

How to Design Intuitive User Interfaces¹

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¹ Selected lecture of the course
"Nutzerzentrierte Softwareentwicklung"

Objectives:

- Kennenlernen der technischen Beschränkungen von HTTP/1.1
- Kennenlernen der Unterschiede zwischen HTTP/1.1 und HTTP/2
- Kennenlernen der mit HTTP/2 eingeführten Neuerungen

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1 Preamble

User Interface Design includes both

1. Interaction Design
2. Visual Design

Hence, in order to create intuitive and purposeful interfaces, both areas need to be considered.

2 Visual Design

This section discusses ...

2.1 What is Visual Design?

What is visual design? Try to think about it a few moments—

...Is it subjective?

...Does it require extensive training and talent?

...Can only those with creative veins produce good visual designs?

...Is it all about graphics?

What is Visual Design?

Think about it a few moments and try to answer the following questions:

...Is it subjective?

...Does it require extensive training and talent?

...Can only those with creative veins produce good visual designs?

...Is it all about graphics?

What is visual design? Think about it a few moments—

...Is it subjective?

...Does it require extensive training and talent?

...Can only those with creative veins produce good visual designs?

...Is it all about graphics?

People often confuse interface design with graphic design and therefore assume, that UI design is a subjective art that requires extensive training and talent [McKay, 2013]. This confusion results in two misleading conceptions:

- a) The first misconception implies that most of UI design is *graphic design*—which is not true as we will see. Although visual design is a crucial element in UI design, most aspects of design efforts should focus on **interaction design** [McKay, 2013], ie., how to **communicate the intended information in meaningful and purposeful ways**.

- b) Another misconception is that visual design is a *subjective art*—this is also not true. Although artistic and subjective aspects play a crucial role in contributing to the enjoyable aspect of UX, most of your visual design elements should be selected, created or justified based on **what they communicate visually**.

As a corollary, many visual design decisions that initially appear subjective, emotional, arbitrary and aesthetic are actually **objective, rational, coordinated, and principled** [McKay, 2013]. [explain why]

By clarifying the misleading perceptions, we can now define what visual design actually is. A non-technical but rather comprehensive definition of visual design has been provided by [usa, 2018]:

“Visual design focuses on the aesthetics of a site and its related materials by strategically implementing images, colors, fonts, and other elements. A successful visual design does not take away from the content on the page or function. Instead, it enhances it by engaging users and helping to build trust and interest in the brand.” [usa, 2018]

Form may follow function in industrial design, but in designing intuitive user interface, an aesthetic design form follows communication [McKay, 2013].

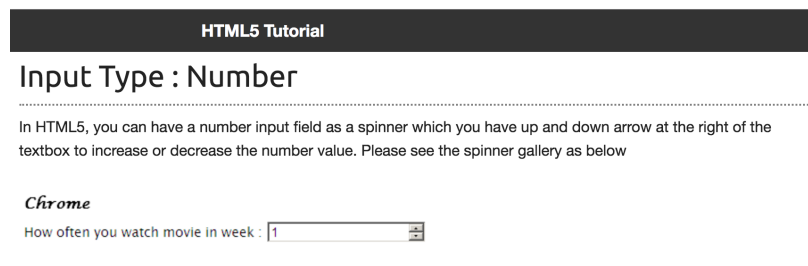


Figure 1: The length of this numeric text box suggests long input (like a serial or part number), but the spin buttons (the arrows on the right side) suggest that the default value is close to the right value (so unlike a serial or part number). This inconsistency reveals a design problem.

Source: <https://html5tutorial.info/html5-number.php>

Hence, when evaluating a wireframe, a UI element that does not communicate anything should be removed; if it communicates poorly, it should be redesigned. In cases when a decision has to be made between a design with effective visual communication and one that is aesthetically pleasant, the design that communicates more effectively is the better choice [McKay, 2013].

