

Outcomes for Kidney Transplant Recipients with Physical Impairments Don's HOPKINS SCHOOL OF MEDICINE

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Alvin G. Thomas, MSPH (1), Jessica Ruck, MD (1), Christine Haugen, MD (1), Ashton A. Shaffer, BA (1,2), Hao Ying, ScM (1), Silas Norman, MD (3), Jacqueline Garonzik-Wang (1), Dorry L. Segev, MD, PhD (1,2) Mara McAdams-DeMarco, PhD (1,2).



¹ Johns Hopkins University School of Medicine. ² Johns Hopkins School of Public Health, ³ University of Michigan School of Medicine.

BACKGROUND

- Characterizing the burden of physical impairments among ESRD patients is important to clinical care
- Lower functional status has been associated with higher mortality risk in kidney transplant (KT) recipients
- Like lower functional status, physical impairments might affect KT recipients, but outcomes in this population have not been well characterized

METHODS

Study Population

- Prospective two-center cohort of 500 adult KT recipients (6/2013-12/2017)
- National registry population (N=76,097) **Analyses**

Exposures: Self-reported hearing, visual, physical, or walking impairment.

- Outcomes: Death-censored Graft Failure and Mortality
- Models: Hybrid Registry-Augmented Cox regression adjusted for donor, recipient, and transplant factors

National Registry (SRTR)



Demographics, comorbidities, transplant characteristics, outcomes

Two-Center Cohort



Impairment Predicted values

RESULTS



Hearing

Impairment

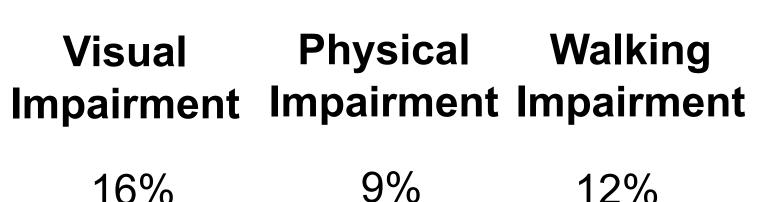
Cohort



Visual

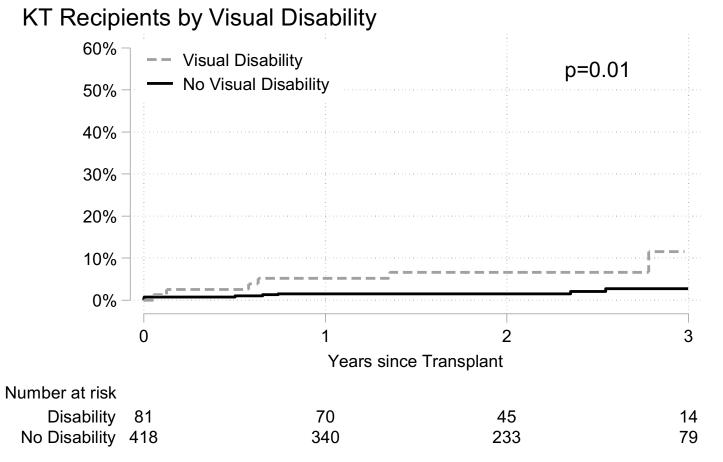






Prevalence	10%	16%	9%	12%
aHR Graft Failure	3.5 (1.0-12.9)	3.9 (1.4-11.4)	0.7 (0.1-6.0)	0.6 (0.1-4.3)
aHR	1.0	1.2	1.6	3.6
Mortality	(0.3-3.6)	(0.5-3.0)	(0.5-5.0)	(1.5-8.8)

Table 1: Prevalence of Impairments and Association with Graft Failure and Mortality.





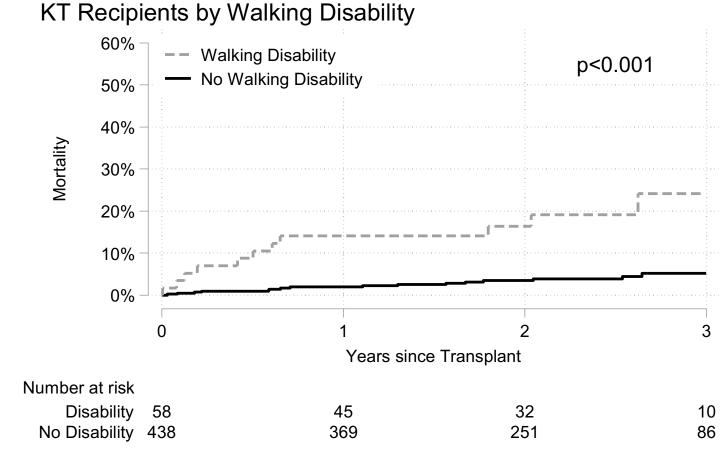


Figure 2: Walking Impairment and Mortality.

SUMMARY & KEY TAKE-AWAYS

- Self-reported disabilities/impairments were prevalent (24%) in our study
- For most patients, disability/impairment was not associated with worse post-KT outcomes
- Visual impairment → higher hazard of graft failure [aHR: 3.9 (1.4-11.4)]
- Walking disability → higher hazard of mortality [aHR: 3.6 (1.5-8.8)]
- Future work should identify potential mechanisms leading to these outcomes
- Interventions are needed to mitigate the effects of visual impairment and walking disability among KT recipients
- KT centers should consider providing additional supportive care and close monitoring to recipients with visual impairments or walking disabilities

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