
CHAPTER 1

MEASURE THEORY AND INTEGRATION

1 Measuring Sets

First we define a rudimentary "*measure*" for a rectangle. Then, by means of cube coverings of sets, we define a rudimentary measure for arbitrary sets in \mathbb{R}^d , called the *outer measure*, and results that follow, reg. open sets etc. leads us to define a restriction on the *outer measure*, and this gives us the *Lebesgue Measure*.

1.1 Primitive Measurement of Rectangles

Definition 1.1. (Rectangle (Open) in \mathbb{R}^d)

$$R := \Pi_{i=1}^d(a_i, b_i)$$

Definition 1.2. (Rectangle (Closed) in \mathbb{R}^d)

$$\overline{R} = \Pi_{i=1}^d[a_i, b_i]$$

Definition 1.3. (Almost disjoint collection of rectangles $\{R_i\}$) A collection of rectangles $\{R_i\}$ is said to be *almost disjoint* if $R_i^\circ \cap R_j^\circ = \emptyset$ for all $i, j \in \mathbb{N}$.

Definition 1.4. (Volume of a rectangle (both closed and open))

$$|R| = \overline{R} := \Pi_{i=1}^d |b_i - a_i|$$

Lemma 1.5. *If $R \subset \mathbb{R}^d$ is a rectangle, and $\{R_i\}_{i=1}^N$ is a collection of almost disjoint rectangles such that $R = \cup_{i=1}^N R_i$, then $|R| = \sum_{i=1}^N |R_i|$*

Proof. Let $R = \Pi_{i=1}^d [a_i, b_i]$ and subdivide each $[a_i, b_i]$ into $t_{i0} = a_i < t_{i1} < t_{i2} < \dots < t_{iN-1} < b_i = t_{iN}$ where $[t_{ik}, t_{ik+1}]$ is the interval that forms the i -th coordinate of some rectangle R_q in our collection. Let L_{kj} represent the j -th subdivision interval of the k -th interval of R . All possible products taken of L_{kj} , call it R_{pq} yields a division of R into smaller rectangles, and by virtue of the definition of $|R|$, this is

equal to $\sum_{p,q} |R_{pq}|$. In noting that each R_i can in the same sense be subdivided, and is eventually covered exactly by a subcollection of R_{pq} and that each R_i is robustly covered so, we have that $|R_i| = \sum_q |R_{pq}|$, which would yield $|R| = \sum |R_i|$.

□

A corollary of this is:

Remark 1.6. If $R = \cup_{i=1}^N R_i$ for rectangles R_i (where R itself is a rectangle), then

$$|R| \leq \sum |R_i|$$

Lemma 1.7. (*Dyadic Rationals are Dense in \mathbb{R} and \mathbb{R}^d*) The set

$$T = \left\{ \frac{1}{2^k} (m_1, m_2, \dots, m_d) : k \in \mathbb{N}, m_1, m_2, \dots, m_d \in \mathbb{Z} \right\}$$

is dense in \mathbb{R}^d

Proof. Let $\vec{x} = (x_1, x_2, \dots, x_d) \in \mathbb{R}^d$, and let $\varepsilon > 0$. Choose a cube $\pi_{i=1}^d [p_i, p_i + e]$ that is sitting inside $B_\varepsilon(x)$. Let a_j be the smallest distance between x_j and the endpoints of the j -th interval of the cube. Let $a = \inf(a_j)$. Now choose $k \in \mathbb{N}$ such that $2^k(a) > 2$, and choose m_j such that $2^k(p_j) < m_j < 2^k p_j + 2^k e$, which yields a point $\frac{1}{2^k}(m_1, m_2, \dots, m_d)$ in this cube, in this ball. Hence, dense.

□

Theorem 1.8. (*Open sets are approximately a bunch of cubes*) Let $\mathbb{O} \subseteq \mathbb{R}^d$, then there exists $\{Q_i\}_{i=1}^\infty$, a countable collection of almost disjoint closed cubes such that

$$\mathbb{O} = \cup_{i=1}^\infty Q_i$$

Proof. Subdivide \mathbb{R}^d into almost disjoint 1-cubes, making a grid of 1-cubes. Let A_0 be the set of all grid cubes that fall inside \mathbb{O} , and let T_0 be the set of all grid cubes that fall both inside and outside \mathbb{O} . In step 2, subdivide the cubes in T_0 into halves, and let A_1 be the set of all cubes obtained such that they are fully in \mathbb{O} , and let T_1 be the set of all cubes such that they fall both in and out of \mathbb{O} . Keep going as such, subdividing in each step by half. Take all A_1, A_2, \dots and union all sets in all of them. This is denoted by $\cup_{i=1}^\infty Q_i$ which is obviously contained in \mathbb{O} . Now let $x \in \mathbb{O}$. $x \in B_r(x) \subseteq \mathbb{O}$. Choose a cube inside this, do the same procedure as above proof, and get an a as the above proof (by taking $Q = \prod_{g=1}^d [p_g, p_g + e]$ and setting $a = \inf(a_j)$ where a_j is the shortest distance between x_j and the j -th interval's endpoints). Choose k large enough such that $2^k a > 2$ and choose two integers m_j and $m_j + 1$ in between $2^k p_j < m_j < m_j + 1 < 2^k p_j + 2^k e$. Now take the product $\prod_{j=1}^d [m_j/2^k, (m_j + 1)/2^k]$,

which would end up being a cube in some A_i (accepted cubes), implying $\mathbb{O} \subseteq \cup_{i=1}^{\infty} Q_i$. Hence

$$\mathbb{O} = \cup_{i=1}^{\infty} Q_i$$

□

1.2 Primitive Measurement of *Sets*- The Outer Measure

Now we define, equipped with our primitive notion of a measure for a rectangle, what it means to *measure a set*.

