

# Bakery-Cafe Menu

# **About Our Menu**

Panera Bread® offers handcrafted, artisan breads baked in each bakery-cafe every morning from fresh dough. We're committed to providing you with fresh, great-tasting food you can trust made from the highest quality ingredients and highlighted by antibioticfree chicken, whole grain bread, select organic and all-natural ingredients and a menu with 0 grams added trans fat.

# Allergen Statement

Many of our products contain or may come into contact with common allergens, including wheat, peanuts, soy, tree nuts, milk, eggs, fish and shellfish. Before placing your order, please inform your server if a person in your party has a food allergy so that a manager can, at your request, provide you a list of ingredients in your order.



# What We're Celebrating

Here are some of our favorite flavors, inspired by the

#### New! Flatbread Sandwiches

Treat your taste buds to a world of flavor with our new Flatbreads. Each delicious sandwich is made on our freshly baked flatbread and layered with fresh, bold ingredients, taking inspiration from around the world. From the Mediterranean to the Southwest, you're sure to find your flavor.

# New! Egg White, Avocado & Spinach Breakfast Power Sandwich

Boost your morning with our newest power sandwich. Made with egg whites, tangy Vermont white cheddar and fresh avocado, spinach and tomato on our new Sprouted Grain Bagel Flat, this is one sandwich you'll want to add to your favorites.

# It's Back! Strawberry Poppyseed & Chicken Salad

It's no surprise that fruit picked in its peak of flavor and freshness just tastes better. And, with strawberries, blueberries and pineapple in their prime, it makes sense that one of our summer favorites should return. That's right, our Strawberry Poppyseed & Chicken Salad is back and tasty as ever.

# New! White Chocolate Raspberry Mini Cake

They say the best things in life come in small packages, and they're right. Our new mini cake is pure goodness made with dried infused raspberry and white chocolate chunks. Freshly baked, of course, and made to satisfy any craving for sweet.



# **Breakfast Sandwiches**

Steak & Egg on Everything Bagel

All-natural egg, Vermont white cheddar and seared steak on our Everything Bagel.

# Mediterranean Egg White on Ciabatta

Egg whites. Vermont white cheddar, roasted tomatoes, fresh spinach and basil pesto on Ciabatta.

Bacon, Egg & Cheese on Asiago Cheese Bagel

All-natural egg, Vermont white cheddar and applewood-smoked bacon on our Asiago Cheese Bagel.

Sausage, Egg & Cheese on Ciabatta

All-natural egg, Vermont white cheddar and all-natural sausage on Ciabatta.

### Breakfast Power Sandwich

All-natural egg, Vermont white cheddar and smoked, lean ham on Whole Grain.

Egg White, Avocado & Spinach Breakfast Power Sandwich Egg whites, Vermont white cheddar, avocado, fresh spinach and tomato on our Sprouted Grain Bagel Flat.

Bacon, Egg & Cheese on Ciabatta

All-natural egg, Vermont white cheddar and applewood-smoked bacon on Ciabatta

Egg & Cheese on Ciabatta All-natural egg and Vermont white cheddar on Ciabatta.



# Breakfast Favorites

## Steel Cut Oatmeal

Organic steel cut oats with cinnamon crunch topping and your choice of strawberries and pecans or summer blueberries and maple butter pecan granola.

Strawberry Granola Parfait

Stonyfield Farm® low-fat, organic vanilla yogurt and maple butter pecan granola with whole grain oats and fresh strawberries.

Summer Fruit Cup



# Baked Egg Soufflés

Savory ingredients and egg baked in our sweet French inspired pastry. Available in: Four Cheese, Spinach & Artichoke, Spinach & Bacon, Roasted Tomato & Feta.



# Bagels & Cream Cheese Spreads

### Bagels

Chocolate Chip, French Toast, Blueberry, Cinnamon Swirl & Raisin, Cinnamon Crunch, Asiago Cheese, Plain, Sprouted Grain Flat, Whole Grain, Everything, Sesame

### Bagel Pack

13 bagels, two tubs of spreads.

