

FROM THE WRITER OF "DEAL WITH DEPRESSION"

**PRADEEP KAREN'S**

most painful stories from my followers and  
how they dealt with them.

DARKEST STORIES  
FROM MY  
**INBOX**

DARKEST STORIES FROM MY INBOX  
BY PRADEEP KAREN

THIS BOOK IS DEDICATED TO  
TELUGU NOLAN FOLLOWERS.

ALL THE NAMES IN THIS BOOK ARE  
CHANGED FOR PRIVACY REASONS

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## INTRODUCTION

Messages. IG lo nenu Telugu Nolan ani page pettina kotthalo Dark Stories ni publish chesevanni. Aa time lo naaku chaala messages vachevi. Kaani konni messages matram chaala bayamkaram ga undevi. Avi chadavalantene bayam vesedhi. Enno kastaalu unnai anukune nenu naaku vachina messages chadivi siggu padevaadini.

Ee messages naku jeevitham viluva nerpinchaayi. Jeevitham lo ela poradaalo nerpinchaayi. Bavishatthu kosam entha kastapaduthunnaro nerpinchaayi. Nenu nerchukunna lessons andariki teliyaali anukunna. Anduke naa inbox ki vachina darkest stories ni publish chesthunna.

Idi book kaadu jeevitham.

- PRADEEP KAREN

## CHAPTER ONE : SEETHA

Seetha, thanu oka happy kid. 3<sup>rd</sup> class chaduvuthundi. Morning levadam school ki velladam intiki raavadam aadukovadam. Happy life thanadhi. Thanaki amma ante chaala istam. Roju thanu adigindi chesedhi, Thanatho aadukunedhi, chadivinchedhi, anni chesedhi. Nana ni okka maata ananichedhi kaadu. Baaga chadivi paiki ravaali anedhi. Roju poddhune leche vaalla amma oka roju nidra levaledu. Vaalla amma chanipoyindhi antunnaru andaru. Adi thana life lo marchipoleni roju.

Exactly one year avvagaane vaalla nana rendo pelli chesukunnaru. Thana kosame cheskuntunna ani chepthe nammindi seetha. Kaani reality veru. Ee amma eppudu thittedhi, kopadedhi, nana lenappudu kottedhi, intlo pani cheyamani force chesedhi. Jolly ga unde seetha life oka panimanishila maaripoyindi. School ki vellina happiness ledi thanaki. Vaalla friends andaru



“mee nana rendo pelli cheskunnadu antaga” ani edipinchevaallu, friends antene asahyam vesedhi thanaki. Chivaraki thanaki friends ey lekunda poyaru. Roju gadavadame kastam ga anipinchedhi thanaki. Anni avamanaallone inti pani antha chesthu kuda thanu 87% tho inter poorthi chesindi. Exactly thanu degree lo join ayye time ki vaalla Nana chanipoyaru. Appudu thana life maree darunanga maaripoyindi. Konni rojulaki vaalla intiki evaro musalayana ravadam start chesaru. Vaalla pinni aayana raagane lopalaki teeskelli door veskunedhi. Seetha ki anni ardam ayyedhi. Kaani em cheyalekapoyedhi. Intlo nundi paaripovaali anipinchedhi. Kaani ekkadiki velthundhi? Thanaki evaru telidu. Snehithulu kuda leru. Appudappudu vache athanu tharuchuga ravadam start chesaadu. College ki velladaniki dabbulu leka seetha intlone undedhi.

Okaroju rathri seetha padukoni undi. Edo sound ayyesariki lechindi thanu chusthe room entrance lo ninchoni athanu seethane chusthunnadu. Athani cheyi athani penis meedha undi. Seethaki chaala

bayam vesindi. Seetha chusindi gamaninchi aayana thirigi vaalla pinni room loki vellipoyadu.

**B**ahusha adhenemo seetha prashanthanga padukunna chivari roju. Aaroju nundi seethaki padukovalantene bayam vesindi. Thana room ki door kuda ledi. Roju full ga blankets kappukoni padukunedhi. Chinna sound ayina jallumani vanikedhi. Thana problems cheppukodaniki kuda evaru leru. Melliga aayana seetha ni touch cheyadam start chesaadu. Kavalane thanani touch chesthu vellevaadu. Asahyamga undedhi athani Sparsha. Kopam vachedhi. Champeyaali anipinchedhi. Kaani em cheyaleka silent ga undedhi.

**O**karoju valla pinni bayataki vellina time lo athanu seetha daggaraki vachaadu.

“Inka enni rojulu kaaliga untaav. Nenu ninnu chadivisthaanu. Kavalsinavi konisthaanu. Life lo settle aipovachu. Dhaniki nuvvu just mee pinni leni time lo natho unte chaalu” annadu.

Seetha bayam tho intlo nundi bayataki parigetthindi. Vaalla pinni vachaaka jarigindi antha cheppindi. Kaani reverse lo vaalla pinni

“ayaana alanti vaadu kaadu. Aayana valle eeroju manam food thintunnam.” Ani chaala thitti seetha thone aayanaki sorry cheppinchindi. Aaroju seetha vaalla amma photo pattukoni chaala edichindi. Hang cheskoni amma daggaraki vellaali anukundhi. Kaani thanaki anipinchindi, thanu enduku chaavali. Chasthe thanu boomi meedhaki vachi labam em undi? Edo okati chesi brathakaali. Paina unna vaalla amma athma prashanthanga undaali.