Definition 1.9. (Outer Measure M_*) Let $E \subseteq \mathbb{R}^d$.

$$M_*(E) := \inf \left\{ \sum_{i=1}^{\infty} |Q_i| : \{Q_i\} \text{ is a cube covering of } E \right\}$$

Remark 1.10. This definition is intuitive because it takes into account all possible cube coverings, and finds the smallest such in the sense of "measurement". The name "outer measure" encompasses the fact that we are approximating the set E by coverings of E , essentially from the outside rather than the inside.

Theorem 1.11. Let $M_*^R(E) := \inf \{ \sum_{i=1}^{\infty} |R_i| : \{R_i\} \text{ a collection of rectangles covering } E \}$ and $M_*^C(E) := \inf \{ \sum_{i=1}^{\infty} |Q_i| : \text{ where } \{R_i\} \text{ is a collection of cubes covering } E \}$. Then:

$$M_*^R = M_*^C$$

Proof. It is immediately obvious that any cube covering is a rectangle covering, implying that $M_*^R \leq M_*^C$. For the other direction, we start with a rectangle covering $\{R_i\}$ of E , and then slightly extend these rectangles, by some δ such that the extended rectangles have side length ratios to be rational (This can be done, as the next throwaway result suggests), and their volumes $|S_j| \leq |R_j| + \varepsilon/2^j$. Once this is done, We can subdivide $|SS_j|$ into smaller closed, almost disjoint, finite cubes $S_j = \cup_{i=1}^{N_j} Q_{ij}$ and conclude that $\sum |Q_{ij}| = |S_j|$ and eventually say that $\{Q_{ij}\}$ is a covering of E such that $\sum |Q_{ij}| \leq \sum |R_k| + \varepsilon$.

So to conclude, given a rectangle covering $\{R_i\}$, for every $\varepsilon > 0$ we have a cube covering $\{Q_i\}$ such that

$$\sum |Q_{ij}| \leq \sum |R_j| + \varepsilon$$

which means that

$$M_*^C \leq M_*^R$$

which concludes the proof.

□

Lemma 1.12. (*throwaway*) Given a rectangle R , and an $\varepsilon > 0$, there exists a larger rectangle $R \subset R'$ such that $|R'| \leq |R| + \varepsilon$ and the side-side ratios of $|R'|$ are rational, or rather, we can have R' to be equal to the union of a finite number of almost disjoint closed cubes Q_i .

Proof. DRAG (WORK IN PROGRESS)

□

Theorem 1.13. 1. Outer measure of a closed cube Q is $|Q|$

2. Outer measure of an open cube Q is $|Q|$
3. Outer measure of a closed rectangle R is $|R|$
4. Outer measure of an open rectangle R is $|R|$

Proof. 1. Let Q being a closed cube covers itself, therefore $M_*(Q) \leq |Q|$. Consider any cube covering $Q \subseteq \cup_i Q_i$ of Q . Let S_j be a slightly larger open cube than Q_j such that $|S_j| \leq |Q_j|(1+\varepsilon)$. $\{S_j\}$ covers Q , and hence a finite subcovering $\{S_i\}_{i=1}^N$ covers Q , which means $|Q| \leq \sum_{i=1}^N |S_i| \leq (1+\varepsilon) \sum_{i=1}^N |Q_i| \leq (1+\varepsilon)(\sum_{i=1}^\infty |Q_i|)$ which gives us that for every ε and a covering Q_i , we have $|Q| \leq \sum_i |Q_i|(1+\varepsilon)$ which proves our result.

2. Let Q be open. \overline{Q} covers Q , implying $M_*(Q) \leq |\overline{Q}| = |Q|$. Let Q_0 be any closed set inside Q . We have $M_*(Q_0) = |Q_0| \leq M_*(Q)$ from the fact that M_* is monotonic (under the inclusion relation). Since we can make $|Q_0|$ go arbitrarily close to $|Q|$, we have that $|Q| \leq M_*(Q)$, which proves (2).

(3) and (4) for rectangles follow similarly.

□

Lemma 1.14. (*Two light lemmas*)

1. If $E_1 \subseteq E_2$ then $M_*(E_1) \leq M_*(E_2)$
2. Given $\varepsilon > 0$, there exists a covering $\{Q_i\}$ of E such that $\sum_{i=1}^\infty |Q_i| \leq M_*(E) + \varepsilon$

Proof. $E_1 \subseteq E_2 \implies$ any covering of E_2 is a covering for E_1 , which ultimately gives us (1).

(2) follows from the definition.

□

Theorem 1.15. (Countable sub-additivity of outer measure) Let $E = \cup_{i=1}^{\infty} E_i$. Then $M_*(E) \leq \sum_{i=1}^{\infty} M_*(E_i)$

Proof. Let $\{Q_{i,j}\}_{i=1}^{\infty}$ be a closed almost disjoint cube covering for E_j such that $\sum_{j=1}^{\infty} |Q_{ij}| \leq m_*(E_j) + \varepsilon/2^j$. $\{Q_{ij} : i, j \in \mathbb{N}\}$ is a covering for E implying $m_*(E) \leq \sum_{i=1}^{\infty} \sum_{j=1}^{\infty} |Q_{ij}| \leq \sum_{j=1}^{\infty} m_*(E_j) + \varepsilon$ which implies that $m_*(E) \leq \sum_{i=1}^{\infty} m_*(E_i)$

□

Theorem 1.16. (Open Set criteria)

$$m_*(E) = \inf(P) = \inf\{m_*(\mathbb{O}) : \mathbb{O} \text{ open and } E \subseteq \mathbb{O}\}$$

Proof. From monotonicity, it is clear that $M_*(E) \leq \inf(P)$. Let $\{Q_i\}$ be such that $\sum_{i=1}^{\infty} |Q_i| \leq M_*(E) + \varepsilon/2$ and for each Q_i find open cube S_i so that $|S_i| \leq |Q_i| + \varepsilon/2^{i+1}$. Then $\sum_i |S_i| \leq \sum_i |Q_i| + \varepsilon/2$. Note that $\{S_i\}$ is an open cover for E , so let $O = \cup_i S_i$. We have $M_*(O) \leq \sum_i |S_i| \leq M_*(E) + \varepsilon$. We are done.

