

LIKE THE MOON
WE TOO HAVE PHASES



 **naruvi**
THE OFFICIAL NEWSLETTER OF NARUVI HOSPITALS

Print



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Greetings from Naruvi Hospitals.

It is ironical that the work on our building seems to have slowed down, when in actual fact, activity levels have gone up several notches. The most intricate part of the work has got underway. Interior finishing – electricals, plumbing, CSSD, laundry, medical gas lines, air-conditioning, extra low voltage wiring – the list seems to be endless.

We now have an interior architect and a façade designer also working along with the principal architect making sure that the overall look of the building matches the functionality.

Naruvi Hospital has already started towering over the neighbouring buildings, with another 4 floors to go!

My sincere thanks to all our advisors, medical and non-medical, architects, PMC, contractors and most of all, to our site workers, who are braving the harsh temperatures of Vellore to make sure that we keep our timelines of opening the hospital by January 2020.

Thank you, everyone.

Jai Hind.



THE DESIGN



M y s t e r y e n c h a n t s t h e m i n d .

M y s t e r i e s h a v e s t o r i e s t o t e l l .

We p r e s e n t T H E M O O N E D I T I O N .

the hitchhike company

THE LAST MONTH

The last month was a lot of hectic activity. Zeroing in on the opening of the hospital, we are riddled with stringent timelines. Equipment orders are to be coordinated with pin point precision. Landing of equipment earlier than appropriate is as bad as late arrivals.

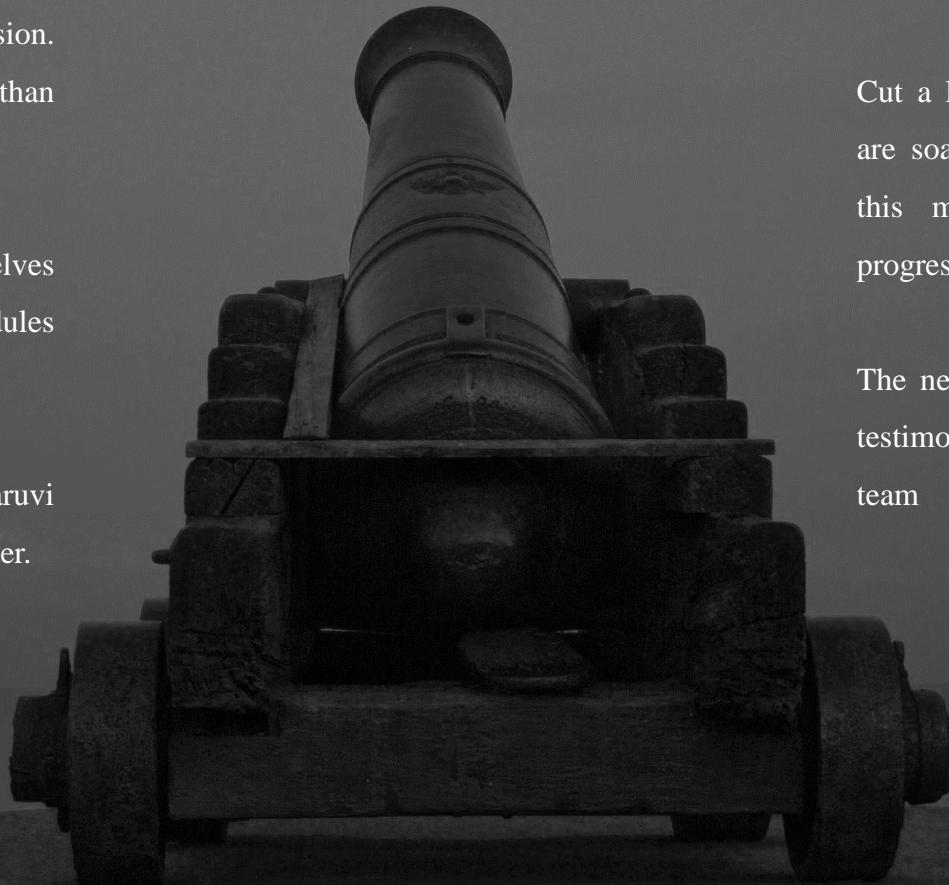
The entire team is working themselves insane trying to keep the schedules perfectly tuned.

From a characterless structure, Naruvi Hospital is getting a form and character.

Interior architect has started giving the insides form and beauty. Facade architects are doing their bit to make the exteriors beautiful.

Cut a long tale short, excitement levels are soaring the skies. The gallery page this month speaks volumes on the progress we are making.

The next few months are going to bear testimony to the commitment that all the team members are shouldering.