Next day ne thanu vaalla amma mangalasutram ni teeskoni intlo nundi vellipoyindi. Adi matrame thanaki vaarasathvamga vachina asthi. Aa thaali ni kudhabetti oka room teeskundhi.

Naluguru naalugu rakaaluga matladukunevaaru. Kaani seetha dhairyam ga undi. Veedhilo aakathaayilu rathri seetha ontariga undedhi chusi aa

inti chuttu tirigevaallu. Kaani thanu matram thana dhairyam ni kolipoledu. Roju rathri thanu vegetables cut chese knife thala pakkana pettukoni padukunedhi anta. Melliga akkada unna vallani adigi chinna pillalandariki tuition cheppadam start chesindi. Konni nelalaki aa mangalasuthram ni vidipinchindi. Thanaki oka private school lo teacher job kuda vachindhi.

Enno kastaalu. Thalli ledu, thandri ledu, snehithulu leru, bandhuvulu leru, chuttu cheekati, veluthuru ledu. thanani eppudu longa dheesukovali ani padigaapulu kasthunna Janam madyalo jeevitham saagisthundhi. aayina thanu nilabadindhi. Thana dhairyam ento ippatiki naaku ardham kaaledu. Oka chinna degree ammayi ontariga room teeskoni ela brathukuthundho ardham kaaledu. Bahusha ee tharaniki paatama thana katha? Chinna chinna kastam vasthene suicide cheskuntunna time lo antha pedda kastaanni kuda ela edhirinchindi thanu? Thana jeevitham oka paatam. Thana katha oka adharsham. Prayathnisthe edhaina sadisthaaru anadaanikithane nidharshanam.

Thanu naaku message lo em cheppindho telusa?

“Anna nenu idhantha cheppindhi nenu goppa ani teliyadaniki kaadu, jeevitham chaala goppadhi dhanni chinna chinna problems vachinappudu odhilesukovadhu. Poradaali. Ani cheppadaniki message chesaanu” andhi.

## CHAPTER TWO : HOMOSEXUAL

Rajitha, thanu naaku message chese mundhu varaki naku telidu. Ilanti oka problem ki intha severity undhi ani. Rajitha andari lane undedhi. Baaga chadivedhi baaga active ga undedhi. Anni bane chesedhi. Kaani certain age vachaaka thanaki enduko ammayila paina interest perigindhi. Thana friends ni touch chesinappudu edo pleasure feel ravadam, thana friends tho unnappudu sexually erect avvadam lanti changesni thanu gamaninchindi. Ala enduku avthundho ardam ayyedhi kaadu. Intlo chepthe em antaro anna bhayam. Okavela friends tho chepthe thanani dooram pedutharu emo, thana paruvu pothundhemo ani tension valla thanalone thanaki em ayindho telika sathamatham ayyedhi.

Thanaki enduku ala jaruguthundho telika thanu intlo cheppakunda doctors ni consult ayyi cheppindhi. Vaallu thanaki clear ga expain chesaaru. Thanu oka homosexual ani. Ante thanaki

males paina kalagalsina sexual feelings women paina kaluguthundhi ani. Thana gunde aagipoyindi.

Aaroju intiki vachi chaala edichindhi thanu. Chaala hospitals vellindi kaani result undadhu ani chepparu. Evaritho cheppukovalo telidu. Maro pakka thanani vaalla friends touch chesthunnappudu thanu erect avvadam gamaninchi thanaki thana paine asahyam vesedhi. Kopam vachedhi. Thanani thanu hurt chesukunedhi. Blades tho cut cheskunedhi. Melliga thanu oka psycho la maaripovadam thanu gamaninchindhi.

Okavela evaraina abbaitho hangout avthe thanu maaruthundhi emo anukundhi. Thane suresh ane abbayiki propose chesindi. Kaani thanalo elanti changes levu. Suresh touch chesthe chiraaku vachedhi thanaki. Kopam vachedhi. Em feelings undevi kaavu. Ala almost 7 months try chesindhi thanu. Taravata suresh ni edo oka reason cheppi breakup cheppesindi. Prathi roju narakame thanaki. Oka pakka suresh ni cheat chesanemo anna guilt,

maro pakka thana feelings, inko pakka intlo pelli cheskomani pressure, em cheyaalo ardam ayyedhi kaadu. Suicidal thoughts baaga perigipoyaayi. Thanu self hurting enthala cheskunedhi ante thana hand almost scars tho nindipoyedhi. Eppudu avi kanapadakunda full sleeves veskunedhi. Pelli pressure barinchaleka thanu okaroju intlo cheppesindhi. Vaalla amma nana chaala edichaaru. Rajitha ki mental support istharu anukundhi thanu. Kaani rajithani vaalla amma nana baaga kottaru, Thittaru.

“Enduku brathukunnav? Asalu maa kadupulo enduku puttav” ani chaala maatalu annaru.

**K**aani thana thappu emundhi? Thanu chesindhi em undhi? Thanu kavalani ala behave cheyadam ledu anna vishayanni thana parents enduku ardam cheskolekapothunnaru? Chaala edichindhi thanu. Suicide cheskundham anukundhi. Kaani dhairyam raledu. Malli cut cheskundhi. Thana blood tho wall paina “I HATE YOU GOD” ani raasindhi.



Thanatho intlo vaallu matladatam aapesaaru. Okaroju thanu vaalla parents tho thanu intlo nundi velli ekkadaina room teesukoni unta andhi. Vaalla daggara nundi elanti response ledu. thanu thana luggage tho vere room loki shift aiendhi. Thanaki jeevitham paina clarity leni rojulu avi.

