

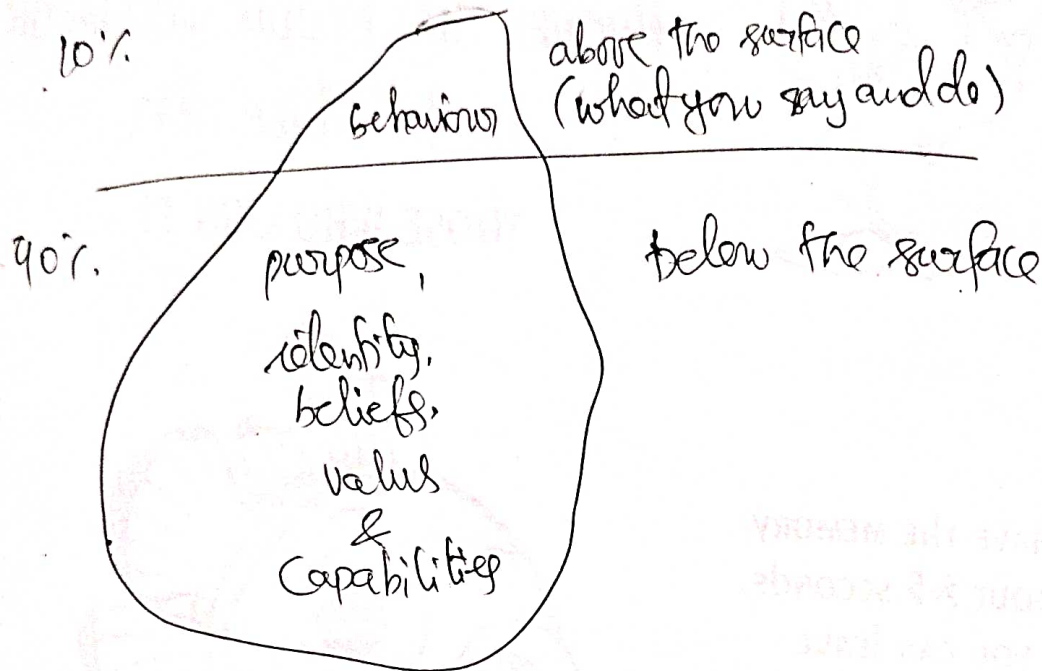
1. Super-power \rightarrow super-hero-name \rightarrow symbol

why you chose this?

Self-Awareness:

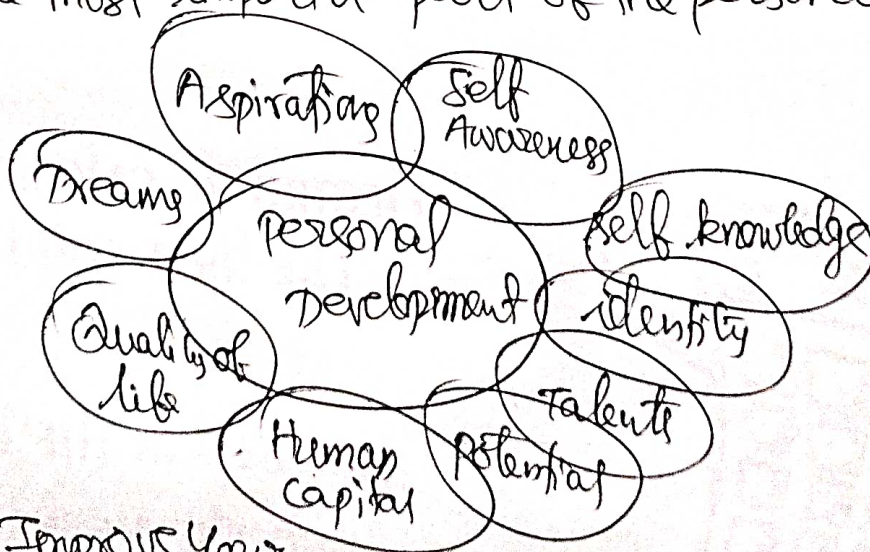
understanding The self.

Outer 'I' + Inner 'I'



* Self-Awareness is 'an awareness of one's own personality or individuality'.

* It is the most important part of the personal development



Tools to Improve Your self Awareness skills:

1. knowing personality type
2. SWOT Analysis