

# Pakistan Demographics, Health & Mortality Statistics

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# Introduction to Exploratory Sunday

- ▶ Exploratory Sunday is a social awareness campaign initiated by StatDevs.
- ▶ Every Sunday, we post weekly statistics and visualizations concentrating on Pakistan's demographic, healthcare and socio-economic indicators.
- ▶ The aim of this campaign is to raise awareness to masses about how Pakistan's conditions stack up against Sustainable Development Goals.
- ▶ These posts are made using Open Source data sets such as PDHS(2017-18), PSLM(2019-20), Pakistan Census (2017) data

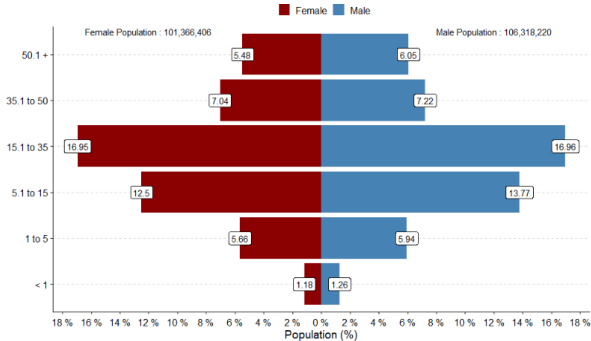
# How is Pakistan Demographically distributed?



- Male percentage of total population is 51.19 % while female are 48.81 % of Pakistan's total population.
- For every 100 people in Pakistan, 64 live in Rural Areas of Pakistan.

**Population Pyramid of Pakistan**

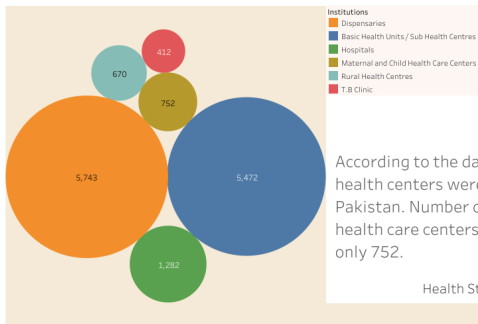
Total Population : 207,684,626



# What is Pakistan's Health Infrastruce Outlook?

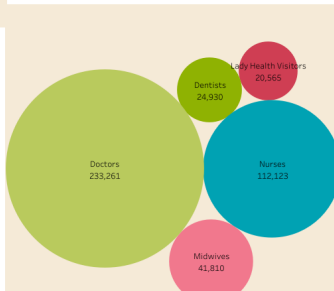
## Health Infrastructure Overview of Pakistan

### Health Institutions Summary



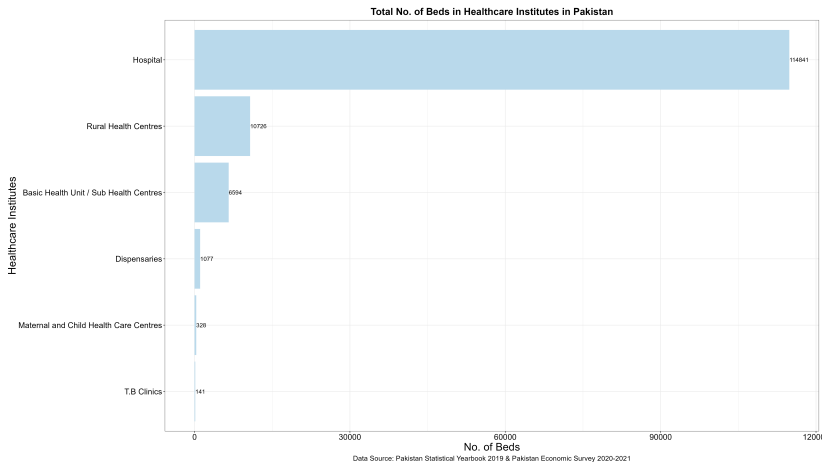
According to the data, only 670 rural health centers were operating in Pakistan. Number of maternal and child health care centers is also very low at only 752.