Enduku brathakaalo telidu. Evarikosam brathukunthundho telidu. Self confidence ledu. vere ammayilatho normal ga undaledhu. Abbayilatho matladaledu. Chivaraki thanaki public toilets lo women washrooms ki vellalanna bhayam vesedhi.

Alanti situation lo thanu ontariga alochinchadam modhalupettindhi. Asalu thana okarthe ila undha? Leka chaala mandhi unnara ani. Youtube lo videos chusedhi, quora lo chadivedhi. Ala every 100 lo 10 members ilane untaru ani telisindhi thanaki. Kaani enduku evaru share cheskoledu? Endukante andaru thana laane bayapadevaallu emo anukundhi. Homosexuals kosam facebook lo oka group create chesindhi. Thanake support leni time lo vallaki emotional support ichi vallani odharchindhi.

Thanalanti vaallaki evaru andaga lekapoyina thanu andaga nilichindhi.

Konni years ni thanu maro homosexual swathi tho relation loki vachindhi. Vaallu iddaru ippudu job chesthu kalise untaaru. Homosexuals kosam free time ni spend chesthuntaaru.

Ee message naaku vachinappudu naaku ela react avvalo teliyaledu. entha kastamaina phase ni face chesindhi thanu. Nijam ga entha mandhi ila narakam anubavisthunnaro kada. Enthamandhi vaalla close friends tho kuda share cheyadaniki bayapaduthunnaro. Ilanti problem ni thanu face cheyadame kakunda same problem unna vaallaki emotional ga support kuda isthundatam chinna vishayama? Idhi prapancham antha teliyalsina katha. Andaru chadavalsina katha. Manani manala accept chese rojulu raavali. Nijamenemo! Thanu bayapadatam lo ardam undhemo! Color thakkuva undhi, height thakkuva unnadu, thakkuva caste vaallu, dabbulu thakkuva unnayi ani variation

chupe ee samajaniki thana katha oka cheppu dhebba avvali.

## CHAPTER THREE : MORPHED PICTURES

Ramya chaala amayakuraalu. Enthala ante thana chuttu unna samajam antha manchivaalle anukunentha. Thanu holidays time lo thana ammama vaalla intiki velthundedhi. Ala akkada thanaki Naveen ani oka friend undevaadu. Chinnappudu athanitho aadukunedhi. Kaani madyalo oka 4 years ramya aa ooriki vellaledu. Aa taravata okaroju holidays time lo vellindhi.

Ammama tho chaala kaburlu cheppindhi. Chaala baaga gadipindhi. Appude ooriki ramya vachina sangathi telusukunna Naveen ramya ni kalisaadu. Iddaru thama thama chinnanaati gnapakaalu share cheskunnaru. Navvukunnaru. Kabburlu cheppukunnaru. Ee time lone Naveen, ramya phone number and Instagram ID kuda teeskunnadu. Ramya ki antha normal gaane undhi. Thirigi thanu vizag vachesindhi. Konni days varaki Naveen em message cheyaledu. IG lo ramya pettina photos anni like chesevaadu anthe. Oka 10 days tarvata okaroju Naveen ramya ki call chesaadu. Casual ga chesaadu

anukoni matladindhi. Chaala sepupu matladaaka Naveen, ramya ni bar lo unna bill kattaali oka 800 phonepe cheyumu annadu. Ramya peddaga em alochinchakunda vesesindhi. Dhaani gurinchi peddaga think cheyaledhu.

Next day malli call chesaadu Naveen. Malli bar lo unna oka 600 phonepe cheyamannadu. Ramya ki ardham kaledu. Sare idhe last time chesi malli adigithe levu ani cheppudham anukundhi. Oka two days call raledu. Next day malli call chesaadu. Bar lo unna 1100 phonepe cheyamani. Ramya ki kopam vachindhi.

“nuvvu thaagina prathisaari naaku call cheyaku naa daggara money levu, nenu cheyanu.” Ani phone pettesindhi. Malli malli call chesaadu Naveen. Number block chesindhi. Ventane whatsapp lo oka message vachindhi. Ramya chusesariki adhi thana nude morphed picture. Accham original lane edit chesaadu Naveen. Dabbulu pampisthaava leda Instagram lo post cheyana ani message chesaadu. Thanaki em cheyalo ardham kaledu. Ventane dabbulu pampindhi. Naveen nundi ilanti message thanu life lo expect cheyaledu. Edichindhi. Intlo

cheppalante bayam. Vaalla nana ekkada phone lagesukuntaado, ekkada thana freedom spoil avthundho anna bayam thanani champesindhi. Mari em cheyaali? Ela respond avvali em ardam kaledu.

**M**alli next day Naveen whatsapp call chesadu. Thanaki 10000rs urgent ga kavaali ani. Ramya chaala brathimaalindhi edichindhi. Kaani vinipinchukoledu Naveen. Okavela 10k lekapothe thanu vizag vastha ani thanatho one day antha spend cheyali annadu. Happy ga unna thana life sudden ga maaripoyindhi. Thana paina thanake kopam. Intlo cheppali ante bayam, friends tho chepthe thanane bad ga anukuntaaru emo anna badha anni undevi.

**I**ntlo edo exam fee undhi ani abbadham cheppi oka 4000 teeskoni Naveen ki send chesindhi. Avi matrame unnai ani edichindhi, thanani torcher cheyaku ani adukkundhi. Kaani Naveen vinaledu.

