

# **Senceteck: A Neurotechnological System for Recording and Sharing Human Experiences**

**AUTHOR: STANISLAV TEREKHOV**

**2025**

## **Table of contents**

1. Introduction
2. Vision and Potential Applications
  - 2.1 Immersive Media and Entertainment
  - 2.2 Empathic Communication and Social Sharing
  - 2.3 Therapeutic Simulation and Training
3. System Architecture
  - 3.1 Experience Recording Hardware
  - 3.2 Multimodal Data Synchronization and .EXP Format
  - 3.3 Data Transmission and Real-Time Streaming
  - 3.4 Experience Playback Infrastructure
4. Technical Foundations and Feasibility
  - 4.1 Brain Signal Decoding (Reading Visual, Auditory and Somatic Content)
  - 4.2 Affective Computing and Emotional State Mapping
  - 4.3 Sensory Feedback and Neurostimulation Technologies
5. Challenges and Ethical Considerations
  - 5.1 Privacy, Consent, and Data Security
  - 5.2 Emotional Safety and well-being
  - 5.3 Technical and Societal Challenges
6. Unique Value Proposition and Innovation
7. Roadmap and Future Development
  - 7.1 Short-Term (0–2 years): MVP and Core Technology Integration
  - 7.2 Mid-Term (2–5 years): Feature Expansion and Cloud Integration
  - 7.3 Long-Term (5+ years): Scalability, Refinement, and New Frontiers
8. Conclusion

# 1. Introduction

Advances in neurotechnology, virtual reality (VR), and wearable sensors are converging to enable a bold new form of digital media: the recording and transmission of subjective human experience. Imagine capturing not only what a person sees and hears, but also how they feel – their emotional state, bodily sensations, even subtle neural responses – and then conveying that rich experience to another user. This white paper presents Senceteck, a novel system that makes “experience sharing” possible by integrating brain-computer interfaces (BCI), biometric sensors, immersive media, and AI. The goal is to create a full-spectrum recording of human experiences and a platform for others to relive those experiences in a truly immersive and empathic way.

Author outline the vision and applications of Senceteck, from next-generation entertainment to therapeutic empathy training. Author then detail the end-to-end system architecture, covering the hardware used to record experiences (BCI headsets, 360° cameras, haptic suits, etc.), the software stack for synchronizing multimodal data and interpreting emotional states, a proposed “.EXP” file format for encapsulating experiences, and the playback devices (VR headsets, neurostimulators) for end-user delivery. To ground this vision in reality, author review relevant scientific and industrial research demonstrating the feasibility of key components – for example, decoding brain signals into images, recognizing emotions from physiology, and inducing sensations via neural stimulation. Author also discuss the challenges and ethical considerations inherent in such technology, including privacy safeguards and emotional safety measures. Finally, author compare Senceteck’s unique value to related systems (e.g. Neuralink’s brain implants, Meta’s VR platforms, OpenBCI’s biosensing devices) and present a development roadmap toward a commercial product and cloud-based “experience streaming” service.

## 2. Vision and Potential Applications

The ability to capture a human experience and share it opens transformative applications across entertainment, communication, medicine, and beyond. Below author highlight key envisioned use cases:

### 2.1 Immersive Media and Entertainment

Senceteck could spawn a new genre of immersive content. Instead of passively watching a movie, audiences can feel the protagonist's exhilaration during an action scene or sense the serene calm of a nature documentary. A travel experience recording might let users virtually visit a destination, seeing through the traveler's eyes and sharing their feelings and emotions. This medium would enhance presence and empathy far beyond today's 360° videos or VR films, aligning with the idea of VR as an "empathy machine".<sup>1</sup> It offers storytellers a powerful tool to convey not just sights and sounds but the emotional undertones of the story.<sup>2</sup>

### 2.2 Empathic Communication and Social Sharing

Senceteck enables a profound form of person-to-person communication: sharing the subjective experience itself.<sup>3</sup> Friends, family, or social media followers could exchange experiences like one might share videos today – but with emotions and sensations included. For example, a parent could record the feeling of a child's first steps to share with a distant spouse, or an athlete could live-broadcast the adrenaline rush and focus of competing in a race for fans to vicariously participate.<sup>4</sup> This

---

<sup>1</sup> Dhiman B., (2023). The Power of Immersive Media: Enhancing Empathy through Virtual Reality Experiences.

<sup>2</sup> Sora-Domenjó A., (2022). Disrupting the "empathy machine": The power and perils of virtual reality in addressing social issues.

<sup>3</sup> Pai Y., Armstrong M., Skiers K., Kundu A., Peng D., Wang Y., Gunasekaran T., Yang C.-L., Minamizawa K., (2023) The Empathic Metaverse: An Assistive Bioresponsive Platform For Emotional Experience Sharing.

<sup>4</sup> Austin van Loon, Bailenson J., Zaki J., Bostick J., Willer R., (2018) Virtual reality perspective-taking increases cognitive empathy for specific others.

technology could facilitate deeper understanding in social interactions; one person can literally “walk a mile in someone else’s shoes” by experiencing their perspective and feelings. Early research already hints at the empathic impact of VR experiences, and Senceteck would amplify this through direct emotional transfer.<sup>5</sup>

## **2.3 Therapeutic Simulation and Training**

In medicine and mental health, shared subjective experiences could revolutionize therapy and training. Exposure therapy for phobias or PTSD could be enhanced by letting patients safely experience a therapist-recorded scenario paired with calming emotional guidance. Conversely, a therapist could better understand a patient’s internal state by replaying a recorded panic attack or depressive episode (with the patient’s consent).<sup>6</sup> This system functions as a “digital empathy interface” for caregivers. In medical training, a veteran surgeon might record a complex procedure – including stress levels and focus – for students to replay and learn not just the steps but the proper mindset and physiology during surgery. Similarly, soldiers or first responders could train with recorded high-stress scenarios, building resilience by feeling the original expert’s composed emotional state in dangerous situations. The combination of realistic simulation with conveyed emotional cues provides a powerful training tool beyond conventional VR.<sup>7</sup>

- Education and Skill Transfer: Experience sharing can accelerate learning in sports, arts, and skills. A master pianist’s performance, recorded with Senceteck, would let a student feel the subtle muscle movements (via haptic feedback) and emotional expressiveness as if they themselves were playing.<sup>8</sup> A sports coach could transmit the

---

<sup>5</sup> Ventura S., Badenes-Ribera L., Herrero R., Cebolla A., Galiana L., Baños R., (2019) Virtual Reality as a Medium to Elicit Empathy: A Meta-Analysis.

<sup>6</sup> Bell H. I., Nicholas J., Alvarez-Jimenez M., Thompson A., Valmaggia L., (2020) Virtual reality as a clinical tool in mental health research and practice.

<sup>7</sup> Howard S., Meadows-Taylor M., (2025) Using Virtual Reality in Mental Health Nursing to Improve Behavioral Health Equity.

<sup>8</sup> Asadipour A., Debattista K., Chalmers A., (2020) Visuohaptic augmented feedback for enhancing motor skills acquisition

kinesthetic sensation of a perfect golf swing or the focus of a meditation practice.<sup>9</sup> Such “knowledge transfer by experience” could supplement traditional instruction, potentially shortening the learning curve by imprinting correct muscle memory and mental state. Research in embodied learning supports that physical and emotional context improves skill acquisition, and this system provides those contexts in an immersive way.

- Entertainment and Gaming: Beyond passive media, interactive games and experiences could use Senceteck for heightened realism. Horror games, for instance, might record a baseline “fear” response from actors and impart that to players to enhance scares. Multi-player games could swap players emotional states for fun or challenge. Virtual dating or social VR might use shared biosignals to increase mutual understanding. The commercial entertainment industry could see experience archives (an “Experience Store”) where users download others’ memorable adventures (climbing Everest, performing on stage, etc.) packaged in .EXP format to enjoy at home. This medium might become as popular as video streaming is today, creating an ecosystem of experience creators and consumers.

In summary, the vision is an “experience economy” where subjective experiences themselves are captured, traded, and consumed. From delivering unprecedented empathy in news reports (e.g. feeling what a journalist on the ground senses) to the archival of human experiences for future generations, the possibilities are vast. Senceteck aims to provide the platform enabling these applications, underpinned by robust technology and ethical design.

---

<sup>9</sup> Eric van Breda, Verwulgen S., Saeys W., Wuyts K., Peeters T., Truijen S., (2017) Vibrotactile feedback as a tool to improve motor learning and sports performance: a systematic review

### 3. System Architecture

Delivering this vision requires a comprehensive end-to-end system. Senceteck's architecture spans the recording phase (where a user's experience is captured with hardware and encoded), the data processing and packaging (software that synchronizes and interprets the multimodal data into a transferable format), and the playback phase (where another user receives and re-experiences the recorded content through appropriate devices). Below author detail each component of the system architecture, from the sensors on the recording side to the delivery mechanisms on the playback side.

#### 3.1 Experience Recording Hardware

Modern advances in neurotechnology offer a variety of hardware solutions for recording subjective human experience and physiological responses. Among the most common solutions are full-body wearable devices such as Teslasuit, which record body kinematics, electrocardiogram (ECG), galvanic skin response (ESR), as well as temperature and other physiological parameters.<sup>10</sup> Multifunctional headsets of the brain-computer interface (BCI) type, such as OpenBCI Galea<sup>11</sup> and Emotiv Epoc X<sup>12</sup>, are also widely used, capable of simultaneously recording electroencephalogram (EEG), electrooculogram (EOG), electromyogram (EMG), as well as physiological parameters in real time. These devices are actively used to monitor the emotional and cognitive state of a person.

In addition to neurointerfaces, technologies for recording visual and auditory information using panoramic (360°) high-resolution cameras and spatial microphones that create immersive visual and sound materials are widespread. Additional sensors

---

<sup>10</sup> <https://teslasuit.io/products/teslasuit-4/>

<sup>11</sup> <https://galea.co/>

<sup>12</sup> <https://www.emotiv.com/>

such as eye-tracking systems, inertial measurement units (IMUs) and experimental odor sensors complement the existing systems, but are still rarely integrated into a single portable system. Therefore, at the moment there is no compact and convenient solution that combines all the above functionalities in a single mobile device that is convenient for everyday use.

The author of Senceteck has developed an innovative portable device for the comprehensive recording of human subjective experience. The device is made in the format of a headband and provides integrated recording of neurophysiological, biometric, visual and auditory data with subsequent storage in a single file format .EXP.

Structure and components:

1. Neural interface (EEG)

The device will be equipped with a set of compact, dry EEG electrodes placed around the circumference of the head, which allow recording the user's neural activity. This configuration records patterns reflecting visual perceptions, emotional states, attention concentration, and cognitive load by recording the activity of various areas of the cerebral cortex.

2. Visual perception recording

The front of the device contains several miniature ultra-high-resolution cameras designed to record visual information that matches the user's natural field of view. The resulting video is synchronized with other data streams, allowing for precise matching of visual impressions with neurophysiological responses.

3. Sound and audio recording

Built-in spatial microphones record the user's audio environment and voice. The recording is performed with spatial accuracy, which ensures that the perception of the recorded sound corresponds to the person's natural perception of the environment.



