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Questions

What is the price of personalization? We work with HeartSteps vi data in order to choose an online learning algorithm for future HeartSteps trials. This project aims to answer the question on whether it is possible to tailor just-in-time intervention messages to individual users in a way that does not jeopardize the results of other users.

We choose to answer the following questions (see Table 3.1 for notation):

I. Consider multiple simulated users, all with the same state distribution and the same reward distribution. How does the achieved reward vary by user? How much variance is there from user to user?

Can compare this mean/variance to the mean/variance in reward across users if treatment is randomized with probability 0.6.

- 2. If there is no treatment effect (i.e. the generative model in the simulation for the reward does not depend on action  $\mathcal{A}$ , or that the true value of interaction terms of  $\Theta$  are o), then what doe the selection probabilities do? Does the choice of the prior mean,  $\mu_{\Theta}$  affect this? For example, for the interaction terms, if  $\mu_{\Theta}$  is not close to o but in reality true  $\Theta = o$ .
- 3. How fast does the bandit algorithm result in action selection probabilities equal to 0.2 or 0.8? How does this vary with SNR? How does this vary with the diagonal variance terms in  $\Sigma_{\Theta}$ , the prior on  $\Theta$ ?
- 4. How robust is the bandit algorithm to misspecification of linear model for the true generative model given context? How does this vary with signal to noise ratio (Equation 3.4)?
- 5. How sensitive is the bandit algorithm to really good initialization of the  $\Theta$  coefficients in the linear model? that is, when the prior on  $\Theta$  has a mean  $\mu_{\Theta}$  that is close or equal to the true values of  $\Theta$  in the true reward generative model. How sensitive is the bandit algorithm to really poor initialization of the coefficients in the linear model?
- 6. If the true underlying model for the conditional mean of the reward given context varies with time *t* in a way that leads to differing optimal actions from some commonly occurring contexts, then does the bandit algorithm adjust to this?

This is some random quote to start off the chapter.

Firstname lastname

2

Data

LOREM IPSUM DOLOR SIT AMET, consectetuer adipiscing elit.

Description of Data

Describe rewards, contextual features

# Methods

THROUGHOUT THIS PROJECT, we work with the HeartSteps vi Data, hereupon abbreviated HSvi. Features have been created from the measurements through domain science, through which we assume that the Bandit algorithms use linear models for the purposes of the project.

The contextual bandit algorithms used are stochastic, meaning for every user n, day t, and decision point t, the algorithm generates a probability  $\pi_{n,t,d}$  of action. Thus, whethere an action is taken is generated by

$$A_{n,t,d} \sim \text{Bern}(\pi_{n,t,d}).$$

The main metric of performance on a user we use is Mean User Expected Reward, or *MUER*. This is computed in equation 3.1 using the reward  $R_{n,t,d}^{(a)}$  of either action a = 0 or a = 1 under our generative model:

$$MUER(\mathcal{S}, \Theta, \varepsilon, n) = \frac{\mathbf{I}}{TD} \sum_{\substack{t=1,\dots,T\\d=1,\dots,D}} \pi_{n,t,d} R_{n,t,d}^{(1)} + (\mathbf{I} - \pi_{n,t,d}) R_{n,t,d}^{(0)}, \tag{3.1}$$

$$R_{n,t,d}^{(a)} = \begin{bmatrix} f_1(S_{n,t,d}) \\ a \cdot f_2(S_{n,t,d}) \end{bmatrix}^T \Theta + \varepsilon_{n,t,d}, \tag{3.2}$$

Note that we add in  $\varepsilon_{n,t,d}$  to better account for misspecification in our 'true' generative model.

For each simulation of N users, we can now compute the mean and standard deviation of MUER as our main performance metrics.

# 3.1 METHODOLOGY OVERVIEW

For simulations, our overall methodology is the following. We first designate a variant of the Bandit algorithm, as well as a 'true' generative model, using  $f_1$ ,  $f_2$ , to form simulated rewards from the context and given action. Next, we split HSvI user data into K-fold cross validation sets. For each split, we perform the below process:

- I. Use the training and testing data to generate training simulated users and testing simulated users, with N = 500 users in simulation.
- 2. Use training simulated users to tune parameters of the given Bandit algorithm based on the mean of *MUER* across all users and decision points, contingent on quality metrics.
- 3. Run simulated users from test data using tuned parameters, observing quality metrics and impact of each tuning parameter on mean and std *MUER*.

Each part is described in more detail below.

