

POLICY NAME	Diabetes Drug Therapies	POLICY #	546P
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Criteria

Symlin (pramlintide) Step Edit

- ☐ Symlin will be covered for members with documentation of failure to reach blood sugar control with mealtime insulin
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- ☐ Members with the following conditions will not be required to meet the step edit:
 - Confirmed diagnosis of gastroparesis (delayed stomach emptying)
 - Need for medications to stimulate gastrointestinal motility
 - Poor compliance with current insulin regimen
 - Poor compliance with prescribed self-blood glucose monitoring
 - Recurrent severe hypoglycemia requiring assistance in the last 6 months
 - Presence of hypoglycemia unawareness
 - Pediatric patients Statement of the Policy

Glucagon-like peptide-1 (GLP- 1) and Glucose-Dependent Insulintropic Peptide (GIP) and Glucagon-like peptide-1

- ☐ GLP-1 Agonists: Byetta, Bydureon BCise, Ozempic, Rybelsus, Trulicity, and Victoza
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- ☐ GLP-1 and GIP Product: Mounjaro
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- ☐ Requested drug is being used for a Food and Drug Administration (FDA)-approved indication to improve glycemic control in patients with type 2 diabetes or reduce the risk of major cardiovascular events in adults with type 2 diabetes and established cardiovascular disease or multiple cardiovascular risk factors
 - Medical necessity for coverage is only established for the Food and Drug Administration (FDA)-approved indications
 - Off-label indications are otherwise excluded per the Excluded Drug List Policy
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- ☐ Drug is not being used solely for weight loss

- ☐ One of the following criteria is met:
 - Established ASCVD (coronary artery disease, cerebrovascular disease, or peripheral arterial disease OR identified as high risk for ASCVD as defined by one of the following
 - ≥ 55 years old with coronary, carotid, or lower extremity artery stenosis $> 50\%$
 - Left ventricular hypertrophy
 - Inadequate response (defined as at least 30 days of therapy within the previous 180 days) at the maximally tolerated dose, contraindication or intolerance of metformin
 - Inadequate response (defined as at least 30 days of therapy within the previous 180 days) at the maximally tolerated dose, contraindication or intolerance of a formulary insulin product
 - Requirement does not apply to State of Illinois members with diabetes and weight loss benefit per legislative mandate
- ☐ Coverage of Victoza (liraglutide) require previous trial with TWO of the following:
 - Mounjaro
 - Byetta or Bydureon
 - Ozempic or Rybelsus
 - Trulicity
- ☐ Quantity Limits as listed below

Dipeptidyl Peptidase IV (DPP-4) Preferred Product Step-Edit

- ☐ Preferred DPP-4 products fall into two groups:
 - Group 1: Tradjenta, Jentadueto, Jentadueto XR
 - Group 2: Januvia, Janumet, Janumet XR
- ☐ Pharmacy claims history showing that the member has filled at least a 90-day supply of metformin in the previous 180 days, or documentation of intolerance or contraindication to metformin; OR
- ☐ Pharmacy claims showing at least a 90-day supply of a formulary insulin product in the previous 180 days
- ☐ Quantity Limit as listed below

Dipeptidyl Peptidase IV (DPP-4) Non-Preferred Product Prior Authorization

- ☐ Non-preferred Products: Onglyza, Kombiglyze, Kombiglyze XR, Nesina, Oseni, Kazano, alogliptin, alogliptin-pioglitazone, alogliptin-metformin
- ☐ Documented failure of at least one product listed in Group 1, with claims history that indicates that the member has filled at least a 90 day supply of metformin in the previous 180 days, AND
- ☐ Documented failure of at least one product listed in Group 2, with claims history that indicates that the member has filled at least a 90 day supply within the previous 180 days
- ☐ Quantity Limit as listed below