“Naku inko 6000 repati loga pampisthe ni photos anni delete chestha” annadu.

Ramya entha amayakuraalu ante vaadi maatalu malli nammi friends daggara, parents daggara money teeskoni vesindhi. Next day Naveen malli call chesaadu. Ramya lift cheyaledu. Whatsapp lo thana inko morphed picture pampinchaadu. Ayina ramya respond avvakunda whatsapp block chesindhi. Kaasepatiki athanu oka kottha IG create chesi andulo anni morphed pictures upload chesi ramya ki vere number nundi send chesaadu.

Thanaki sahanam nashinchindhi. Vaadi torcher barinchadam kannu ee vishayam cheppi intlo vaalla chethilo chanipoyina parledu anukundhi. Vaalla nana ki edusthu jarigindhi antha cheppindhi. Vaalla nana kaalla paina padi sorry cheppindhi. Idhi antha vini vaalla father immediate ga vaalla ammama vaalla ooriki velladu. Akkada PS lo complaint ichaadu. Naveen ki kaadu constable ki 6000 ichadu. vaallu Naveen ni chuskunnaru. Chuskunnaru ante meeku ardam ayye untundhi.

Naaku ramya emani message chesindho telusa?

“okavela nenu modhati saari Naveen dabbulu adiginappude ma nana ki cheppi unte intha dooram vachedhi kadhemo anna. Atleast rendo saariki ayina cheppi undaalisindhi” ani.

Manam manchi vaallam ayinantha matraana mana chuttu unna vaallu manchi vaallu anukovadam murkathvam. Aa chinna papa entha torcher face chesi unduntadhi? Thanu life lo ilanti phase untundhi ani at least expect kuda chesi undadhu kada. Manam chaala vishayaalu parents daggara dhaayali anukuntam. Manaki manchi jarige vishayaalu dhaachina parledu. Kaani chedu jarige vishayaalu matram assalu dhaayakodadhu.

Chapter one lo seetha vaalla pinni ki vaadu chesina panulu cheppakapothe akkade undi narakam anubavinchadhi. Cheppindhi kabatte vaalla character ardam ayyi bayatapadindhi. Chapter two lo Rajitha thana intlo cheppakapothe vaallu vere vaaditho pelli chesevaallu. Appudu thanu &



thanatho paatu cheskunnavaadu kuda jeevithantham suffer ayyevaallu. Thanu cheppindhi kabatte aa problem ki akkaditho end padindhi. Chapter three lo ramya cheppakapothe ela undedho mana andariki telusu. Ala manam face chesthunna problem ni manam share cheyadaniki chaala bayapadutham, chaala tension ga untundhi, chaala suffer avthuntam, kaani okkasaari share cheskunte aa tension, aa suffer anni koddhi rojulonne mayam aipothaayi. Anduke edhaina problem vachinappudu dhanni inka complicate cheyakandi. Dhayachesi dhanni end cheyandi.

## CHAPTER FOUR : ARRANGE MARRIAGE

Sumathi. Enno kalalu. Enno ashalatho Sumathi thana btech complete chesindhi. Wipro lo job kuda techukundhi. Job ki ekkina 6 months chaala happy ga undhi. Inthalo intlo nundi okaroju thanaki call vachindhi.

“Abbai(RAJU) dhi government job. Koti rupayalu katnam ivvachu. Kaani ninnu chusi 50L ke oppukunnadu, nuvvu intiki raa vaallu ee aadhivaram vachi chustha annaru.” Ani.

Sumathi ki intlo entha chepthe antha. Okay andhi. Vellindhi. Sumathi ki kuda abbai nachadu. Pelli aiendi. Kaani aa pelli thana life ni enthala marusthundho thanaki aa movement lo thelidhu.

Raju, Sumathi iddaru hyd ki vachesaaru. Kaani raju ekkuva Sumathi tho matladevaadu kaadu. Sumathi tho em share cheskunevaadu kaadu. Roju rathri padukunnaaka sex chesevaadu, nidrapoyevaadu. Sumathi ki konni rojullone asalu enti ee life anipinchindhi. Thanaki pelli ante chaala

fantasies undevi. Chaala expect chesindhi. Roju matladukodam, chilipiga undatam, edipinchadam, navvadam, navvinchadam ivevi vaalla life lo ledi. aayana duty 6 ki aipothundhi kaani aayana rathri 10 ki vasthaadu. Mid night melukuva vasthe sex cheshtaadu. Malli padukuntaadu. Morning lechi vellipothadu. Okaroju Sumathi raju ni adigindi.

“Duty 6 ke aipothundhi kada mari 10 daaka enduku raaru intiki.” Ani

Dhaniki raju “ante nannu anumanisthunnava? Naaku vere ammayini chesukunte koti rupayalaki thakkuva katnam ichevaallu kaadu. Nuvvu edo baagunnav ani 50L ki chesukunte nanne anumanisthunnava? Anni muskoni inti pani chesko.” annadu.

Sumathi ashalu anni ah okka conversation tho mayam ayyayi. Thanaki thana life ela aiendi anna reality ardham aiendi. aaroju night vaalla husband ni sex cheyanivvaladu. Ventane adhe rathri athanu Sumathi vaalla father ki call chesi

“mee ammayi nannu touch cheyanivvadam ledi.” ani cheppaadu.

Chaala cheap ga anipinchindhi Sumathi ki chala ashahyam vesindhi. Asalu oka kuthuri gurinchi thandriki aa time lo call chesi chepthe aa father ki ela untundi anna minimum common sense kuda lekunda behave chesaadu raju.

