```
library(readr)
library(tidyverse)
## -- Attaching core tidyverse packages -----
                                                ----- tidyverse 2.0.0 --
             1.1.2
                        v purrr
## v dplyr
                                    1.0.2
## v forcats 1.0.0
                        v stringr
                                    1.5.0
## v ggplot2 3.4.3
                        v tibble
                                    3.2.1
## v lubridate 1.9.2
                        v tidyr
                                    1.3.0
## -- Conflicts -----
                                            ## x dplyr::filter() masks stats::filter()
## x dplyr::lag()
                    masks stats::lag()
## i Use the conflicted package (<a href="http://conflicted.r-lib.org/">http://conflicted.r-lib.org/</a>) to force all conflicts to become error
library(caret)
## Loading required package: lattice
## Attaching package: 'caret'
## The following object is masked from 'package:purrr':
##
##
       lift
library(knitr)
library(class)
library(ggplot2)
library(ggcorrplot)
library(dplyr)
library(e1071)
library(reshape2)
##
## Attaching package: 'reshape2'
## The following object is masked from 'package:tidyr':
##
       smiths
library(caret)
library(factoextra)
## Welcome! Want to learn more? See two factoextra-related books at https://goo.gl/ve3WBa
library(cluster)
library(cowplot)
##
## Attaching package: 'cowplot'
## The following object is masked from 'package:lubridate':
##
##
       stamp
```

```
library(pander)
library(kernlab)
##
## Attaching package: 'kernlab'
##
## The following object is masked from 'package:purrr':
##
##
       cross
##
## The following object is masked from 'package:ggplot2':
##
##
       alpha
library(tidyr)
library(fastDummies)
## Thank you for using fastDummies!
## To acknowledge our work, please cite the package:
## Kaplan, J. & Schlegel, B. (2023). fastDummies: Fast Creation of Dummy (Binary) Columns and Rows from
library(FactoMineR)
data = read.csv("/Users/srikanthgembali/Downloads/Cereals.csv")
head(data)
                          name mfr type calories protein fat sodium fiber carbo
##
## 1
                     100%_Bran
                                              70
                                                           1
                                                                130 10.0
                                                                             5.0
## 2
            100%_Natural_Bran
                                             120
                                                                      2.0
                                                                             8.0
                                 Q
                                      C
                                                       3
                                                           5
                                                                 15
                      All-Bran
                                 K
                                      C
                                              70
                                                       4
                                                           1
                                                                260
                                                                      9.0
                                                                            7.0
                                                       4
## 4 All-Bran_with_Extra_Fiber
                                 K
                                      C
                                              50
                                                          0
                                                                140 14.0
                                                                            8.0
## 5
                Almond_Delight
                                      C
                                             110
                                                       2
                                                          2
                                                                200
                                 R
                                                                      1.0 14.0
      Apple_Cinnamon_Cheerios
                                      С
                                                                180
## 6
                                 G
                                             110
                                                                      1.5 10.5
     sugars potass vitamins shelf weight cups
##
                                                rating
## 1
          6
               280
                         25
                                3
                                       1 0.33 68.40297
## 2
               135
                         0
                                3
                                       1 1.00 33.98368
          8
               320
                         25
## 3
          5
                                3
                                       1 0.33 59.42551
               330
                         25
## 4
          0
                                3
                                       1 0.50 93.70491
                         25
                                3
                                       1 0.75 34.38484
## 5
          8
               NA
## 6
         10
                70
                         25
                                1
                                       1 0.75 29.50954
summary(data)
##
                           mfr
                                                                calories
        name
                                              type
##
  Length:77
                       Length:77
                                          Length:77
                                                             Min. : 50.0
   Class :character
                       Class : character
                                          Class :character
                                                              1st Qu.:100.0
##
   Mode :character
                      Mode :character
                                          Mode :character
                                                             Median :110.0
##
                                                             Mean
                                                                     :106.9
##
                                                             3rd Qu.:110.0
##
                                                             Max.
                                                                   :160.0
```

```
##
##
                                     sodium
                                                    fiber
      protein
                       fat
                                  Min. : 0.0
  Min. :1.000
                  Min. :0.000
                                                 Min. : 0.000
                                  1st Qu.:130.0
                                                 1st Qu.: 1.000
   1st Qu.:2.000
                  1st Qu.:0.000
   Median :3.000
                  Median :1.000
                                  Median :180.0
                                                 Median : 2.000
##
   Mean :2.545
                 Mean :1.013
                                  Mean :159.7
                                                 Mean : 2.152
   3rd Qu.:3.000
                  3rd Qu.:2.000
                                  3rd Qu.:210.0
                                                 3rd Qu.: 3.000
   Max. :6.000
                  Max. :5.000
                                  Max. :320.0
                                                 Max. :14.000
##
##
##
       carbo
                     sugars
                                     potass
                                                     vitamins
   Min. : 5.0
                  Min. : 0.000
                                  Min. : 15.00
                                                  Min. : 0.00
                                  1st Qu.: 42.50
                                                  1st Qu.: 25.00
   1st Qu.:12.0
                  1st Qu.: 3.000
##
##
   Median:14.5
                  Median : 7.000
                                  Median : 90.00
                                                  Median : 25.00
##
   Mean :14.8
                  Mean : 7.026
                                  Mean : 98.67
                                                  Mean : 28.25
##
   3rd Qu.:17.0
                  3rd Qu.:11.000
                                  3rd Qu.:120.00
                                                  3rd Qu.: 25.00
##
   Max. :23.0
                  Max. :15.000
                                  Max. :330.00
                                                  Max. :100.00
##
   NA's
         :1
                  NA's :1
                                  NA's :2
##
       shelf
                      weight
                                                   rating
                                     cups
                                                Min. :18.04
   Min. :1.000
                 Min. :0.50
                                 Min. :0.250
##
   1st Qu.:1.000
                  1st Qu.:1.00
                                 1st Qu.:0.670
                                                1st Qu.:33.17
##
  Median :2.000
                 Median :1.00
                                Median :0.750
                                                Median :40.40
  Mean :2.208
                  Mean :1.03
                                 Mean :0.821
                                                Mean :42.67
##
   3rd Qu.:3.000
                  3rd Qu.:1.00
                                 3rd Qu.:1.000
                                                3rd Qu.:50.83
   Max. :3.000
                  Max. :1.50
                                 Max. :1.500
                                                Max. :93.70
##
##
#removing missing values
cereals_data = na.omit(data)
```

```
##
                                                            calories
       name
                         mfr
                                           type
##
  Length:74
                     Length:74
                                       Length:74
                                                         Min. : 50
  Class : character
                     Class : character
                                       Class : character
                                                         1st Qu.:100
  Mode :character Mode :character
                                       Mode :character
                                                         Median:110
##
                                                         Mean :107
##
                                                         3rd Qu.:110
##
                                                         Max. :160
##
      protein
                       fat
                                 sodium
                                                fiber
                                                                carbo
##
   Min. :1.000
                 Min. : 0 Min. : 0.0 Min. : 0.000
                                                            Min. : 5.00
   1st Qu.:2.000
                  1st Qu.:0
                             1st Qu.:135.0
                                            1st Qu.: 0.250
                                                            1st Qu.:12.00
   Median :2.500
                  Median :1
                             Median :180.0
                                            Median : 2.000
                                                             Median :14.50
##
   Mean :2.514
                  Mean :1
                                                             Mean :14.73
                             Mean :162.4
                                             Mean : 2.176
##
   3rd Qu.:3.000
                  3rd Qu.:1
                             3rd Qu.:217.5
                                             3rd Qu.: 3.000
                                                             3rd Qu.:17.00
##
   Max. :6.000
                  Max. :5 Max. :320.0
                                            Max.
                                                   :14.000
                                                             Max. :23.00
##
                                                       shelf
       sugars
                      potass
                                     vitamins
##
   Min. : 0.000
                   Min. : 15.00
                                  Min. : 0.00
                                                   Min. :1.000
   1st Qu.: 3.000
                   1st Qu.: 41.25
                                   1st Qu.: 25.00
                                                   1st Qu.:1.250
##
   Median : 7.000
                   Median : 90.00
                                   Median : 25.00
                                                   Median :2.000
   Mean : 7.108
                   Mean : 98.51
                                   Mean : 29.05
##
                                                   Mean :2.216
##
   3rd Qu.:11.000
                   3rd Qu.:120.00
                                   3rd Qu.: 25.00
                                                   3rd Qu.:3.000
##
   Max. :15.000
                   Max. :330.00
                                   Max. :100.00
                                                   Max. :3.000
      weight
                     cups
                                      rating
  Min. :0.500
                  Min. :0.2500
                                  Min. :18.04
##
```