□

Theorem 1.17. If $E = E_1 \cup E_2$ with $d(E_1, E_2) > 0$ and $E_1 \cap E_2 = \emptyset$, then $M_*(E) = M_*(E_1) + M_*(E_2)$

Proof. From countable additivity we have $m_*(E) \leq m_*(E_1) + m_*(E_2)$. For the other direction, take an open covering $\{Q_i\}$ for E such that $\sum_i |Q_i| \leq m_*(E) + \varepsilon$. We subdivide each Q_i into Q_{ij} (a finite number of them for each i) such that each cube is of side length less than $d(E_1, E_2)$. This means that a subcollection of Q_{ij} covers E_1 , and another, disjoint subcollection covers E_2 , which means that $m_*(E_1) + m_*(E_2) \leq \sum_{ij} |Q_{ij}| \leq m_*(E) + \varepsilon$. We are done.

□

Lemma 1.18. If $E_1, E_2 \dots E_k$ are disjoint sets such that $d(E_i, E_j) > 0$ for all i and j , then $m_*(\cup_{i=1}^k E_i) = \sum_{i=1}^k m_*(E_i)$

Proof. Induction

□

Theorem 1.19. If $E = \cup_{i=1}^{\infty} Q_i$ for almost disjoint closed cubes, then $m_*(E) = \sum_i |Q_i|$

Proof. From subadditivity we have $m_*(E) \leq \sum_i |Q_i|$. We construct $S_j \subset Q_j$ slightly smaller than Q_j , i.e, $|Q_j| \leq |S_j| + \varepsilon/2^j$. These S_j are all disjoint, and their distance from each other are all positive. For any $n \in \mathbb{N}$, we have $\cup_{i=1}^n S_i \subseteq E$, which gives $\sum_{i=1}^n |S_i| \leq m_*(E)$. This gives $\sum_{i=1}^n |Q_i| \leq m_*(E) + \sum_{i=1}^n \varepsilon/2^i$, which, in the limit, yields our desired result.

□

1.3 The Lebesgue Measure

Definition 1.20. (Lebesgue Measurable Set) A set $E \subseteq \mathbb{R}^d$ is said to be Lebesgue measurable if for every $\varepsilon > 0$, there exists an open set O such that $E \subseteq O$ and $m_*(O - E) < \varepsilon$

If E is lebesgue measurable, then its measure is defined as

$$\text{Lebesgue measure} = m(E) = m_*(E)$$

Lemma 1.21. *Every open set is lebesgue measurable.*

Proof. Trivial

□

Lemma 1.22. *Every set E such that $m_*(E) = 0$ is lebesgue measurable (and are called measure zero sets).*

Proof. If $m_*(E) = 0$, then for an $\varepsilon > 0$, there exists an open set O such that $E \subset O$ and $m_*(O) \leq \varepsilon$, but $O - E$ is a subset of O , which gives us the desired result.

□

Theorem 1.23. *Countable union of measurable sets are measurable.*

Proof. Let $E = \cup_i E_i$ where each E_i are measurable. For E_i , take an open set $E_i \subseteq O_i$ such that $m_*(O_i - E_i) \leq \varepsilon/2^i$. Consider $(\cup_i O_i) - (\cup_i E_i) \subseteq \cup_i (O_i - E_i)$ which gives $m_*((\cup_i O_i) - (\cup_i E_i)) \leq \sum_i (m_*(O_i - E_i)) \leq \varepsilon$ which yields us the result.

□

Lemma 1.24. *If F is closed and K is compact, with $F \cap K = \emptyset$ then $d(F, K) > 0$.*

Proof. If $d(F, K) > 0$, then there exists sequences $x_n \in F$ and $y_n \in K$ such that $d(x_n, y_n) \rightarrow 0$. Since y_n is in K , from the Bolzano-Weierstrass theorem we have $y_{n_k} \rightarrow y \in K$ for some subsequence y_{n_k} . This means that $x_{n_k} \rightarrow y$, but F being closed gives us $y \in F$, a contradiction. □

Lemma 1.25. *In \mathbb{R}^d , any closed set F is a countable union of compact sets.*

Proof. Let $B_i[0]$ be an increasing sequence of compact balls. $F = \bigcup_i F \cap B_i[0]$. Closed subsets of compact sets are compact, so we are done. □

Theorem 1.26. *Compact sets in \mathbb{R}^d are measurable.*

Proof. Let $\varepsilon > 0$ and O be such that $m_*(O) \leq m_*(E) + \varepsilon$. $O - E$ is actually an open set, so $O - E = \bigcup_i Q_i$ for a collection (countable) of almost disjoint closed cubes. Let $S_j \subset Q_j$ such that $|Q_j| \leq |S_j| + \varepsilon/2^j$. Note that, since S_j are closed, they are compact and disjoint from other S_i . For $n \in \mathbb{N}$, we have $E \cup_{i=1}^n S_i \subseteq O$, or $m_*(E \cup_{i=1}^n S_i) = m_*(E) + \sum_{i=1}^n |S_i| \leq m_*(O) \implies m_*(E) + \sum_{i=1}^n |Q_i| \leq m_*(O) + \sum_{i=1}^n \varepsilon/2^i$. Taking the n limit yields

$$m_*(E) + \sum_{i=1}^{\infty} |Q_i| = m_*(E) + m_*(O - E) \leq m_*(O) + \varepsilon$$

or $m_*(E) + m_*(O - E) \leq m_*(O)$ (or even $= m_*(O)$). This tells us that $m_*(O - E) \leq \varepsilon$. Hence E is measurable. □

Remark 1.27. Since compact sets are measurable, and closed sets are a countable union of compact sets, closed sets are also measurable. Thus far, our collection of measurable sets are those that are open, closed, and a countable union of those that are already measurable.

