

Python - Loop Tuples

[< Previous](#)[Next >](#)

Loop Through a Tuple

You can loop through the tuple items by using a **for** loop.

Example

Iterate through the items and print the values:

```
thistuple = ("apple", "banana", "cherry")
for x in thistuple:
    print(x)
```

[Try it Yourself »](#)

Learn more about **for** loops in our [Python For Loops](#) Chapter.

Loop Through the Index Numbers

You can also loop through the tuple items by referring to their index number.

Use the **range()** and **len()** functions to create a suitable iterable.

Example

Print all items by referring to their index number:



```
for i in range(len(thistuple)):  
    print(thistuple[i])
```

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Using a While Loop

You can loop through the list items by using a **while** loop.

Use the **len()** function to determine the length of the tuple, then start at 0 and loop your way through the tuple items by referring to their indexes.

Remember to increase the index by 1 after each iteration.

Example

Print all items, using a **while** loop to go through all the index numbers:

```
thistuple = ("apple", "banana", "cherry")  
i = 0  
while i < len(thistuple):  
    print(thistuple[i])  
    i = i + 1
```

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Learn more about **while** loops in our [Python While Loops](#) Chapter.

< Previous

Next >

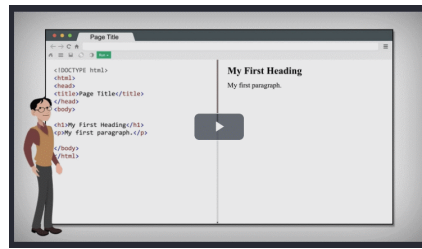


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