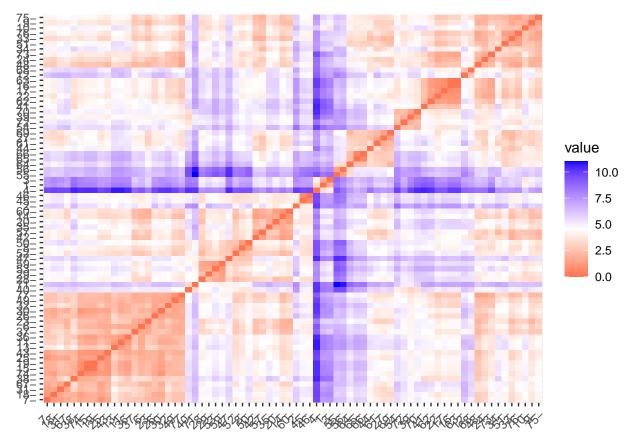
summary(cereals_data)

```
1st Qu.:1.000
                   1st Qu.:0.6700
                                    1st Qu.:32.45
  Median :1.000
                   Median :0.7500
                                    Median :40.25
##
  Mean
          :1.031
                   Mean
                          :0.8216
                                    Mean
                                           :42.37
   3rd Qu.:1.000
                   3rd Qu.:1.0000
                                    3rd Qu.:50.52
##
   Max.
           :1.500
                   Max.
                           :1.5000
                                    Max.
                                           :93.70
cereals_data = as.data.frame(cereals_data)
cereals_data = cereals_data[, c(4:12,14:16)] #selecting only numerical values
cereals_data = scale(cereals_data)
head(cereals_data)
##
       calories
                   protein
                                 fat
                                          sodium
                                                      fiber
                                                                  carbo
                                                                           sugars
## 1 -1.8659155 1.3817478 0.0000000 -0.3910227
                                                 3.22866747 -2.5001396 -0.2542051
## 2 0.6537514 0.4522084 3.9728810 -1.7804186 -0.07249167 -1.7292632 0.2046041
## 3 -1.8659155 1.3817478 0.0000000 1.1795987
                                                 2.81602258 -1.9862220 -0.4836096
## 4 -2.8737823 1.3817478 -0.9932203 -0.2702057 4.87924705 -1.7292632 -1.6306324
## 6 0.1498180 -0.4773310 0.9932203 0.2130625 -0.27881412 -1.0868662 0.6634132
     0.1498180 -0.4773310 -0.9932203 -0.4514312 -0.48513656 -0.9583868 1.5810314
##
         potass
                 vitamins
                              weight
                                           cups
                                                    rating
## 1 2.5605229 -0.1818422 -0.2008324 -2.0856582
## 2 0.5147738 -1.3032024 -0.2008324 0.7567534 -0.5977113
## 3 3.1248675 -0.1818422 -0.2008324 -2.0856582 1.2151965
## 4 3.2659536 -0.1818422 -0.2008324 -1.3644493 3.6578436
## 6 -0.4022862 -0.1818422 -0.2008324 -0.3038480 -0.9165248
## 7 -0.9666308 -0.1818422 -0.2008324 0.7567534 -0.6553998
dim(cereals_data)
```