2.2 Why Visual Design is Important

Note: Good info about Wireframing: <https://www.experienceux.co.uk/faqs/what-is-wireframing/>

As psychological and anthropological research indicates, visually unappealing products have an impact on **users subjective perception** about their qualitative characteristics. Users will definitely be affected if a product is visually unappealing—regardless of the power and flexibility of the underlying technology.

Critical in this respect are also defensive statements such as the following:

“True, our product isn’t a beauty, but it surely does the job!”

“The user interface is a bit old fashioned, but the workflow is very accurate!”

Such statements imply that the visual appearance of a product is a superficial detail that users will overlook (or get used to) as long as the required functionality is provided. This statement might be true for experts and power users, but it fails the ordinary people.

Why does it fail ordinary people?

The reason why such statements are not true lies in the emotional reactions people feel when using a product. People are emotional and they react emotionally to a product’s visual appearance. Therefore, a product should look like it fulfills its purpose well. But if instead the visual appearance of a product is of questionable quality [what does that mean, think about examples], users will naturally assume that the rest of the product has the same level of quality. Users assume that attractive products are better designed and more usable—this is known as the **aesthetic-usability effect**². As [McKay, 2013] indicates

² See the resources section for further information.

“Do not assume that users will see the beauty that lies beneath—they won’t!”

As a consequence, visual appearance is essential to our perception of quality³. We as computer scientists usually want customers to see our software’s inner beauty and we want to believe that the quality of the functionality and the internal design—the system architecture, its performance, robustness, reliability, scalability, flexibility etc.—is what matters most. They indeed matter, but only for professional or experienced users. Steve Jobs once said

³ As computer scientists or rational technologists, we are mostly reluctant to accept this idea.

“Design is not just what it looks and feels like. Design is how it works.”

From a user’s point of view, the user experience is the product. If the user experience is poor, nothing else matters!

Good visual design is important for a good user experience:

- Users need to be spatially oriented and know where to look
- Users need to know how to scan a page and how to find the information they are looking for quickly—without being overwhelmed
- The text needs to be readable [dt. *lesenswert*] and legible [dt. *leserlich*] (cf. *typography*) and have a clear visual hierarchy
- Users need to understand what icons and graphics mean
- They need animations and transitions to keep them oriented, give feedback, and show relationships—without being distracted.

A good visual design enables users to get their tasks done effectively and efficiently and without distraction.

Excursus: What is the Aesthetic-Usability Effect?

Add information about ...

<https://www.nngroup.com/articles/aesthetic-usability-effect/>

<https://medium.com/coffee-and-junk/design-psychology-aesthetic-usability-effect-494ed0f22571>

3 *Layout Design Principles*

Layout is one of the hardest parts in UI design—especially for non-designers. Here are some guidelines that help in designing layouts, that appear simple and orderly (ie., clearly structured), easy to scan, efficient, and aesthetically pleasing.

Several layout patterns are often recommended to take advantage of how people scan or read through a design. 3 of the more common are the Gutenberg diagram, the z-pattern layout, and the f-pattern layout. Each offers advice for where to place important information.

3.1 *Reading Patterns*

(Source: <https://www.nngroup.com/articles/website-reading/>)

Putting aside direct transactions (such as online banking), user behavior in relation to Web content in particular is paradoxical:

—> Users go to websites for **information**.

—> Users **scarcely read anything** during an average website visit.

This second point has been well supported by vast amounts of research over the last years:

1. In 1997, the world's first study of how users read web content summarized the findings in two words: **they don't**. Instead of carefully reading information, users typically scan it.
2. In 2006, eyetracking research found that users frequently scan website prose in an F-pattern, focusing on words at the top or left side of the page, while barely glancing at words that appeared elsewhere.
3. 2008 research quantified this finding: given the duration of an average page view, users have time to read at most **28% of the words on the page**.

=====

For reading, we generally distinguish between different forms of reading and scanning patterns (different patterns) immersive reading scanning F-shaped reading Z-shaped reading hybrid forms

We will discuss ... and ... in detail and explain ... through examples.