# 3.2 REWARD GENERATIVE MODEL

We set different 'true' generative models, where we assume:

$$\mathcal{R} = \begin{bmatrix} f_{\scriptscriptstyle \mathrm{I}}(\mathcal{S}) \\ \mathcal{A} \odot f_{\scriptscriptstyle 2}(\mathcal{S}) \end{bmatrix}^T \Theta + \varepsilon$$
 (3.3)

Table 3.1: Notations

Term	Name	Description
$S, S_{n,t,d}$	Context	Set of 7 features
$p_{\rm I}$	Baseline features	Full set consists of 7 features with 1 bias term,
	dimension	Small set consists of 2 with 1 bias term
$p_2$	Interaction features	Full set consists of 3 features with 1 bias term,
	dimension	Small set consists of 2 with 1 bias term
$\mathcal{A}, a_{n,t,d}$	Actions	Binary – 1: active message sent, 0: no active
		message sent
$\mathcal{R}, R_{n,t,d}$	Reward	Log-transformed step count in 30 minutes
		following decision point
$f_{\scriptscriptstyle \mathrm{I}}:\mathcal{S} o\mathbb{R}^{p_{\scriptscriptstyle \mathrm{I}}}$	Baseline feature	Maps context to baseline features
	mapping	
$f_{\scriptscriptstyle 2}:\mathcal{S} o\mathbb{R}^{p_{\scriptscriptstyle 2}}$	Interaction feature	Maps context to interaction features, which
	mapping	are multiplied by ${\cal A}$
Θ	'True' generative	From regression on HSv1 data:
	model coefficients	$\mathcal{R} \sim [f_{\scriptscriptstyle \mathrm{I}}(\mathcal{S}), f_{\scriptscriptstyle 2}(\mathcal{A} \cdot \mathcal{S})]^T \Theta$
$\varepsilon, \varepsilon_{n,t,d}$	Linear model residuals	Residuals from HSv1 data after regression
N	Number of users	N= 37 in HSv1; $N=$ 500 in simulations
$\mid T \mid$	Number of days in	T = 42
	study	
D	Number of decision	Set to $D = 5$
	points per day	
K	Number of cross-	Set to $K = 3$
	validations per test	

and that  $f_1, f_2$  are feature functions from our set of features  $\mathcal{S}$  to baseline and interaction terms,  $\odot$  denotes the term-wise product, and each  $\varepsilon \sim \mathcal{N}\left(\mathbf{o}, \sigma^2\right)$  for  $\sigma^2$ , which is a tuning parameter with estimator  $\hat{\sigma}^2 = \mathrm{Var}(\varepsilon)$ .

MOVE THIS PART Recall that the Signal-to-Noise-Ratio (SNR) is computed as

$$\frac{\operatorname{Var}(\mathcal{R})}{\sigma^{2}} = \frac{\operatorname{Var}\left(\begin{bmatrix} f_{1}(\mathcal{S}) \\ A \odot f_{2}(\mathcal{S}) \end{bmatrix}^{T} \Theta\right)}{\sigma^{2}}.$$
(3.4)

We describe these models more in Section 4.1.

# 3.3 Cross-Validation

We use K = 3 fold cross-validation to separate training and testing batches. We do not train the bandit algorithm's parameters on the test batches, as to simulate application of HSv1 data for HSv2.

To do this, we randomly order the N=37 users, then group the randomly ordered users into K groups; the K-th fold cross-validation is performed holding the K-th group out as the test sample, and the remaining groups in as the training sample.

For each user, we have a series across all days T and decision points t per day of Reward, Action, and Context. We will refer to them jointly as  $(R, A, S)_{(N,T,t)}$ , which are implicitly indexed in order by the user, day, and decision point. Thus, there are  $N \times T \times t$  data points.

### 3.4 RESIDUAL FORMATION

Within each test batch and train batch, we conduct ordinary least squares linear regression to residualize additional effects, missing from our model due to possible misspecification, for each user from the baseline and interaction effects. Specifically, we use the model in Equation 3.3.

Recall that  $f_1$ ,  $f_2$  are the baseline and interaction functions, that are parameters of the generative model.

We thus obtain a 'true'  $\Theta$  for the simulation as well as a series of  $\varepsilon$  for each data point.

### 3.5 SIMULATED USER GENERATION

For both the training and test original users' series of  $(\mathcal{R}, \mathcal{A}, \mathcal{S})$ , we can create train and test batches of N=500 users each by randomly sampling with replacement from the train and test pools respectively. Picking a high N for simulations gives statistical significance in our stochastic algorithm.

We note finally that in each of the N=37 original HSv1 users, we imputed the mean value for missing features, and set availability to True when the reward and at least one of the features is measured.

## 3.6 Training Bandit Algorithm Tuning Parameters

For each variant of the Bandit Algorithm, we will tune parameters differently. These will be addressed in Section 4.2.

Ultimately, the models will be tuned according to minimizing the mean *MUER*, subject to reasonable quality metrics and *MUER* standard deviation.

### 3.7 Simulated User Testing and Quality Metrics

Once the tuning parameters have been optimized for the batch, we run the test users on with these parameters, and analyze the quality metrics described below:

- I. Examine time series of  $\pi_t(\mathbf{1}|S_t)$ , the probability of taking action I for all t, looking through several users.
- 2. Examine  $\pi_t(\mathbf{1}|S_t)$  vs  $opt_t(S_t)$  for all t, looking through several users.