Dozen & a Half

18 bagels

Baker's Dozen

13 bagels

Half Dozen

6 bagels

Cream Cheese Spreads

Plain and Reduced-Fat: Plain, Hazelnut, Chive & Onion, Roasted Vegetable Medley, Wild Blueberry, Honey Walnut, Strawberry\*

\*Available from mid-July through mid-September.



# Pastries & Sweets

#### Artisan Pastries

Pecan Braid, Cheese, Chocolate, Cherry, Bear Claw

Sweet Rolls

Cinnamon Roll. Pecan Roll. Cobblestone

Wild Blueberry, Triple Berry, Orange, Cinnamon Crunch, Mini Scones Variety Pack

Muffins

Wild Blueberry, Pumpkin, Apple Crunch, Peach Pecan Crunch

Muffies

Chocolate Chip

### Cupcakes

Chocolate, Red Velvet, Vanilla

#### Cakes & Brownies

Double Fudge Brownie with Icing, Carrot Cake with Walnuts, Cinnamon Crumb Coffee Cake

#### Mini Cakes

White Chocolate Raspberry, Strawberry Rhubarb

#### Cookies

Chocolate Duet with Walnuts, White Chocolate Macadamia Nut, Baseball Cookie or Flip Flop Cookie, Shortbread, Chocolate Chipper, Oatmeal Raisin, Candy Cookie



# Freshly Baked Breads

All of our breads are made from fresh dough using our own recipes and only unbleached flour, and freshly baked every morning and throughout the day.

#### Artisan Breads

Country, French, Rye, Sesame Semolina, Three Cheese, Three Seed, Focaccia, Ciabatta, Whole Grain

# Specialty Breads

Sourdough, Asiago Cheese, Cinnamon Raisin Swirl, All-Natural White, Tomato Basil, Honey Wheat



#### Drinks

# Coffee, Espresso & Hot Drinks

Available iced or hot, with decaf or skim milk. Additional shots of espresso, flavored syrups or whipped cream available for an additional charge.

#### Caramel Latte

Espresso, foamed milk and caramel with whipped cream and caramel sauce.

#### Chai Tea Latte

Brewed black tea, honey, vanilla, cardamom, cinnamon, ginger and foamed milk.

#### Caffe Mocha

Espresso, foamed milk and chocolate with whipped cream and chocolate sauce.

### Cappuccino

Espresso and foamed milk with a cap of foam.

#### Caffe Latte

Espresso and foamed milk.

#### Espresso

Signature Hot Chocolate with Chocolate Chip Marshmallows Bittersweet chocolate flavored syrup mixed with foamed milk and topped with whipped cream and salted caramel sauce.

#### Freshly Brewed Coffee

Light Roast, Dark Roast, Colombian Decaf, Hazelnut

#### Hot Teas

A variety of "The Republic of Tea" offerings.

#### Fruit Smoothies

# Low-Fat Mango

Mango fruit base mixed with orange juice and banana puree blended with Stonyfield Farm® organic, low-fat vanilla yogurt and ice

# Low-Fat Strawberry with Ginseng

Strawberry fruit base with a mix of fruit purees and juice concentrates, blended with Stonyfield Farm® organic, low-fat vanilla yogurt and ice, then boosted with ginseng.

#### **Power Smoothies**

# Low-Fat B-Green Power Smoothie

A mixture of fruit and vegetable purees, juices and concentrates and one whole banana, blended with ice.

### Low-Fat Superfruit Power with Ginseng

Superfruit fruit base with a mix of fruit purees, juices and juice concentrates, blended with organic, plain Greek, non-fat yogurt and ice, then boosted with ginseng.

#### Frozen Drinks

#### Frozen Lemonade

Lemonade blended with ice and served with a lemon wheel.

