

**POLICY NAME**

Nuedexta (dextromethorphan hydrobromide/

**POLICY #****3048P**

## Criteria

### Coverage Criteria

- ☐ Diagnosis of pseudobulbar affect with underlying neurological disorder (i.e. amyotrophic lateral sclerosis (ALS), multiple sclerosis (MS), Alzheimer's, stroke, traumatic brain injury, etc.)
- ☐ Age 18 years or older
- ☐ Ordered by or in consultation with a specialist (neurologist, neuropsychologist, psychiatrist)
- ☐ Documentation of baseline crying and/or laughing episodes

### Exclusion Criteria – Any of the following prevents coverage

- ☐ Use with quinidine, quinine, or mefloquine
- ☐ Member does not have any contraindication to therapy