

# Class Lesson Template

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## Time/Location

Tuesdays: 11:45 - 1:10 PM (85 min) Thursdays: 12:45 - 2:05 PM (80 min)

RNS 210

## Breakdown

Part	Topic	Description	Duration
0.1	<b>Orientation</b>	Big Picture Map with where we are	0 min
0.2	<b>QOD</b>	Question of the day from Chapter or elsewhere. Put on board	0 min
0.3	<b>Mindfulness</b>	Start class with quiet reflection of QOD or to center themselves	~5 min
1	<b>Discussion</b>	<b>Begin Class - Housekeeping items</b> QOD, select case study from chapter to discuss as group. Work through problems together or in groups.	20 - 30 min
2	<b>Lecture</b>	Important topics from chapter, slides, examples, SPSS	30 -40 min
3	<b>Active Learning</b>	More discussion and activities from Mindful Moments list, something new each class	~15 min
4	<b>Open</b>	Further question or parking lot for next class	~5 min
5	<b>Wrap-up</b>	Either short written reflections of what was learned that day or quick assessments (Thursdays) <b>See you next time!</b>	~5 min