#### 4. Biometric module

Internal sensors provide continuous recording of the user's biometric data, including photoplethysmography (for measuring heart rate), respiration sensors, thermal sensors (for assessing body temperature), and electrodermal sensors (for recording galvanic skin responses associated with emotional arousal and stress).

#### 5. Built-in data analysis and processing module

The device includes a miniature artificial intelligence module that performs preliminary analysis of recorded data in real time. This module identifies characteristic patterns of emotions, cognitive state and physiological reactions, which are then recorded in a structured form in a single .EXP file.

#### 6. Operating principle and data recording procedure

The device operates based on synchronized recording of all available information streams using a single system of timestamps. Each data stream (EEG, biometric indicators, video and audio) is recorded in parallel, marked with precise timestamps and combined into a final .EXP file.

The recording process is launched by simple user interaction with the device's touch panel. Data can be stored on a built-in drive or transmitted via wireless interfaces (Bluetooth 5.2 or Wi-Fi 6) to mobile or cloud platforms for further storage or analysis.

### **3.2 Multimodal Data Synchronization and .EXP Format**

Recording an experience yields a complex set of data streams. Senceteck's software stack is responsible for synchronizing, interpreting, and packaging this multimodal data into a coherent format that can be stored or transmitted – the Experience File (.EXP). This layer can be thought of as the “studio and editing suite” that takes raw input from hardware and produces a finalized experience recording.

**Data Synchronization:** First, all incoming data channels (video, audio, EEG, sensor readings, etc.) are aligned in time. A synchronization engine uses timestamps from the recording hardware to ensure each frame of video corresponds to the correct slice of EEG and other signals. This solves the challenge of different devices having different sampling rates – for example, video might be 60 FPS, EEG at 500 Hz, heart rate at 1 Hz – by resampling or buffering as needed. The output is a timeline where every modality is locked together. The integrated OpenBCI Galea system demonstrates this approach by collecting EEG, EOG, EMG, EDA, PPG, and eye-tracking under one clock simplifying data merging. Senceteck extends this to also include external media (video/audio) in the sync.<sup>13</sup>

**Sensor Data Fusion and Compression:** The raw data volume of a full experience can be enormous (e.g., high-res 360 video plus multi-channel biosignals). The system employs data fusion algorithms to reduce redundancy and compress the multimodal data. For instance, rather than store raw 16-channel EEG at all times, the software can extract salient features (like significant event markers or frequency band power ) or even higher-level interpretations (emotional indicators) to include in the .EXP file. Similarly, motion capture data from the suit might be compressed by keyframe interpolation or by storing only changes when above a threshold. Lossless recording of critical streams (video, audio) is maintained for fidelity, but auxiliary data can be encoded efficiently. Techniques from telemetrics and video compression are applied to keep file sizes manageable.

**AI-driven Interpretation (Experience Metadata):** A distinguishing feature of Senceteck is the layer of AI that interprets the user's internal state from the sensor data. Advanced machine learning models process the synchronized physiological and neural data to infer the user's emotional and sensory state throughout the experience. This includes affective computing algorithms that classify emotions (happy, fearful, relaxed, etc.) from patterns in EEG, heart rate, and EDA. For example, a spike in heart rate combined with a surge of high-frequency beta EEG and skin conductivity might be labeled as a moment of high stress or excitement. The Emotiv platform already

---

<sup>13</sup> <https://github.com/sccn/labstreaminglayer>

measures multiple cognitive/emotional states (excitement, stress, focus, etc.) in real time from EEG, and these algorithms can be built upon for Senceteck.<sup>14</sup> The AI may also detect specific events: e.g., the recognition of a familiar object (via a characteristic brain wave pattern), or the onset of pain (via EEG and muscle tension signals). Recent research on decoding subjective content from brain activity suggests that even complex mental representations could be identified.

These interpretations are stored as metadata tracks within the .EXP file – essentially a timeline of the user’s inner experience: an “emotion track” that runs in parallel to the raw data. Additionally, the AI can annotate the video with points of interest (using eye-tracking and scene analysis, noting what the user was focusing on). In later playback, this metadata can drive feedback devices (e.g., trigger a specific haptic pattern when the original user felt a rush of happiness) or provide context to the viewer (like a subtitle: “Recorder felt anxious here”).

.EXP File Format: All synchronized data and metadata are packaged into a single container file with the “.exp” extension (short for Experience file). This file acts analogous to a multimedia container (like MKV or MP4) but for multimodal experience data.<sup>15</sup> It contains multiple tracks:

- A video track (360° visual content),
- an audio track (spatial audio),
- a motion track (body/suit kinematics),
- a haptic track (recorded contact events or proposed tactile feedback cues),
- a neuro track (raw or processed EEG/neural signals),
- a biometrics track (heart rate, EDA, etc.),
- and an emotion/meta track (AI-inferred states, labels, time markers).

---

<sup>14</sup> Yin K., Hye-Bin Shin., Li D., Seong-Whan Lee, (2024) EEG-based Multimodal Representation Learning for Emotion Recognition

<sup>15</sup> Min-Ho Lee, Shomanov A., Begim B., Kabidenova Z., Nyssanbay A., Yazici A., Seong-Whan Lee, (2024) EAV: EEG-Audio-Video Dataset for Emotion Recognition in Conversational Contexts

Each track is timestamped for sync. The .EXP format is designed to be extensible; future data types (e.g., smell or direct cortical signals) can be added as new tracks. Author envision leveraging existing standards where possible (for example, using standardized codecs for the audiovisual portion, and perhaps a format like X3D or similar for motion/haptics), with custom extensions for neural and emotional data. Security features such as encryption and digital signatures can be built into the format to protect privacy (so that only authorized viewers can decrypt the neural/emotion tracks).

The output of this stage is a self-contained .EXP file that encapsulates the total experience. This file can be saved locally or prepared for streaming. For example, a 10-minute recorded experience might result in a few gigabytes .EXP file, depending on quality and compression. As technology advances, authors expect improved compression (potentially with AI codecs specialized for neural data) to further reduce size.

### **3.3 Data Transmission and Real-Time Streaming**

With an experience encoded in .EXP format, the next challenge is delivering it to end users. There are two modes: on-demand playback (like playing a recorded file, similar to watching a movie) and real-time streaming (live transmission of an ongoing experience, akin to a live broadcast). Senceteck is designed to accommodate both, with an eye toward future real-time capabilities.

**On-Demand Delivery:** In the simpler case, an .EXP file is transmitted over a network or via physical storage to the end user, who then plays it back. This could be through a dedicated application or cloud service that buffers the data and ensures synchronized delivery to the playback devices. Traditional content delivery networks (CDNs) could be used to distribute popular experience files to many users, similar to video streaming today. The challenge here is the multistream nature of .EXP: unlike a single video stream, the system must deliver and buffer multiple synchronized streams

(video, audio, biosignals) without desync. However, modern streaming protocols (like MPEG-DASH or webRTC) support multiple tracks and can be extended to our data types. For example, the video/audio could stream via standard codecs, while a parallel channel sends the biometric/neural data as time-tagged JSON or binary chunks.<sup>16</sup>

**Real-Time Streaming:** The ultimate vision is live experience sharing, where one person's subjective state is transmitted almost instantaneously to another. This requires a low-latency pipeline from the recorder's sensors to the viewer's actuators. One concept is a streaming protocol for experiences – think of it as “Real-Time Experience Protocol (RXP)” – that prioritizes timely delivery of critical data (like neurosignals that might drive immediate feedback) while allowing a few hundred milliseconds of buffering for video/audio (since human visual processing can tolerate slight delays relative to an induced feeling, as long as sync is maintained).<sup>17</sup> High-bandwidth wireless networks (5G and upcoming 6G) are key enablers here, offering the throughput and low latency needed for transmitting rich media plus biometric data. Future network slicing could even dedicate a channel to life-like experience data.<sup>18</sup>

In a live scenario, the recorder's rig continuously uploads the .EXP streams to a cloud server (or directly peer-to-peer to the viewer if one-to-one). Edge computing nodes near the user can run the AI interpretation on the fly (if not done on the device) to minimize round-trip delays. The data is then distributed to subscribed viewer's in real time. Achieving true real-time “telepresence” of subjective experiences will likely be incremental – initial versions might have, say, a 1-second lag. But as with live video streaming improvements, the goal is to push towards imperceptible latency so that a remote user's reactions can closely mirror the recorder's in synchrony.

**Bandwidth and Data Handling:** A major technical consideration is bandwidth usage. A raw, uncompressed experience feed could be prohibitive (e.g. raw EEG at 1kHz per channel, uncompressed video, etc.). However, with the compression and

---

<sup>16</sup> Timmerer C., Bertoni A., (2016) Advanced Transport Options for the Dynamic Adaptive Streaming over HTTP.

<sup>17</sup> Uitto M., Heikkinen A., (2021) Evaluation of live video streaming performance for low latency use cases in 5G.

<sup>18</sup> Islam Ahmad Ibrahim Ahmad, Osasona F., Water S., Samuel Onimis Dawodu, Ogugua Chimezie Obi, (2024) Emerging 5G technology: A review of its far-reaching implications for communication and security.

feature extraction discussed in Section 3.2, bandwidth can be optimized. For instance, instead of sending full EEG waveforms, the system might send only significant events or a low-dimensional representation of the user's brain state that the playback side can use to reconstruct stimulation. This is akin to how telemedicine might send key vitals rather than a full raw signal feed. Video and audio use compression just like any live VR stream would. If needed, the system can gracefully degrade quality under bandwidth strain (e.g., reduce video resolution or haptic detail) while preserving core emotional data.<sup>19</sup>

**Networking Protocols:** Existing protocols like RTP/RTSP (real-time streaming) can be extended to handle new payload types. Custom control signals may be needed to align streams (e.g., a heartbeat message that all devices sync to each second). Ensuring temporal alignment on the playback end is paramount, so the client app will have logic to queue incoming streams and play them in lockstep, adjusting for any network jitter.

**Cloud Storage and Processing:** In many cases, experiences will be uploaded to a cloud service – an “Experience Cloud” – for on-demand access by others. This cloud service would store .EXP files, possibly perform additional processing (like indexing for search – e.g., find experiences tagged with “joy” or “mountain hike”), and handle user access control (ensuring only those with permission can experience a private recording). It might also allow transcoding: converting an .EXP recorded with one set of hardware to be usable on a different set on the playback side (for instance, if the recorder had a capability the viewer doesn't, the cloud might translate that data into a suitable approximation for the viewer's device).<sup>20</sup>

In summary, the transmission layer of Senceteck is built to be future-proof, leveraging current web and network tech for multi-stream content while preparing for next-gen real-time applications. Author envision an experience streaming platform

---

<sup>19</sup> Dr. Divyakant Meva, Kalpesh Ashokkumar Popat, (2018) Cloud Computing Security and Biometrics.

<sup>20</sup> <https://www.cse.wustl.edu/~jain/books/ftp/rtp.pdf>

analogous to YouTube or Netflix, but where the “videos” come with layers of bio-data and can even be live feeds of a person’s conscious experience.

