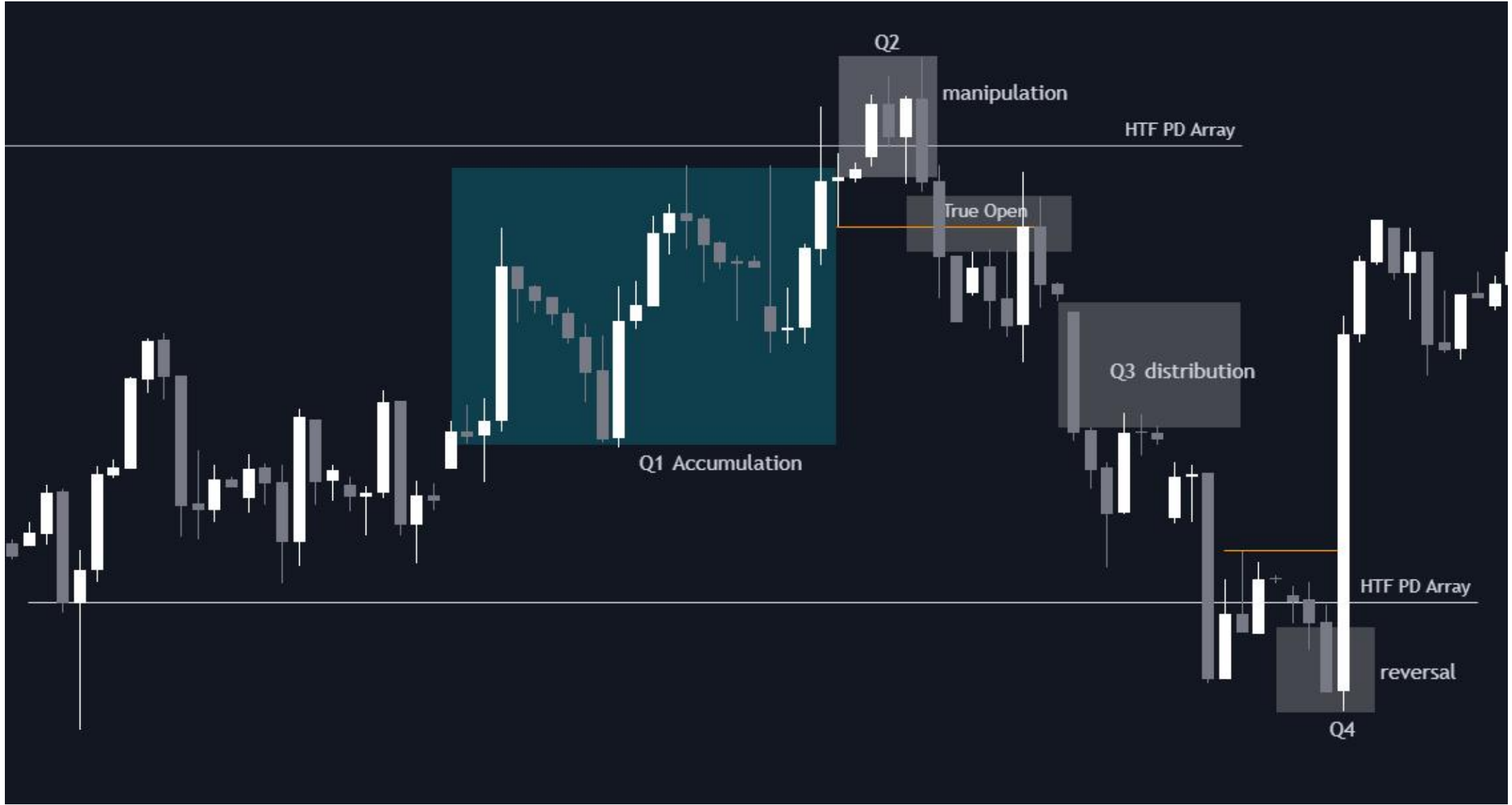
» Two possible paths:

- AMDX
- XAMD

AMDX

- Q1 = Accumulation/Consolidation
- Q2 = Manipulation/Judas Swing
- Q3 = Distribution
- Q4 = Continuation/Reversal from HTF PD Array





Possible Price Paths for Quarterly Theory

Key Points

XAMD

- Q1 = Continuation/Reversal of HTF PD Array
- Q2 = Accumulation/Consolidation
- Q3 = Manipulation/Judas Swing
- Q4 = Distribution



- » In either model a trade can be taken at the **Judas Swing** Region or when price tests the **true open**.

