

1. Create a blog or website using Blogspot and Wordpress. Customize the theme design and post new article with 500 words.

The screenshot shows a mobile browser interface. At the top, the URL 'elagym.blogspot.com' is visible in the address bar. Below the address bar, the page title 'Stylelagym' is displayed next to a back arrow and a search icon. The main content area features a large logo at the top left. The logo consists of a muscular arm flexing its bicep, which is set against a stylized orange circle containing a barbell. Below the logo, the word 'STYLELAGYM' is written in a bold, black, sans-serif font. Underneath it, the words 'FITNESS CENTER' are written in a smaller, all-caps font. To the right of the logo, there is a share icon. The main text on the page is an article about gym equipment. It starts with a section about 'Weight machines' and then moves on to 'Cable machines'. The text is presented in a clear, legible font.

STYLELAGYM
FITNESS CENTER

Weight machines: Weight machines are designed to target specific muscle groups. Some popular weight machines include the leg press, chest press, and bicep curl machine

1.Cable machines: Cable machines are versatile machines that can be used to perform a wide range of exercises. Cable machines are a good choice for people who want a challenging workout that targets multiple muscle groups

Stylelagym accessories shop-<https://stylelagym.blogspot.com/2023/10/stylelagym.html?m=1>

- 2.Create a New Facebook Business Page and post one social media poster for your brand.



stylelagym

0 likes · 0 followers

nothing to fear

+ Add to story

Promote

See dashboard

...

How healthy is your Page?



Complete these actions to keep improving stylelagym.

Page health: good





stylelagym updated their cover photo.

...

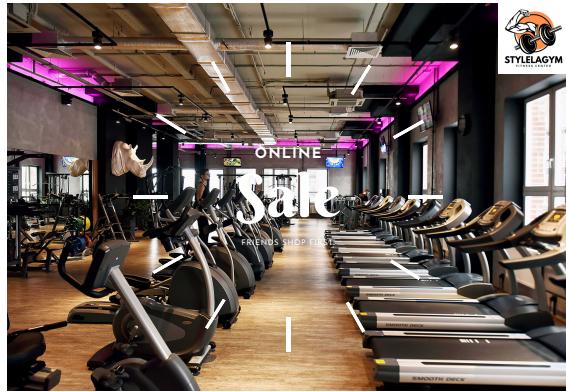
Just now ·



Stylelagym accessory shop facebook page:<https://www.facebook.com/profile.php?id=61552854421232&mibextid=ZbWKwL>

3.Create and design a social media advertisement poster using canva.





4.Create email newsletter design using MailChimp or canva tool.

GYM MACHINARIES

DAILY TRAINING

Here are the spring shoe trends you are going to see everywhere for the upcoming months.

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