



Erasmus+

# Participant Report Form – Call 2023 – KA1 – Learning Mobility of Individuals – Student mobility for studies in higher education

Fields marked with \* are mandatory.

Document code: EP-KA1-HE-Studies-2023

## 1 Purpose of the Participant Report

This report on your mobility experience will provide the EU's Erasmus+ Programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 2018 /1725 of the European Parliament and of the Council of 23 October 2018 on the protection of natural persons with regard to the processing of personal data by the European Union institutions, bodies, offices and agencies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in [Specific Privacy statement](#).

**Please make sure you have the information of your Learning Agreement, Grant Agreement and Transcript of Records (if applicable) with you BEFORE you start filling in this report.**

The term "course" used in this participant report should be understood as meaning the more general term "educational component" used in the Learning Agreement.

## 2 Identification of the Participant

### \* 2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Yuzhou Chen

\* 2.2 Mobility end date (end date of the physical or virtual component - whichever one is later)

The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

29/02/2024

\* 2.3 Sending institution

PARIS-LODRON-UNIVERSITAT SALZBURG

\* 2.4 Receiving institution

UNIVERZITA PALACKEHO V OLOMOUCI

\* 2.5 Host country

Czechia

\* 2.6 Email address where I can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct this email address if necessary.

yuzhou.chen@stud.plus.ac.at

### 3 General information about your mobility

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\* 3.1 Participation in a blended mobility

Yes

\* 3.2 Participation in a blended intensive programme

Yes

\* 3.3 Is your mobility taking place within a European University Alliance?

Are both your sending and receiving institution a part of the same European University Alliance?

Yes

\* 3.4 Was the mobility period abroad a mandatory part of your curriculum?

No

\* 3.5 Have you participated in a short-term physical mobility or blended intensive programme prior to this mobility?

No

\* 3.6 Top-up grant for students with fewer opportunities

No

\* 3.7 Additional travel support for green travel

Yes

\* 3.8 Did the availability of the green travel support encourage you to use sustainable means of transport for travelling to and from your mobility destination?

Yes

\* 3.9 Did you have to pay any kind of fees in the receiving institution?

No

\* 3.13 Did your sending or receiving institution make you aware of your rights and obligations on mobility in line with the Erasmus Student Charter?

Yes

## 4 Motivation for your mobility

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\* 4.1 What were your main motivations for studying abroad?

Multiple answers are possible.

- ☒ To experience different learning contents/curricula
- ☐ To learn/improve a foreign language
- ☒ To develop soft skills, such as adaptability, problem solving, curiosity, etc.
- ☐ To enhance my future employability in my home country
- ☐ To enhance my future employability abroad
- ☒ To experience different learning and teaching practices
- ☐ To follow a study programme in a foreign language
- ☒ To live abroad and to meet new people
- ☒ To gain knowledge of another country
- ☐ To build up a personal and professional network
- ☐ To spend time with friends or family who live abroad
- ☐ To join my friends who were going on mobility

\* 4.2 How did you find out about the possibility to study abroad with the Erasmus+ Programme?

Multiple answers are possible

- ☐ Website of the sending institution
- ☒ Academic staff at the sending institution
- ☐ Administrative staff at the sending institution
- ☐ Erasmus+ App
- ☒ Fellow students
- ☐ Friends

- ☐ Family
- ☒ Erasmus+ Student and Alumni Association
- ☐ Online search
- ☐ Social media
- ☒ Information event/fair
- ☐ Word of mouth

\* 4.3 Are you planning to take part in Erasmus+ mobility again?

Undecided

\* 4.4 Why did you decide to participate in a short-term physical mobility or blended intensive programme rather than a long-term physical mobility?

Multiple answers are possible

- ☒ I was not able to go for a long-term mobility because of financial reasons
- ☐ I was not able to go for a long-term mobility because of a disability or an illness
- ☐ I was not able to go for a long-term mobility because of caring responsibilities
- ☒ I was interested in the course content and the learning outcomes
- ☒ I was interested in the blended learning format
- ☒ I wanted to try a shorter mobility before committing to a long-term mobility
- ☐ It was necessary for my degree
- ☒ A teacher/my faculty recommended it
- ☐ I was not sure a long-term mobility would be feasible due to Covid-19
- ☐ This was the only type of mobility that was offered to me
- ☐ Other

\* 4.5 Are you more likely to consider going on a long-term physical mobility than before?