We define  $opt_t(S_t)$  as the optimal probability in context  $S_t$ :

$$opt_t(S_t) = 0.8 \text{ I} \{ \text{optimal action is I in } S_t \} + 0.2 \text{ I} \{ \text{optimal action is o in } S_t \}.$$
 (3.5)

- 3. Examine  $|\pi_t(\mathbf{I}|S_t) opt_t(S_t)|$  for all users, averaging over all N users for each time point t.
- 4. Examine  $|\pi_t(\mathbf{1}|S_t) opt_t(S_t)|$  for all users, plotting histogram of each user's mean
- 5. Examine cumulative regret over *t*, plotting average over all users as well as for several individual users.

Cumulative regret is the expected reward of the bandit minus reward of the optimal policy.

6. Examine the number of actions taken at each time *t*, plotting histogram across all *t* for each of several simulated users, as well as the average taken across all *N* users plotted at each time *t*.

```
Algorithm I: Simulated User Generation Pseudocode

Data: (S, \varepsilon)_{N,T,D}^{batcb}

Result: (S, \varepsilon)_{N,T,D}^{sim}

if for I \leq n \leq N_{new} do

while (S, \varepsilon)_{n,:,:}^{batch} does not have N_{sim} data points do

Sample a single user n' \in [I, N_{batch}] without replacement;

Append (S, \varepsilon)_{n',:,:}^{batch} to (S, \varepsilon)_{n,:,:}^{sim};

end

end
```

# Models

Several different variants of the Multi-armed Contextual Bandit algorithm were investigated to test feasibility in the HeartSteps mobile application.

### 4.1 REWARD GENERATIVE MODELS

# 4.1.1 BASIC LINEAR GENERATIVE MODEL

The most basic generative model for rewards is based on the equation:

where we set  $p_1=8, p_2=3, f_1:\mathcal{S}\to\mathbb{B}^{p_1}$  to be the identity of the 7 features plus a bias feature, and  $f_2:\mathcal{S}\to\mathbb{R}^{p_2}$  to be the identity on the first 3 features.

### 4.1.2 Additional Models

Can test time-varying reward functions, or perhaps some non-identity/non-linear functions?

### 4.2 BANDIT ALGORITHM VARIANTS

Can also use this section to describe motivation for each part of the Bandit algorithm.

We currently are using Peng's Algorithm 2 (Kristjan's Bandit Algorithm for HS2 (Action-Center Version), which contains a Gaussian Process, a Feedback Controller based on recent dosage, probability clipping, with action centering on the Gaussian Process update.

We plan on including/excluding each of the 4 modifications above (for  $2^4=16$  slightly different variants), checking whether we need to include them or not.

There are the following parameters to optimize:

- Gaussian Prior parameters  $(\gamma,\mu_\Theta,\Sigma_\Theta)$  (Peng uses  $\mu_\beta,\Sigma_\beta$  instead)

- Feedback controller parameters  $(\lambda_c, N_c, T_c)$ , where  $N_c$  is the desired dosage (number of 1 actions) over the past  $T_c$  decision times, and  $\lambda_c$  is the coefficient on how powerful the controller is
- $\sigma^2$ , an estimate of the reward noise variance
- Probability clipping  $(\pi_{\min}, \pi_{\max})$ . We set these to (0.2, 0.8) from domain science, that we require some amount of randomization.
- Baseline Features  $f_1: \mathcal{S} \to \mathbb{R}^{p_1}, f_2: \mathcal{S} \to \mathbb{R}^{p_2}$ . We set these to identity functions, where  $f_1$  gives a bias term plus the original 7 context features, and  $f_2$  gives the first 3 features for interaction terms.

We aim to tune the parameters in the above order.

- 1. Tune  $\gamma$  through parameter sweep on  $\gamma$ .
- 2. Tune  $\Sigma_{\Theta}$  setting it to  $v\mathbb{I}$ , where  $v \in \mathbb{R}$  is a scalar and  $\mathbb{I}$  is the identity matrix; parameter sweep on v.
- 3. Set  $\Sigma_{\Theta} = \Theta$  from the training data regression.
- 4. Tune  $\lambda_c$  through parameter sweep on  $\lambda_c$ .
- 5. Tune  $T_c$  through parameter sweep on  $T_c$ . Will stick to some discrete values such as (5, 10, 50, 70) to not overfit.
- 6. Tune  $N_c$  setting it to  $mT_c$ , where  $T_c$  was the optimal value from the previous tuning step, and m is a scalar, likely in the range (0.25, 0.75).
- 7. Set  $\sigma^2$  to  $\hat{\sigma^2}$ , the empirical residual (noise) variance.
- 8. Set  $\pi_{\min} = 0.2$ ,  $\pi_{\max} = 0.8$ .
- 9. Set  $f_1$ ,  $f_2$  to identity mappings.

Quick Note: on test data (i.e. random S and  $\Theta = 100 \cdot \text{range}(11)$ , and small Gaussian noise), the implemented Bandit Algorithm works very well to learn the true  $\Theta$  when no action-centering occurs; otherwise, 3 coefficients in  $\Theta$  are thrown off by subtracting  $\pi_t$  from  $A_t$  on line 26 in the algorithm, but the remainder are perfectly fine.

# Results

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# Discussion

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# Conclusion

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