

# Chapter 1

Pulvinar non pellentesque pellentesque nisi nascetur elementum platea turpis, eu, pulvinar et, a mauris, etiam vel, facilisis mus, egestas in dapibus sagittis ac mattis. Phasellus massa cum, habitasse augue sagittis, turpis penatibus auctor sagittis aenean in! Aenean porta tincidunt ultricies est lorem, facilisis dignissim tempor auctor ut sociis pulvinar eros egestas eros placerat.

the 1990s, the number of people with a mental health problem has increased by 50% (Mental Health Foundation 2000). The prevalence of mental health problems has increased in all age groups, but the increase has been most marked in the young (Mental Health Foundation 2000).

There is a growing awareness of the need to address the needs of people with mental health problems. The Department of Health (2000) has set out a strategy for mental health care, which aims to improve the lives of people with mental health problems and to reduce the burden of mental health problems on society. The strategy is based on three main principles: (1) to improve the lives of people with mental health problems; (2) to reduce the burden of mental health problems on society; and (3) to improve the effectiveness of mental health services.

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# Chapter 2

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# Chapter 3

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