#### Frozen Caramel

Caramel and an icy coffee blend topped with whipped cream and caramel sauce.

#### Frozen Mocha

Chocolate and an icy coffee blend topped with whipped cream and chocolate sauce.

#### **Beverages**

Iced Chai Tea Latte, Iced Green Tea, Lemonade, San Pellegrino®, Brewed Iced Tea (Tropical Hibiscus, Açai Berry or Black), Bottled Water, Premium Orange Juice, Iced Coffee, Soft Drinks, Organic Apple Juice, Organic White or Chocolate Milk



# Panini & Sandwiches

# Roasted Turkey & Avocado BLT

All-natural, antibiotic-free roasted turkey, applewood-smoked bacon, lettuce, tomatoes and avocado with reduced-fat olive oil mayo on Sourdough.

#### Italian Combo Sandwich

Seared steak, smoked turkey breast, smoked, lean ham, salami, Swiss, peperoncini, lettuce, tomatoes, red onions and special sauce on Ciabatta.

# Asiago Steak Sandwich

Seared steak, smoked cheddar, lettuce, tomatoes, red onions and horseradish sauce on our Asiago Cheese Demi.

# Bacon Turkey Bravo® Sandwich

Smoked turkey breast, applewood-smoked bacon, smoked Gouda, lettuce, tomatoes and signature sauce on Tomato Basil.

# Frontega Chicken® Panini

Smoked, pulled, antibiotic-free chicken, mozzarella, tomatoes, red onions, chopped basil and chipotle mayo on Focaccia.

# Smokehouse Turkey® Panini

Smoked turkey breast, applewood-smoked bacon, smoked cheddar and sun-dried tomato ale mustard on Three Cheese.

# Chipotle Chicken Panini

All-natural, antibiotic-free chicken, applewood-smoked bacon, smoked cheddar, tomatoes and ancho-chipotle spread on French.

# Napa Almond Chicken Salad Sandwich

All-natural, antibiotic-free chicken, diced celery, seedless grapes, almonds and our special dressing with lettuce and tomatoes on Sesame Semolina.

# Fontina Grilled Cheese

Vermont white cheddar, fontina, reduced-fat chive & onion cream cheese spread and a four cheese Italian blend grilled on thick sliced All-Natural White.

# Sierra Turkey Sandwich

Smoked turkey breast with chipotle mayo, field greens and red onions on Asiago Cheese Focaccia.

#### Tomato & Mozzarella Panini

Fresh mozzarella, roasted and fresh tomatoes, chopped basil and all-natural sun-dried tomato pesto on Ciabatta.

# Mediterranean Veggie Sandwich

Zesty Peppadew™ piquant peppers, feta, cucumbers, lettuce, tomatoes, red onions and cilantro jalapeño hummus on Tomato Basil.

# Classic Grilled Cheese

Organic sliced American cheese grilled on All-Natural White.

#### Smoked Turkey Sandwich

Smoked turkey breast, lettuce, tomatoes, red onions and salt and pepper on Country Bread.

#### Tuna Salad Sandwich

Special recipe tuna salad, lettuce, tomatoes and red onions with salt and pepper on Whole Grain.

#### Smoked Ham & Swiss Sandwich

Smoked, lean ham, Swiss, lettuce, tomatoes and red onions with salt and pepper on Rye.

#### Flatbread Sandwiches

### Mediterranean Chicken Flatbread

All-natural, antibiotic-free chicken, curried lentil hummus, feta, cucumber and napa cabbage blend with tzatziki sauce on freshly baked flatbread.

#### Southwestern Chicken Flatbread

All-natural, antibiotic-free chicken, black bean hummus, feta. southwest corn blend, napa cabbage blend and cilantro with BBQ ranch dressing on freshly baked flatbread.

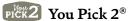
#### Thai Chicken Flatbread

All-natural, antibiotic-free chicken, cilantro jalapeño hummus, napa cabbage blend and cilantro with peanut sauce and Thai vinaigrette on freshly baked flatbread.