### **3.4 Experience Playback Infrastructure**

In the Senceteck system, the playback of recorded experiences requires an integrated, multimodal device capable of delivering synchronized visual, auditory, tactile, and neurostimulatory feedback. To maximize portability and ease of use, the playback apparatus is conceptualized as a neckband-form device — a lightweight, ergonomic collar worn around the neck. This design ensures minimal intrusion, full mobility, and scalability for mass-market use, while maintaining the core functionality necessary for high-fidelity experience reproduction.

#### **Visual and Auditory Rendering:**

Instead of a bulky VR headset, the neckband device projects visual content through retractable lightweight smart glasses or near-eye displays. These displays are wirelessly connected to the neckband, providing stereoscopic 360° video synchronized with the viewer’s head movements<sup>21</sup>. Spatial audio speakers embedded in the neckband deliver directional sound, accurately reproducing the recorded auditory environment without isolating the user from ambient surroundings unless desired. Bone-conduction audio transducers can be optionally integrated to maintain spatial hearing and reduce device footprint.

#### **Haptic Feedback System:**

The neckband contains a series of distributed micro-actuators and haptic modules along its structure, capable of delivering localized vibrations, pressure simulations, and thermal feedback to the upper torso, shoulders, and neck. These stimuli recreate contact sensations, environmental forces, or emotional states recorded

---

<sup>21</sup> Maimone A., Georgiou A., Joel S. Kollin (2017) Holographic near-eye displays for virtual and augmented reality.

in the original experience<sup>22</sup>. Advanced versions may incorporate wireless communication with optional lightweight wearables (e.g., haptic sleeves or belts) for expanded tactile coverage without compromising overall portability.

#### Neurostimulation Capabilities:

Compact neurostimulation electrodes are embedded within the inner surface of the neckband, enabling non-invasive modulation of brain states via techniques such as transcutaneous electrical nerve stimulation (TENS) and targeted low-intensity transcranial stimulation (tDCS/tACS). Electrodes are positioned according to ergonomic montages optimized for influencing cortical and subcortical regions associated with mood, attention, and sensory processing<sup>23</sup>. These stimuli are modulated in real-time based on the metadata embedded within the .EXP file, enabling dynamic recreation of emotional and cognitive states experienced by the original recorder.

#### Physiological Synchronization and Safety:

The neckband continuously monitors the user's physiological parameters—such as heart rate, skin conductance, and temperature—through integrated biosensors. This real-time feedback ensures that stimulation levels remain within safe bounds, allowing dynamic adjustment based on the user's current state. If signs of excessive stress or discomfort are detected, the system can automatically attenuate the intensity of feedback or pause the playback, ensuring user safety<sup>24</sup>.

#### Experience Playback Software and Controls:

The neckband runs an embedded lightweight version of the Senceteck Player Software, capable of parsing the .EXP file, synchronizing multimodal outputs, and managing peripheral devices (smart glasses, optional haptics) wirelessly. The user

---

<sup>22</sup> Pacchierotti C., Sinclair S., Solazzi M., Frisoli A., Hayward V., Prattichizzo D., (2017) Wearable Haptic Systems for the Fingertip and the Hand: Taxonomy, Review, and Perspectives.

<sup>23</sup> Woods A. J., Antal A., Bikson M., Boggio P. S., Brunoni A. R., Celnik P., Cohen L. G., Fregni F., Herrmann C. S., Kappenman E. S., Knotkova H., Liebetanz D., Miniussi C., Miranda P. C., Paulus W., Priori A., Reato D., Stagg C., Wenderoth N., Nitsche M. A., (2016) A technical guide to tDCS, and related non-invasive brain stimulation tools.

<sup>24</sup> Tran Quang Trung, Nae-Eung Lee (2016) Flexible and Stretchable Physical Sensor Integrated Platforms for Wearable Human-Activity Monitoring and Personal Healthcare.



interacts with the system through simple touch-sensitive controls on the neckband or via a connected mobile device. Critical safety features, including pause, skip, and emergency stop functions, are readily accessible. Personalization settings allow users to calibrate feedback intensities, select preferred sensory channels, or moderate emotional replays.

#### System Summary:

This portable neckband-based playback system integrates visual, auditory, somatic, and neural stimulation modalities in a compact form factor. By leveraging advances in wearable biosensors, haptic miniaturization, neurotechnology, and wireless visual displays, it achieves a comprehensive recreation of recorded experiences while maintaining user comfort, safety, and mobility. Synchronization of all stimuli ensures natural sensory integration by the user's brain, aiming to achieve an authentic and empathic transfer of subjective experiences with minimal perceptual latency.

## 4. Technical Foundations and Feasibility

While the Senceteck concept is ambitious, it builds on emerging scientific and engineering breakthroughs. In this section, author review key research and developments that support the feasibility of each element of the system. These range from decoding brain signals into useful information, to interpreting and influencing emotions with AI, to the hardware that makes “digital empathy” plausible. By grounding each subsystem in real-world progress, author demonstrate that the combined vision, though forward-looking, is rooted in active areas of R&D in neuroscience, computer science, and human-computer interaction.

### 4.1 Brain Signal Decoding: Reading Visual, Auditory and Somatic Content

Decoding information from brain activity – essentially “reading the mind” to some degree – is no longer science fiction. In the last decade, researchers have made remarkable strides in interpreting neural signals, especially for vision and language. These advances underpin Senceteck’s ability to record subjective perceptual information and could enhance the fidelity of experience capture beyond external sensors.

Visual Decoding: Perhaps the most striking results have come from decoding visual experiences. Using fMRI (functional MRI) brain scans, scientists have reconstructed images that subjects were viewing or even imagining. A 2023 study by Ozcelik and VanRullen, for example, used generative AI (latent diffusion models) to translate fMRI signals into remarkably detailed images of natural scenes that the subject saw<sup>25</sup>. The approach could capture both low-level visual properties (shapes, textures)

---

<sup>25</sup> Ozcelik F., Rufin VanRullen, (2023) Natural scene reconstruction from fMRI signals using generative latent diffusion.

and high-level semantic content from brain data. While fMRI is impractical for everyday use, similar efforts with EEG and MEG (magnetoencephalography) show promise for more portable decoding. In late 2023, Meta AI researchers demonstrated real-time image reconstruction from MEG signals, effectively decoding what a person is viewing within milliseconds. Their system used an AI model to interpret fast MEG patterns and could reconstruct recognizable images reflecting the viewed scene. Although resolution was lower than fMRI-based reconstructions, this was achieved non-invasively and quickly. This indicates that even EEG/MEG-level signals contain extractable information about visual content. For Senceteck, this means that beyond the external camera feed, the system could eventually supplement with brain-derived imagery – for instance, capturing elements the user paid attention to or even visual dreams/memories if those are activated.

**Auditory and Language Decoding:** Brain signal decoding isn't limited to images. There have been parallel breakthroughs in decoding speech and auditory experience from neural activity. Researchers have decoded perceived speech from brain recordings, effectively reconstructing heard sentences from noninvasive signals. Some experiments with ECoG (electrocorticography, using brain implants in epilepsy patients) have translated internal speech (imagined words) into text in real-time. Meta AI reported decoding up to 80% of letters from noninvasive recordings of people silently spelling words<sup>26</sup>. These findings suggest that if a user in a Senceteck rig is internally verbalizing or listening to speech, a BCI could capture some of that content – though in practice our system will simply record actual audio via microphone. Still, in principle, auditory scene details (like recognizing a familiar song the user knows) might be enhanced by neural data.

**Emotive and Somatic Signals in the Brain:** Many aspects of bodily sensation and emotion register in brain activity. For example, pain or touch sensations correspond to activity in the somatosensory cortex. Neuroimaging can identify when someone is feeling pain vs. not, to some extent. Motor imagery (imagining moving) produces distinct EEG signatures, which BCI research uses for control signals. The referenced VR-BCI

---

<sup>26</sup> <https://ai.meta.com/blog/brain-ai-research-human-communication/>

study with motor imagery and electrotactile feedback achieved over 90% classification accuracy in distinguishing different imagined hand movements from EEG.<sup>27</sup> This demonstrates that even complex volitional states (like imagining grasping vs. flexing) can be detected reliably. In our context, if the recorder had strong bodily feelings (e.g., the thrill of free-fall on a roller coaster, or sexual arousal, or fatigue), these likely produce distinguishable patterns in EEG or other biosignals that our AI can flag and later help reproduce<sup>28</sup>.

In summary, the field of neural decoding provides a foundation that the brain signals author capture are rich with information. Vision reconstruction research confirms author can get correlates of what the eyes see from brain data, and other work confirms thoughts and feelings leave measurable traces. While Senceteck will initially rely on direct sensors (cameras, mics) for external data, future iterations may leverage neural decoding to capture subjective filters – what the person actually perceived or how they interpreted it, beyond raw sensor input. The steady progress, from reconstructing basic shapes in 2010s to complex scenes and continuous language by mid-2020s, gives confidence that by the time our system matures, these techniques can be integrated for richer experience capture.

## **4.2 Affective Computing and Emotional State Mapping**

A core element of Senceteck is understanding and reproducing emotions. The field of affective computing has long aimed to detect human emotions via physiological signals, and it provides many building blocks for our system's AI interpretation of emotional and cognitive states.

---

<sup>27</sup> Achancaray D., (2021) Visual-Electrotactile Stimulation Feedback to Improve Immersive Brain-Computer Interface Based on Hand Motor Imagery.

<sup>28</sup> Óscar Wladimir Gómez-Morales, Diego Fabian Collazos-Huertas, Andrés Marino Álvarez-Meza 2, Cesar German Castellanos-Dominguez, (2025) EEG Signal Prediction for Motor Imagery Classification in Brain-Computer Interfaces

Emotion Recognition from Physiology: It is well-established that emotions manifest in various measurable signals: heart rate changes, skin conductance (sweating), facial expressions, vocal tone, and brainwave patterns<sup>29</sup>. Machine learning models can classify emotional states (like happy, sad, fearful, calm) by analyzing combinations of these signals. EEG-based emotion recognition in particular has seen extensive research. For instance, studies using EEG to classify emotions on arousal (intensity) and valence (positive/negative) axes often report accuracies in the 75–90% range under lab conditions. One approach achieved ~85% accuracy distinguishing four emotion categories from EEG using deep learning<sup>30</sup>. Combining EEG with other biosignals can improve robustness – a practice our system adopts. The Emotiv headset’s built-in algorithms already output real-time metrics for Excitement, Stress, Focus, Relaxation, etc., by fusing EEG with physiological data. These are validated against psychological assessments. Author can use similar techniques to label the recorder’s emotional timeline.

Multimodal Affect Sensing: Academic research and industry have produced multi-sensor emotion databases (e.g., DEAP dataset with EEG, face, etc.) that train AI models to infer emotion from signals<sup>31</sup>. This informs our AI engine design. For example, a spike in heart rate and EDA might indicate high arousal, but whether it’s positive (excitement) or negative (fear) could be discerned by EEG frontal asymmetry (a known indicator of positive vs negative affect). Facial EMG (if captured by a face pad in the headset) can detect expressions like smiling or frowning, providing further cues. By leveraging patterns identified in affective computing literature, the system’s interpretation of the recorder’s feelings becomes more reliable. Notably, researchers have even measured empathy via EEG responses when subjects watched emotional VR content, hinting that similar signals could measure how strongly an experience affects someone<sup>32</sup>.