Next day ne raju snanam ki vellaaka, athani phone check cheyali anukundhi. Kaani aa phone lock Sumathi ki telidu. Aaroju rathri daaka chaala alochinchindhi. Rathri raju padukunnaka aa phone ki messages vasthunnai. Notifications lo messages chadivindhi Sumathi. Evaro ammayi messages peduthundhi athaniki. Ventane athani phone nundi sim teesi thana phone lo veskoni whatsapp install chesindi. Appudu kuda messages vasthunnai.

“naaku ela ayina repu laksha rupayalu kavali. Em chesthavo nee istam. Ledante repu sayanthram naa daggaraki raaku.” ani.

Sumathi “repati loga laksha ante kastam kada” ani reply ichindhi. Ventane reply “mari naatho roju padukunnappudu telida laksha kastamani.” Ani reply vachindhi.

Aa moment lo Sumathi literally chachipoyindhi. Thanaki em ardam kaledu. Edupu vachindhi. Ventane velli raju ni lepindhi. Aa messages chupinchindhi. Raju

“naa whatsapp ne use chesthaava?” ani Sumathi ni kottaadu. Sumathi kuda tirigi kottindhi. Raju ki kopam control avvaledu. Velli belt teesi Sumathi ni chaala kotti bayataki pampi door vesaadu.

Thana phone lopale undi. Thana purse lopale undi. Door vesesaadu. Aa door daggaru kurchoni edichindhi thanu. Andaru bayataki vachi chusaaru door teeyamannaru kaani raju teeyaledu. Chivariki vaalla inti mundhu vaallani 1000rs adigi bus stand ki velli valla intiki vellindhi Sumathi.

Intlo Sumathi ni aa stage lo chusesariki vaallaki manasu aagaledu. Chala edichesaaru. Raju ki call chesaaru. Raju lift chesi

“sorry edo tension lo kottesu. Naaku ey ammayi ledu adi wrong message ma friend ki pampaboyi naku pampindhi thanani pampinchandi.” Annadu.

Intlo vaallu Sumathi ni tirigi vellamannaaru. Sumathi ni ardam kaledu, antha jarigina malli ela vellamantunnaru ani. Aadapilla intlo unte naluguru naalugu maatalu antaru ani force chesaru thanani.

Thanaki ardam kaledu. Kuthuri kanna naluguru em anukuntaro anna badha ekkuva undha vaalla parents ki anukundhi. Kopam, enduko telidu vipareethamaina kopam. Asalu ee system meedhane asahyam. Dwesham anni thanani champesaayi lopala. Kaani thanu antha pressure lo kuda alochinchindi. Intiki vellindi. Raju duty ki vellaaka thana phone, thana wallet, thana luggage thana certificates anni teeskundhi. Oka paper paina “GOOD BYE RA LANJAKODUKA” ani raasindi. Akkada nundi hostel ki vellipoyindi.

**R**aju vachaaka aa paper chusaadu. Athaniki ardam ayyi Sumathi valla parents ki call chesi cheppadu.

Sumathi vaalla parents entha cheppina vinaledu. One year complete avvagaane mutual divorce teeskunnaru. Sumathi three years tarvata vere abbai ni pelli cheskundhi. Iddaru ippudu happy ga untunnaru. Vallaki oka papa kuda.

**I**ndian parents! 25years ragaane pelli cheyaali. Government job unnavaadiki enni lakshalu aina katnam ivvachu background verification kuda avasaram ledu. love marriage ante ventane oppose cheyali. Vaadu entha manchi vaadu aina reject cheyali. Ila alochinchadam valla enni kotla kutumbaalu nashanam avthunnayo meeru oohinchaleru kuda.

**L**ove marriages lo divorce cases ekkuva avthaayi antaru. Enduko telusa? Because arrange marriages lo divorce teeskune freedom kuda ivvaru. Chachinattu vaadu emanna, vaadithone kapuram cheyamantaru kabatti.

Sumathi ki entha dhairyam undundaali. Thanu edhemi aina thana self respect ni matram ekkada odhulukoledu. Thana katha ee prapancham lo thappudu panulu chese mogaallaki ayina aadavaallaki aina oka gunapaatam.

Thanakosam thanu brathakaali anukundhi. Evaro emo anukuntaru ani kadhu. Thana jeevithanni thane theerchi dhiddhukundhi. Divorce ayyedaaka thanu chaala problems face chesindhi. Intlo matladaru. Vaadu maati maatiki different numbers nundi call chesi force chesthadu. Eh function ki intiki vellaledu. Okavela vellina andaru navvuthaaru. Anni barinchindhi. Because thanaki avanni thana happiness mundhu chaala chinnaga anipinchaayi. Chivaraki ee samajam tho jarigina poratam lo thane gelichindhi. Thanu anukunnadhi saadinchindhi.



## CHAPTER FIVE : TOXIC RELATIONSHIP

Keerthi, Chandu iddaru 17years ke love lo paddaaru. Appudu chaala kotthaga undedhi. Kaani raanu raanu vaalla relation chaala toxic ga maarindhi. Age peruguthunna koddhi Chandu Keerthi ni control cheyadam start chesaadu. Eh abbai tho matladakodadhu. Okavela matladithe

“Lanjamunda mogodu message chesthe chaalu egesukuntu reply isthav.” Ani thittevaadu.

Okavela call waiting vasthe

“evaditho matladuthunnav inthasepu screenshot pettu.” Anevaadu.