### BBO Chicken Flatbread\*

Antibiotic-free, smoked, pulled chicken, frizzled onions, mozzarella, smoked gouda, fresh baby spinach and cilantro with BBQ sauce on freshly baked flatbread.

\*Available from mid-July through mid-September.



Combine two items: Half Pasta, Half Sandwich, Cup of Soup, Half Salad or one Flatbread Sandwich

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#### Chicken Cobb with Avocado Salad

All-natural, antibiotic-free chicken, romaine, tomatoes, applewood-smoked bacon, Gorgonzola and hard-boiled egg tossed with herb vinaigrette and topped with avocado.

#### Thai Chicken Salad

All-natural, antibiotic-free chicken, romaine, Thai cashews, fireroasted edamame, red pepper and carrots blend, cilantro and wonton strips with low-fat Thai chili vinaigrette and drizzled with peanut sauce.

# Strawberry Poppyseed & Chicken Salad

All-natural, antibiotic-free chicken, romaine, fresh strawberries, blueberries and pineapple, mandarin oranges, pecans and fatfree poppyseed dressing.

# Fuji Apple Chicken Salad

All-natural, antibiotic-free chicken, mixed field greens, romaine, tomatoes, red onions, pecans, Gorgonzola and apple chips with a white balsamic apple vinaigrette.

### Asian Sesame Chicken Salad

All-natural, antibiotic-free chicken, romaine, cilantro, sliced almonds, sesame seeds and wonton strips with Asian sesame vinaigrette.

#### Chicken Caesar Salad

All-natural, antibiotic-free chicken, romaine, asiago-parmesan and homemade asiago croutons with Caesar dressing.

#### Greek with Chicken Salad

All-natural, antibiotic-free chicken, romaine lettuce, vine-ripened tomatoes, feta cheese, peperoncini, red onions, kalamata olives, pepper and our Greek dressing.

#### Classic with Chicken Salad

All-natural, antibiotic-free chicken, mixed field greens and romaine lettuce topped with vine-ripened tomatoes, cucumbers, red onions and our reduced-fat balsamic vinaigrette.

#### Greek Salad

Romaine, tomatoes, feta, peperoncini, red onions, kalamata olives, pepper and Greek dressing.

#### Classic Salad

Mixed field greens and romaine topped with tomatoes, cucumbers, red onions and reduced-fat balsamic vinaigrette.

#### Caesar Salad

Romaine, asiago-parmesan and homemade asiago croutons with Caesar dressing.



#### Chicken Tortellini Alfredo

Tortellini pasta filled with a three-cheese blend, tossed in alfredo sauce and topped with all-natural, antibiotic-free chicken and asiago-parmesan.

#### Chicken Sorrentina Pasta

Egg and spinach ravioli filled with a three-cheese blend in a San Marzano tomato and extra virgin olive oil sauce over baby spinach, topped with smoked, pulled, antibiotic-free chicken and asiago-parmesan.

#### Tortellini Alfredo

Tortellini pasta filled with a three-cheese blend, tossed in alfredo sauce and topped with asiago-parmesan.

#### Pesto Sacchettini

Purse-shaped pasta stuffed with a six-cheese blend, tossed in nut-free basil pesto and topped with asiago-parmesan.

#### Mac & Cheese

Shell pasta tossed in a blend of cheeses, including our Vermont white cheddar cheese sauce.



# Soups

Available in a Bowl or Sourdough Bread Bowl. For today's soup schedule please visit www.panerabread.com.\*

### Low-Fat Lemon Chicken Orzo Soup

A Mediterranean inspired soup with chicken, orzo, spinach, carrots, oregano and basil simmered in a lemon-infused chicken broth and topped with a lemon wheel.

# Vegetarian Summer Corn Chowder\*

Roasted corn and skin-on red potatoes slowly simmered with sweet cream, poblano peppers and fresh cilantro.