[1] 74 12

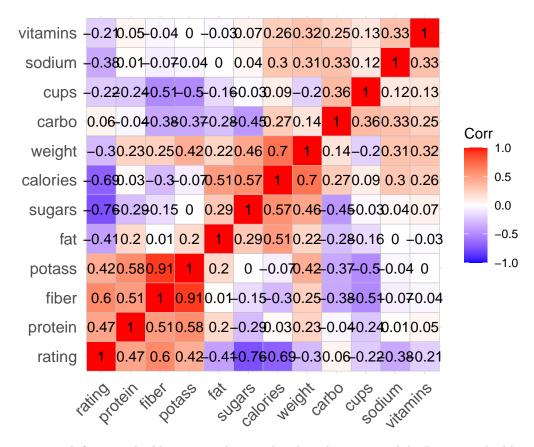
1. Apply hierarchical clustering to the data using Euclidean distance to the normalized measurements.

```
distance_table <- get_dist(cereals_data)
fviz_dist(distance_table)</pre>
```



As we can see, the diagonal values are zeros (dark orange) because they represent the distance between each point and itself. The purple and blue colors represent the furthest distance between any pair of observations.

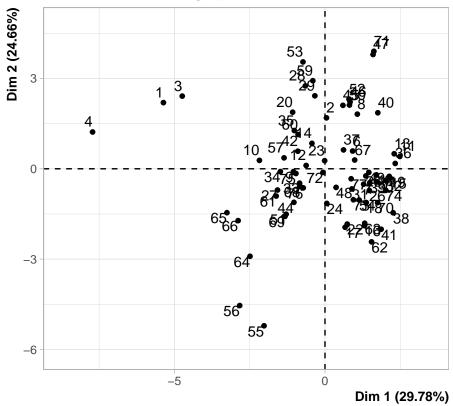
```
corr <- cor(cereals_data)
ggcorrplot(corr, lab = TRUE, hc.order = TRUE, type = "full")</pre>
```