There are two modes of reading, ie., perceiving the contents of a screen or page:

1. Immersive reading

The goal of immersive reading is **comprehension**, ie., understanding the semantics and consequences of a text thoroughly. Users read immersively in a left-to-right, top-to-bottom order (in Western cultures). During immersive reading, users read most of the words and most of the content, but they may skip over content that does not appear relevant or that requires too much effort to read.

2. Scanning

The goal of scanning is finding desired things quickly with as little effort as possible. Users often scan a page using an **arching pattern**, starting in the upper-left corner and ending in the lower right. This scanning path is formally known as the **Gutenberg Diagram** (see Figure ??).

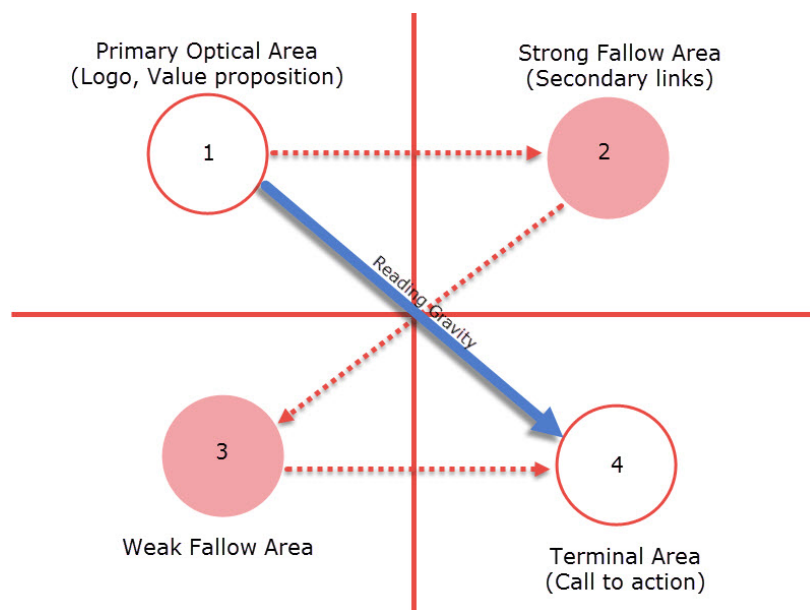


Figure 2: The Gutenberg Diagram is a visualization of how Latin-alphabet readers—those of us who read from left-to-right, top-to-bottom—process information presented on a webpage. (Source: <https://www.clicksandclients.com/blog/internet-marketing/gutenberg-diagram-homepage-sense/>)

Users follow these patterns generally, but the patterns change when there is content that attracts or repulses attention.

Well-designed layouts need to accommodate both modes well. [Q: *Think about – how can you enable that?*]

Small screens found on smart phones have a different scanning pattern. Users scan small screens starting in the upper left corner

and going straight down. They can take in the width of the screen without scanning across.

Good source for discussion about pattern: <https://vanseodesign.com/web-design/3-design-layouts/>

4 Content Usability

A well-designed page help users save time by focusing their scanning eyes on information that they actually want to read (→ user research).

It is important to note that when web content helps users focus on sections of interest, users switch from scanning to actually reading the copy.

Therefore it is important to place important and significant information first a) First 2 Words in Headlines⁴ b) First 2 Paragraphs in texts should contain the most important and relevant information.

Users pay the **most attention to information at the top** of the page.

Experiments conducted by the NNGroup revealed that users assess the importance and relevance of text based on its relative distance to the top headline.

The following table shows the percentage of users who looked at a paragraph relative to its sequential location in the body text:

Position from the start of the text Users who looked at the paragraph 1 81% 2 71% 3 63% 4 32%

4.1 Facts First

Always bear in mind that users hunt for facts online, so **factually rich content** will attract readers and keep their attention⁵.

Central problem:

Given that users spend almost no time visiting the average web page, how do you get people to actually read your website pages?