#### Bistro French Onion Soup

Sweet onions in a savory broth with classic sherry wine vinegar gastrique and sea salts, topped with Gruyere and asiago crutons. Served daily.

#### Baked Potato Soup

Russet potatoes with select seasonings and smoked bacon in cream sauce with spring onion and chives. Served Monday and Wednesday.

### Low-Fat Vegetarian Black Bean Soup

Black beans in a spicy vegetarian broth with onions, red pepper, garlic and cumin. Served Sunday, Tuesday, Thursday and Saturday.

### Broccoli Cheddar Soup

Chopped broccoli, shredded carrots and seasoning in a smooth cheese sauce. Served daily.

#### Vegetarian Creamy Tomato Soup

Pear tomatoes pureed with fresh cream with hints of red pepper and oregano, topped with asiago croutons. Served daily.

# Low-Fat Vegetarian Garden Vegetable Soup with Pesto

Diced tomatoes, zucchini, yellow beans, Swiss chard, cauliflower, bell peppers and pearled barley in a tomato broth garnished with nut-free basil pesto. Served Monday, Wednesday and Friday.

# New England Clam Chowder

Chopped sea clams, diced potato, celery, onions and seasonings in a creamy broth. Served Friday.

# Cream of Chicken & Wild Rice Soup

Long grain and wild rice, celery, onions, carrots and diced chicken in chicken broth with cream and herbs. Served Saturday, Sunday, Tuesday and Thursday.

\*Soup offerings at local bakery-cafes may differ. Summer Corn Chowder available from mid-July through mid-September.

### Power Menu

Power Breakfast Egg White Bowl with Roasted Turkey All-natural, antibiotic-free roasted turkey, egg whites, warm baby spinach, roasted peppers, basil pesto, salt and pepper.

### Power Breakfast Egg Bowl with Steak

Two all-natural eggs, seared steak, sliced avocado and tomatoes.

#### Power Mediterranean Chicken Salad

All-natural, antibiotic-free chicken, baby spinach, romaine, tomatoes, applewood-smoked bacon, hard-boiled eggs, lemon juice and extra virgin olive oil.

### Power Mediterranean Roasted Turkey Salad

All-natural, antibiotic-free roasted turkey, baby spinach, romaine, tomatoes, red onions, kalamata olives, lemon juice and extra virgin olive oil.

#### Power Chicken Hummus Bowl

All-natural, antibiotic-free chicken with cilantro jalapeño hummus, fresh baby spinach, cucumbers, tomatoes and red onions, finished with freshly squeezed lemon and fresh, chopped cilantro.

#### Power Steak Lettuce Wraps

Seared steak, leaf lettuce, cucumbers, tomatoes, red onions, basil pesto and lemon juice.



# Panera Kids™

Served with a choice of squeezable organic yogurt, apple or baguette.

#### Half Salad

Choice of Greek, Classic or Caesar Salad.

#### Kids Mac & Cheese

Shell pasta in a blend of cheeses, including our Vermont white cheddar cheese sauce.

#### Kids Buttered Ribbon Noodles

Ribbon-shaped noodles with creamy butter and sea salt.

#### Cup of Soup

A cup of soup. Check soup schedule at www.PaneraBread.com for daily availability.

#### Kids Peanut Butter & Jelly

Creamy peanut butter and grape jelly on All-Natural White Bread.

#### Kids Grilled Cheese

Organic American cheese grilled on All-Natural White Bread.

#### Kids Deli Sandwich

Organic American cheese and a choice of smoked, lean ham or smoked turkey breast served on All-Natural White Bread.



# Call or Fax Ahead

Visit www.PaneraBread.com to find a bakery-cafe nearest you. We'll have your order waiting for you.



# Panera Catering

Order your favorite sandwiches, salads, soups and sweets, conveniently boxed for groups of five or more. Delivery is available. Contact your local catering coordinator for details, or order online at www.PaneraCatering.com.