Okavela friends tho bayataki velthe

“video call chesi evarevaru unnaro chupinchu.” Anevaadu.

Ila prathi vishayam lonu Keerthi ki manashanthi lekunda poyedhi. Okavela ila enduku torcher chesthunnav ani adigithe

“ninna bayata abbaila nundi save chesthunna.” Anevaadu.

Chandu enthala torcher chesevaadu ante vaadi call vasthane Keerthi ki bayam ayyedhi. Ee torcher barinchaleka breakup chepthe, aaroju antha Keerthi hostel mundhe undevaadu. Andariki keerthini bayataki rammanu ani cheppevaadu.

Thanu entha try chesina ee problem ki solution lekunda poyindhi. Roju edichedhi. Dooram pedudham anna pettalekapoyedhi. Hostel marusthe college ki vachevaadu. Andariki cheppevaadu. Ee toxic relation thana valla avvaledu. Intlo cheppaledu. Police complaint isthe veedu kopam tho emaina chesthademo anna bayam.

Study aapesi intiki veldham anna akkadiki vasthademo anna bayam thanu narakayathana anubavinchindhi. Oka moment lo suicide cheskunte ee problems em undavu anukundhi. Antha la torcher ni face chesindhi. Appudu Keerthi ki edo teliyani dhairyam veedi kosam nenu chavadam enti anukundhi. Next day ne chandu vaalla intiki vellindhi.

“Mee abbayi nannu chaala torcher peduthunnadu. Dhayachesi naaku msgs kaani calls kaani cheyaku ani cheppandi” ani cheppi vachindhi.

Chandu ee incident taravaata inka wild ga maaradu. Daily thana hostel mundhe undevaadu. Mid night ayyaake vellevaadu. Andariki Keerthi ni rammanu ani cheppevaadu. Rakarakaala numbers nundi okkasaari thanatho sex chesthe vellipotha ani message chesevaadu.

Okaroju thanu chandu leni time lo sim card marchesi college hostel ki vellipoyindi. Hostel lo nundi bayataki vachedhi kaadu. College main gate loki outers ni allow cheyaru. So chandu vachina thanaki telidu. Ala 6 months Keerthi ekkadikaina vellali anna thana friend burqa veskoni velledhi. Anthala bayapadedhi thanu.

Over period of a time thanu melliga aa bayam nundi bayataki vachindhi.

Konni days ki thanaki Instagram lo chandu account suggestion lo kanipinchindhi. Chusthe chandu vere ammayitho love lo unnadu. Vaalla iddari photos upload chesi unnaru. Bio lo ‘my world’ ani ah ammayi ID chusi confirm cheskundhi.

Keerthi ne pranam annadu. Keerthi ni kaapadatanike ala behave chesthunna annadu. Last ki Keerthi miss aiendi ani realize aina few months lo vere ammayini set cheskunnadu.

Chaala mandhi ammayilu ilanti toxic relation lo undi chaala suffer avthuntaaru. Ela bayatapadaalo telika sathamatham avthu aa relation continue chesthuntaaru. Kaani ilanti relationship vaallaki life time lo marchipoleni chedhu gnapakaalani isthundhi ani gurthinchaleru. Ila toxic relation lo undi life ni spoil cheskokunda veelainantha tworaga vallani dooram petti mee future meedha focus chesthe entho peaceful ga untundhi. Manaki unna

ee chinni life ni negative people tho nimpukoni spoil cheskokodadhu ani cheppedhe Keerthi katha.

Intha chinna age lo anni kotthaga untai, tempting ga anipisthaayi. Kaani manakantu age vasthunna time lo anni maaripothuntaayi. Anduke proper age raakamundhe relationship loki vellakodadhu. Okavela vellina chaala careful ga behave cheyali. Because meeke teliyani enno vishayaalu mee age meeku nerpisthundertundi.

## CHAPTER SIX : MANAGER

Vandana. Andari laagane vandana kuda thanaki job vasthe chaala happy anukundhi. Kaani enni interviews attend ayyina thanaki job raledu. Chivaraki edo oka company lo join avvakapotha thana life chaala tough avthundhi ani bayapadi oka chinna BPO company lo join aiendi.

BPO ayina kuda parledu anukundhi. Because vaalladhi chaala poor family. Thana job search ki Hyderabad lo ekkuva rojulu undatam intlo vaallu afford cheyaleru. Anduke edo oka job chesthu vere interviews ki attend avvali anukundhi.

Kaani thanaki telidu. BPO complete ga target oriented untundi ani. Daily konni vandhala mandhiki calls cheyamani force chesevaallu. Cheyakapotha thittevaallu. Vipareethanga torcher pettevaallu. Chivaraki chaala mandhi job odilesi vellipoyevaallu.

**K**aani Vandana ki aa option ledu endukante thanu okavela job manesthe vaalla intlo entha kastam avthundho thanaki baaga telusu. Anduke entha work pressure unna kuda chesedhi, entha thittina barinchedhi. Okaroju manager adigaadu thanani enduku intha committed ga unnav ani. Appudu Vandana thana family gurinchi cheppindhi.

**A**a moment nundi manager vandana ni em anevaadu kadu. Peddaga pani cheppevaadu kaadu. Aayanaki oka 40yrs untai. so thanalanti pedha vaalla badhalu easy ga ardam cheskunnaru anukundhi Vandana. Kaani reality adi kadu.

