



Vipassana Meditation

As taught by S.N. Goenka
in the tradition of Sayagyi U Ba Khin

For official purposes only

Conf. No. NM63

Group No.

Acc. No.

OLD STUDENT ☐

NEW STUDENT ☒

COURSE APPLICATION FORM

INCOMPLETE FORMS WILL NOT BE ACCEPTED. PLEASE FILL UP ALL FIELDS.

Course Dates: From 2019-11-20 To 2019-12-01

Center: Dhamma Sota

First Name Sunil	Middle Name	Last Name (Surname) Pandey	Gender: Male <input checked="" type="checkbox"/> Female <input type="checkbox"/>	
Address (with City, Dist., Country etc.): E-501, The Jewel Of Noida, GAUTAM BUDDHA NAGAR, UP, IN			Date of Birth (dd/mm/yyyy): 15 / 03 / 1974	
Pin code: 201301			Age - 45	
Contact Details	Home: 1204973810 Work:	Mobile: 9818030943 Email: sunil.pandey@agileapt.com		

- Photo ID Type:** Passport ☐ Aadhar Card ☐ PAN Card ☒ National ID ☐ **ID No.:** AMAPP3190L
(Mention your ID number above)
- Occupation:** Past ☐ Present ☒
 Doctor ☐ Lawyer ☐ Engineer ☐ IT ☒ Business ☐ CA/Acct. ☐ NGO ☐ Student ☐ Defence ☐
 Govt. (Class-1) ☐ Govt. (Class-2) ☐ Real Estate ☐ Agriculture ☐ Teacher ☐ Politician ☐ Other(Please Specify) ☐
Education: MCA, PGDBA
- Name Of Organization:** Sterlite Power Transmission **Designation:** Chief Information Officer
- Will a friend or family member be taking this course as well?
If yes, write Name and relationship No ☒ Yes ☐
- EMERGENCY CONTACT NAME & NUMBER (Also mention the relationship to the person):**
Mansi Pandey(Wife) - 9654373885

- Language Comprehension:** How well do you understand the language(s) in which this course will be conducted?
 Preferred language of Instructions/Discourses:

English	P qpg <input type="checkbox"/>	Basic <input type="checkbox"/>	Intermediate <input checked="" type="checkbox"/>	Expert <input type="checkbox"/>
	P qpg <input type="checkbox"/>	Basic <input type="checkbox"/>	Intermediate <input type="checkbox"/>	Expert <input type="checkbox"/>
	P qpg <input type="checkbox"/>	Basic <input type="checkbox"/>	Intermediate <input type="checkbox"/>	Expert <input type="checkbox"/>
Hindi	P qpg <input type="checkbox"/>	Basic <input type="checkbox"/>	Intermediate <input type="checkbox"/>	Expert <input checked="" type="checkbox"/>

For Old Students (Details of courses done in the tradition of Sayagyi U ba Khin as taught by S.N. Goenka)

- First Course:** Date _____ Location _____ Teacher(s) _____
- Most Recent Course (Sat):** Date _____ Location _____ Teacher(s) _____
- | 10-day | STP | Special Course | 20-day | 30-day | 45-day | 60-day | Teacher's self course | Dhamma Service |
|--------|-----|----------------|--------|--------|--------|--------|-----------------------|----------------|
| | | | | | | | | |
- Have you maintained your practice of Vipassana meditation since your last course? No ☐ Yes ☐
If yes, please give details (how much time daily, etc.). _____

For All Students (New and old students)

Vipassana is a non-sectarian technique which aims for the total eradication of mental impurities and the resultant highest happiness of full liberation. Its purpose is never simply to cure diseases. But, in order to facilitate a smooth transition of your course, we require the following health information.

1. Do you have any past/present - physical health conditions (If yes, please give complete details such as medication, dosage, treatment, hospitalizations etc.): No ☒ Yes ☐

2. Do you have any past/present history of psychological treatment? (If yes, please give complete details such as medication, dosage, treatment, hospitalizations etc.): No ☒ Yes ☐

3. a) Any past addictions to Tobacco, Alcohol or Drugs (If yes, please give details) : No ☒ Yes ☐

b) Any current use of Tobacco, Alcohol or Drugs (Specify Substance, Frequency and last use) No ☐ Yes ☒
Alcohol : Once in week
Smoking : Everyday (3-4 Cigarettes)

4. For women applicants: If Pregnant, please indicate which month (Note: Due to limited medical facilities nearby, we can only accept those applicants who are in the **4th to 7th month** of pregnancy): _____

5. Do you have any past/present experience with Reiki, spiritual healing or any other meditation practices? If yes, please give details: No ☐ Yes ☒
Transcendental Meditation, Music Therapy I practice Music Therapy 20 minutes everyday while travelling to office (except Saturday, Sunday)

I hereby agree to set aside all past spiritual/religious practices, rites , rituals, recitation, fasting and prayers as well as any religious or spiritual objects for 10-days. All reading, writing material, mobile phones etc. should be deposited at the Course Office for 10-days.

I acknowledge that I have carefully read and understood the Code of Discipline for Meditation Courses. I agree to stay on the course site and to abide by all the rules and regulations for the full duration of the course. I realize that a Vipassana meditation course is a serious undertaking that will require my full mental and physical health and I affirm that I am fit to participate in it.

I fully understand that the Center does not have any medical facility and thereby the management will not be liable for the consequences arising out of any illness during the period of the course. I am joining this course on my own free will. I hereby certify that the above information is true to the best of my knowledge.

In addition, I hereby consent to the storage and handling on a computer or otherwise of my above stated personally identifiable information in accordance with the Privacy Policy of the facility at which the course is being held.

Signature

Date 2019-11-20