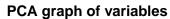


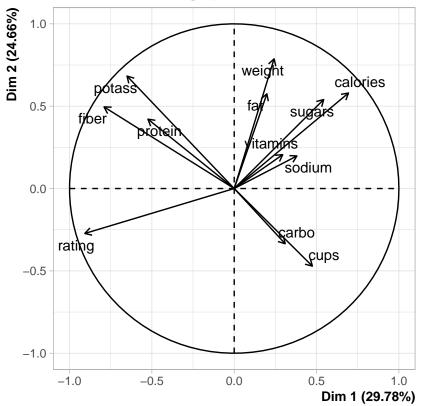
calories, sugar and fats are highly negatively correlated with rating, while Potass is highly positively correlated with fiber and protein.

#Trying to Understand the variable variance by performing PCA
pca_cereal <- PCA(cereals_data)</pre>

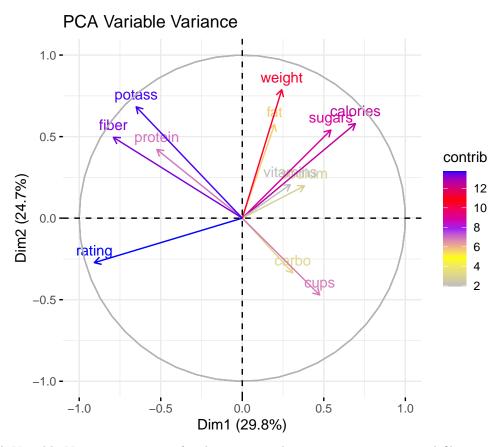
PCA graph of individuals





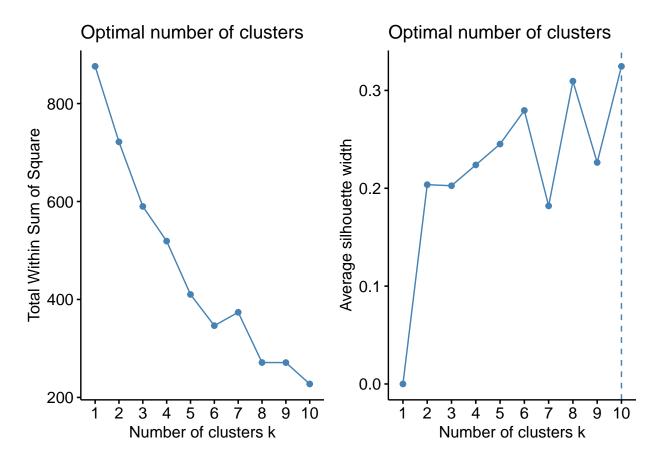


```
var <- get_pca_var(pca_cereal)
fviz_pca_var(pca_cereal, col.var="contrib",
gradient.cols = c("grey", "yellow", "purple", "red", "blue"), ggrepel = TRUE ) + labs( title = "PCA Variable</pre>
```



From PCA Variable Variance, we can infer that sugar, calories, protein, potass, and fiber contribute more to the two PCA components/dimensions (variables).

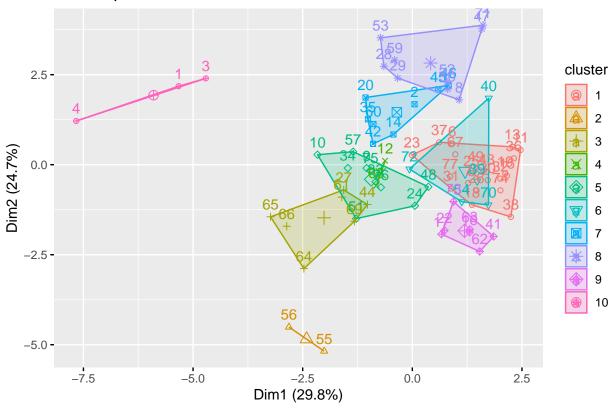
```
Elbow_method = fviz_nbclust(cereals_data, kmeans, method = "wss")
Silhouette = fviz_nbclust(cereals_data, kmeans, method = "silhouette")
plot_grid(Elbow_method, Silhouette, nrow = 1)
```



Optimal number of clusters, K = 10.

```
set.seed(123)
k10 = kmeans(cereals_data, centers = 10, nstart = 25)
fviz_cluster(k10, data = cereals_data)
```





After applying both the silhouette method and elbow method, we obtained a K value of 10, which we used to plot the 10 clusters. However, upon observing the plot, we noticed that some clusters were overlapping, indicating that using only K-means clustering may not be the best option for optimization. Therefore, we will apply hierarchical clustering to determine an optimal number of clusters.