Theorem 1.28. *Complement of a measurable set is measurable.*

Proof. Let E be measurable. Let O_n be such that $m_*(O_n - E) \leq 1/n$. Consider $E \subseteq \bigcap_i O_i$, or $\bigcup_i O_i^c \subseteq E^c$. We have $m_*(E^c - \bigcup_i O_i^c) = m_*(\bigcap_i O_i - E) \leq 1/n$ for all n , which means $E^c - \bigcup_i O_i^c = J$ is a measure 0 set, hence measurable. $J \subseteq E^c$, and $J \cup (\bigcup_i O_i^c) = E^c$, implying that E^c is a union of two measurable sets, hence itself is measurable. □

Lemma 1.29. *Countable intersection of measurable sets is measurable.*

Proof. $\cap_i E_i = (\cup_i E_i^c)^c$.

□

Remark 1.30. Thus far, we have open sets and closed sets to be measurable, as are countable unions, intersections and complements of measurable sets.

Theorem 1.31. (Countable additivity) *Let $E = \cup_i E_i$ for measurable, disjoint sets $\{E_i\}$. Then,*

$$m(E) = \sum_{i=1}^{\infty} m(E_i)$$

Proof. One direction $m(E) \leq \sum_{i=1}^{\infty} m(E_i)$ is trivial from subadditivity.

Assume that each E_i are bounded

Consider E_i^C , which are measurable, and find O_i such that $m_*(O_i - E_i) \leq \varepsilon/2^i$. Let $F_i = O_i^C$ be closed sets such that $F_i \subset E_i$ and $m_*(E_i - F_i) = m_*(O_i - E_i^c) \leq \varepsilon/2^i$. for every n , $\cup_{i=1}^n F_i \subseteq E$, implying $m_*(\cup_{i=1}^n F_i) \leq m_*(E)$ which gives (since F_i are closed and bounded, and disjoint with each other) $\sum_{i=1}^n m_*(F_i) \leq m_*(E)$. Also, $E_i = E_i - F_i \cup F_i$ implying that $m_*(E_i) \leq m_*(E_i - F_i) + m_*(F_i) \leq \varepsilon/2^i + m_*(F_i)$, which means $\sum_{i=1}^n m_*(E_i) \leq \sum_{i=1}^n m_*(F_i) + \sum_{i=1}^n \varepsilon/2^i$. In the limit we have

$$\sum_{i=1}^{\infty} m_*(E_i) \leq \sum_{i=1}^{\infty} m_*(F_i) + \varepsilon \leq m_*(E) + \varepsilon$$

which concludes the result for the case where each E_i are bounded.

Suppose they are not bounded. Consider $Q_1 \subset Q_2 \subset \dots$ a sequence of increasing cubes converging to \mathbb{R}^d centered at origin. Let $S_1 = Q_1$, $S_2 = Q_2 - Q_1$, $S_n = Q_n - Q_{n-1}$ and so on. These S_i are disjoint, bounded, and measurable sets. Define $E_{jk} = E_j \cap S_k$. These too, are each measurable, and bounded. $E_j = E_j \cap (\cup_k S_k) = \cup_k E_{jk}$ implying from the previous proof that $m_*(E_j) = \sum_k m_*(E_{jk})$. We know also that E_{jk} are disjoint, bounded, measurable and its union equals E . So $m_*(E) = \sum_j (\sum_k m_*(E_{jk})) = \sum_j (m_*(E_j))$

□

Theorem 1.32. (Limit Exchange)

1. Let $E_1 \subseteq E_2 \subset \dots$ be an increasing sequence of measurable sets. Then $m(\cup_i E_i) = \lim_{n \rightarrow \infty} m(E_n)$.
2. Let $F_{n+1} \subseteq F_n \subset \dots \subset F_3 \subseteq F_2 \subseteq F_1$ be a decreasing sequence of measurable sets such that $m(F_1) < \infty$. Then $m(\cap_i F_i) = \lim_{n \rightarrow \infty} m(F_n)$

Proof. (1) Define $Q_1 = E_1$, $Q_2 = E_2 - E_1$, $Q_3 = E_3 - E_2$ and so on. These are disjoint measurable sets. $m(\cup_{i=1}^{\infty} E_i) = m(\cup_{i=1}^{\infty} Q_i) = \sum_{i=1}^{\infty} m(Q_i) = \lim_{n \rightarrow \infty} \sum_{i=1}^n m(Q_i) = \lim_{n \rightarrow \infty} m(E_n)$ (since $m(Q_i) = m(E_i - E_{i-1}) = m(E_i) - m(E_{i-1})$).

For (2), we consider $F_1 - F_1 \subset F_1 - F_2 \subset \dots$ an increasing sequence of measurable sets. We then have $m(\cup_i (F_1 - F_i)) = \lim_{n \rightarrow \infty} m(F_1 - F_i) = m(F_1) - \lim m(F_i)$. This immediately gives us the result.

□

Theorem 1.33. *Let E be a measurable set, and $\varepsilon > 0$. Then,*

1. \exists an open set O such that $E \subset O$ and $m(O - E) \leq \varepsilon$
2. \exists closed set F such that $F \subset E$ and $m(E - F) \leq \varepsilon$
3. if $m(E) < \infty$, then there exists a compact set $K \subset E$ such that $m(E - K) \leq \varepsilon$
4. if $m(E) < \infty$, then there exists $F = \cup_{i=1}^N Q_i$, a union of almost disjoint closed sets, such that $m(E - F) + m(F - E) < \varepsilon$

Proof. (1) Obvious from the definition of measurability.