No

4.6 What were the criteria for you to choose your receiving institution?

	Very Important	Important	No opinion	Less important	Not important
* Learning and research offer	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Reputation/rankings	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Facilities and support services for international students	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Feedback from Erasmus+ alumni	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Language	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Country	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* City and culture	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Social life	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* Availability during COVID-19 situation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
* Active student societies and sports groups	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Feedback from other students from my sending institution	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- \* 4.8 Would it have been financially possible for you to go on an Erasmus+ stay abroad without the Erasmus+ grant?

No

## 5 Satisfaction with your mobility

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- \* 5.1 How satisfied are you with your Erasmus+ mobility experience in general?

Very satisfied

- \* 5.2 Would you recommend this experience to another student?

Yes

- \* 5.3 How satisfied were you with the quality of the virtual component?

Very satisfied

5.5 If you wish, please provide additional comments about your experience with the virtual component as part of a blended mobility

- \* 5.6 Do you feel the selection procedure at your sending institution was fair and transparent?

Yes

- \* 5.7 How useful did you find the Erasmus+ App in assisting you with your Erasmus+ mobility?

Somewhat useful

\*

5.8 The Erasmus+ grant is intended to provide a contribution to the additional costs incurred due to your Erasmus+ mobility compared to the cost of studying at your sending institution. According to your estimate, to what extent did the Erasmus+ grant (EU funds only) contribute to your additional expenses related to your mobility period?

If you are receiving funds from other sources please do not include those in your estimation

76-100%

5.9 How satisfied were you with the quality of learning and teaching at the receiving institution?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* The quality of content of courses	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* The quality of teaching methods	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* The degree of learning support received	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If applicable, the quality of the virtual component of the blended mobility	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If applicable, the physical mobility component of the mobility?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 5.10 How satisfied were you with your accommodation?

Very satisfied

## 6 Outcomes of your mobility

\* 6.1 Do you think that you have benefited from your participation in Erasmus+ learning mobility?

Yes

6.2 Through my stay abroad with Erasmus+, I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* think logically and draw conclusions (analytical skills)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* find solutions in difficult or challenging contexts (problem-solving skills)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and carry out my learning independently	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* use online resources and devices, e.g. for my studies, work and personal activities	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* make use of social media	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* develop an idea and put it into practice	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* experience and appreciate different cultures	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* engage or interact with different social groups	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* work better in a team	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and organise tasks and activities	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* express myself creatively	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* play a sport/instrument	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

6.3 After having taken part in this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I am more confident in my abilities	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



* I know better my strengths and weaknesses	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to adapt to and act in new situations	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to think and analyse information critically	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more tolerant towards other persons' values and behaviour	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I feel more confident in an intercultural setting	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more open-minded and curious about new challenges	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in current affairs	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to reach decisions	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to cooperate with people from other backgrounds and cultures	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in European topics	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have improved specific skills in my field of study	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### 6.4 Thanks to this stay abroad with Erasmus+...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I believe that my chances to get a new or better job have increased	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have a clearer idea about my professional career aspirations and goals	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have better opportunities for traineeships or student jobs in my home country	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am better capable of taking over work tasks with high responsibility	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more likely to become an entrepreneur	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

#### 6.5 How has the stay abroad changed the way you see your future work?

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	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I can easily imagine working abroad at some point in the future	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I can easily imagine working in the country where I did my Erasmus+ period in the future	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I would like to work in an international context	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the next question, we ask you about your 'European sense of belonging'. This expression refers to your feeling of being European, belonging to the same community as other Europeans, and sharing common identity, culture and values with them.

- \* 6.6 Do you think that you have an increased European sense of belonging after your participation in Erasmus+ learning mobility?

Yes

## 7 Erasmus+ priorities

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- \* 7.1 The Erasmus+ programme supports a number of key European political priorities: inclusion and diversity, environmental sustainability, digital education, and participation in democratic life. Do you think that as a result of your mobility activity you have acquired knowledge or ideas relevant for one or more of these priorities?