Use Agnes to compare the clustering from single linkage, complete linkage, average linkage, and Ward. Choose the best method

```
hc_single = agnes(distance_table, method = "single")
hc_complete = agnes(distance_table, method = "complete")
hc_average = agnes(distance_table, method = "average")
hc_ward = agnes(distance_table, method = "ward")

print(hc_single$ac)

## [1] 0.6072384

print(hc_complete$ac)

## [1] 0.8469328

print(hc_average$ac)
```

[1] 0.7881955

print(hc_ward\$ac)

[1] 0.9087265

The best agglomerative (AGNES) linkage to use is the Ward linkage, which gives 90.87% accuracy.

2. How many clusters would you choose?

```
#Utilizing the Ward linkage, 5 clusters seem to be a good number to group the data
fviz_dend(hc_ward, k = 5, main = "Dendrogram of AGNES (Ward)",cex = 0.5, k_colors = c("skyblue", "purpl

## Warning: The '<scale>' argument of 'guides()' cannot be 'FALSE'. Use "none" instead as

## of ggplot2 3.3.4.

## i The deprecated feature was likely used in the factoextra package.

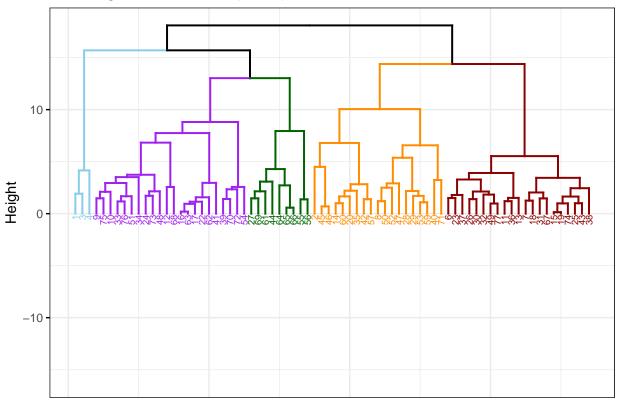
## Please report the issue at <https://github.com/kassambara/factoextra/issues>.

## This warning is displayed once every 8 hours.

## Call 'lifecycle::last_lifecycle_warnings()' to see where this warning was

## generated.
```

Dendrogram of AGNES (Ward)



```
cereals_data_2 = cutree(hc_ward, k = 5)
clustered_df = as.data.frame(cbind (cereals_data, cereals_data_2))
```

3. Comment on the structure of the clusters and on their stability. Hint: To check stability, partition the data and see how well clusters formed based on one part apply to the other part.

Cluster partition A

```
#We will partition the data into two groups
A = cereals_data [1:50,]
summary(A)
```

```
##
       calories
                         protein
                                                                sodium
                                              fat.
##
                      Min. :-1.40687
                                                :-0.9932
                                                                  :-1.9616
   Min.
          :-2.8738
                                         Min.
                                                           Min.
    1st Qu.:-0.3541
                      1st Qu.:-0.47733
                                         1st Qu.:-0.9932
                                                           1st Qu.:-0.2702
   Median: 0.1498
                      Median : -0.01256
##
                                         Median : 0.0000
                                                           Median: 0.1527
##
   Mean : 0.1700
                            :-0.01256
                                         Mean : 0.1986
                                                           Mean : 0.1055
                      Mean
    3rd Qu.: 0.6538
                      3rd Qu.: 0.45221
                                         3rd Qu.: 0.9932
                                                            3rd Qu.: 0.6661
##
          : 2.6695
                            : 3.24083
                                         Max. : 3.9729
                                                           Max. : 1.5420
   Max.
                      Max.
##
        fiber
                           carbo
                                             sugars
                                                               potass
##
           :-0.89778
                              :-2.5001
                                                :-1.6306
                                                                   :-1.10772
   Min.
                       Min.
                                         Min.
                                                           Min.
   1st Qu.:-0.79462
                       1st Qu.:-0.7014
                                         1st Qu.:-0.4836
                                                            1st Qu.:-0.80791
##
   Median :-0.17565
                       Median :-0.2518
                                         Median : 0.3193
                                                           Median :-0.12011
##
   Mean : 0.03067
                       Mean
                              :-0.1541
                                         Mean
                                                : 0.2046
                                                           Mean : 0.01251
##
   3rd Qu.: 0.34015
                       3rd Qu.: 0.5191
                                                            3rd Qu.: 0.35605
                                         3rd Qu.: 0.8928
         : 4.87925
                       Max.
                            : 1.8682
                                         Max.
                                              : 1.8104
                                                           Max. : 3.26595
       vitamins
##
                           weight
                                              cups
                                                                rating
##
   Min.
          :-1.30320
                       Min.
                              :-0.2008
                                                :-2.42505
                                                            Min.
                                                                    :-1.7336
                                         Min.
##
   1st Qu.:-0.18184
                       1st Qu.:-0.2008
                                         1st Qu.:-0.64324
                                                             1st Qu.:-0.8384
   Median :-0.18184
                       Median :-0.2008
                                         Median :-0.30385
                                                             Median :-0.3765
##
   Mean
           :-0.06971
                       Mean
                              : 0.0977
                                         Mean
                                                :-0.05015
                                                             Mean
                                                                    :-0.1857
##
   3rd Qu.:-0.18184
                       3rd Qu.:-0.2008
                                         3rd Qu.: 0.75675
                                                             3rd Qu.: 0.2479
   Max. : 3.18224
                       Max.
                            : 3.0583
                                         Max.
                                                : 2.87796
                                                             Max.
                                                                    : 3.6578
B = cereals_data [51:74,]
```