(2) Apply definition of measurability for E^c to get an open set $E^c \subseteq F^c$ such that $m(F^c - E^c) = m(E - F) \leq \varepsilon$. The requisite closed set is F .

(3) Let F be such that $m(E - F) < \varepsilon/2$ where F is a closed set. Consider $Q_1 \subset Q_2 \subset Q_3 \dots$. $F = \cup_i F \cap Q_i$ where each $F \cap Q_i$ are compact. F is contained in E , implying $m(F) = \lim_{n \rightarrow \infty} m(F \cap Q_i) < \infty$ so the limit exists. For large enough N , we have $m(F) - m(F \cap Q_N) < \varepsilon/2$. We then have $m(E) - m(F) + m(F) - m(F \cap Q_N) = m(E - F) + m(F) - m(F \cap Q_N) = m(E - F \cap Q_N) \leq \varepsilon$.

(4) Let $m(E) < \infty$. There exists almost disjoint closed cubes Q_i such that $\sum_{i=1}^{\infty} |Q_i| \leq m(E) + \varepsilon/2$. This series converges, so we take that N such that $\sum_{i=N+1}^{\infty} |Q_i| < \varepsilon/2$, and define $F = \cup_{i=1}^N Q_i$. Note that $E - F$ is fully contained in $\cup_{i=N+1}^{\infty} Q_i$, so $m(E - F)$ is bounded by $\varepsilon/2$. Note that $F - E = \cup_{i=1}^N Q_i - E \subset \cup_{i=1}^{\infty} Q_i - E$, which means that $m(F - E) \leq m(\cup_i Q_i - E) \leq \varepsilon/2$, therefore, the sum $m(E \Delta F) = m(E - F \cup F - E) = m(E - F) + m(F - E) \leq \varepsilon$

□

Invariance properties of the Lebesgue Measure

Definition 1.34. ($E + h$ translate, $h \in \mathbb{R}^d$)

$$E + h := \{x + h : x \in E\}$$

Definition 1.35. (δE dialation, $\delta \in \mathbb{R}$)

$$\delta E := \{\delta x : x \in E\}$$

Theorem 1.36. *If Q is a cube, $Q + h$ is also a cube, and $|Q| = |Q + h|$*

Proof. Trivial definition chasing. □

Theorem 1.37. *If B is a ball, then $B + h$ is also a ball, of the same radius. Moreover, $B_r(x) + h = B_r(x + h)$*

Proof. Also trivial □

Theorem 1.38. *If O is an open set, so is $O + h$, and their measures are the same*

Proof. First show that if O is a union of balls B_i thn $O + h$ is a union of balls $B_i + h$. Moreover, if O is a disjoint (almost) union of closed cubes $\cup_i Q_i$, then $O + h = \cup_i (Q_i + h)$. We then can easily see that their measures are the same from additivity. □

Theorem 1.39. $m_*(E) = m_*(E + h)$

Proof. Given any open set O covering E , there exists an open set $O + h$ covering $E + h$, with the same measures. The reverse direction too is possible. So $\inf\{m_*(O) : E \subset O\} = \inf\{m_*(O') : E + h \subseteq O' + h\}$ which concludes equality. □

Theorem 1.40. *If E is measurable, so is $E + h$ and their measures are the same.*

Proof. Given $\varepsilon > 0$, there exists $E \subset O$ open such that $m_*(O - E) \leq \varepsilon$. Consider $O + h$, which covers $E + h$. Note that $(O + h - E + h) \subseteq (O - E) + h$ so $m_*(O + h - E + h) \leq \varepsilon$. We are done with measurability, and equality comes from m_* . □

Using similar techniques, one can show:

Theorem 1.41. $m(\delta E) = \delta^d m(E)$

1.4 Sigma Algebras

Definition 1.42. (Sigma algebra $\Sigma(\Omega)$ of a set Ω) A collection of subsets $\Sigma(\Omega)$ of Ω is a sigma algebra if:

1. $\emptyset, \Omega \in \Sigma$
2. $E_1, E_2 \dots \in \Sigma \implies \cup_i E_i \in \Sigma$
3. $E \in \Sigma \implies E^c \in \Sigma$

Definition 1.43. (Borel Sigma Algebra) Let K be the collection of all open sets (in any topology), then the Borel Sigma Algebra, denoted \mathbb{B}_Ω is the intersection of all sigma algebras containing K

Remark 1.44. The set of all lebesgue measurable subsets of \mathbb{R}^d forms a sigma algebra. Since open sets are measurable, the borel sigma algebra is sitting inside the lebesgue sigma algebra.

Definition 1.45. (Measure) Let $(\Omega, \Sigma(\Omega))$ be a set and a sigma algebra (aka a double). A function $\mu : \Sigma(\Omega) \rightarrow \mathbb{R} \cup \{+\infty\}$ is said to be a *measure* if:

1. $\mu(E) \geq 0$ for all $E \in \Sigma(\Omega)$
2. $\mu(\emptyset) = 0$
3. $\mu(\cup_{i=1}^\infty E_i) = \sum_{i=1}^\infty \mu(E_i)$ for a collection of disjoint subsets of $\Sigma(\Omega)$

Theorem 1.46. (Limit Exchange) Let $E_i \uparrow E$, then $\mu(E) = \lim_{i \rightarrow \infty} \mu(E_i)$. Likewise, if $E_i \downarrow E$ with $\mu(E_1) < \infty$, then $\mu(E) = \lim_{i \rightarrow \infty} \mu(E_i)$

Proof. The proof follows similarly to the case where Σ was lebesgue and Ω was \mathbb{R}^d (see above).

□

Theorem 1.47. Limit exchange + finite additivity is equivalent to countable additivity (given other axioms for a measure stay fixed).

Proof. \Leftarrow Countable additivity takes care of finite additivity, and previous theorem gives limit exchange.