Yes

### 7.2 As a result of my mobility activity...

Multiple answers are possible

- ☒ I have learned more about environmental, climate and sustainability issues.
- ☐ I have changed my habits to become more sustainable.
- ☒ I have a better understanding of the diversity in my society.
- ☐ I am more committed to work against discrimination, intolerance, xenophobia and racism.
- ☐ I am more interested in participating in elections, in other democratic processes, and in the life of my local community.
- ☒ I have learned more about Europe, the European Union and European values.
- ☒ I have learned more about new and useful ways to apply digital technology.
- ☒ I am eager to use more digital technologies in my studies or work.

## 8 Language skills

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- \* 8.1 What was the main language used by your professors?

English

\* 8.3 Do you feel you have improved your skills in this language during your stay abroad?

Yes

\* 8.4 Did you take advantage of any language support in learning this main teaching language?

No

\* 8.9 Why didn't you take advantage of language support?

Multiple answers are possible

- ☒ I did not ask for it
- ☐ I did not need it because my knowledge of the foreign language was adequate
- ☐ I did not have time
- ☐ The sending/receiving institutions did not provide it to me
- ☐ I was not aware I could receive language support
- ☐ The proposed support was not adequate
- ☐ Other

\* 8.11 What factors contributed the most to the improvement of your skills in this language?

Multiple answers are possible

- ☒ Through courses at the receiving institution
- ☒ Interacting with locals
- ☐ Using language support provided by the Erasmus+ programme (OLS)
- ☐ Using private language support
- ☒ Interaction with other international students
- ☐ Other

\* 8.12 While staying abroad, did you improve your competence in other languages besides the main one used?

- ☐ Yes
- ☒ No

## 9 Recognition of mobility

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\* 9.1 What was the final type of Learning Agreement you signed?

Learning Agreement: a binding agreement between the student, the sending and the receiving institution, including a group of educational components that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period

Learning Agreement on paper

\* 9.2 Was your Learning Agreement signed by all parties before the start of your mobility?

Yes, all parties signed it before the start

\* 9.4 Was your Learning Agreement changed during your mobility?

No

- \* 9.9 Did you successfully complete all the educational components at the receiving institution as specified in the final version of the Learning Agreement (Table A and, if applicable, A2 of the official template)?

Table A lists the educational components to be carried out by the student at the receiving institution.

Yes

- \* 9.12 Is the recognition process for your mobility finalised?

Yes, the process is finalised

- \* 9.13 Did you gain academic recognition from your sending institution for your mobility?

Following successful completion of the components described in Table A (i.e. study programme at the receiving institution) of the Learning Agreement, your sending institution:

**Full recognition:** counts all credits as specified in table B (i.e. recognition at the sending institution) of the final version of the Learning Agreement towards the degree programme, without the need to take any further courses or exams. The mobility period is automatically recognised as agreed by all parties in the learning agreement.

**Partial recognition:** does not count some of the credits as specified in the table B (recognition at the sending institution) of the final version of the Learning Agreement towards the degree programme; or counts all the credits as specified in table B towards the degree programme but requires you to take further courses or exams.

**No recognition:** does not count any of the credits as specified in table B (recognition at the sending institution) of the final version of the Learning Agreement towards the degree programme.

Full recognition

- \* 9.17 Were ECTS credits used in the Learning Agreement?

ECTS - European Credit Transfer and Accumulation System

Yes

- \* 9.18 What is the total number of ECTS credits specified in the final version of the Learning Agreement as counting towards your degree (Table B and, if applicable, B2 of the official template)?

*Only values of at most 99 are allowed*

ECTS - European Credit Transfer and Accumulation System

6

ECTS credits

- \* 9.19 What is the total number of ECTS credits finally recognised by the sending institution after the mobility (Table D of the official Learning Agreement template)?

*Only values of at most 100 are allowed*

ECTS - European Credit Transfer and Accumulation System

6

ECTS credits

- \* 9.20 Did the sending institution make the information available on how the grades awarded at the receiving institution would be converted upon return to your sending institution?

Yes, before the mobility

\* 9.21 Do you think the grade conversion by the sending institution of the grades obtained at the receiving institution was fair and transparent?

Yes

\* 9.22 Did you receive or do you expect to receive the Transcript of Records from the receiving institution within five weeks after publication of your results at the receiving institution?