**M**elliga aayana vandanaki casual messages chesevaadu. Thanaki emaina dabbulu kavala ani adigevaadu. Vandana vaddu anna vinipinchukunevadu kaadu dabbulu vesevaadu. Ala oka 5000 vesaaka Vandana tirigi aa 5000 aayanaki vesi ma dady ki panta lo labam vachindhi sir ika meeru veyakandi. Ani cheppindi.

Manager “dabbulu vesedhi neekosam mee nana kosam kaadu.” Ani message chesaadu. Vandana ki melliga ardam aiendi athani uddhesham. Aaroju manager ki message cheyaledu inka.

Next day manager Vandana ki

“ninna first time chusinappude naaku nuvvu chaala nacchesav, maa intlo naaku istam lekunda pelli chesaaru. Daily maa wife tho torcher. Thanaki divorce ichi ninna pelli cheskundham anukuntunna. Nuvvu okay antav ani hope tho unna.” Ani message chesaadu.

Vandana guess chesindhe nijam aiendi.

“naaku alanti uddhesham ledi sir, nenu mimalni naa brother la feel ayyaanu.” Ani message chesindi.

Very next day nundi manager Vandana ki chukkalu chupinchadam start chesaadu. Okko



rojulo konni vandhala mandhi customers ni target ivvadam, okavela target miss avthe andari mundhu chaala heenanga thittadam start chesaadu.

Vandana chaala edichedhi. Thana pedharikam ni ela alasuga vaadukuntunnaro chusi barinchalekapoyedhi. Pedhavaallu antene dabbula kosam ollu ammukune vaallu kaadu ani prove cheyali anukundhi. Thanu job manedddham anukundhi. Kaani aa manager ki oka lesson cheppi manedddham anukundhi.

Kavalane next day Vandana thana target ni finish cheyaledu. As usual ga evening manager vachaadu. Vandani thittadam modhalu pettadu. Nuvvo useless fellow neeku asalu em pani chathakadu antunnadu thanani. Vadana oopiri peelchukoni,

“mee marriage proposal ki okay cheppi unte nenu useful ayyedhaanni kada sir?” andhi.

Andaru shock. Manager nota maata raaledu.

“Meeru naaku vaddhu anna forceful ga money vesi nannu logadhisukovali ani try chesinappudu nenu accept chesthe nenu useful ayyedhanni kada sir?” andhi.

Anthe ee vishayam chaala dooram vellindi. Chivaraki aa company lo pani chese prathi okkaru vandanaki support chesaaru. Aa manager ni job lo nundi teesesaaru. Aa manager aa roju rathri full ga thaagi

“leki lanja, edo bagunnav kada ani oka chance isthe neeku antha pogara? andari mundhu niladheesthava? Laksha rupayalu isthe raava pandataniki? Vasthav ga? Paisalu kavalante nannu adigithe aipothundhi kadane andari mundhu cheppadam dheniki?” ani chaala vulgar ga matladaadu.

Aa call antha record chesi thanu straight ga PS ki vellindi jarigindi antha cheppi complaint file chesindi. Adhe last aa manager ni chudatam.

Vandana ki Hyderabad lo bandhuvulu leru, friends leru, family background ledi, dabbulu levu, kaani

thana self respect ni dhebba teesthe entha dooram  
aina velle shakthi undi. Aa moment nundi thanaki  
edo telini dhairyam. Entha pedda kastam vachina  
edhiristhaanu ane nammakam vachaayi. Thana  
katha oka ammayi thegimpu ki nidarshanam.  
Dabbutho vasthuvuni konachu kaani sthree ni  
kaadu ani prove chesindi thanu.

## CHAPTER SEVEN : INFINITY STORIES

Ilanti kathalaki anthu ledu. prapancham lo infinity stories unnai ilantivi. Andulo ee aaru kathalu mathrame enduku publish chesthunna ante problem ekkadi nundi aina ravachu,

Seetha la thana intlone problem undachu.

Rajitha la thana ontlone problem undachu.

Ramya la thana oorlone problem undachu.

Sumathi la thana husband ey problem avvachu.

Keerthi la thana boyfriend ey problem avvachu.

Vandana la chese pani lone problem undachu.

Problem raadhu ane guarantee ledu. kaani vachina problem ni meeru ela face chesthunnaru anedhe important. Ee kathalalo kondarivi meeku chaala pedda problems anipinchachu. Kondarivi regular ga jarige problems anipinchachu. Kaani okkasaari vaalla place lo meeru unte entha traumatic undedhi kada experience. Almost andariki suicidal thoughts vachaayi. Andaru almost chanipodham

anukunnaru. Andariki almost okka dhaari kuda kanipinchaledu kaani vaalla mind vaallani chavanivvaledu. Brathiki poradamani dhairyam cheppindhi. Brathikinchindhi. Super heros avengers lonena? Veellu kaada super heros?

Veella kathalu kevalam udhaharanalu mathrame. Naa sontha friend vaalla akka valla husband thanani physically abuse chesthunnadu ani naaku konni years tarvata cheppindhi. Ante mana chuttu unnavaallalo entha mandhi suffer avthuntaaru?

Chala mandhi vaalla family loni peddhamma kodukulu, ante vaalla annayale regular ga vaallani sexually abuse chesthuntaaru ani chese messages tho naa inbox nindipoyindi ante meeru nammagalara?

Evaru chepparu. Ee kathalanni kanumarugu aipothuntaayi. Abuse cheyabadina ammayilu bayam tho edusthu unte abuse chesina vaallu

matram samajam lo sukam ga brathukuthuntaaru. Veellani edhurukune shakthi prathi ammayiki undaali.