\implies Let $E_1, E_2 \dots$ be disjoint sets in the sigma algebra. We have $\mu(\cup_{i=1}^n E_i) = \sum_{i=1}^n \mu(E_i)$. Let $Q_1 = E_1, Q_2 = E_1 \cup E_2, Q_3 = E_1 \cup E_2 \cup E_3$ and so on. We have $Q_i \uparrow$. $\cup_{i=1}^n Q_i = \cup_{i=1}^n E_i$. $\mu(\cup_{i=1}^n Q_i) = \sum_{i=1}^n \mu(E_i)$. $\mu(\cup_i E_i) = \mu(\cup_{i=1}^\infty Q_i) = \lim_{n \rightarrow \infty} \mu(Q_n) = \sum_{i=1}^\infty \mu(E_i)$

□

Theorem 1.48. *A set $E \subseteq \mathbb{R}^d$ is measurable iff*

1. *E differs from a G_δ set by a set of zero measure*
2. *E differs from a F_σ set by a set of zero measure*

Proof. If measurable, then obviously we have for every $n \in \mathbb{N}$ such that $m(O_n - E) \leq 1/n$ so $\cap_n O_n$ is our desired G_δ set. Likewise, if we perform the same for E^c and get $\cap_n O'_n$ there, then $\cup_n O_n^c$ is our desired F_σ set.

If we have E differ from a G_δ set by a set of measure 0, we mean that $E - G$ and $G - E$ are individually measure 0. Note that $E \cap G = G - (G - E)$ which means $E \cap G$ is measurable. Now, $E \cap G \cup (E - G) = E$, which means E is measurable. Same argument applies to an F_σ set F .

□

1.5 A non measurable set in $[0, 1]$

Define the equivalence relation $x \sim y$ if and only if $x - y \in \mathbb{Q}$. Let ϵ_α be the equivalence classes, so that $[0, 1] = \cup_\alpha \epsilon_\alpha$. Pick $x_\alpha \in \epsilon_\alpha$ (by axiom of choice). Take these x_α to make a set \mathcal{N} .

Let $\{r_k\}$ be an enumeration of rationals in $[-1, 1]$. Define $N_k = N + r_k$ (translate). Note that, if $N_l \cap N_k \neq \emptyset$, then $N + r_l \cap N + r_k \neq \emptyset$ or there exists $x = x_\alpha + r_l = x_\beta + r_k$, but that means $x_\alpha \sim x_\beta$, only possible if $\alpha = \beta$ but contradiction to the assumption that $l \neq k$, so for different rationals, N_k is disjoint to N_j . Note that $[0, 1] \subseteq \cup_{i=1}^\infty N_i \subseteq [-1, 2]$. Assuming N is measurable, it tells us N_k each are measurable, and yields $1 \leq \sum_{i=1}^\infty m(N_i) \leq 4$ but $m(N_k) = m(N)$, which gives us a contradiction.

This set is called the **Vitali Set**.

2 Measuring Functions

Definition 2.1. (Measurable Function) A function $f : \mathbb{R}^d \rightarrow \mathbb{R} \cup \{-\infty, \infty\}$ is said to be *measurable* if $f^{-1}([-\infty, a))$ is measurable in \mathbb{R}^d .

Remark 2.2. Note that, in the above definition, it is easy to see that it is equivalent to saying any function is Lebesgue measurable if it inverse maps borel sets to lebesgue sets.

A borel measurable function on the other hand, inverse maps borel sets to borel sets.

Definition 2.3. (Characteristic function of a set $E \subseteq \mathbb{R}^d$)

$$\chi_E(x) := \begin{cases} 1 & : x \in E \\ 0 & : \text{else} \end{cases}$$

We now define the elementary functions that make up Riemann theory:

Definition 2.4. (Step function) f is a step function if there exists $N \in \mathbb{N}$, real numbers $\{a_i\}_1^N$ and N rectangles R_i such that $f(x) = \sum_{i=1}^N a_i \chi_{R_i}(x)$

The elementary functions that make up lebesgue theory on the other hand, are:

Definition 2.5. (Simple functions) f is a simple function if there exists $N \in \mathbb{N}$, N reals $\{a_i\}$ and N measurable sets $\{E_i\}$ such that $f = \sum_{i=1}^N a_i \chi_{E_i}(x)$

Theorem 2.6. *Equivalent criteria for measurability of a function:*

1. $f^{-1}([-\infty, a))$ is measurable
2. $f^{-1}([-\infty, a])$ is measurable
3. $f^{-1}(a, \infty]$ is measurable
4. $f^{-1}[a, \infty]$ is measurable

Proof. These are rather trivial, given that $[-\infty, a] = \bigcap_{r_k} [-\infty, a + r_k)$ and $f^{-1}(I^c) = (f^{-1}(I))^c$

□

Lemma 2.7. *If f is measurable, then $-f$ is measurable.*

Theorem 2.8. *If $f : \mathbb{R}^d \rightarrow \mathbb{R} \cup \{-\infty, \infty\}$ such that $f^{-1}(-\infty)$ and $f^{-1}(\infty)$ are measurable, then f is measurable if and only if $f^{-1}(O)$, for all open sets $O \subset \mathbb{R} \cup \{-\infty, \infty\}$ (order topology).*

Proof. \implies) Let f be measurable. Then $f^{-1}(a, b)$ is measurable, and $f^{-1}[-\infty, a)$ and $f^{-1}(a, \infty]$ is also measurable for all a . The basis sets are inverse mapped to measurable sets.

