

DR SWARNA GOWRI

Naturopathy & Yoga Consultant

Dr Swarna has 20 years of experience in treating patients leveraging natural cures such as naturopathic diet, acupuncture, acupressure, yoga and counselling. She has also worked extensively with corporates to positively impact physical and mental wellbeing of employees.



EDUCATION

IGNOU

- PGDHHM

RGUHS

- Bachelor of Naturopath & Yogic Sciences



CONTACT

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Review Link:

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EXPERIENCE

CONSULTANT

- Narayana Hrudayala
- Sannidhi Speciality Centre
- Kaveri Sepciality Nursing Home
- LH Foundation
- MuSigma
- ESPNCricinfo
- Texas Instruments
- Analog Devices
- Qualcomm

PRIVATE PRACTICE

- Since 2008

CORPORATE TALKS

- On topics such as Naturopathy, Healthy Lifestyle, Desktop Yoga, Stress Deletion & Women's Health
- To notables such as Knolskape, Syngene, Volvo, Kronos, DNA Entertainment, Yahoo, Taj Hotels, United Insurance and ABB

SPECIAL INTEREST

- Reversal of disease, cell memory deletion
- Researching natural healing and meditation techniques