



Stefan Cucuta

Registered General Nurse

Senior Consultancy Nurse

Co-Founder of Medcare Solutions - Nursing Consultancy Services

Professional Goals

I am to develop my nursing skills and knowledge by learning more about the social care industry. I believe that engaging with people is the best way to help people and through that, I can bring myself as a whole into task performing which I believe would widen my perspective and knowledge.

Get in touch!

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Academic History

General Nursing

General Nursing Diploma | F.E.G Nursing Education | 2008 - 2012

Romania, Piatra Neamt

High School - Physical Education and Sports

High School Diploma| Physical Education and Sports 2004 - 2008

Romania, Piatra Neamt

Work Experience

Peripatetic Nurse

Based at Hilton Park Care Home | 02.2021 - present

Hilton Park Care Centre, Bottisham, Cambridge CB25 9BX

Barchester Healthcare

- Providing care to the residents and assisting them with daily activities
- Daily medication rounds
- Medication audits and supervising stocks
- Medication order
- Signing new medication for next cycle
- Care plans development and updating
- Writing new care plans
- Working around CQC and NMC guidelines
- Conducting staff supervision
- Induction and training to new staff
- Supporting other homes from the designated area
- Conducting care assessments to enhance the wellbeing of the residents

Clinical Development Nurse

Central Division | 03.2019 - 02.2021

Barchester Healthcare

- support the performance of each care home and ensure it performs to the highest clinical standards
- reviewing the clinical governance database and KPIs of each on a monthly basis

Training

- Medication Management
- Moving and Handling
- Safeguarding of Adults
- Dementia Awareness
- COSHH
- Health and Safety
- Skin and Tissue Viability
- Nutrition
- Communication
- Safe Use of Bedrails
- Fire Safety
- Food Allergens & Food Safety
- Dysphagia
- Person Centered Care
- Flu Vaccination
- Enteral Feeding
- Venepuncture
- Diabetes & Insulin
- Catheter Care
- Certification of Death
- working closely with the Regional Director, Service Improvement Specialist, and senior clinical staff in each home; support the continuity of care standards improvement
- provide support in implementing key actions to address any issues which arise regarding the service
- provide training where required to improve the service and achieve better results
- Supervising nurses' work by making sure they follow the latest NMC, Safeguarding, and CQC guidelines
- Working around CQC and NMC guidelines
 - Supervising nurses' work by making sure they follow the latest NMC, Safeguarding, and CQC guidelines
 - Working around CQC and NMC guidelines
 - Conducting staff supervision
 - Induction and training to new nurses
 - Conducting care assessments to enhance the wellbeing of the residents

- analyze the results and identify practical strategies to ensure all regulations are met; ensure ongoing improvement in the care service delivering
- Conducting staff supervision
- Induction and training to new senior nurses and senior clinical nurses (clinical leads, deputy managers, peripatetic deputy managers)
- Conducting care assessments to enhance the wellbeing of the residents

Peripatetic Deputy Manager Regional | 08.2018 - 03.2019 Central Division Barchester Healthcare

Working as a Deputy Manager in the designated region supporting the homes with the clinical governance and managing clinical and management issues. Working closely with the General Manager and taking on leadership duties in their absence. Inspire the multidisciplinary team to make sure they meet residents' need and deliver the best quality of care

- Troubleshooting: care plans reviewing, medication management, clinical assessments of the service user to ensure their needs are met in accordance to the home's purpose of care provided, making sure the home and the team is in line with CQC regulations
- Provide training and guidance to the local team on how to manage the different situations and to make sure they have the knowledge and confidence to make a clinical decision
- CQC and Safeguarding notifications and referral, providing guidance on how to draft a CQC/SOVA, investigation steps, and reporting procedure.
- Complaints handling
- Supervisions and appraisals
- Recruitment: interviewing, induction, and training
- Investigation meetings
- Conducting clinical audits and ensuring high standards of service
- Ensuring staff is working in line with the policies
- Supporting new management team that has been appointed
- Training, induction and support the new Deputy Managers/Peripatetic Deputy Manager

Clinical Lead Nurse Hilton Park Care Home | 02.2018 - 08.2018 Hilton Park Care Centre, Bottisham, Cambridge CB25 9BX Barchester Healthcare

- Providing care to the residents and assisting them with daily activities
- Daily medication rounds
- Medication audits and supervising stocks
- Medication order
- Maintain accurate care notes and ensure they are up to date and reflect current needs
- Wound care and care planning to ensure a smooth healing process
- Ensure that nurses follow the latest guidance and they abide by the NMC rules

Other Work Experience

Peripatetic Nurse

Regional |

Barchester Healthcare

Unit Manager

Werrington Lodge Care Home | 07.2017 - 01.2018

Baron Court, PE4 7ZF Barchester Healthcare

Personal profile

I would like to describe myself as a very passionate person when it comes to care and nursing. I am strong and highly resistant to stress. I am highly motivated to enhance my knowledge and nursing skills to become the best of me and stand out there and make a difference in the service I work and in the people's life I interact with and care for. Being a nurse is not a job for me, but a

gift that I gladly share with those who need well-being care. I am a hard worker and quick learner with a good level of speaking and writing English. I respect my workplace and I am also a team player enjoying exchanging knowledge and skills with other colleagues. I am fully aware that there is no perfect workplace, however, if there is something that can be improved, I know that first of all should be for the benefit of those accessing the service and then for those who work.

Strengths

- Communication
- Critical thinking
- Stress resistant
- Empathic
- Team player
- Strong organising skills

Languages Spoken

English - Fluent

Italian- Fluent

Romanian - native