The idea that a full moon is connected with lunacy (violence, aggression, sleepwalking and general craziness) is probably as old as language, but is born anew with every generation. In fact, “lunacy” comes from the latin word luna, meaning moon. A full moon is also supposed to send pregnant women into labor and make nursing home residents more agitated. According to ancient philosophers, the moon affects human behavior and health by its gravitational pull on body fluids.

Scientists have investigated these and other lunar notions—and repeatedly debunked them. They have been unable to substantiate any links between phases of the moon and bizarre, murderous or suicidal behavior, various medical conditions or birth rates. And as astronomers and physicists will tell you, the gravitational pull of the moon on humans is virtually nil. (The moon influences tides in large bodies of water, but not water in our bodies.)



THE MOON - MOOD CONNECTION

THE MOON - MOOD CONNECTION

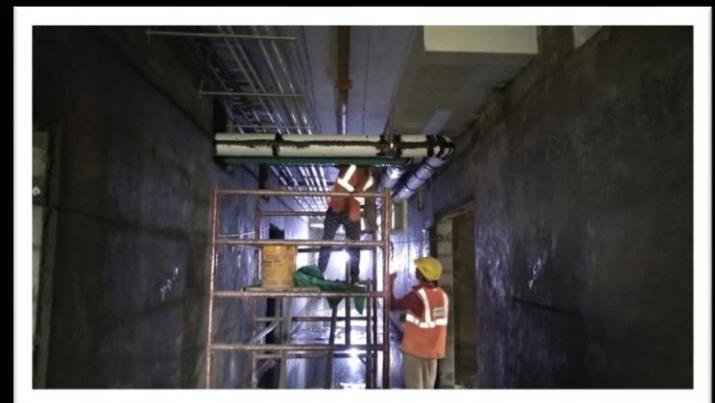
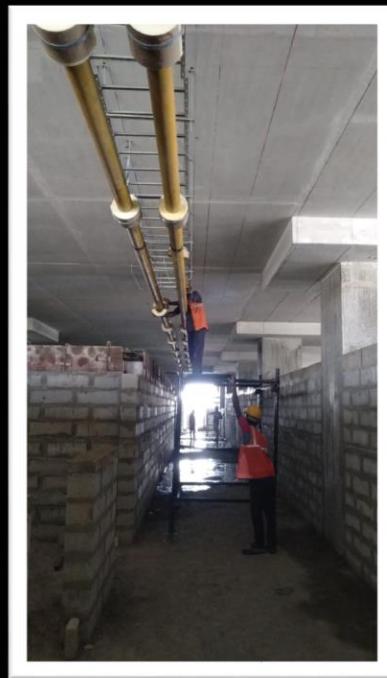
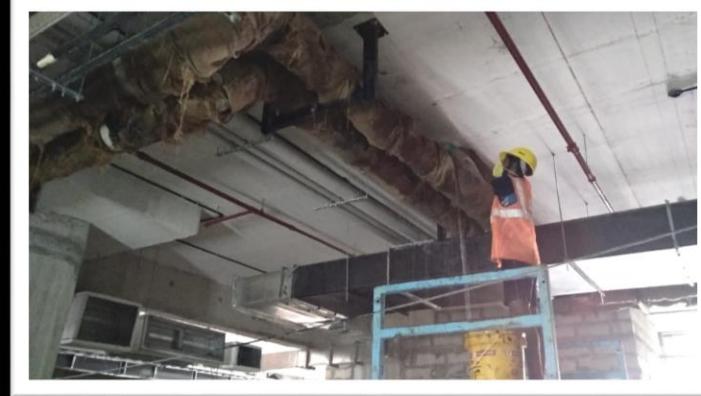
It seems, however, as if some of these researchers may have done their studies under the influence of a full moon. For instance, a paper published in the *Journal of Emergency Medicine* back in 1987 claimed to find that 80 percent of randomly selected nurses and 64 percent of doctors in emergency rooms in unnamed hospitals believed that lunar cycles affect mental health. The paper also noted that 92 percent of these nurses said they should be paid extra—"lunar pay differentials"—during a full moon. It's probably safe to assume that the author's tongue was firmly in his cheek when he wrote this.

Even so, those statistics were prominently cited in a new study in the journal *General Hospital Psychiatry*. It looked for correlations between phases of the moon and psychological problems (such as panic attacks, anxiety or mood disorders and suicidal thoughts) by examining records from the emergency rooms of two major Canadian hospitals.



Once again, the researchers found no lunar connections. They warned health care professionals to abandon unfounded beliefs about the moon's effect on their patients, which could become "self-fulfilling prophecies."







ARE YOU A *selenophile?*

THE ONE WHO LOVES THE MOON



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