\impliedby) Let $f^{-1}(O)$ be measurable for all open sets O . This means $f^{-1}[-\infty, a)$ is measurable for all finite a , as is $f^{-1}[-\infty, a]$. For $f^{-1}[-\infty, \infty) = f^{-1}(\bigcup_i [-\infty, i])$

□

Theorem 2.9. *If f is continuous, then f is measurable. If f is finite valued and measurable, and $\phi : \mathbb{R} \rightarrow \mathbb{R}$ is continuous, then $\phi \circ f$ is measurable.*

Proof. (1) Is obvious

$(\phi \circ f)^{-1}(-\infty, a) = f^{-1}(\text{an open set})$ which is measurable.

□

Definition 2.10. (Almost everywhere) We say a property $P(x)$ holds almost everywhere on a measure space $x \in \Omega$ if the set $E \subseteq \Omega := \{x \in \Omega : P(x) \text{ is not true}\}$ is a set of measure 0.

For example, we say $f \equiv g$ a.e. if $\{x : f(x) \neq g(x)\}$ is a set of measure 0.

Theorem 2.11. Let $f_n : E \rightarrow \mathbb{R} \cup \{\pm\infty\}$ be a sequence of measurable functions defined on a measurable set E . Then the following functions are measurable:

1. $\sup_n f_n(x)$
2. $\inf_n f_n(x)$
3. $\limsup_n f_n(x)$
4. $\liminf_n f_n(x)$

Proof. (1) Note that $\{x : \sup_n f_n(x) > a\}$ is the same as $\cup_n \{x : f_n(x) > a\}$. To see this, note that if x is such that $\sup_n f_n(x) > a$, that means there is some n so that $f_n(x) > a$. The other direction is just as trivial.

(2) $\inf_n f_n(x) = -\sup_n -f_n(x)$.

(3) and (4) follow from $\limsup_n f_n(x) := \inf_{n \in \mathbb{N}} (\sup_{i \geq n+1} f_i(x))$ and $\liminf_n f_n(x) := \sup_{n \in \mathbb{N}} (\inf_{i \geq n+1} f_i(x))$

□

Theorem 2.12. If $\{f_n : E \rightarrow \mathbb{R} \cup \{\pm\infty\}\}$ is a sequence of measurable functions such that E is measurable and $f_n \rightarrow f$ pointwise, then f is measurable.

Proof. $f(x) = \lim_{n \rightarrow \infty} f_n(x) = \limsup_n f_n(x) = \liminf_n f_n(x)$.

□

Theorem 2.13. If f and g are measurable, then $f^k(x) := f(x)^k$ is measurable, $f + g$ is measurable, and fg is measurable.

Proof. If k is odd, $\{f^k > a\} = \{f > a^{1/k}\}$. If k is even, $\{f^k > a\}$ for negative a is just whole reals, so we take positive a , $\{f^k > a\} = \{f > a^{1/k}\} \cup \{f < -a^{1/k}\}$. Measurable.

$\{f + g > a\} = \cup_{r_k} \{f > r_k\} \cap \{g > a - r_k\}$ for rationals r_k . Proof is that, if $f + g > a$, then $f + g > r_k > a$, which yields the result one side. $f > r_k$ and $g > a - r_k$ trivially gives the equality.

$$fg = \frac{1}{4}((f + g)^2 - (f - g)^2)$$

□

Theorem 2.14. *Let g be a measurable function, and*

$$f \equiv g \text{ a.e.}$$

Then f is measurable.

Proof. $\{f < a\} = \{f < a : f \equiv g\} \cup \{f < a : f \not\equiv g\}$. Note that $\{f < a : f \not\equiv g\}$ is a measure 0 set. So the result holds.

□

2.1 Approximating Measurable Functions

Theorem 2.15. *Let $f : \mathbb{R}^d \rightarrow \mathbb{R} \cup \{+\infty\}$ be measurable and non negative. There exists a sequence of simple functions φ_k such that $\varphi_k \leq \varphi_{k+1}$ and*

$$\varphi_k \rightarrow f \text{ pointwise}$$

Proof. Some commentary:

We would like to subdivide the range of f and inverse map these to get measurable sets on \mathbb{R}^d , with which we can then make characteristic functions and then simple functions, by taking a sum of the kind:

$$\sum_{i=1}^K \inf\{f(x) : x \in E_i\} \chi_{E_i}$$

where E_i is one of the measurable sets we get from inverse maps.

But the issue with this is that, the range may not be a bounded set. To mitigate this issue, we create a sequence of bounded functions that converge pointwise to f , and then approximate these functions, and take the diagonal sequence.

End of commentary.

Let N be a natural number and Q_N be the N sided cube centered at origin.

$$F_N := \begin{cases} f(x) & : x \in Q_N, f(x) < N \\ N & : x \in Q_N, f(x) \geq N \\ 0 & \text{else} \end{cases}$$

$F_N \rightarrow f$ pointwise as $N \rightarrow \infty$. The range of F_N is $[0, N]$. For $k \in \mathbb{N}$, subdivide $[0, N]$ into $2^k N$ parts, i.e, subintervals $[0, 1/2^k], [1/2^k, 2/2^k], \dots [l/2^k, (l+1)/2^k] \dots [N - 1/2^k, N]$. Now take the inverse image of each of these, to get measurable sets

$$E_{l,N,2^k} = F_N^{-1}[l/2^k, (l+1)/2^k]$$

Define

$$\phi_{N,2^k} = \sum_l \frac{l}{2^k} \chi_{E_{l,N,2^k}} = \sum_l \frac{l}{2^k} \chi_{F_N^{-1}[(l/2^k, (l+1)/2^k]}$$

Note that, $|F_N(x) - \phi_{N,2^k}(x)| \leq 1/2^k$ for all x . So $\phi_{N,2^k} \rightarrow F_N$ (for fixed N) uniformly.

The sequence $\phi_{2^k,2^k}$ ($N = 2^k$) is monotonic non decreasing by virtue of the subdivision becoming finer, and $\phi_{2^k} := \phi_{2^k,2^k} \rightarrow f$ pointwise. Hence, we are done.