---

<sup>29</sup> Picard, R.W., (1997). Affective Computing.

<sup>30</sup> Soraia M. Alarcão, Manuel J. Fonseca, (2017) Emotions Recognition Using EEG Signals: A Survey.

<sup>31</sup> Koelstra, S., Muhl, C., Soleymani, M., Lee, J. S., Yazdani, A., Ebrahimi, T., & Patras, I. (2012). DEAP: A Database for Emotion Analysis Using Physiological Signals.

<sup>32</sup> Lorenzetti V., Melo B., Basílio R., Suo C., Yücel M., Carlos J. Tierra-Criollo, Moll J., (2018) Emotion Regulation Using Virtual Environments and Real-Time fMRI Neurofeedback.

Cognitive State Monitoring: Beyond basic emotions, sensors can gauge cognitive states (attention, workload, engagement). This is relevant for experience sharing (e.g., was the recorder bored or highly engaged at each moment?). EEG metrics like midline theta and frontal beta power have been used to infer workload and attention levels<sup>33</sup>. The OpenBCI Galea device, for instance, is pitched as measuring “cognitive states” and user experience objectively. Eye tracking also reveals interest (pupil dilation correlates with arousal/cognitive load). All these pieces feed into the full picture of the subjective experience<sup>34</sup>.

In summary, the feasibility of emotion decoding from wearable sensors is supported by extensive research. Senceteck stands on the shoulders of affective computing advances, utilizing proven correlations and AI models to map biosignals to emotional states. This means our system can create an “emotion track” with a reasonable degree of confidence, especially for strong, clear emotions. While no system can read emotions with 100% accuracy (human emotions are complex), the combination of signals author capture dramatically increases reliability. As one study noted, integrating multiple physiological signals allows classification of a “diverse range of internal states” with high accuracy. This technical foundation gives us confidence that the emotional and cognitive aspects of an experience can be quantitatively recorded and later recreated.

### **4.3 Sensory Feedback and Neurostimulation Technologies**

In the Senceteck system, the playback of recorded experiences necessitates the stimulation of the user's sensory and neurophysiological systems through a compact, portable device. To achieve this, the sensory output technologies must be miniaturized

---

<sup>33</sup> Berka C., Daniel J Levendowski, Michelle N Lumicao, Yau A., Davis G, Vladimir T Zivkovic, Richard E Olmstead, Patrice D Tremoulet, Patrick L Craven, (2007) EEG correlates of task engagement and mental workload in vigilance, learning, and memory tasks.

<sup>34</sup> Chanel G., Kronegg J., Grandjean D., Pun T., (2006) Emotion Assessment: Arousal Evaluation Using EEG's and Peripheral Physiological Signals.

and integrated into a wearable form factor — specifically, a neckband — capable of delivering synchronized multimodal feedback without the bulk of traditional full-body systems.

Recent advances in haptic technology provide a feasible pathway for tactile feedback in a neckband configuration. Instead of relying on full-body suits, localized haptic modules can be embedded around the collar structure. These modules employ microelectromechanical systems (MEMS)-based actuators, piezoelectric vibrators, and electrotactile stimulation units to deliver localized tactile sensations to the neck, shoulders, and upper chest.

Electrotactile feedback, based on transcutaneous electrical nerve stimulation (TENS) principles, allows the neckband to induce controlled cutaneous sensations through low-intensity electrical currents applied to superficial nerves. Existing clinical applications of TENS and neuromuscular electrical stimulation (NMES) demonstrate the safety and efficacy of such methods for prolonged use<sup>35 36</sup>. The electrical stimulation modules are carefully distributed along the inner circumference of the neckband to target multiple dermatomes, enabling the simulation of diverse tactile phenomena such as pressure, vibration, or directional force.

To complement electrotactile stimulation, the neckband may also integrate haptic transducers capable of delivering mechanical vibration at various frequencies and amplitudes, synchronized with the content timeline of the .EXP file. Wireless communication standards such as Bluetooth Low Energy (BLE) 5.2 ensure low-latency triggering of haptic effects.

In addition to somatic feedback, the neckband includes embedded electrodes for non-invasive neuromodulation, leveraging methods such as transcutaneous auricular vagus nerve stimulation (taVNS) and low-intensity transcranial direct or alternating current stimulation (tDCS/tACS). Electrodes positioned near the mastoid processes and

---

<sup>35</sup> Oonagh M Giggins, Ulrik McCarthy Persson, Caulfield B., (2013) Biofeedback in rehabilitation.

<sup>36</sup> Chipchase L.S., Schabrun S.M., Hodges P.W., (2010) Peripheral electrical stimulation to induce cortical plasticity: a systematic review of stimulus parameters.

cervical region allow targeted stimulation of cranial nerve branches and cortical regions associated with mood, attention, and arousal<sup>37 38</sup>.

Low-amplitude current patterns, dynamically modulated based on the metadata from the recorded experience, enable real-time entrainment of brain oscillations. For example, 10 Hz alpha-tACS applied posteriorly can promote relaxation and attentional focus, while 6 Hz theta-tACS can enhance episodic memory recall<sup>39</sup>. Safety protocols embedded in the device firmware continuously monitor electrode impedance and user physiological parameters to prevent overstimulation and ensure user comfort.

The system architecture permits closed-loop adjustment: physiological feedback from integrated biosensors (e.g., heart rate variability, skin conductance) allows real-time modulation of neurostimulation intensity according to the user's autonomic state, minimizing the risk of adverse effects.

The coordinated use of visual, auditory, tactile, and neurostimulatory channels achieves a multimodal stimulation paradigm optimized for inducing holistic perceptual experiences. By leveraging synchronized multisensory input, the system exploits known mechanisms of sensory integration in the brain to enhance immersion and realism<sup>40</sup>.

- For instance, the onset of an emotional peak in the .EXP file could trigger:
- Alpha-band tACS to promote relaxation,
- A localized electrotactile pulse on the cervical region simulating a touch,
- A synchronized spatialized auditory cue thus orchestrating a full-body empathic response without the need for large-scale wearables.

---

<sup>37</sup> Yakunina N., Sam Soo Kim, Eui-Cheol Nam (2017) Optimization of Transcutaneous Vagus Nerve Stimulation Using Functional MRI.

<sup>38</sup> Jean-Pascal Lefaucheur, Antal A., Samar S Ayache, David H Benninger, Brunelin J., Cogiamanian F., Cotelli M., Dirk De Ridder, Ferrucci R., Langguth B., Marangolo P., Mylius V., Michael A Nitsche, Padberg F., Palm U, Poulet E., Priori A., Rossi S., Sackellmann M., Vanneste S., Ziemann U., Luis Garcia-Larrea, Paulus W., (2016) Evidence-based guidelines on the therapeutic use of transcranial direct current stimulation (tDCS).

<sup>39</sup> Christoph S Herrmann, Rach S., Neuling T., Strüber D., (2013) Transcranial alternating current stimulation: a review of the underlying mechanisms and modulation of cognitive processes.

<sup>40</sup> Barry E Stein, Terrence R Stanford, (2008) Multisensory integration: current issues from the perspective of the single neuron.



While current non-invasive neurostimulation methods can modulate general emotional and attentional states, precise induction of complex percepts (e.g., specific memories or visual hallucinations) remains beyond current consumer-grade capabilities. Future enhancements may include the integration of transcranial focused ultrasound stimulation (tFUS) arrays or magnetoelectric nanoparticles for localized deep brain targeting<sup>41</sup>.

Moreover, ongoing advancements in brain-to-brain communication suggest that direct transmission of higher-bandwidth experiential data could eventually be achieved, but initial versions of Senceteck will focus on modulation of emotional valence, arousal, and sensory realism via proven, safe non-invasive technologies<sup>42</sup>.

The proposed portable neckband form factor enables the delivery of multimodal sensory feedback and targeted neuromodulation necessary for authentic playback of recorded experiences. By integrating electrotactile stimulation, MEMS-based haptics, and non-invasive neuromodulation technologies into a unified ergonomic platform, Senceteck ensures high-fidelity experience reproduction while maintaining portability, safety, and user comfort. As research in wearable neurotechnology and multisensory integration advances, the fidelity and emotional richness of reproduced experiences are expected to improve correspondingly.

## **4.4 “Digital Empathy” Interfaces and Human Factors**

Finally, it’s worth noting the growing body of knowledge around how humans respond to immersive, empathic media. VR experiences have been empirically shown to increase emotional empathy in some cases, though not without nuance<sup>43</sup>. Our system

---

<sup>41</sup> Legon W., Tomokazu F Sato, Opitz A., Mueller J., Barbour A., Williams A., William J Tyler, (2014) Transcranial focused ultrasound modulates the activity of primary somatosensory cortex in humans.

<sup>42</sup> Rajesh P N Rao, Stocco A., Bryan M., Sarma D., Tiffany M Youngquist, Wu J., Chantel S Prat, (2014) A direct brain-to-brain interface in humans.

<sup>43</sup> Herrera F., Bailenson J., Weisz E., Ogle E., Zaki J., (2018) Building long-term empathy: A large-scale comparison of traditional and virtual reality perspective-taking.

aims to amplify the empathy effect by adding real signals. Early work on sharing biofeedback in VR (e.g., seeing a companion's heart rate) indicated it can strengthen emotional connection<sup>44</sup>. Additionally, human factors research on presence and embodiment guides us in making the experience convincing. For instance, the “Proteus effect” suggests people take on attributes of avatars they embody – if our viewer embodies the recorder's perspective, they may temporarily adopt similar feelings more readily<sup>45</sup>.

Another relevant concept is sensory synchronization. Studies have found that matching visual and tactile cues (like feeling a touch at the same time you see it) can induce a sense of body ownership over a virtual body (rubber hand illusion, virtual body illusion)<sup>46</sup>. Our synchronized multi-sensory playback could similarly induce the illusion that the viewer is the person who had the experience, thereby strengthening the transfer of emotion. This blurring of self-other boundaries is exactly what “digital empathy” is about – and author tread carefully, informed by ethical research (discussed next).

In conclusion, the technical and scientific pillars supporting Senceteck are solidifying year by year. Brain decoding provides the means to record the mind's content, affective computing provides the means to interpret feelings, and haptic/neurostim technologies provide the means to impart sensations and emotions to another person. No single one of these is complete on its own, but our innovation is in integrating them into a unified system. The feasibility of each part has been demonstrated in research, giving us confidence that the unified whole is achievable with sustained R&D.

---

<sup>44</sup> Slater M., Daniel Perez-Marcos, H. Henrik Ehrsson, Maria V. Sanchez-Vives, (2009) Inducing illusory ownership of a virtual body.

<sup>45</sup> Nick Yee, Jeremy Bailenson (2007) The Proteus Effect: The Effect of Transformed Self-Representation on Behavior.

<sup>46</sup> Kilteni K., Maselli A., Konrad P. Kording, Slater M., (2015) Over my fake body: body ownership illusions for studying the multisensory basis of own-body perception.

