

Activity #1

Directions: Identify the following pictures below, then name what Philippine Folk Dance it is. You may write your answer on your answer sheets.



www.folkdance.tk

1. _____



flickr.com

2. _____



http://images.search.yahoo.com/search/images;_ylt=A0PDoX5F909Qah8A0iSJzbfK?p=pangalay%20dance&fr=yfp-t-521-s&ei=utf-8&n=30&x=wrt&fr2=sg-gac&sado=1

3. _____



www.kalilayan.com

4. _____



www.kalilayan.com

5. _____



What I Have Learned

Directions: To assess your understanding, complete the unfinished statements below. Write your answer on your answer sheets.

I have learned that folk dances are _____

I am proud of having a rich culture in dancing because _____

Now, I would continue to _____

_____.



Assessment

Directions: Read each statement, then write the letter of your chosen answer on your answer sheet.

1. Who was the dance researcher of Pangalay?
 - A. Francisco Baltazar
 - B. Francisca Reyes-Aquino
 - C. Jose dela Cruz
 - D. Ramon A. Obusan
2. What is the literal meaning of the word "Pangalay"?
 - A. Fingernail
 - B. Mengalai
 - C. My Pomelo Tree
 - D. With the use of sticks
3. What is the classification of the Sakuting dance?
 - A. cultural dance
 - B. festival dance
 - C. social dance
 - D. wedding dance
4. Which of the following dance literally mean "with the use of the sticks"?
 - A. Binislakan
 - B. Pangalay
 - C. Sakuting
 - D. Sua-Ku-Sua
5. Which of the following dance uses fans as the primary props?
 - A. Binislakan
 - B. Pangalay
 - C. Sakuting
 - D. Sua-Ku-Sua

6. Which is true about Pangalay?
- A. The dancers are using sticks as their main props.
 - B. The dancers must have dexterity and flexibility of the shoulders, elbows and wrist.
 - C. The female dancers are wearing Seisgo and Kimono.
 - D. The male dancers are wearing Camisa de chino, red trousers, and native hat.
7. What dance step is basically used in Pangalay, Binislakan, Sua-Ku-Sua and Sakuting that means "to bow"?
- A. bend
 - B. leap
 - C. padyak
 - D. saludo
8. What dance step means to stamp or tap with one foot and the weight of the body is on the other foot?
- A. bend
 - B. leap
 - C. padyak
 - D. saludo
9. What do you call to a dance formation of two or more couples?
- A. couples
 - B. lovers
 - C. partner
 - D. set
10. What could be the importance of having folk dancing activity in your community?
- A. It develops family solidarity as well as family wellness.
 - B. It gives you time to misjudge other's cultural dance.
 - C. It provides activities that will enhance your mental capacity.
 - D. It promotes disagreement between different parties.
11. What is the advantage of having dance activities?
- A. It helps you become weaker
 - B. It helps you look older
 - C. It makes you become healthier
 - D. It makes you look fresher
12. Which is NOT a possible injury or emergency that may happen to you during the dance performance?
- A. brain damage
 - B. cramps
 - C. dehydration
 - D. sprain
13. What is the possible effect of dance in our body?
- A. becomes fit
 - B. becomes happy
 - C. becomes obese
 - D. becomes underweight
14. What is the BEST trait while performing the different folkdance of our country?
- A. being ashamed
 - B. being friendly
 - C. being helpful
 - D. being proud
15. What could be the positive effect of dancing to your relationship with other people?
- A. It could be a better way to prejudice the culture of other ethnic group
 - B. It could be a good way to have a good relationship to other people
 - C. It could be a way to have a bad communication to others
 - D. It could be an activity that will discourage other people