E = 0.5**ξ**2 80 100 120 140 160 180 91.0 - 90.5 - 90.0 89.5 - 89.0 - 88.5 09 - 88.0 40 - 87.5 20 - 87.0 0 20 60 80 100 120 140 160 180 0 40