## 5. Challenges and Ethical Considerations

Any technology that interfaces deeply with human experiences carries significant challenges and ethical responsibilities. Senceteck, in aiming to share subjective experiences, must address concerns around privacy, consent, psychological safety, and broader societal implications. In this section, author discuss the key challenges and how our approach will mitigate risks, ensuring the system is developed and deployed in an ethically responsible manner.

### 5.1 Privacy, Consent, and Data Security

Privacy of Thoughts and Feelings: Senceteck will be capturing data that is profoundly personal – essentially a window into someone’s mind and body. This raises critical privacy questions: Who owns the recorded experience data? How to ensure that one’s inner experiences are not accessed or misused without permission? In recent discourse on neuroethics, scholars have proposed the concept of “neurorights,” including a right to mental privacy that protects individuals from unwanted intrusions via neurotechnology<sup>47</sup>. Author fully endorse these principles. Any recording with Senceteck would require explicit, informed consent from the person whose experience is being recorded. They remain the owner of that data and control who (if anyone) it is shared with. The system will implement end-to-end encryption of .EXP files and streams, so that even if intercepted, the data cannot be interpreted without the key<sup>48</sup>. Similar to how messaging apps protect content, experience data will be treated as highly sensitive.

At the device level, recordings can be stored locally in encrypted form. If uploaded to a cloud, it would be to the user’s secure account, and any sharing (even with one’s own devices) would involve cryptographic authentication. Author envision

---

<sup>47</sup> Ienca M., Andorno R., (2017) Towards new human rights in the age of neuroscience and neurotechnology.

<sup>48</sup> Fiachra O’Brolcháin, Jacquemard T., Monaghan D., Noel O’Connor, Novitzky P., Gordijn B., (2016) The Convergence of Virtual Reality and Social Networks: Threats to Privacy and Autonomy.

robust permission frameworks – for instance, the recorder could specify that only a specific person or group can decrypt the experience, and for one-time view or multiple views, etc. Author will draw on existing privacy standards, like HIPAA for biometric health data, and likely need to pioneer new policies for neurodata handling<sup>49</sup>.

**Consent and Control:** Not only must the recorder’s consent be secured, but the viewer’s consent to receive certain types of intense stimuli is also crucial. Author will implement content ratings or warnings analogous to film ratings. An experience containing extreme fear or pain signals would be labeled, and the viewer must opt-in to feeling those<sup>50</sup>; otherwise the system can tone them down or filter them out. Both parties should have transparency: the recorder might not want to share certain parts of an experience – they should have tools to edit or omit segments from the .EXP file before anyone else gets it. The viewer should have the ability to disengage at any moment if uncomfortable. These controls put human agency at the forefront, preventing unwanted “mind intrusion” or coercion.

Furthermore, no covert recording should be possible – the hardware will include visible indicators when recording is active (like camera LEDs etc.), akin to how cameras show a red light. This prevents stealth use in violation of someone’s privacy<sup>51</sup>. Ethically, using Senceteck in any context will require the consent of all involved. For instance, if you record an experience at a meeting, others in the scene should consent to potentially being part of a replay (much as they would need to consent to being filmed). Our policy will strongly discourage uses that infringe on bystanders’ privacy and will comply with all applicable laws on recording conversations and biometric data.

**Data Security:** From a technical perspective, safeguarding the data involves state-of-the-art cybersecurity. .EXP files are essentially sensitive personal records, so our platform will employ encryption (both at rest and in transit), secure authentication, and possibly distributed storage (to reduce the risk of a single breach yielding complete

---

<sup>49</sup> <https://www.hhs.gov/hipaa/for-professionals/privacy/laws-regulations/index.html>

<sup>50</sup> Michael Madary, Thomas K. Metzinger, (2016) *Real Virtuality: A Code of Ethical Conduct. Recommendations for Good Scientific Practice and the Consumers of VR-Technology.*

<sup>51</sup> McStay A., (2018) *Emotional AI: The Rise of Empathic Media.* SAGE Publications.

data)<sup>52</sup>. Author might integrate techniques like differential privacy or on-device processing so that raw brain data never leaves the user's device unencrypted<sup>53</sup>. Any cloud processing (like AI analysis) could be done in a privacy-preserving manner (e.g., only uploading derived emotion labels rather than raw signals). Given the novelty, author may collaborate with neuroethicists and legal experts to refine our privacy approach, and author anticipate adhering to future neurorights regulations should they emerge in law (Chile, for instance, has been discussing neurorights legislation)<sup>54</sup>.

In short, privacy and consent are paramount. The very intimacy that makes Senceteck powerful also means author must set the highest bar for ethical data practices. Author is committed to giving users complete control over their experience data and ensuring that "mind data" is treated with a sanctity beyond even medical records.

## **5.2 Emotional Safety and well-being**

**Psychological Risks:** Reliving another person's intense experiences can be psychologically jarring. For example, experiencing someone's trauma could potentially traumatize the viewer, or experiencing someone's extreme pleasure could be addictive or unsettling<sup>55 56</sup>. Author must consider the mental health impact on users. Content moderation and opt-in controls, as mentioned, are one line of defense. Additionally, author may need intensity limiters: the system could automatically dial down extremely negative emotional stimuli to a level that is informative but not overwhelming<sup>57</sup>. Perhaps

---

<sup>52</sup> Alazab M., Tang M., (2019) Deep Learning Applications for Cyber Security. Springer.

<sup>53</sup> Dwork C., (2008) Differential privacy: A survey of results. Theory and Applications of Models of Computation

<sup>54</sup> Jan Christoph Bubltz, (2022) Novel Neurorights: From Nonsense to Substance.

<sup>55</sup> Figley C.R., (1995) Compassion Fatigue: Coping with Secondary Traumatic Stress Disorder in Those Who Treat the Traumatized

<sup>56</sup> Griffiths M.D., (2005) A 'components' model of addiction within a biopsychosocial framework.

<sup>57</sup> Koole S.L., (2009) The psychology of emotion regulation: An integrative review. Cognition and Emotion.

the viewer can set a “maximum fear 5/10” preference, and the system will clamp signals accordingly.

There’s also risk of identity confusion or empathy overload. If someone regularly consumes others’ experiences, especially deeply emotional ones, it could blur their sense of self or cause emotional fatigue<sup>58</sup>. Psychologists call this compassion fatigue or vicarious trauma in caregivers, and it could happen here if not managed. To mitigate this, author envision usage guidelines and maybe built-in breaks (e.g., the player could prompt a pause after a particularly intense segment, allowing the viewer to recentralize their own self). The system might also avoid directly injecting very unusual mental states that could cause distress (for instance, a psychotic episode experience might be gated or only shared in a clinical research context).

**Physical Safety:** The hardware must also be physically safe. Neurostimulation carries minor risks like skin irritation or, if misused, potential neurological effects<sup>59</sup>. Our devices will have safety interlocks – for example, tDCS modules with current limits well within established safe exposure. Haptic feedback will be calibrated to avoid actual injury (ensuring EMS levels can’t force a muscle in a damaging way)<sup>60</sup>. All stimulation patterns will be tested and follow known safety guidelines (similar to how medical TENS devices are approved). There will also be an emergency stop – a physical kill switch the user can hit to immediately cease all stimulation and display, in case of panic or any malfunction.

**Ethical Content Use:** Ethically, the content of experiences raises questions. What if someone wants to share an experience of committing a crime or doing something harmful? Would that encourage harmful behavior or violate others’ rights? As a platform, author will need content policies much like social media does, to prevent distribution of non-consensual violence or exploitation via experiences. Some experiences simply

---

<sup>58</sup> Decety J., Jackson P.L., (2004) The functional architecture of human empathy.

<sup>59</sup> Andre Russowsky Brunoni, Michael A Nitsche, Bolognini N., Bikson M., Wagner T, Merabet L., Dylan J Edwards, Antoni Valero-Cabre, Rotenberg A., Alvaro Pascual-Leone, Ferrucci R., Priori A., Paulo Sergio Boggio, Fregni F., (2011) Clinical research with transcranial direct current stimulation (tDCS): Challenges and future directions.

<sup>60</sup> Dosen S., Popović D.B., (2011) Transradial functional electrical stimulation: A method for restoring function to the upper limbs.

should not be shared widely (e.g., sexual experiences without all parties' consent, or criminal acts). Author need a form of content moderation – a challenge since these are private by nature, but if any public “experience marketplace” emerges, it must be policed for illegal content, just as video platforms are.

**Calibration of Empathy:** One interesting consideration is that not everyone responds the same way to stimuli. The same neurostimulation might cause anxiety in one person and not in another. Author may need a calibration phase for each viewer – e.g., test some baseline emotional stimuli and have the user report how intense they felt, tuning the system accordingly. This personal calibration ensures the experience is conveyed accurately but safely to each individual.

Academic discussions have also noted the lack of long-term studies on VR's emotional effects<sup>61</sup>. Author pledge to conduct long-term user studies on Senceteck, with ethics boards oversight, especially in therapeutic contexts, to ensure no lasting negative effects and to refine the system for well-being.

In sum, while Senceteck offers empathetic connection, author are cautious to implement it in a way that benefits users emotionally rather than harms. Author incorporate principles of trauma-informed design: giving users control, avoiding re-traumatization, and providing support (even suggesting post-experience debrief or counseling for heavy experiences). Emotional safety is as important as physical safety in this venture.

### **5.3 Technical and Societal Challenges**

Beyond privacy and safety, several broader challenges merit discussion:

---

<sup>61</sup> Freeman D., Reeve S., Robinson A., Ehlers A., Clark D., Spanlang B., Slater M., (2017) Virtual reality in the assessment, understanding, and treatment of mental health disorders.

- Signal Accuracy and Noise: Neurodata like EEG is notoriously noisy and can be hard to interpret on an individual level. Our AI might mis-classify an emotion, or the BCI might pick up external electrical noise. These technical issues could lead to less than perfect experience fidelity. Author must set appropriate expectations (the first versions might only convey rough emotional intensity, not every subtle nuance). Continued R&D (see Roadmap) will improve this, but users should know the limits and not overtrust any single indicator (similar to how lie detectors are not 100% reliable – our emotion detection isn't either, so experiences shouldn't be used as "truth serum" or evidence, for instance).

- Bandwidth and Infrastructure: Streaming full experiences to many users could strain networks. While 5G is rolling out, not everyone will have the connectivity for smooth real-time experience sharing. This creates a potential accessibility gap – those with better tech get a richer experience. Over time, infrastructure catches up, but in early phases author might limit real-time use to controlled environments (like within the same building on a local network) to guarantee performance.

- Device Ergonomics: Wearing a whole rig (headset, suit, etc.) is cumbersome. This could limit adoption to enthusiasts initially. It's analogous to early VR – bulky and niche – which improved gradually. Author face the challenge of making the gear comfortable, easy to don, and suitable for different body types and abilities. The Teslasuit's adjustable design is one step. Author also want options for those who cannot wear a full suit (e.g., medical patients) – maybe localized devices like wristbands for key signals and feedback. Ensuring the tech is inclusive and accessible is an engineering and design challenge author take seriously.