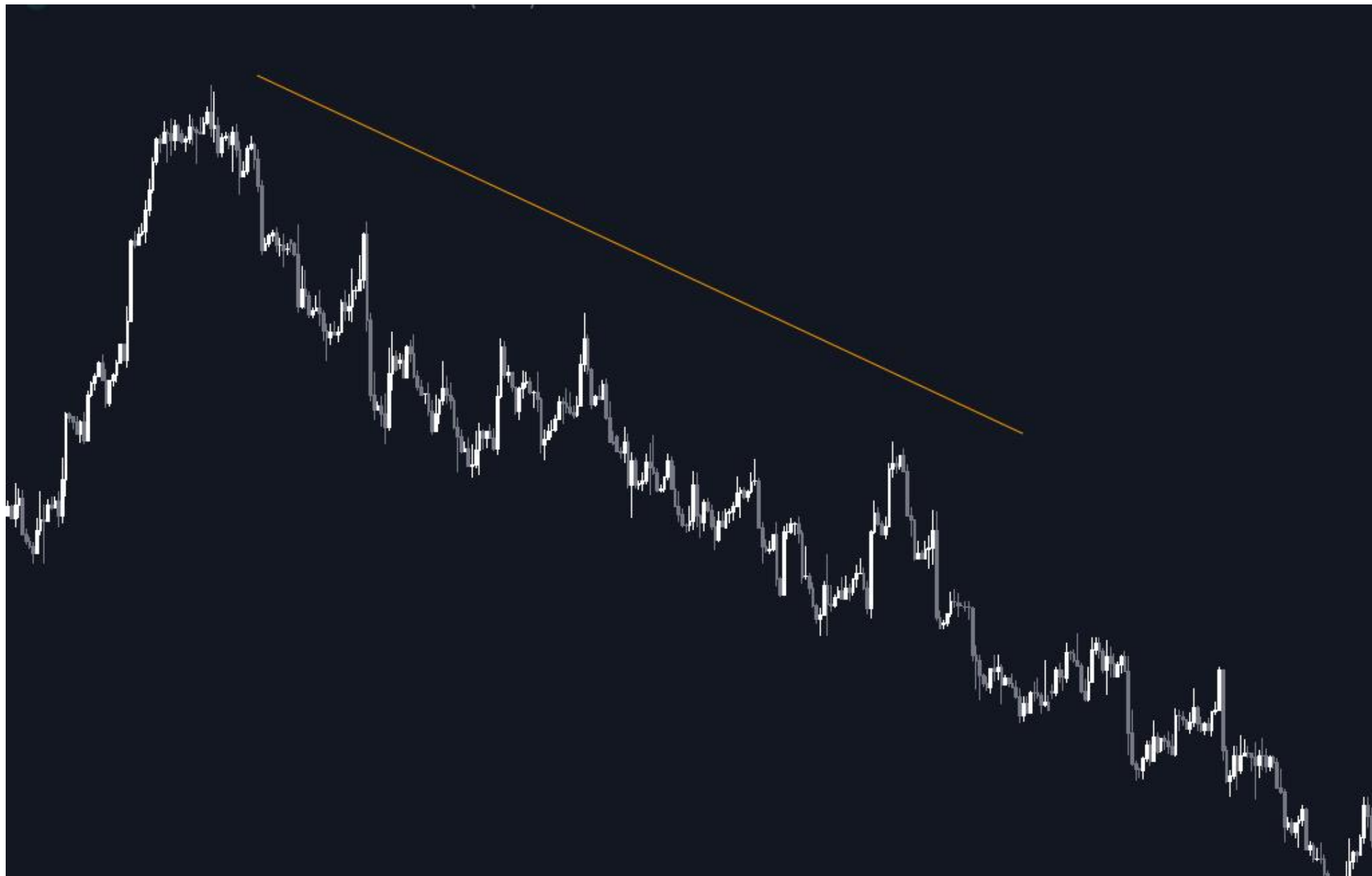


High Probability way of Trading **Quarterly Theory**

Checklist 💡

- 1** Align your trade with the Higher timeframe PD Array.
- 2** Wait for News to happen according to Econmic Calendar.
- 3** Use either the AMDX or XAMD Model.







Video Link



Scan the QR code to directly to the video.



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