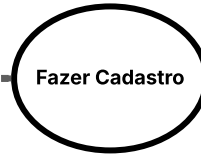
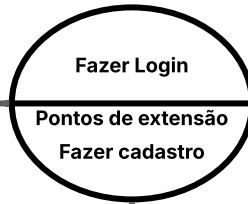
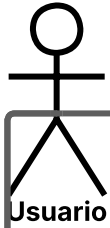


AcademySmart



Verificar Login

Blocos de Treinos (A,B e C)

Seleção de Exercícios

Listar de Treinos

Séries e Repetições

Calendario

histórico de treinos

<<incluir>>

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<<Incluir>>

<<Extende>>

<<Extende>>

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