Telugu lo oka paatha phrase undi evaraina abbayi edusthe

“enduku raa aadapilla laaga edusthav” antaaru.

Ante dheeniki ardam enti?

Aadapilla kastam vasthe edusthundhi thappa thirigi poradadhu anega?

Enno vidhaaluga develop avthunna ammayilu vaalla mind ni kuda develop cheyaali. Kastam raagane badhapade stage nundi dhaanni edhirinchi nilabade stage ki edhagaali.

Nenu mimalni fake feminists la andaru mogallani dweshinchandi ani cheppadam ledi. andaritho happy ga untu problem arise ainappudu matram meeloni kaali mathani kuda parichayam cheyali ani chepthunna.

Tharaalu maruthunnayi. Mana paddhathulu  
maaruthunayi. Manam vesukune battala nundi  
manam matlaade basha daaka anni  
maaruthunnappudu manaloni bhayam matram  
dhairyam la enduku maarakodadhu?

## CHAPTER EIGHT : PARENTING

Naa followers lo chala mandhi new parents unnaru. Eppudaina gamaninchaara manam enduku prathi vishayam mana intlo vaallatho share cheskolemo? Endukante parenting. Mana vaallu ela react avtharo anna bhayam manani mana problems cheppakunda chesthundhi. Vaallu vaallake telikunda manani ala penchesaaru.

Repati kaalam lo mee pillalu kuda meelane kumiliporu anna nammakam emundhi? Thappu chesthe thittina, kastam vasthe nenu unta anna nammakam meeru mee pillalaki ivvagaligithe vaallu chinna problem vachina meeku share cheskovadam start chestharu. eppudaithe parenting strict ga untundho appudu pillalu kuda thama problems ni share cheyadam aapesthaaru. Vaallu kuda manalaage manasulone dhachukoni kumilipothuntaaru.



Oka good parent eppudu avtharo telusa? Mee pillalu meeku nirbhayam ga vaalla problems ni share cheskunna time lone meeru oka good parent avthaaru.

## CHAPTER NINE : CONCLUSION

Ee book publish chesthundhi nenu mimalni disturb cheyadaniki kaadu. Meeku teliyaali ani. Bayata prapancham ela undho meeku teliyaali. Easy ga nammadam aaapeyaali. Okavela kastam vachina dhaanni edhirinchaali ani. Kastam kevalam abbai side nunde raadhu etu vaipu nundi aina ravachu.

Srujana ane ammayiki 12<sup>th</sup> lo ekkuva marks vachayi ani thana friend ey srujana phone number andari abbayilaki prostitute ani cheppi ichindhi.

Priya baguntundhi anna kullu tho class lo andari abbayila mundhu oka ammayi thana dress ni laagi chinchiesindi.

Ilanti silly reasons tho konni vandhala mandhi edipinchina messages vachevi naku.

Em cheppalo ardam kaani messages avi. Kevalam problem abbayi side nunde raadhu, etu vaipu nundi aina ravachu ani gurthunchukovali. Kaani meeru entha strong ga undalante elanti problem vachina kuda mimalni emi cheyanantha strong ga undaali.

Soft ga unnantha varaki andaru aadukovalane chustharu, so veelainantha dhairyam ga kanipinchela chudandi.

Enni kastaalu meeku vachina dhanni parishkarinchadaniki oka solution thappakunda untundi. Ee timeframe lo meeku chaala alochanalu ravachu. Jeevitham aipoyindhi anipinchachu. Andaru cheddaga kanipinchachu. Brathuku baaramaina feel ravachu. Kaani meeru thaluchukunte enthati kastam aina edhirinchagalaru ani gurthupettukondi.

Katthini pakkana pettukoni ontariga brathike seetha kannu peddava mana kastaalu?

Ontlo problem undi ani chepthe enduku puttave ani parents thittina Rajitha kannu peddava mana kastaalu?

Puttedu ashalatho hyd ki vasthe manager thone lanja ani thittipinchukunna Vandana kannu peddava mana kastaalu?

Pelli cheskundhi kevalam padakasukam kosame ani telisina tirigi kaapuram cheyamani parents cheppina Sumathi kannu peddava mana kastaalu?

Nijam gaane vaallakanna peddave avvachu. Maree vaalla laaga meeru enduku edhurinchi gelavaleru?

Ee jeevitham lo enni kastaalu vachina avi dhaatukune shakthi meelo unnappudu edavadam enduku? “aadapillala enduku edusthav?” ane phrase ni meeru marchedheppudu?

Kastam raani,  
 Entha peddha kastamaina raani,  
 Edhuredhaina undani,  
 Thalabadedhi nippe kaani,  
 Edhuru vachindhi vishavaayuvule kaani,  
 Samudram alalu padagaane bussu mani  
 karumarugu avvadha nippu?  
 Kondaki thaaki mundhuki vellaleka venakadugu  
 veyadha gaali?  
 chese panilo nijam unnappudu, nyayam unnappudu  
 thrimurthulane chanti papa la cheyagaligina sati  
 Anasuya oka aadadhe kada.  
 Deshadrohulani tharimikottadaniki pranam ichina  
 Rudrama devi oka aadadhe kada.  
 Ee pusthakam aadavaalla sahasaniki nidarshanam.  
 Ee pusthakam aadavaalla parakramaaniki  
 prathiroopam. Meeru entha peddha kastam vachina  
 dhaanni edhurukovadaniki siddham ga untaaru ani  
 ashisthunna.

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