I enjoyed doing this exercise so much. It was my first time setting up a decent lighting to take a picture of a person. I set up the lights all over around the person, that makes the person is the only thing that appears in the dark room. The high key is receiving the light from all the sides. On the other hand, low key is receiving the light only from one side. That makes the object/person divided into 2 sides. One bright side with a 100% light, Second dark side with around 25% of light.