The Deep Learning Paradox (Pre-2015)

Theoretical Expectation: Deeper NN should perform better (universal approximation theorem)

Reality: Very deep networks performed worse than shallow ones

Key Problem: Not overfitting, but optimization difficulty

- ReLU activations (2011) helped with vanishing gradients by providing linear segments
- Normalized initialization, BatchNorm (2015) helped to reduce vanishing/exploding gradients
- Dropout (2014) helped combat overfitting by randomly dropping units during training.
- These innovations did allow training deeper networks (~20–30 layers) than before. However, they were not enough for extremely deep networks:
- Even with careful initialization and batch normalization, adding many more layers started to degrade accuracy and convergence

The "Degradation Problem"

"Adding more layers to a suitably deep model leads to higher training error"

© John S6-layer 20-layer 20-layer iter. (1e4)

Figure 1. Training error (left) and test error (right) on CIFAR-10 with 20-layer and 56-layer "plain" networks. The deeper network has higher training error, and thus test error. Similar phenomena on ImageNet is presented in Fig. 4.

Deep Residual Learning for Image Recognition

https://doi.org/10.48550/arXiv.1512.03385

Late 2015: Deep Residual Networks (ResNet).

Parameter-free! Residual mapping!

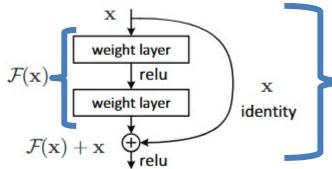


Figure 2. Residual learning: a building block.

y = F(x) + x

Forward propagation

$$egin{aligned} x_{\ell+1} &= F(x_\ell) + x_\ell \ x_{\ell+2} &= F(x_{\ell+1}) + x_{\ell+1} \ &= F(x_{\ell+1}) + F(x_\ell) + x_\ell \ x_L &= x_\ell + \sum_{i=\ell}^{L-1} F(x_i) \end{aligned}$$

Теорема Цыбенко (Cybenko's theorem):

Джордж Цыбенко, 1989 год.

$$H(x)$$
 $H(x) - x$

Backward propagation

H(x) = F(x) + x -> F(x) = H(x) - x

$$egin{aligned} rac{\partial \mathcal{E}}{\partial x_{\ell}} &= rac{\partial \mathcal{E}}{\partial x_{L}} rac{\partial x_{L}}{\partial x_{\ell}} \ &= rac{\partial \mathcal{E}}{\partial x_{L}} \left(1 + rac{\partial}{\partial x_{\ell}} \sum_{i=\ell}^{L-1} F(x_{i})
ight) \ &= rac{\partial \mathcal{E}}{\partial x_{L}} + rac{\partial \mathcal{E}}{\partial x_{L}} rac{\partial}{\partial x_{\ell}} \sum_{i=\ell}^{L-1} F(x_{i}) \end{aligned}$$

Mitigating Vanishing Gradients

ResNet:
$$\frac{\partial \mathcal{E}}{\partial x_{\ell}} = \frac{\partial \mathcal{E}}{\partial x_{L}} + (\text{terms involving } \partial F_{i}/\partial x_{\ell})$$

PlainNet:
$$\partial x_L/\partial x_\ell = \prod_{i=\ell}^{L-1} \partial F_i/\partial x_i$$
 $\frac{\partial \mathcal{E}}{\partial x_\ell} = \frac{\partial \mathcal{E}}{\partial x_L} \cdot \frac{\partial x_L}{\partial x_\ell} = \frac{\partial \mathcal{E}}{\partial x_L} \cdot \prod_{i=\ell}^{L-1} \partial F_i/\partial x_i$

Avoiding the Degradation of Training Accuracy

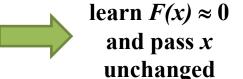
PlainNet:

"degradation problem" – adding layers made training loss worse in plain nets

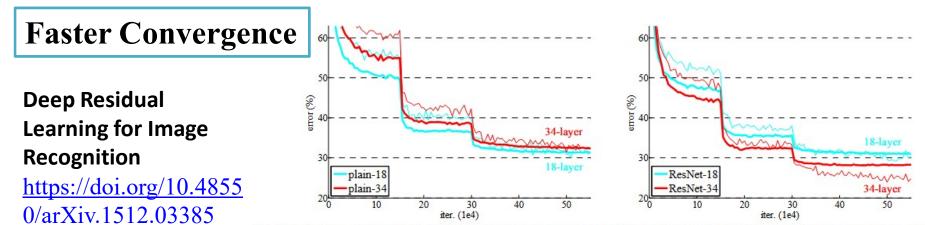
ResNet:

guaranteeing that extra layers can be bypassed if they are not needed.

additional layer cannot improve the loss



mimic a shallower network



iter. (1e4)

Figure 4. Training on ImageNet. Thin curves denote training error, and bold curves denote validation error of the center crops. Left: plain networks of 18 and 34 layers. Right: ResNets of 18 and 34 layers. In this plot, the residual networks have no extra parameter compared to their plain counterparts.

iter. (1e4)

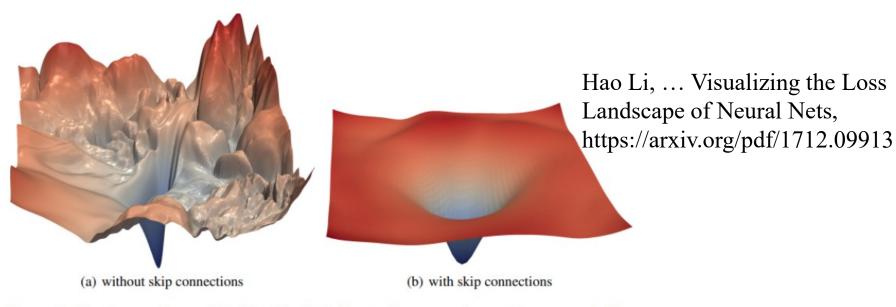


Figure 1: The loss surfaces of ResNet-56 with/without skip connections. The proposed filter normalization scheme is used to enable comparisons of sharpness/flatness between the two figures.

Improved Feature Propagation and Reuse

information flow forward

$$x_L = x_\ell + \sum_{i=\ell}^{L-1} F(x_i)$$
 The input signal (and low-level features) get carried directly to deeper layers.

Deeper layers don't have to relearn trivial identity-related features – they focus on new transformations

DenseNet: Densely Connected Convolutional Networks (2016, Gao Huang, ...)

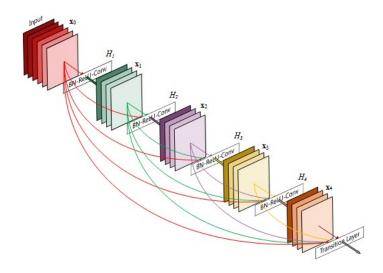


Figure 1: A 5-layer dense block with a growth rate of k=4. Each layer takes all preceding feature-maps as input.

Mild Regularization Effect

Implicit Sparsity Promotion

- Forces residual function F(x) to be small (close to zero)
- Similar to L1/L2 regularization effect
- Network prefers "simple" transformations over complex ones

Ensemble Effect

- Creates multiple pathways of different depths through the network
- Acts like training ensemble of shallow + deep models simultaneously
- Reduces variance (classic regularization property)

Improved Optimization Stability

- Prevents vanishing/exploding gradients
- Enables smoother learning → less overfitting to noise
- Reduces need for explicit regularization (e.g., dropout)

Noise Robustness

- If a layer makes errors, skip connection preserves original signal
- Acts as implicit data augmentation
- Network learns to ignore irrelevant transformations

Skip connections do not replace Dropout – networks like ResNets can still overfit on small data, and Dropout or other regularizers are often used in conjunction!