□

Remark 2.16. (**Previous result strenghtens to "uniform convergence" if f were bounded**) Note that, in the previous case, if f were bounded, we would get that the convergence $\phi_k \rightarrow f$ would be uniform, from the fact that $\phi_{N,2^k} \rightarrow F_N$ was uniform. We needn't have to "pass" to a sequence of bounded functions that approximate f in the first place.

Theorem 2.17. *If f is measurable on \mathbb{R}^d , there exists a sequence of simple functions ϕ_k such that $\phi_k \rightarrow f$ pointwise and $|\phi_k| \leq |\phi_{k+1}|$.*

Proof. Let $f^+(x) := \max(f(x), 0)$ and $f^-(x) := \max(-f(x), 0)$. Note that $f \equiv f^+ - f^-$. Both f^+ and f^- are non decreasing. We can make

$$F_N^+ := \begin{cases} f^+(x) & : x \in Q_N, f^+(x) < N \\ N & : x \in Q_N, f^+(x) \geq N \\ 0 & \text{else} \end{cases}$$

and

$$F_N^- := \begin{cases} f^-(x) & : x \in Q_N, f^-(x) < N \\ N & : x \in Q_N, f^-(x) \geq N \\ 0 & \text{else} \end{cases}$$

We note the following property of f^+ and f^- , which is that, whenever f^+ is positive, f^- is 0, and likewise whenever f^- is positive, f^+ is 0. Likewise, since F_N^+ and F_N^- are just constraints on f^+ and f^- , they too obey the same property.

We then define

$$\phi_{N,2^k}^+(x) = \sum_l \frac{l}{2^k} \chi_{(F_N^+)^{-1}[(l/2^k, (l+1)/2^k]}(x)$$

and

$$\phi_{N,2^k}^-(x) = \sum_l \frac{l}{2^k} \chi_{(F_N^-)^{-1}[(l/2^k, (l+1)/2^k]}(x)$$

$\phi_{N,2^k}^\pm \rightarrow F_N^\pm$ respectively (uniform). Note that, if $\phi_{N,2^k}^+$ is positive, that means that for some l , $F_N^+ \in (l/2^k]$, implying that F_N^- is zero. Therefore, the same property that f follows, is followed by $\phi_{N,2^k}^+$ and $\phi_{N,2^k}^-$. For such functions, note that $|f| = f^+ + f^-$. Therefore, $|\phi_k| = |\phi_{2^k,2^k}| = |\phi_{2^k,2^k}^+ - \phi_{2^k,2^k}^-| = \phi_{2^k,2^k}^+ + \phi_{2^k,2^k}^-$. We are done.

□

Theorem 2.18. *Let f be a measurable function on \mathbb{R}^d . There exists a sequence of **step functions** ϕ_k such that $\phi_k \rightarrow f$ a.e.*

Proof. It suffices to show that χ_E for a measurable set E of finite measure can be approximated by step functions, from the previous theorem (We took the simple function's characteristics to be from finite measure sets). For a given k , there exists $F_k = \cup_{i=1}^{n_k} Q_{i,k}$ a closed set that is a union of almost disjoint closed cubes $Q_{i,k}$ such that $m(E \Delta F_k) \leq 1/2(2^k)$. Take smaller cubes $S_{i,k} \subset Q_{i,k}$ so that they are closed, of very close volume to $Q_{i,k}$ but strictly inside $Q_{i,k}$. In such a case, we then have a disjoint collection of finite closed cubes such that $m(E \Delta G_k) \leq 1/2^k$. We then consider

$$\phi_k := \chi_{G_k} = \sum_{i,k} \chi_{S_{i,k}}$$

This function is the same as χ_E everywhere except a set $E \Delta G_k$ whose measure is $m(E \Delta G_k) < 1/2^k$. Let $F_k = \cup_{k+1}^{\infty} E \Delta G_i$ and $F = \cap_k F_k$. Note that $m(F) \leq m(F_K) \leq \sum_{K+1}^{\infty} 1/2^k \leq 1/2^K$. So $m(F) = 0$. On the complement of F , i.e, $\cup_k F_k^c$ which is $\cup_k (\cap_{k+1}^{\infty} (E \Delta G_i)^c)$ on which convergence happens.

□

2.2 Littlewood's Three Principles

1. Every measurable set is "almost" a union of finite intervals.
2. Every measurable function is "almost" continuous.
3. Every sequence of measurable functions that converges pointwise, "almost" does so uniformly.

The precise formulation of these are:

Theorem 2.19. *Given $\varepsilon > 0$ and a measurable set E of finite measure, we can find $F = \cup_{i=1}^K Q_i$ a union of closed cubes such that $m(E \Delta F) \leq \varepsilon$*

Theorem 2.20. (Egorov) *Let f_k be a sequence of measurable functions defined on a measurable set E ($m(E) < \infty$), converging to f pointwise. Given $\varepsilon > 0$, there exists a closed set $A_\varepsilon \subset E$ such that $m(E - A_\varepsilon) < \varepsilon$ and $f_k \rightarrow f$ uniformly on A_ε .*

Proof. Define

$$E_k^n := \{x \in E : |f_j(x) - f(x)| < 1/n \ \forall j \geq k\}$$

These sets are measurable (since $|\cdot|$ is measurable and differences are measurable). Note that for a fixed n , $E_k^n \subseteq E_{k+1}^n$ and these sets ultimately converge to E itself since

for any x in E , and for a given $1/n$ there exists k such that $|f_j(x) - f(x)| < 1/n$ for all $j > k$. From limit exchange, $m(E) = \lim_{k \rightarrow \infty} m(E_k^n) < \infty$. Therefore, for any n , there exists n_k so that $m(E) - m(E_{k_n}^n) < 1/2^n$. We then have,

$$|f_j(x) - f(x)| < 1/n \text{ whenever } j > k_n \text{ and } x \in E_{k_n}^n$$

□