

Consider a massless pole with a sphere attached to one end, with sphere mass being m_s . The other end of the pole (point A) is attached to the end-effector with mass m_e at point A. The state of the pole is the location/velocity of A, and the azimuth/altitude angle and their velocity, as shown in this plot

The position of the mass is

$$\begin{bmatrix} x_A + l\cos\beta\cos\alpha \\ y_A + l\cos\beta\sin\alpha \\ z_A + l\sin\beta \end{bmatrix}$$
 (1)

The velocity of the mass is

$$\begin{bmatrix} \dot{x}_{A} - l\dot{\alpha}\cos\beta\sin\alpha - l\dot{\beta}\sin\beta\cos\alpha\\ \dot{y}_{A} + l\dot{\alpha}\cos\beta\cos\alpha - l\dot{\beta}\sin\beta\sin\alpha\\ \dot{z}_{A} + l\dot{\beta}\cos\beta \end{bmatrix}$$
(2)

The total kinetic energy of the system is

$$T = 0.5m_e(\dot{x}_A^2 + \dot{y}_A^2 + \dot{z}_A^2) + 0.5m_s(\dot{x}_A^2 + \dot{y}_A^2 + \dot{z}_A^2 + l^2\dot{\alpha}^2\cos^2\beta + l^2\dot{\beta}^2 - 2\dot{x}_Al\dot{\alpha}\cos\beta\sin\alpha + 2\dot{y}_Al\dot{\alpha}\cos\beta\cos\alpha - 2\dot{x}_Al\dot{\beta}\sin\beta\cos\alpha - 2\dot{y}_Al\dot{\beta}\sin\beta\sin\alpha + 2\dot{z}_Al\dot{\beta}\cos\beta)$$
(3)

The total potential energy is

$$V = m_e g z_A + m_s g (z_A + l \sin \beta) \tag{4}$$

Using Lagrangian L=T-V and $\frac{d}{dt}\frac{\partial L}{\partial \dot{q}}-\frac{\partial L}{\partial q}$, we have

$$(m_s + m_e)\ddot{x}_A - m_s l(\ddot{\alpha}\cos\beta\sin\alpha + \ddot{\beta}\sin\beta\cos\alpha + \cos\beta\cos\alpha(\dot{\alpha}^2 + \dot{\beta}^2) - 2\dot{\alpha}\dot{\beta}\sin\beta\sin\alpha) = u_x$$
 (5)

$$(m_s + m_e)\ddot{y}_A + m_s l(\ddot{\alpha}\cos\beta\cos\alpha - \ddot{\beta}\sin\beta\sin\alpha - 2\dot{\alpha}\dot{\beta}\sin\beta\cos\alpha - (\dot{\alpha}^2 + \dot{\beta}^2)\cos\beta\sin\alpha) = u_y$$
 (6)

$$(m_s + m_e)\ddot{z}_A + m_s l(\ddot{\beta}\cos\beta - \dot{\beta}^2\sin\beta) + (m_s + m_e)g = u_z$$
 (7)

$$-\dot{\alpha}\dot{\beta}l\sin 2\beta + l\ddot{\alpha}\cos^2\beta - \ddot{x}_A\cos\beta\sin\alpha + \ddot{y}_A\cos\alpha\cos\beta = 0 \qquad (8)$$

$$\dot{\alpha}^2 l \sin 2\beta + \ddot{\beta} l + g \cos \beta + \ddot{x}_A \cos \alpha \sin \beta - \ddot{y}_A \sin \alpha \sin \beta + \ddot{z}_A \cos \beta = 0$$
 (9)