

POLICY NAME

Zurzuvae (zuranolone)

POLICY #

Criteria

Exclusion Criteria – Any of the following prevents coverage

- ☐ 2.1 Patient is currently pregnant
- ☐ 2.2 Attempted suicide or at significant risk of suicide associated with current episode of PPD
- ☐ 2.3 Medical history of seizures, bipolar disorder, schizophrenia or schizophrenic disorder
- ☐ 2.4 Zurzuvae is considered experimental for the treatment of major depressive disorder

Postpartum Depression (PPD)

- ☐ 1.1 Diagnosis of postpartum depression
- ☐ 1.2 Onset of symptoms (major depressive episodes) in the third trimester or within 4 weeks of delivery AND patient is ≤12 months postpartum
- ☐ 1.3 Age 18 years or older
- ☐ 1.4 Prescriber attests that the patient has been counseled and has agreed to adhere to the following:
 - Patient will follow instructions to not drive or operate machinery until at least 12 hours after taking each dose of Zurzuvae for the duration of the 14-day treatment course
- ☐ 1.5 Documented trial and failure of 3 months, contraindication, or intolerance to at least one SSRI or SNRI (e.g., escitalopram, sertraline) during current PPD episode or previous depressive episodes

days over 12 months

- ☐ 4.2 Limited to one approval within 12 months CPT Codes HCPCS Codes References