Yes, in digital format

## 10 Assessment of support received

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**At the receiving institution**

10.1 How satisfied were you with the support arrangements provided by your receiving institution?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* Administrative support	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Academic support	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Support from student initiatives/organisations	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Help with personal needs and problems	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Help with inclusion needs	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Social integration with the local students	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Engagement with the local community	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Guidance on how to find accommodation	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Assistance with dealing with questions or complaints	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Support to make the most use of virtual learning (such as mentoring or access to equipment or facilities)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 10.3 Did you require a visa in order to participate in this mobility?

No

10.6 Did you have this type of insurance during your mobility?

	Yes	No	I don't know
* Health insurance	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Accident insurance	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Liability insurance	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 10.7 Who covered the cost of Health insurance?

I did

\* 10.8 Who covered the cost of Accident insurance?

I did

\* 10.9 Who covered the cost of Liability insurance?

I did

10.10 How satisfied were you with assistance related to insurance issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	I did not request assistance related to insurance issues
* provided by your sending institution?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* provided by your receiving institution?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



\* 10.11 Were you, as an Erasmus+ student, treated equally compared to local students?

Yes

\* 10.13 Did you receive support or participated in activities organised by any of the following students organisations?

Multiple answers are possible

- ☐ Erasmus+ Student and Alumni Association
- ☒ Erasmus Student Network
- ☐ GarageErasmus
- ☐ Erasmus Mundus Association
- ☐ OCEANS
- ☒ Student Unions/Clubs
- ☐ AEGEE
- ☐ AIESEC
- ☐ None of the above
- ☐ Other

\* 10.14 Was the receiving institution's course catalogue

**Course catalogue:** regular guide for all students attending the institution, including information about the qualifications offered, the teaching, learning and assessment procedures, the level of programmes, the single educational components and the learning resources available to students.

**ECTS** – European Credit Transfer and Accumulation System.

- ☒ ECTS-based?
- ☒ Published on the website of the receiving institution?
- ☒ Complete? (all needed information to make your choices was available, including language of instruction and grade distribution)
- ☒ Up to date? (there were no changes in the courses you had chosen during your stay in the receiving institution)
- ☒ Available in time to prepare your Learning Agreement?
- ☒ Available in a language you understand?
- ☐ None of the above

**Sending institution**

10.15 How satisfied were you with the support provided by your sending institution?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* Administrative support	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Academic support	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Support from student initiatives/organisations	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Help with personal needs and problems	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Mental health support	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Help with inclusion needs	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Support to make the most use of virtual learning (such as mentoring or access to equipment or facilities)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- \* 10.16 Did you receive the grant payments on time, in line with the dates mentioned in your grant agreement?

Tick "not applicable" in case you did not receive any grants from the Erasmus+ programme (zero-grant student).

Yes

## 11 Conclusions

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11.1 If you wish, please give any additional information, observations, comments or recommendations that may be useful for students wishing to go abroad, for your sending and receiving higher education institutions, National Agency or the European Commission in view of improving the Erasmus+ student mobility action.

## 12 Consent

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- \* 12.1 I'm willing to help future Erasmus+ participants based on my experience. They can contact me at my email address.

- ☐ Yes  
☒ No

- \* 12.2 I agree that (parts of) this report can be published and made available to the general public.

- ☐ Yes, with my name and email address  
☒ Yes, but anonymised (no name, no email address)  
☐ No

- \* 12.3 I agree that my email address will be used later to contact me for further studies related to the content of this report or regarding the Erasmus+ Programme and EU issues

- ☒ Yes  
☐ No

- \* 12.4 I authorise the European Commission to share my personal data (first and last name, email address) and mobility-related data (the names of my sending and receiving institutions) with the Erasmus+ Student and Alumni Alliance (ESAA – web link: <http://www.esaa-eu.org>) for information on professional, volunteering and networking opportunities with other Erasmus+ students and alumni.

- ☒ I agree  
☐ I do not agree

- \* 12.5 I authorize the European Commission to share my personal data (year of birth, gender, and [only if needed] first and last name, email address) and study-related data (field of study, mobility period, the

names of my sending and receiving institutions) for further research purposes (for example related to graduate tracking).

- ☒ Yes  
☐ No

## Contact

[http://ec.europa.eu/programmes/erasmus-plus/contact/national-agencies\\_en](http://ec.europa.eu/programmes/erasmus-plus/contact/national-agencies_en)