



Indian Academy of Sciences **84th ANNUAL MEETING**

2-4 November 2018
Swatantrata Bhavan, Banaras Hindu University, Varanasi

PUBLIC LECTURES

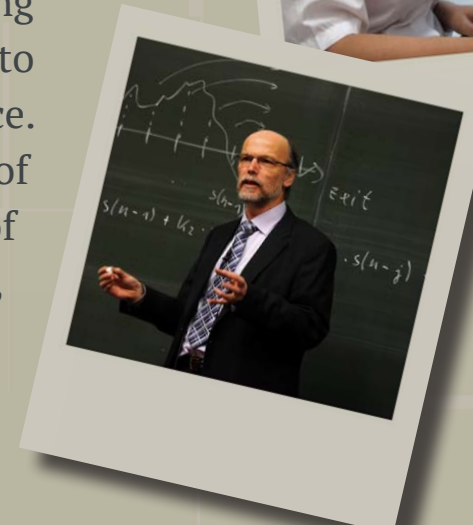
Buddhism and science

GESHE NGAWANG SAMTEN

Central Institute of Higher Tibetan Studies, Varanasi

2 November 2018 | 1745-1845

Buddhism and science have striking similarities, particularly, with respect to their approach to search deeper reality. There have been occasional dialogues between science and Buddhism in the past. However, since over three decades, interaction between Buddhism and Science has been going on intensively on regular basis with the initiatives of His Holiness the Dalai Lama. Leading scientists in the fields of physics, neuroscience, astronomy, psychology, cognitive science and clinical research have participated and many researches have shown ground breaking results. Some of the major findings in the field of neuroscience exploring into the system of the mind and emotions have changed the principles of science. Researches on emotions have become an area of great interest in the domain of science and based on these findings, practices such as Mindfulness, Regulation of Emotions and Social Emotional Learnings are being practiced widely in schools, public domain and clinical services.



Changing faces of women in Hindi cinema

SHABANA AZMI

Actress, Social Activist, Mumbai

3 November 2018 | 1800-1900

Hindi Cinema has largely portrayed women in stereotypes – the sacrificing mother, the dutiful wife, the devoted sister... There was a clear divide between the heroine and the vamp. Over the years the two identities started blurring but the emergent character was a cardboard avenging angel with none of the complexities of a woman's various identities. It is only in the last decade that there is a shift in the way women are being portrayed in Hindi cinema – more full-blooded, less stereotyped, but still a long way to go...

ALL ARE WELCOME