summary(B)

```
##
                                                                sodium
       calories
                         protein
                                              fat
##
   Min.
           :-2.8738
                      Min. :-1.40687
                                         Min.
                                                 :-0.9932
                                                            Min.
                                                                   :-1.9616
   1st Qu.:-0.8580
                      1st Qu.:-0.47733
                                         1st Qu.:-0.9932
                                                            1st Qu.:-1.8257
   Median :-0.3541
                      Median :-0.01256
                                         Median : 0.0000
                                                            Median: 0.3943
##
   Mean
         :-0.3541
                      Mean
                            : 0.02617
                                         Mean
                                                 :-0.4138
                                                            Mean
                                                                  :-0.2199
##
   3rd Qu.: 0.1498
                      3rd Qu.: 0.45221
                                         3rd Qu.: 0.0000
                                                            3rd Qu.: 0.6359
   Max.
##
          : 1.6616
                      Max.
                            : 3.24083
                                         Max.
                                                 : 0.9932
                                                            {\tt Max.}
                                                                   : 1.9045
                                                                potass
##
        fiber
                           carbo
                                              sugars
##
   Min.
           :-0.89778
                       Min.
                              :-1.4723
                                         Min.
                                                 :-1.6306
                                                            Min.
                                                                   :-1.17826
##
   1st Qu.:-0.58830
                       1st Qu.:-0.2518
                                         1st Qu.:-0.9998
                                                            1st Qu.:-0.77264
   Median :-0.07249
                       Median: 0.3264
                                         Median :-0.9424
                                                            Median :-0.08484
##
   Mean
          :-0.06389
                       Mean
                             : 0.3211
                                                :-0.4263
                                                                  :-0.02606
                                         Mean
                                                            Mean
   3rd Qu.: 0.34015
                       3rd Qu.: 1.1615
                                         3rd Qu.: 0.2046
                                                            3rd Qu.: 0.25024
                                                 : 1.8104
##
   Max.
           : 1.57809
                       Max.
                              : 2.1251
                                         Max.
                                                            Max.
                                                                   : 2.27835
##
       vitamins
                          weight
                                              cups
                                                               rating
##
   Min.
           :-1.3032
                      Min. :-3.4600
                                        Min. :-1.3644
                                                           Min.
                                                                  :-1.0417
   1st Qu.:-0.1818
                      1st Qu.:-0.2008
                                         1st Qu.:-0.6432
                                                           1st Qu.:-0.2374
##
##
   Median :-0.1818
                      Median :-0.2008
                                        Median : 0.7568
                                                           Median: 0.1395
   Mean : 0.1452
                      Mean :-0.2035
                                        Mean : 0.1045
                                                           Mean : 0.3869
   3rd Qu.:-0.1818
                      3rd Qu.:-0.2008
                                         3rd Qu.: 0.7568
                                                           3rd Qu.: 0.9954
   Max. : 3.1822
                      Max. : 3.0583
                                        Max. : 1.3083
                                                           Max. : 2.2874
```

```
# Computing the distances
distance_A = get_dist(A)
# Compute with AGNES and with different linkage methods For A data
hc_single_A = agnes(distance_A, method = "single")
hc_complete_A = agnes(distance_A, method = "complete")
hc_average_A = agnes(distance_A, method = "average")
hc_ward_A = agnes(distance_A, method = "ward")
print(hc_single_A$ac)
## [1] 0.573335
print(hc_complete_A$ac)
## [1] 0.8315788
print(hc_average_A$ac)
## [1] 0.7602929
print(hc_ward_A$ac)
## [1] 0.8892351
The best linkage is Ward with 88.92% accuracy for A
# Computing the distances
distance_B = get_dist(B)
# Compute with AGNES and with different linkage methods For A data
hc_single_B = agnes(distance_B, method = "single")
hc_complete_B = agnes(distance_B, method = "complete")
hc_average_B = agnes(distance_B, method = "average")
hc_ward_B = agnes(distance_B, method = "ward")
print(hc_single_B$ac)
## [1] 0.5445689
print(hc_complete_B$ac)
## [1] 0.8224932
print(hc_average_B$ac)
## [1] 0.7089309
```

```
print(hc_ward_B$ac)
## [1] 0.857288
The best linkage is Ward with 85.72% accuracy for B
Use the cluster centroids from A to assign each record in partition B (each record is assigned to the cluster
with the closest centroid).
Clustered_df_A = cutree (hc_ward_A, k=5)
Clusters_A = as.data.frame(cbind(A, Clustered_df_A))
nrow(Clusters A)
## [1] 50
Clust_1 = colMeans (Clusters_A [Clusters_A$ Clustered_df_A == "1" ,])
Clustered df B = cutree (hc ward B, k=5)
Clusters_B = as.data.frame(cbind(B, Clustered_df_B))
nrow(Clusters_B)
## [1] 24
Clust_2 = colMeans (Clusters_B [Clusters_B$ Clustered_df_B == "1" ,])
Centroid = rbind(Clust_1, Clust_2)
Centroid
```

```
##
                      protein
                                      fat
                                             sodium
                                                       fiber
                                                                  carbo
                                                                            sugars
            calories
## Clust 1 -2.201871 1.3817478 -0.3310734 0.1727901 3.641312 -2.0718749 -0.7894824
## Clust 2 0.989707 0.4522084
                               0.0000000 0.4546965 1.165443 -0.3588163 1.4280950
             potass
                     vitamins
                                   weight
                                                 cups
                                                         rating Clustered df A
## Clust 1 2.983781 -0.1818422 -0.2008324 -1.84525525 2.242648
                                                                             1
## Clust 2 2.043207 0.9395180 2.3195559 -0.06344498 -0.508841
                                                                             1
```