### Health Staff Summary

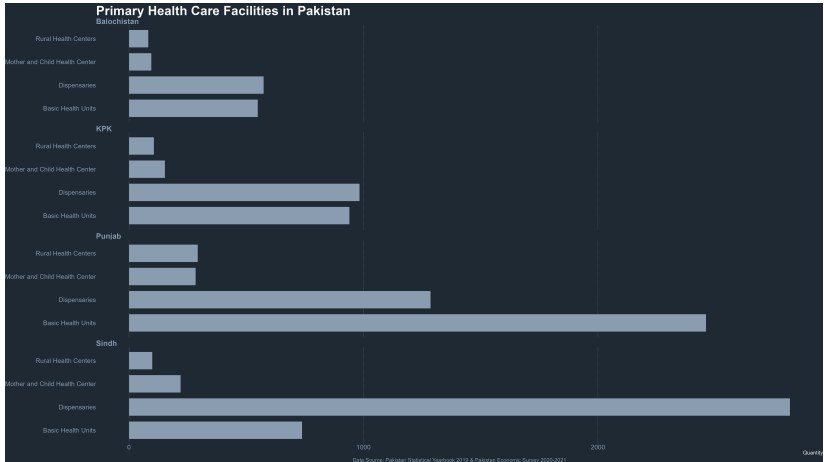


In 2020, registered doctors were 233,261. According to 2017 census, Pakistan's population is 213,222,917. The doctor to patient ratio is 1:914. This means there are 1.09 doctors available per 1000 people. This is discounting the fact that not all registered doctors are actively practicing.

# More RHCs & BHUs are needed to cover the health disparity in Pakistan



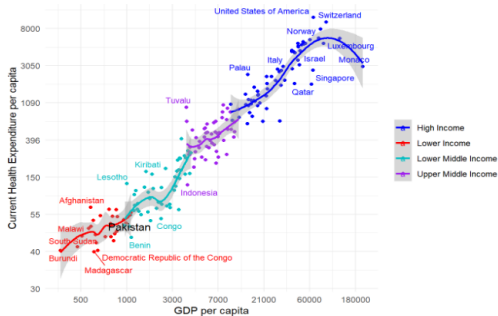
# Balochistan need more health expenditure due to its weak health infrastructure



# Pakistan sits in Lower Income group in Global Health Spending

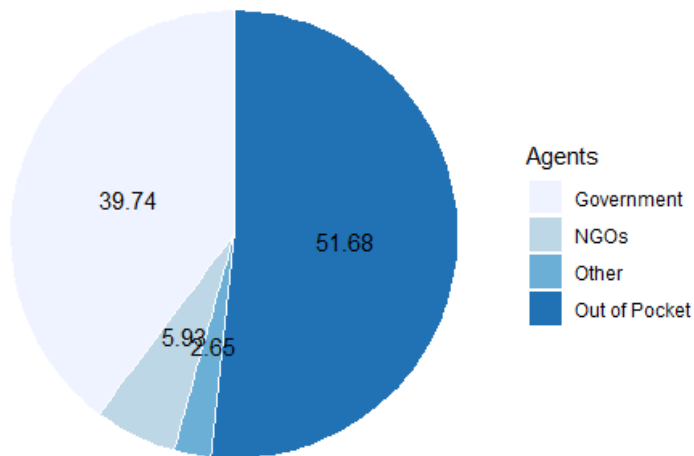


Global Health Expenditure Insights (2019)



- Global Health Spending has more than doubled over the past two decades, reaching US\$ 8.5 trillion in 2019, or 9.8% of global GDP. But it was unequally distributed, with high income countries accounting for approximately 80%.
- Between 2009-2019 Pakistan GDP Per Capita has risen by 26.6% and Current Health Expenditure has risen by 64.2%
- Of Pakistan's Current Health Expenditure, Out of Pocket Expenditure is 51.7% while Government Financing is 39.7%.

## On average 52% of health financing is Out of Pocket Expenditure in Pakistan

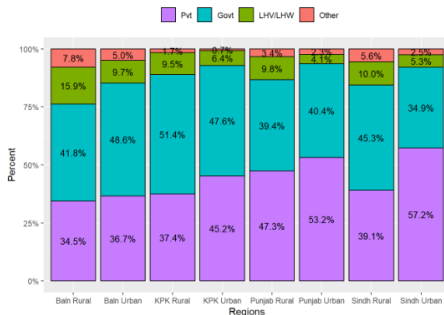




# 23.7% of child bearing women in Rural Balochistan does not get prenatal consultation by health specialist



Pakistan Prenatal Consultation Trends & Statistics



- 3 out of 4 women in Pakistan goes for a prenatal consultation at least once in Pakistan.
- Only 45% of these women have access to Private hospitals for their prenatal consultation while others either go to public hospitals, are visited by Lady Health Visitor (LHV) and Lady Health Worker (LHW), or get consultation by their family members.
- In Rural Balochistan, 23.7% of child bearing women are not able to receive prenatal consultation by specialist health workers.

## Call to Action

- ▶ Pakistan's healthcare system relies predominantly on Out-of-Pocket financing.
- ▶ Spatial disparities in access to basic to health necessities has widened in Pakistan.
- ▶ The burden of out-of-pocket expenditure is much greater for poor households than rich ones.
- ▶ Ensuring implementation and monitoring the correctness of the laws by health system governance can help reduce OOP payments and can improve Pakistan Health Infrastructure.