Users often leave Web pages in 10–20 seconds, but pages with a clear value proposition can hold people's attention for much longer. To gain several minutes of user attention, you must clearly communicate your value proposition within 10 seconds.⁶

[add info about negative aging effect of website attractiveness]

Introductory text on Web pages is usually too long, so users skip it. But short intros can increase usability by explaining the remaining content's purpose⁷.

The introductory paragraph(s) found at the top of many Web pages often contain general and unspecific information: a block of

⁴ Source: <https://www.nngroup.com/articles/first-2-words-a-signal-for-scanning/>

or:
"How to create a good Content Usability"

⁵ Source: <https://www.nngroup.com/articles/write-interesting-facts/>

⁶ <https://www.nngroup.com/articles/how-long-do-users-stay-on-web-pages/>—very interesting read

⁷ Source: <https://www.nngroup.com/articles/blah-blah-text-keep-cut-or-kill/>

words that users typically skip when they arrive at a page. Instead, their eyes go directly to more actionable content, such as product features, bulleted lists, or hypertext links.

“People read very little on Web pages. Don’t waste word count on generic, feel-good material. It’s not going to make customers feel good anyway. They care only about getting their problems solved as quickly as possible so they can leave your site.”⁸

⁸ <https://www.nngroup.com/articles/blah-blah-text-keep-cut-or-kill/>

—Jakob Nielsen, Blah-Blah Text: Keep, Cut, or Kill?

Why not just eliminate any introductory text?

Intro text has a valid role in that it helps set the context for content and thus answer the question: What’s the page about?

A brief introduction can help users better understand the rest of the page. Even if they skip it initially, they might return later if it doesn’t look intimidatingly long and dense. If you keep it **short**, a bit of blah might actually work. So, prune your initial draft of marketese and focus on answering two questions:

- What? (What will users find on this page — i.e., what’s its function?)
- Why? (Why should they care — i.e., what’s in it for them?)

For improving content usability, we discussed two approaches a) factual texts b) concise intros

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How Long Do Users Stay on Web Pages?

by Jakob Nielsen on September 12, 2011

Topics: [Human Computer Interaction](#) [Web Usability](#)

Summary: Users often leave Web pages in 10–20 seconds, but pages with a clear value proposition can hold people’s attention for much longer. To gain several minutes of user attention, you must clearly communicate your value proposition within 10 seconds.

How long will users stay on a web page before leaving? It’s a perennial question, yet the answer has always been the same:

- *Not very long.*

The average page visit lasts a little less than a minute.

As users rush through web pages, they have [time to read only a quarter of the text](#) on the pages they actually visit (let alone all those they don’t). So, unless your writing is extraordinarily clear and focused, little of what you say on your website will get through to customers.

When we look at this example, what do we see a) big title b) date c) topics – factual knowledge d) summary statement / intro. important: mind the context-information (“Summary: ...”) — it clearly indicates what this text is, what it is about and what users can expect from it.

Figure 3: Articles published on Nielsen Norman Group provide a clear and concise introductory text in form of a one sentence summary (indicated by the indented red colored text).

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Migration nach Deutschland **Willkommen in Deutschland** **Asyl und Flüchtlingsschutz** **Rückkehr** **Infothek** **Das BAMF**

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Informationszentrum Asyl und Migration

Übersiedler aus der ehemaligen DDR

Digitalisierungsagenda 2020

Die vielen ankommenden Geflüchteten in den Jahren 2015 und 2016 stellten das Bundesamt für Migration und Flüchtlinge (BAMF) vor besondere Herausforderungen. Schwerpunkte der Arbeit waren, neben der Registrierung, die zügige Bearbeitung anhängiger und neuer Asylverfahren sowie die gesellschaftliche Integration von Asylsuchenden mit guter Bleibeperspektive. Das BAMF hat hier enormes geleistet und insbesondere die Bearbeitungszeiten erheblich verkürzt, aber auch den Zugang zu Integrations- und Sprachkursen beschleunigt. Außerdem übernimmt das Bundesamt weitere Aufgaben etwa bei der Rückkehrunterstützung, dem Resettlement und der Ausgestaltung humanitärer Aufnahmeprogramme.

