

# Regularization: LASSO and Ridge Regression



# Variable Selection

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Reasons to dislike **forward/backward/subset selection**:

- Computationally intensive - too many variables!
- Hard to use cross-validation; have to choose a penalized metric.
- "Best subset" is almost never feasible; forward/backward might miss a better option!

# Regularization

Instead: We adjust our **loss function** that we use to estimate coefficients.

**Ordinary Linear Regression:**

minimize squared error:

sum of (predicted - truth)^2

# Regularization

We would like to make it "harder" to allow variables into the model.

## Regularized Regression:

minimize squared error **plus** penalty:

$$\text{sum of (predicted - truth)}^2 + (\text{penalty on betas})$$

# LASSO

The **LASSO** (least absolute shrinkage and selection operator) says "big coefficients are bad"

$$\sum (\hat{y}_i - y_i)^2 + \lambda \sum |\beta_j|$$

RSS + (penalty)\*(sum of coefficients)

# LASSO

```
lasso_spec <- linear_reg(penalty = 0.1, mixture = 1) %>%  
  set_engine("glmnet") %>%  
  set_mode("regression")
```

**penalty:**  $\lambda$  **mixture:** We use the absolute value of the betas.



# Ridge Regression

**Ridge Regression** says "big coefficients are bad, and bigger coefficients are REALLY bad"

$$\sum (\hat{y}_i - y_i)^2 + \lambda \sum \beta_j^2$$

RSS + (penalty)\*(sum of coefficients squared)

# Ridge Regression

```
ridge_spec <- linear_reg(penalty = 0.1, mixture = 0) %>%  
  set_engine("glmnet") %>%  
  set_mode("regression")
```

# Try it!

## Open Activity-Variable-Selection

Fit a **LASSO** model to the cannabis data with  $\lambda = 0.1$ . Then fit one with  $\lambda = 0.5$ . What is different?

Fit a **Ridge Regression** model to the cannabis data with  $\lambda = 0.1$ . Then fit one with  $\lambda = 0.5$ . What is different?

Which model do you prefer?

(Bonus) What is the best choice of  $\lambda$ ?