Sodium Glucose Co-Transporter 2 Inhibitors (SGLT-2) Preferred Product Step Edit

- ☐ Preferred SGLT-2 products fall into two groups:
 - Group 1: Farxiga, Xigduo XR
 - Group 2: Jardiance, Synjardy
- ☐ One of the following criteria is met:
 - Established ASCVD (coronary artery disease, cerebrovascular disease, or peripheral arterial disease OR identified as high risk for ASCVD as defined by one of the following:
 - ≥ 55 years old with coronary, carotid, or lower extremity stenosis $> 50\%$
 - Left ventricular hypertrophy
 - Pharmacy claims history indicating that the member has filled at least a 90-day supply of metformin within the previous 180 days, or documentation showing intolerance or contraindication to metformin
 - Pharmacy claims showing at least a 90 day supply of a formulary insulin product within the previous 180 days
- ☐ Quantity Limit as listed below
- ☐ See SGLT2 Non-Diabetes Indications policies for coverage outside of this indication

Sodium Glucose Co-Transporter 2 Inhibitors (SGLT-2) Non-Preferred Product Prior Authorization

- ☐ Non-preferred products include: Invokana, Invokamet, Invokamet XR, Steglatro, Segluromet, Brenzavvy, Bexagliflozin
- ☐ Pharmacy claims showing at least a 90-day supply use of at least one Group 1 SGLT-2 product in the previous 180 days, AND
- ☐ Pharmacy claims showing at least a 90-day supply of at least one Group 2 SGLT-2 product in the previous

days

- ☐ Quantity Limit as listed below

SGLT-2/DPP-4 Combination Products Prior Authorization

- ☐ Coverage of SGLT-2/DPP-4 combination products require the following:
 - Products include: Glyxambi, Trijardy XR, Steglujan, Qtern
- ☐ Pharmacy claims showing at least a 90 day supply of Farxiga or Xigduo XR in the previous 180 days

- ☐ Pharmacy claims showing at least a 90 day supply of Jardiance or Synjardy in the previous 180 days
- ☐ Quantity Limit as listed below

Long Acting Insulin/GLP-1 Combination Products Prior Authorization

- ☐ Coverage of long-acting insulin/GLP-1 products, Soliqua and Xultophy, require documented failure with one of the following:
 - Pharmacy claims showing at least a 90 day supply of a GLP-1 product within the previous 180 days
 - Pharmacy claims showing at least a 90 day supply of a long acting basal insulin product within the previous 180 days (ex. Lantus, Levemir, Tresiba)

Medical Necessity for Immediate Dual Therapy Requirements

- ☐ New diagnosis of Type 2 diabetes mellitus
- ☐ A1c is greater than or equal to 9%
- ☐ Second drug being requested will be used in combination with metformin or a sulfonylurea unless there is a contraindication to both
- ☐ Immediate addition of a third product used with metformin AND any antidiabetic drug that doesn't require preauthorization is excluded.
- ☐ Immediate addition of a third product to combination products which include metformin or any other combination antidiabetic product that doesn't require preauthorization is excluded
- ☐ Use of in-class preferred formulary products is required
 - Example: Tradjenta or Januvia; Farxiga or Jardiance
- ☐ Quantity limits as listed below
- ☐ Addition of a third drug will require pharmacy claims showing member has used dual therapy for at least 3 months

Non-Preferred Insulin Step-Edit

- ☐ Coverage of non-preferred insulin products requires:
 - Non-preferred insulin products include: Novolin N, Novolin R, Novolin 70/30, Novolog, Novolog Mix 70/30, Admelog, Fiasp, and Apidra
- ☐ Pharmacy claims showing at least 3 months use of a preferred insulin, OR
- ☐ Notes from provider which show previous trial and failure, intolerance, or contraindication to a preferred insulin product

Definitions



Contraindication to metformin based on:

- Kidney dysfunction
- Concurrent active or progressive liver disease
- Active alcohol abuse
- History of acute lactic acidosis while taking metformin or chronic lactic acidosis
- Unstable or acute heart failure