

TOPIC ANALYSIS AND SYNTHESIS

Software Project Management (SOEN 6841)

What personality type fits best into project management?

by
Srikar Hasthi (40230004)

Under the Supervision of
Professor: Pankaj Kamthan
TA: Iymen Abdella



Department of Computer Science and Software Engineering

Abstract

The role of personality in project management is a critical factor in ensuring successful project outcomes. The suitability of a project manager's personality type depends on various project-specific factors, such as project size and team experience. Understanding personality types, particularly through models like the Myers-Briggs Type Indicator (MBTI), can shed light on how individuals approach tasks and decision-making. Extroversion is valuable in project management, as it fosters engagement with team members. Project managers inclined towards logical, analytical decision-making tend to excel in managing projects, particularly technical ones.

Besides personality, technical expertise matters, but the degree varies with project size. Small technical projects may require a highly technical leader, while larger programs demand leaders who can ensure clear communication and delegate effectively. Effective project managers are detail-oriented, pragmatic, and adept at balancing time, scope, and cost to deliver business value. Their positive and upbeat attitude helps them gain trust from stakeholders, even in challenging times, as they communicate honestly and offer credible strategies for recovery.

Personality traits, technical competence, and a positive outlook play crucial roles in project management. The choice of personality type should align with the project's specific needs and characteristics to enhance the chances of project success.