

Argumentative Labelling
Generalising Assuming Not Listening

## Rigid Closed Minded

Fixed Beliefs "This has to be the way"

Avoiding Feedback "I am Always Right"

Judging

Asking Questions

Willing to be Wrong Growing Seeking Feedback

"What could I be missing?" Specifics

Open Minded

Understanding Revising Beliefs

Listening Learning Possibilities

Adapting Empathising

Who do I want to be?