

POLICY NAME	Zurzuvae (zuranolone)	POLICY #	3254P
--------------------	-----------------------	-----------------	-------

Criteria

Postpartum Depression (PPD)

- ☐ Diagnosis of postpartum depression
- ☐ Onset of symptoms (major depressive episodes) in the third trimester or within 4 weeks of delivery AND patient is ≤12 months postpartum
- ☐ Age 18 years or older
- ☐ Prescriber attests that the patient has been counseled and has agreed to adhere to the following:
 - Patient will follow instructions to not drive or operate machinery until at least 12 hours after taking each dose of Zurzuvae for the duration of the 14-day treatment course
- ☐ Documented trial and failure of 3 months, contraindication, or intolerance to at least one SSRI or SNRI (e.g., escitalopram, sertraline) during current PPD episode or previous depressive episodes

Exclusion Criteria – Any of the following prevents coverage

- ☐ Patient is currently pregnant
- ☐ Attempted suicide or at significant risk of suicide associated with current episode of PPD
- ☐ Medical history of seizures, bipolar disorder, schizophrenia or schizophrenic disorder
- ☐ Zurzuvae is considered experimental for the treatment of major depressive disorder

days over 12 months

- ☐ Limited to one approval within 12 months CPT Codes HCPCS Codes References