- Ethical Use Cases and Misuse: Society will have to decide acceptable uses. Could employers demand employees share their experiences or emotional states (a dystopian surveillance scenario)? Author must clearly push back against any coercive use. No one should be forced to use such a system. It should remain in the domain of personal life, healthcare, or entertainment by choice. Regulatory frameworks may be needed to prevent misuse by state or corporate entities – for instance, laws forbidding use of neural recordings in court without consent, or forbidding companies from



requiring neuro recordings as part of work. Author will actively engage with policymakers to advocate for protective measures. History with technologies like polygraphs or genetic testing shows the need for legal safeguards, and neurotech is even more sensitive.

- Cultural and Philosophical Questions: Experiencing someone else's perspective could challenge notions of identity. Some users might become reliant on living others' lives at the expense of their own ("experience addiction"). This societal effect is hard to predict. Author can encourage healthy use – framing the tech as a way to enhance empathy and understanding, not to escape one's life entirely. Perhaps design choices like not allowing 24/7 streaming or imposing "experience cooldowns" could help. But these are complex issues intersecting with human behavior. Author plan to study usage patterns and adjust accordingly, and collaborate with sociologists and ethicists as the platform grows.

In confronting these challenges, transparency will be key. Author will be open about what the technology can and cannot do, the risks involved, and involve the community in dialogue. Independent ethics panels or third-party audits of our system's compliance might be instituted to build trust (similar to how some companies have AI ethics boards).

To summarize, the challenges range from technical reliability to deep ethical dilemmas. Sencetech's success will not just be measured in technological terms, but in how responsibly and thoughtfully it can be integrated into society. Author are committed to proactively addressing these issues through design (privacy by design, safety by design), policy, and continuous user-centered evaluation. Our aim is to unlock the positive potential of experience sharing – increased empathy, knowledge transfer, human connection – while rigorously guarding against abuses and harm.

## 6. Unique Value Proposition and Innovation

Senceteck brings together technologies and concepts that have existed in isolation, into a singular integrated platform unlike anything currently on the market. Here author highlight what makes our system uniquely valuable and how it differs from or goes beyond existing systems such as Neuralink, Meta's Quest VR, and OpenBCI's tools.

- Holistic Experience Capture vs. Point Solutions: Existing neurotechnology solutions tend to focus on one aspect – e.g., Neuralink focuses on high-bandwidth brain interfacing, OpenBCI on EEG sensing, Meta Quest on visual VR immersion. Senceteck's value is in the synergy of multiple modalities. It is not just a BCI, not just a VR device, but a full-stack solution from capture to replay. This holistic approach means the system can capture both objective and subjective facets of reality: the external environment (like a 360 video) and the internal reactions (brain/body signals). This breadth is its strength – creating a new kind of content (experiential recordings) that none of those systems alone could produce. For example, while you can film a 360° video with a GoPro today, you cannot capture how the camera person felt during that – Senceteck does, giving a layer of immersion that standard VR content lacks.

- Bidirectional Capability (Read and Write): Many BCI platforms today are one-way (mostly reading brain signals for control). Neuralink, for instance, has demonstrated reading signals to move cursors or limbs for paralyzed patients as its first application. While Neuralink's device has the hardware for stimulation, it hasn't yet delivered a consumer product or content ecosystem around that. Our system from the start is designed for both input and output – recording signals and playing back via stimulation. This positions us as one of the first to offer a practical digital empathy interface: not just measuring brain/body states but actively transmitting them to another person. In essence, we're delivering on the promise of a "mind meld" in an accessible form (non-invasively), which Neuralink might only achieve through surgical implants in the far future. For users and businesses, this means Senceteck can create entirely new

services (experience sharing networks, experiential entertainment) that pure BCI or pure VR devices cannot support alone.

- Emotional and Somatic Dimension in VR: Meta Quest and other VR systems provide audiovisual immersion and some hand tracking or basic haptics. Our system significantly augments this by adding emotional and somatic data. The value proposition here is deeper immersion and presence – feeling emotions makes an experience far more memorable and impactful than just seeing images. In training, this could improve retention (because emotional arousal is known to aid memory). In entertainment, it drives engagement (feeling the stakes of a story personally). Competing VR platforms are beginning to explore biofeedback (e.g., Oculus has prototypes for reading facial expressions or wrist EMG for input), but they do not close the loop by feeding anything back into the user's physiology. Senceteck does both: it senses AND stimulates, thereby completing an immersive loop. Author leverage existing VR hardware (for visuals, etc.) but elevate it to a new category: XR (Extended Reality) that includes internal reality.

- .EXP Content Format and Ecosystem: By defining a new file format and platform for experiences, author establish an ecosystem play. Much like how the MP3 format enabled a music ecosystem or MP4 for video, .EXP could become a standard for experience exchange. This creates opportunities for a marketplace (e.g., an experience store) and third-party developers to create tools, edit experiences, or build compatible hardware. OpenBCI, by contrast, provides great hardware and open-source software for research but not a consumer-friendly content format or distribution channel. Neuralink is focusing on medical applications primarily. Meta's content ecosystem is games and apps that run within VR, which is different from sharing real recorded experiences. So Senceteck carves out a niche: being the platform for recorded reality sharing. It's a first mover in potentially a new media market (one could envision "Experience Service Providers" similar to how author have streaming service providers).

- Use of Non-Invasive Tech for Broad Reach: Neuralink's invasive implant can, in theory, tap into rich neural data, but its adoption will be slow and limited to medical cases in near term. Our approach is non-invasive (using EEG, wearables, etc.), which means it's immediately accessible to a wide user base without surgery or major risk.

OpenBCI similarly is non-invasive but is tailored to hobbyists and researchers, not packaged for mainstream immersive experience. By combining OpenBCI-like sensors with a user-friendly VR/haptic package, author lower the entry barrier for average consumers to explore neurotechnology in a meaningful way. This could position us favorably in the consumer market relative to Neuralink, which may take a decade or more to reach non-medical users (if ever). It's the difference between a smartphone everyone can buy vs. a specialized device only in labs.

- Integration of AI for Experience Processing: Our heavy use of AI to interpret and mediate experiences is an innovation over more hardware-centric solutions. Neuralink might provide raw brain data, but making sense of it and creating a coherent experience is up to the user or app developers. Sencetek bakes that intelligence in – using AI to translate signals into feelings, and vice versa, in real time. This “software layer” advantage means the system improves over time as algorithms learn from more data (with user permission). It can personalize experiences, adapt intensity, etc., offering a smart experience as a service, not just raw feed. This adaptive, learning component differentiates us from static devices. It's akin to how a Tesla car distinguishes itself with its Autopilot software on top of hardware.

- Applications and Market Diversity: Our unique combination opens diverse revenue streams: immersive entertainment (like next-gen movies), wellness and therapy (a big market for mental health tech – author could offer an empathy training service for therapists or a platform for guided meditation where you literally feel the calm from a guru), education (experience libraries for students), and even enterprise training (safety training by experiencing a simulated accident situation to emphasize caution, for example). While Meta Quest targets primarily entertainment/gaming, and Neuralink targets medical, Sencetek straddles multiple sectors with one platform. This cross-sector applicability is a strong business proposition: the same core tech can be customized to different needs (with different content), broadening our impact and resilience as a venture.

In essence, Sencetek's innovation is in unifying human-to-digital and digital-to-human interfaces into one seamless loop. It creates a new category: an Experience

Transfer System. By being first in this category and leveraging existing advancements (instead of waiting for far-future tech), author can build a brand associated with the very idea of experience sharing. Our unique value lies not in inventing each component from scratch, but in the novel integration and application of them to enable something fundamentally new – the commercialization of subjective experiences.

## 7. Roadmap and Future Development

Turning this vision into reality will require a phased approach. Author outline a roadmap with short-term milestones to build a Minimum Viable Product (MVP), mid-term development to expand capabilities, and long-term goals to fully realize real-time cloud-based experience streaming. This roadmap also emphasizes research and testing at each stage to ensure safety and efficacy.

### 7.1 Short-Term (0–2 years): MVP and Core Technology Integration

Goal: Develop a functioning prototype that can record a rich experience and play it back to a second user in offline mode. Demonstrate the complete loop on a small scale.

- Hardware Integration Prototype: In the first 6–12 months, focus on integrating off-the-shelf components into a single rig. For example, use an existing high-end EEG headset (such as OpenBCI Galea or Emotiv Epoc X) combined with a 360° camera (like Insta360) and a haptic vest (e.g., bHaptics TactSuit). Write software to sync their data. Initially, this might be done on a PC workstation. The goal is to show that author can capture synchronized EEG, heart rate, video, etc., during a test scenario (e.g., someone playing a horror VR game or undergoing a stress task).

- Basic .EXP File Format & Player: Define a simple version of .EXP and create an MVP player application. Perhaps start with fewer streams (video, audio, one bio signal) to keep it manageable. For instance, record a 2-minute experience of a user on a roller coaster VR simulation with their heart rate and EEG. Then ensure the player can deliver that to a second user with a VR headset and a simplified feedback device (maybe just vibrational haptics and an audio heartbeat cue to mimic heart rate). This will prove out the concept of aligning subjective signals with media.

- Closed-Demo of Experience Transfer: By around 12–18 months, aim to have a demo where Person A records something (e.g., a mild horror scenario in VR) and Person B, in another room, plays it back and reports what they felt. Success criteria: Person B should correctly report key emotions or reactions (e.g., “I felt a jump scare around the 1-minute mark”) matching Person A’s experience, showing that some level of emotional transfer occurred. Author may use surveys or interviews for qualitative validation, along with physiological measures on Person B to see if they track Person A’s during playback (e.g., both had elevated heart rate at the scare moment).

- Safety and Calibration Testing: During MVP, extensively test the safety of any stimulation. If author include tDCS in MVP, run it by an IRB (Institutional Review Board) and do tests on team members at low current to ensure no adverse effects. MVP may even omit neural stimulation and rely on simpler feedback (vibration, sound) for caution; that can be added in mid-term. Establish baseline protocols for consent and emergency stop in these trials.

- User Experience Refinement: Even at MVP stage, gather feedback on comfort – how cumbersome is the gear? How confusing or natural is the experience? This will guide what to prioritize (e.g., maybe EEG cap takes too long to set up – invest in making that quicker or consider dry electrodes).

Deliverable: By end of year 2, a basic “Experience Recording Kit” prototype and a “Playback Kit” with supporting software, tested in a small-scale study (perhaps 5–10 pairs of users), showing viability. This could be demonstrated to stakeholders or at a tech conference to generate interest.

## **7.2 Mid-Term (2–5 years): Feature Expansion and Cloud Integration**

Goal: Expand the Senceteck system’s capabilities — incorporating more recording and playback modalities, enhancing AI-based interpretation of

neurophysiological data, initiating real-time streaming prototypes, and establishing a cloud-based infrastructure for experience sharing.

#### Enhanced Signal Processing and AI Interpretation:

During years 2–3, author plan to advance our machine learning models for emotion recognition and preliminary neural decoding. A priority will be training custom deep learning models on multimodal data collected by the neckband device (including EEG, electrodermal activity, heart rate variability, and respiratory signals) to automatically classify states such as fear, excitement, and relaxation. These emotional markers will be embedded into the .EXP files as structured metadata. In parallel, further optimization of signal preprocessing pipelines will be implemented, with a focus on robust motion artifact rejection for EEG, exploiting adaptive filtering techniques and artifact subspace reconstruction methods suitable for mobile setups.

