

Policy Name: Hyperhidrosis Topicals**Policy#:** 2688P

Purpose of the Policy

The purpose of this policy is to define coverage criteria for Qbrexza (glycopyrronium) and Sofdra (sofpironium).

Statement of the Policy

Health Alliance Medical Plans will approve the use of Qbrexza (glycopyrronium) or Sofdra (sofpironium) under the pharmacy benefit if the following criteria are met.

Criteria

1. Criteria for Coverage for Axillary Hyperhidrosis (excessive sweating of the underarms)

- 1.1 Diagnosis of difficult to control underarm sweating present for > 1 year
- 1.2 Age 9 years or older
- 1.3 Sweating severely impacted the member's occupational and social activities
- 1.4 Documented failure, intolerance, or contraindication to an adequate trial of topical aluminum chloride solution
- 1.5 Documented failure, intolerance, or contraindication to therapy taken by mouth (systemic)
 - Anticholinergics
 - Beta blockers
 - Benzodiazepines

2. Exclusion Criteria

- 2.1 Qbrexza and Sofdra are only indicated for primary underarm sweating. Safety and efficacy has not been established for the treatment of palmar (hand), plantar (feet) or craniofacial (head/face) excessive sweating.

3. Managed Dose Limit

- 3.1 Qbrexza: 1 box (30 pads) per 30 days
- 3.2 Sofdra: 40.2mL per 30 days

4. Approval Period

- 4.1 Initial: 12 months
- 4.2 Reauthorization: 12 months with documented clinical benefit from therapy

CPT Codes

HCPCS Codes

References

1. Qbrexza (glycopyrronium) cloth [prescribing information]. Scottsdale, AZ: Journey Medical Corporation;

December 2023.

2. Sofdra (sofpironium) [prescribing information]. Wayne, PA: Botanix SB Inc; June 2024.
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4. Walling HW. Systemic therapy for primary hyperhidrosis: a retrospective study of 59 patients treated with glycopyrrolate or clonidine. *J Am Acad Dermatol* 2012; 66:387.
5. Schollhammer M, Brenaut E, Menard-Andivot N, et al. Oxybutynin as a treatment for generalized hyperhidrosis: a randomized, placebo-controlled trial. *Br J Dermatol* 2015; 173:1163.
6. Glaser DA, Hebert AA, Nast A, et al. Topical glycopyrronium tosylate for the treatment of primary axillary hyperhidrosis: Results from the ATMOS-1 and ATMOS-2 phase 3 randomized controlled trials. *J Am Acad Dermatol* 2019; 80:128.

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