At an overall level, both clusters seem fine, but there is also a slight difference. Cluster_1 has higher fiber, protein and potassium content compared to Cluster_2, which may suggest that cereals in this cluster are healthier or more nutrient-dense. Cluster_2 has a higher sugar content compared to Cluster_1, which may suggest that cereals in this cluster are less healthy or have more added sugars.

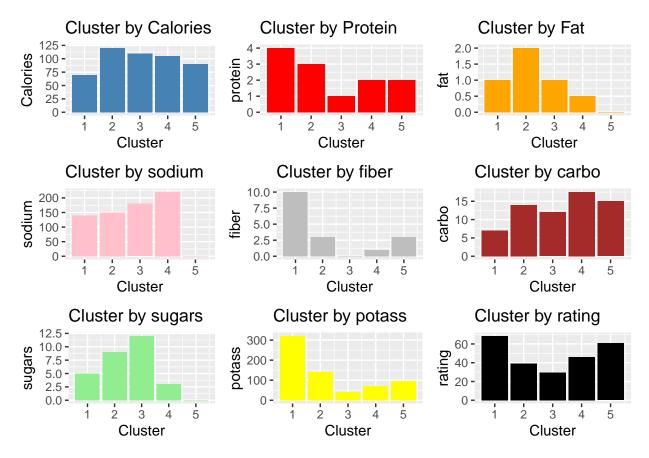
Assess how consistent the cluster assignments are compared to the assignments based on all the data.

We are comparing the mean values of each feature for the two clusters identified in the data. These centroids can be used to compare the features of the two clusters and explore differences or similarities between them. Here, we observe that Cluster_1 has higher fiber, protein and potassium content compared to Cluster_2, suggesting that cereals in this cluster are healthier or more nutrient-dense. Conversely, Cluster_2 exhibits a higher sugar content compared to Cluster_1, implying that cereals in this cluster are less healthy or contain more added sugars, hence the lower rating of Cluster 2 compared to Cluster 1.