#### Expanded Haptic and Neurostimulation Modules:

The mid-term development phase will focus on enhancing the sensory feedback delivered through the neckband. Author plan to integrate additional localized haptic actuators to expand tactile coverage toward the shoulders and collarbone areas. Furthermore, neurostimulation capabilities will be refined by adding a modular, multi-channel low-intensity tDCS/tACS unit embedded within the neckband's structure. Specific electrode montages targeting the dorsolateral prefrontal cortex and the somatosensory cortex will be explored to modulate emotional valence and sensory vividness during playback. Research trials will be conducted to evaluate whether targeted neurostimulation enhances emotional synchronization between recorder and viewer. Proprietary neuromodulation protocols could be patented if significant efficacy gains are demonstrated.

#### Real-Time Streaming Prototype:

By years 3–4, the first prototype of real-time experience streaming will be initiated. Using the portable neckband system, two participants within a controlled local area network will attempt near-instantaneous transmission of recorded visual, auditory, biometric, and emotional data streams. Latency measurements will be carefully



analyzed, with a target of achieving sub-500 ms synchronization delay across key physiological and sensory channels. Optimizations could involve lightweight custom communication protocols for streaming multimodal data packets, edge computing for on-device pre-processing, and adaptive compression schemes based on real-time network conditions.

#### Cloud Platform and Beta Program:

By year 4, a beta version of the “Experience Cloud” will be deployed, enabling secure uploading, storage, and sharing of .EXP files among authorized users. The system will incorporate encrypted authentication workflows, user-controlled permissions, and metadata indexing (e.g., emotional profiles, experience themes) to facilitate search and discovery. Collaborations with independent content creators, educational institutions, and early adopters will seed the platform with a curated library of initial experience recordings, showcasing diverse applications (e.g., therapeutic scenarios, travel immersion, empathy training).

#### Strategic Partnerships:

- During the mid-term phase, strategic partnerships will be pursued to strengthen both technological and market positioning:
- With AR and smart glasses manufacturers to ensure compatibility of Sencetek's neckband output with next-generation wearable displays.
- With content creators interested in novel storytelling modalities incorporating emotional data layers.
- With academic institutions conducting experimental studies on empathy, neuroplasticity, or training effectiveness enhanced by immersive subjective experience sharing.

These collaborations will both validate the technology's impact and foster a vibrant early ecosystem.

#### Regulatory Engagement and Standardization:

As physiological and neural data recording expands, regulatory compliance will become essential. Engagements with FDA (for potential therapeutic applications) and data privacy authorities (for neurodata governance) will begin proactively. Author also anticipate participation in or leadership of industry standardization efforts for multimodal experience file formats, potentially contributing to emerging IEEE or ISO frameworks for immersive neuro-augmented media.

#### User Experience and Form Factor Evolution:

Feedback from initial MVP deployments will guide ergonomic refinements. The neckband's weight distribution, heat dissipation, electrode comfort, and battery longevity will be improved. Long-term development aims to integrate collapsible or modular designs to allow even greater portability. Interface enhancements — such as adaptive stimulation profiles based on real-time user feedback loops — will also be prioritized to maximize comfort and emotional authenticity.

#### Deliverable:

By the end of year 5, Senceteck 2.0 will be a fully portable, neckband-centered experience sharing system capable of both recorded and live transmission of multimodal subjective states. The Experience Cloud will enable early adopters to build and exchange immersive recordings. Pilot deployments in therapeutic, educational, and creative domains will validate impact. Empirical studies demonstrating increased empathy, accelerated training outcomes, or emotional understanding will support both academic publication and commercial growth.

### **7.3 Long-Term (5+ years): Scalability, Refinement, and New Frontiers**

Goal: Evolve Senceteck into a mature, widely available platform and explore the ultimate possibilities (e.g., integration with invasive BCIs, global experience marketplace, multi-user shared experiences).

- Consumer Product Launch: Around year 5–6, target a commercial launch if all goes well. This would involve finalizing industrial design of the hardware (likely offering a package: a headset, a body suit, maybe companion sensors). Software would be user-friendly, possibly with mobile integration (use phone as controller or for some sensor like camera if needed). The product might first target a specific niche to gain traction – for example, a Senceteck Wellness Edition focusing on guided meditative and therapeutic experiences for mental health, since that could justify the cost for serious users. Alternatively, a Senceteck Creator Kit for VR content creators to start making experiential content could be launched, seeding the content ecosystem.

- Scaling Manufacturing and Support: Work on reducing the cost and complexity of components. Long-term R&D might include developing custom chips for sensor acquisition to replace bulky EEG amplifiers, or flexible electronics in clothing for comfort. Author also set up customer support, training materials (especially since this is a new concept, users might need help understanding and using it properly).

- Cloud Experience Marketplace: Expand the cloud platform into a full-fledged service – think an “Experience Store” where users can browse and download experiences (free or paid, with revenue share to creators). Implement robust content moderation and rights management. Potentially integrate with existing content platforms (maybe partner with a streaming service or a VR app store to host our content format). Author want by year 7+ to have a growing library of user-generated and professionally generated experiences in various categories (travel, empathy stories, training modules, etc.). Network effects will be important: as more content is available, more users will want the system, which in turn encourages more content creation.

- Real-Time Global Streaming: Work towards minimizing latency such that someone could stream an experience live to someone on the other side of the world with minimal delay. These likely leverages edge computing nodes in many regions and the eventual rollout of 6G networks which promise even lower latency and high bandwidth. Author also implement clever prediction algorithms – for example, if there's a 200ms delay, perhaps predict the next 200ms of certain signals to send ahead, smoothing the live experience. The end goal is a kind of tele-empathy service: imagine

a platform where at any given time you could tune in and “ride along” in someone else’s experience, whether it’s a concert, a sports event, or just a loved one at home wanting to share feelings in real-time.

- Multi-User and Collaborative Experiences: Explore scenarios where multiple people’s experiences are merged or exchanged. For example, a couple could use Senceteck in a two-way mode to directly feel each other’s emotions in a moment – a form of mutual empathy exercise. Or team-building experiences where a group of people share each other’s states to build cohesion. Technically, this means handling multiple data streams and possibly creating composite experiences (like averaging emotional states or toggling between perspectives). It’s complex, but could be a powerful use in therapy (family therapy, conflict resolution by literally swapping perspectives).

- Integration with Future Tech: If brain implants like Neuralink become safe and common in 5-10 years, Senceteck could integrate with them for users who have them. For instance, if a user has a visual cortical implant, author could feed the visual experience directly to it, bypassing goggles (letting a blind person “see” someone’s recorded experience via their implant). Similarly, if someone has a spinal cord stimulator or other medical devices, integrate those for richer feedback. Our platform should remain flexible to incorporate such advances, essentially becoming the software layer for any hardware that enables experience I/O.

- Continuous Ethical Oversight: As the system scales, ensure ethics keeps pace. Possibly establish a user ethics committee or participate in international guidelines for neurotech use. Long-term acceptance will require public trust, so demonstrating that author self-regulate responsibly (transparency reports on data requests, independent audits on privacy, etc.) will be important.

- Measure Impact: By year 5-10, author should have real data on the impact of Senceteck: Does it improve learning outcomes? Does it increase empathy in measurable ways? Work with researchers to publish findings. For example, a study might show that medical students who experienced a patient’s recorded pain have

better bedside empathy scores than those who just watched a video. Such evidence will drive adoption in fields like education and healthcare.

Vision Beyond 10 years: If Senceteck becomes as ubiquitous as smartphones, author might see a world where “experience sharing” is a normal part of communication – e.g., sending someone a quick burst of “this is how I feel right now” which they can truly feel. Societal norms will evolve (perhaps “empathy messages” become a new category of interaction). It could also give rise to collective experiences – imagine thousands experiencing a live event through the eyes and emotions of an athlete or performer, creating a shared emotional reality across the globe. In the very long term, such technology edges toward the realm of sci-fi today (hive minds, direct mind melds), but our roadmap focuses on the concrete steps to get to the early stages of that in a responsible, beneficial manner.

In conclusion, the roadmap starts with practical integration and iterative improvement, and leads to a horizon where Senceteck could redefine human digital interaction. Each phase builds on successes and learnings of the previous, with user feedback and ethical practice guiding adjustments. By keeping a clear vision but also a flexible execution plan, author aim to make experience sharing technology not just a concept, but a widely used reality in the coming decade.

## 8. Conclusion

Author have presented Senceteck: a pioneering neurotechnological system that enables the recording and transmission of the full spectrum of human subjective experience for commercial and personal use. This white paper outlined the grand vision of what such a system makes possible – from new forms of immersive entertainment and empathetic communication to breakthroughs in training, education, and therapy – and then detailed how to achieve it through a carefully designed architecture and adherence to scientific evidence and ethical safeguards.

The Senceteck system is ambitious in scope, encompassing hardware (BCI headsets, biometric and haptic suits, 360° capture), software (multimodal synchronization, AI-driven emotion decoding, .EXP format), and delivery methods (VR playback, neurostimulators, cloud streaming). Yet each component rests on a growing foundation of feasibility demonstrated by recent research and technological trends. Brain signals can be decoded into meaningful content; emotions can be inferred from physiology with reasonable accuracy; devices can stimulate the human senses and even the brain to evoke targeted responses. By fusing these capabilities, Senceteck goes beyond what existing platforms like Neuralink, Meta Quest, or OpenBCI offer, creating a unique value proposition: the ability to share “what it feels like” to be in a moment, not just share information or media.

Throughout this paper, author also confronted the challenges inherent in such technology. Author stress that success is not just a matter of engineering, but of responsible innovation. Privacy must be inviolably protected, consent explicit, and user well-being prioritized. Our system design incorporates these values from the ground up, envisioning encryption for neuro-data, user controls, and ethical boundaries for use. Author aim for Senceteck to be an empowerment tool – one that connects people in new empathetic ways, aids understanding, and enhances learning – rather than a tool of manipulation or intrusion. To that end, author will continue to consult ethicists, adhere to neurorights principles, and adapt our policies as author learn from real-world deployments.

The future roadmap for Senceteck is laid out in phases, starting with near-term prototypes and pilot applications and expanding toward a scalable platform and marketplace for experiences. Early demonstrations will likely be in specialized domains (e.g., therapeutic programs, immersive art installations) where the value of full-experience sharing is high. As the technology matures and hardware becomes sleeker and more affordable, broader consumer adoption can follow – potentially making “experience capture” as common as video recording is today. Author can imagine a future where people routinely record meaningful life events not only in sight and sound but in emotion, able to relive them later or share them with loved ones in a profoundly rich way. In professional contexts, knowledge and empathy transfer via Senceteck could shorten training cycles and foster understanding across cultural or personal divides by literally letting someone feel another’s perspective.

In conclusion, Senceteck represents a bold step toward what might be called “digital telepathy” or “experiential telecommunication.” It is a convergence of neurotechnology, AI, and immersive media that has long been hinted at in science fiction, now on the cusp of scientific fact. The path to full realization is challenging, but the potential rewards – a new medium of human connection and insight – are immense. By proceeding with careful research, user-centric design, and ethical integrity, Senceteck could redefine how author share our lives and feelings in the digital era. It transforms communication into communion, information into experience, and empathy into something one can tangibly transmit and receive. This white paper has laid the foundation; the next steps are to build, test, and refine, in partnership with the community and stakeholders, to bring this vision of shared human experience to life.

Sources: This white paper referenced advances in neurotech and VR, including OpenBCI’s Galea biosensing headset, Meta’s real-time MEG image decoding research, Emotiv’s EEG-based emotion metrics, Teslasuit’s haptic feedback capabilities, neurorights discussions on mental privacy, and studies on VR’s emotional impact among others, to support the feasibility and context of the Senceteck system. These citations highlight the interdisciplinary support for the concepts herein – drawing from

neuroscience, computer science, psychology, and ethics – reinforcing that while Sencetek is innovative, it is grounded in real, peer-reviewed progress.



## Sources

- 1) Dhiman B., (2023). The Power of Immersive Media: Enhancing Empathy through Virtual Reality Experiences.
- 2) Sora-Domenjó A., (2022). Disrupting the “empathy machine”: The power and perils of virtual reality in addressing social issues.
- 3) Pai Y., Armstrong M., Skiers K., Kundu A., Peng D., Wang Y., Gunasekaran T., Yang C.-L., Minamizawa K., (2023) The Empathic Metaverse: An Assistive Bioresponsive Platform For Emotional Experience Sharing.
- 4) Austin van Loon, Bailenson J., Zaki J., Bostick J., Willer R., (2018) Virtual reality perspective-taking increases cognitive empathy for specific others.
- 5) Ventura S., Badenes-Ribera L., Herrero R., Cebolla A., Galiana L., Baños R., (2019) Virtual Reality as a Medium to Elicit Empathy: A Meta-Analysis.
- 6) Bell H. I., Nicholas J., Alvarez-Jimenez M., Thompson A., Valmaggia L., (2020) Virtual reality as a clinical tool in mental health research and practice.
- 7) Howard S., Meadows-Taylor M., (2025) Using Virtual Reality in Mental Health Nursing to Improve Behavioral Health Equity.
- 8) Asadipour A., Debattista K., Chalmers A., (2020) Visuohaptic augmented feedback for enhancing motor skills acquisition.
- 9) Eric van Breda, Verwulgen S., Saeys W., Wuyts K., Peeters T., Truijen S., (2017) Vibrotactile feedback as a tool to improve motor learning and sports performance: a systematic review.
- 10) <https://teslasuit.io/products/teslasuit-4/>
- 11) <https://galea.co/>
- 12) <https://www.emotiv.com/>
- 13) <https://github.com/sccn/labstreaminglayer>
- 14) Yin K., Hye-Bin Shin., Li D., Seong-Whan Lee, (2024) EEG-based Multimodal Representation Learning for Emotion Recognition.

- 15) Min-Ho Lee, Shomanov A., Begim B., Kabidenova Z., Nyssanbay A., Yazici A., Seong-Whan Lee, (2024) EAV: EEG-Audio-Video Dataset for Emotion Recognition in Conversational Contexts.
- 16) Timmerer C., Bertoni A., (2016) Advanced Transport Options for the Dynamic Adaptive Streaming over HTTP.
- 17) Uitto M., Heikkinen A., (2021) Evaluation of live video streaming performance for low latency use cases in 5G.
- 18) Islam Ahmad Ibrahim Ahmad, Osasona F., Water S., Samuel Onimis Dawodu, Ogugua Chimezie Obi, (2024) Emerging 5G technology: A review of its far-reaching implications for communication and security.
- 19) Dr. Divyakant Meva, Kalpesh Ashokkumar Popat, (2018) Cloud Computing Security and Biometrics.
- 20) <https://www.cse.wustl.edu/~jain/books/ftp/rtp.pdf>
- 21) Maimone A., Georgiou A., Joel S. Kollin (2017) Holographic near-eye displays for virtual and augmented reality.
- 22) Pacchierotti C., Sinclair S., Solazzi M., Frisoli A., Hayward V., Prattichizzo D., (2017) Wearable Haptic Systems for the Fingertip and the Hand: Taxonomy, Review, and Perspectives.
- 23) Woods A. J., Antal A., Bikson M., Boggio P. S., Brunoni A. R., Celnik P., Cohen L. G., Fregni F., Herrmann C. S., Kappenman E. S., Knotkova H., Liebetanz D., Miniussi C., Miranda P. C., Paulus W., Priori A., Reato D., Stagg C., Wenderoth N., Nitsche M. A., (2016) A technical guide to tDCS, and related non-invasive brain stimulation tools.
- 24) Tran Quang Trung, Nae-Eung Lee (2016) Flexible and Stretchable Physical Sensor Integrated Platforms for Wearable Human-Activity Monitoring and Personal Healthcare.
- 25) Ozcelik F., Rufin VanRullen, (2023) Natural scene reconstruction from fMRI signals using generative latent diffusion.
- 26) <https://ai.meta.com/blog/brain-ai-research-human-communication/>

- 27) Achancaray D., (2021) Visual-Electrotactile Stimulation Feedback to Improve Immersive Brain-Computer Interface Based on Hand Motor Imagery.
- 28) Óscar Wladimir Gómez-Morales, Diego Fabian Collazos-Huertas, Andrés Marino Álvarez-Meza 2, Cesar German Castellanos-Dominguez, (2025) EEG Signal Prediction for Motor Imagery Classification in Brain–Computer Interfaces
- 29) Picard, R.W., (1997). Affective Computing.
- 30) Soraia M. Alarcão, Manuel J. Fonseca, (2017) Emotions Recognition Using EEG Signals: A Survey.
- 31) Koelstra, S., Muhl, C., Soleymani, M., Lee, J. S., Yazdani, A., Ebrahimi, T., & Patras, I. (2012). DEAP: A Database for Emotion Analysis Using Physiological Signals.
- 32) Lorenzetti V., Melo B., Basílio R., Suo C., Yücel M., Carlos J. Tierra-Criollo, Moll J., (2018) Emotion Regulation Using Virtual Environments and Real-Time fMRI Neurofeedback.
- 33) Berka C., Daniel J Levendowski, Michelle N Lumicao, Yau A., Davis G, Vladimir T Zivkovic, Richard E Olmstead, Patrice D Tremoulet, Patrick L Craven, (2007) EEG correlates of task engagement and mental workload in vigilance, learning, and memory tasks.
- 34) Chanel G., Kronegg J., Grandjean D., Pun T., (2006) Emotion Assessment: Arousal Evaluation Using EEG's and Peripheral Physiological Signals.
- 35) Oonagh M Giggins, Ulrik McCarthy Persson, Caulfield B., (2013) Biofeedback in rehabilitation.
- 36) Chipchase L.S., Schabrun S.M., Hodges P.W., (2010) Peripheral electrical stimulation to induce cortical plasticity: a systematic review of stimulus parameters.
- 37) Yakunina N,, Sam Soo Kim, Eui-Cheol Nam (2017) Optimization of Transcutaneous Vagus Nerve Stimulation Using Functional MRI.

- 38) Jean-Pascal Lefaucheur, Antal A., Samar S Ayache, David H Benninger, Brunelin J., Cogiamanian F., Cotelli M., Dirk De Ridder, Ferrucci R., Langguth B., Marangolo P., Mylius V., Michael A Nitsche, Padberg F., Palm U, Poulet E., Priori A., Rossi S., Schecklmann M., Vanneste S., Ziemann U., Luis Garcia-Larrea, Paulus W., (2016) Evidence-based guidelines on the therapeutic use of transcranial direct current stimulation (tDCS).
- 39) Christoph S Herrmann, Rach S., Neuling T., Strüber D., (2013) Transcranial alternating current stimulation: a review of the underlying mechanisms and modulation of cognitive processes.
- 40) Barry E Stein, Terrence R Stanford, (2008) Multisensory integration: current issues from the perspective of the single neuron.
- 41) Legon W., Tomokazu F Sato, Opitz A., Mueller J., Barbour A., Williams A., William J Tyler, (2014) Transcranial focused ultrasound modulates the activity of primary somatosensory cortex in humans.
- 42) Rajesh P N Rao, Stocco A., Bryan M., Sarma D., Tiffany M Youngquist, Wu J., Chantel S Prat, (2014) A direct brain-to-brain interface in humans.
- 43) Herrera F., Bailenson J., Weisz E., Ogle E., Zaki J., (2018) Building long-term empathy: A large-scale comparison of traditional and virtual reality perspective-taking.
- 44) Slater M., Daniel Perez-Marcos, H. Henrik Ehrsson, Maria V. Sanchez-Vives, (2009) Inducing illusory ownership of a virtual body.
- 45) Nick Yee, Jeremy Bailenson (2007) The Proteus Effect: The Effect of Transformed Self-Representation on Behavior.
- 46) Kilteni K., Maselli A., Konrad P. Kording, Slater M., (2015) Over my fake body: body ownership illusions for studying the multisensory basis of own-body perception.
- 47) Ienca M., Andorno R., (2017) Towards new human rights in the age of neuroscience and neurotechnology.
- 48) Fiachra O'Brolcháin, Jacquemard T., Monaghan D., Noel O'Connor, Novitzky P., Gordijn B., (2016) The Convergence of Virtual Reality and Social Networks: Threats to Privacy and Autonomy.

- 49) <https://www.hhs.gov/hipaa/for-professionals/privacy/laws-regulations/index.html>
- 50) Michael Madary, Thomas K. Metzinger, (2016) Real Virtuality: A Code of Ethical Conduct. Recommendations for Good Scientific Practice and the Consumers of VR-Technology.
- 51) McStay A., (2018) Emotional AI: The Rise of Empathic Media. SAGE Publications.
- 52) Alazab M., Tang M., (2019) Deep Learning Applications for Cyber Security. Springer.
- 53) Dwork C., (2008) Differential privacy: A survey of results. Theory and Applications of Models of Computation
- 54) Jan Christoph Bublit, (2022) Novel Neurorights: From Nonsense to Substance.
- 55) Figley C.R., (1995) Compassion Fatigue: Coping with Secondary Traumatic Stress Disorder in Those Who Treat the Traumatized.
- 56) Griffiths M.D., (2005) A 'components' model of addiction within a biopsychosocial framework.
- 57) Koole S.L., (2009) The psychology of emotion regulation: An integrative review. Cognition and Emotion.
- 58) Decety J., Jackson P.L., (2004) The functional architecture of human empathy.
- 59) Andre Russowsky Brunoni, Michael A Nitsche, Bolognini N., Bikson M., Wagner T, Merabet L., Dylan J Edwards, Antoni Valero-Cabre, Rotenberg A., Alvaro Pascual-Leone, Ferrucci R., Priori A., Paulo Sergio Boggio, Fregni F., (2011) Clinical research with transcranial direct current stimulation (tDCS): Challenges and future directions.
- 60) Dosen S., Popović D.B., (2011) Transradial functional electrical stimulation: A method for restoring function to the upper limbs.
- 61) Freeman D., Reeve S., Robinson A., Ehlers A., Clark D., Spanlang B., Slater M., (2017) Virtual reality in the assessment, understanding, and treatment of mental health disorders.