4. The elementary public schools would like to choose a set of cereals to include in their daily cafeterias. Every day a different cereal is offered, but all cereals should support a healthy diet. For this goal, you are requested to find a cluster of "healthy cereals." Should the data be normalized? If not, how should they be used in the cluster analysis?

```
#To analyze which group of cereals are healthier to distribute daily in cafeterias in elementary public
data = na.omit(data)
Healthy_data = as.data.frame(cbind (data, cereals_data_2))
Healthy_data_sort = Healthy_data[order(Healthy_data$cereals_data_2),c(1,17)]
Count_cluster = Healthy_data_sort %>% group_by(cereals_data_2) %>% summarise(count = n())
print(Count_cluster)
## # A tibble: 5 x 2
     cereals_data_2 count
##
             <int> <int>
##
## 1
                 1
                        3
## 2
                  2
                       19
                       21
## 3
                  3
## 4
                  4
                       22
## 5
                  5
#Summary table showing the median of each variable
Healthy_data_Var = Healthy_data [,4:17]
cluster_table = Healthy_data_Var %>% group_by(cereals_data_2) %>% summarize(across(.cols = everything()
print(cluster table)
## # A tibble: 5 x 14
     cereals_data_2 calories protein
                                       fat sodium fiber carbo sugars potass
##
              <int>
                       <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <
                          70
## 1
                  1
                                   4
                                       1
                                              140
                                                     10
                                                         7
                                                                   5
                                                                        320
                                                      3 14
## 2
                  2
                         120
                                   3
                                      2
                                              150
                                                                   9
                                                                         140
## 3
                  3
                                              180
                                                      0 12
                                                                  12
                                                                         40
                         110
                                   1
                                      1
## 4
                  4
                         105
                                   2 0.5
                                              220
                                                      1 17.5
                                                                   3
                                                                         70
                                   2
## 5
                  5
                          90
                                       0
                                               0
                                                      3 15
## # i 5 more variables: vitamins <dbl>, shelf <dbl>, weight <dbl>, cups <dbl>,
## # rating <dbl>
calories = ggplot(cluster_table, aes(x = cereals_data_2, y = calories)) +
  geom bar(stat = "identity", fill = "steelblue") +
  labs(x = "Cluster", y = "Calories") +
  ggtitle("Cluster by Calories")
protein = ggplot(cluster_table, aes(x = cereals_data_2, y = protein)) +
  geom_bar(stat = "identity", fill = "red") +
  labs(x = "Cluster", y = "protein") +
  ggtitle("Cluster by Protein")
fat = ggplot(cluster_table, aes(x = cereals_data_2, y = fat)) +
  geom_bar(stat = "identity", fill = "orange") +
  labs(x = "Cluster", y = "fat") +
  ggtitle("Cluster by Fat")
sodium = ggplot(cluster_table, aes(x = cereals_data_2, y = sodium)) +
  geom bar(stat = "identity", fill = "pink") +
  labs(x = "Cluster", y = "sodium") +
```

```
ggtitle("Cluster by sodium")
fiber = ggplot(cluster_table, aes(x = cereals_data_2, y = fiber)) +
  geom_bar(stat = "identity", fill = "gray") +
  labs(x = "Cluster", y = "fiber") +
  ggtitle("Cluster by fiber")
carbo = ggplot(cluster_table, aes(x = cereals_data_2, y = carbo)) +
  geom_bar(stat = "identity", fill = "brown") +
  labs(x = "Cluster", y = "carbo") +
  ggtitle("Cluster by carbo")
sugars = ggplot(cluster_table, aes(x = cereals_data_2, y = sugars)) +
  geom_bar(stat = "identity", fill = "lightgreen") +
  labs(x = "Cluster", y = "sugars") +
  ggtitle("Cluster by sugars")
potass = ggplot(cluster_table, aes(x = cereals_data_2, y = potass)) +
  geom_bar(stat = "identity", fill = "yellow") +
  labs(x = "Cluster", y = "potass") +
  ggtitle("Cluster by potass")
rating = ggplot(cluster_table, aes(x = cereals_data_2, y = rating)) +
  geom_bar(stat = "identity", fill = "black") +
  labs(x = "Cluster", y = "rating") +
  ggtitle("Cluster by rating")
plot_grid(calories, protein, fat, sodium, fiber, carbo, sugars, potass, rating)
```



Based on the graphs, we can see that Cluster 1 has the lowest values for calories, fat, and sugars, and the highest values for protein, fiber, and vitamins, which suggests that it may contain cereals that are generally considered healthier options. This is reflected in its very high rating as well. However, Cluster 1 does not satisfy the need for a different cereal per day, as per our client's request. Therefore, we also recommend Cluster 5 to fulfill this requirement. Cluster 5 has zero fats, zero sugars, and the second-lowest number of calories after Cluster 1. Additionally, it boasts a good amount of proteins and fiber.

On the other hand, Cluster 3 exhibits the highest values for calories and sugars, and the lowest values for protein, fiber, and vitamins, suggesting that it may contain cereals that are generally considered less healthy. We observed a similar insight from our correlation plot: higher sugar content correlates with lower ratings, indicating lower healthiness. However, it's important to note that this is just a general observation, and individual cereals within each cluster may vary in terms of their nutritional value.