Um die Vielzahl der Herausforderungen zu bewältigen, initiierte das BAMF im Sommer 2016 die Digitalisierungsagenda 2020. Bis 2020 sollen die internen Abläufe mithilfe von Informationstechnologie vereinfacht und beschleunigt werden. Die Mitarbeiterinnen und Mitarbeiter werden bei der Erfüllung ihrer Aufgaben zielgerichtet unterstützt, indem die Prozesse in und zwischen den Geschäftsfeldern effizienter gestaltet werden. Überdies will das Bundesamt die Kommunikation mit den Asylsuchenden sowie mit Bürgerinnen und Bürger verbessern und zugleich Schnittstellen zu anderen Behörden verstärkt digitalisieren.

Das besondere an der Digitalisierungsagenda 2020 des Bundesamtes für Migration und Flüchtlinge ist, dass sie praktisch alle Arbeitsbereiche der Behörde umfasst. Sukzessive und im laufenden Betrieb werden bestehende Anwendungen erweitert, neu implementiert, miteinander verknüpft und neu skaliert. Der Umfang der Digitalisierung macht das Bundesamt in der Behördenlandschaft zum Vorreiter, was mehrere Auszeichnungen im Jahr 2016 belegen. Die besondere Leistung der Mitarbeitenden besteht darin, dass sie sich in einer außergewöhnlichen Situation nicht auf schnelle Lösungen beschränkt haben. Vielmehr wurde die Chance genutzt, darüber hinaus zu denken und Weiterentwicklungen umzusetzen.

"Die Zukunftsorientiertheit und Handlungsfähigkeit auch in schwierigen Situationen ist ein elementarer Bestandteil der IT-Strategie des Bundesamtes", so Dr. Markus Richter, Abteilungsleiter für Infrastruktur und IT im Bundesamt.

Ein Ziel ist die vollständige Digitalisierung von Geschäftsprozessen, insbesondere zu externen Partnern, wie beispielsweise den Verwaltungsgerichten. Hierfür wurden bereits digitale Lösungen umgesetzt, um aus den vorhandenen IT-Anwendungen des Bundesamtes heraus mit anderen Behörden effizient zu kommunizieren und einen sicheren und aktuellen Datenaustausch zu gewährleisten. Exemplarisch dafür steht der Austausch von elektronischen Akten mit den Gerichten.

Darüber hinaus sind bereits weitere Projekte im Rahmen der Digitalisierung im vergangenen Jahr umgesetzt worden. Dolmetscher, vor allem für seltene Sprache, werden per Video-Konferenz in die Anhörungen zugeschaltet, ein Service-Center bündelt alle Anfragen zentral, was die Beratungskompetenz erhöht und die Beschäftigten in den Ankunftszentren und Außenstellen entlastet. Die App "Ankommen" hilft Geflüchteten bei der ersten Orientierung in Deutschland. Herzstück der Digitalisierung ist das "Integrierte Flüchtlingsmanagement" mit Kerndatensystem und Ankunftsnachweis.

Kein Flash-Plugin vorhanden

Informationsfilm über das IT-Labor im Bundesamt für Migration und Flüchtlinge

Um die vielen Projekte im Rahmen der Digitalisierungsagenda zeitnah abschließen zu können, beschreitet das Bundesamt auch bei der Umsetzung neue Wege und hat dafür ein IT-Labor eingerichtet.



BAMF - Digitalisierung

In diesem Film werden die Neuerungen und Optimierungen aller wesentlichen Verfahrensschritte vorgestellt und erklärt, wie diese zu einer Beschleunigung des Asylverfahrens beitragen.

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Zum Thema


→ [Meilenstein im digitalen Wandel: BAMF richtet IT-Labor ein](#)

Links

→ www.ankommenapp.de

Figure 4: Content usability of an article about the "Digitalisierungsagenda 2020" published by the German Federal Office for Migration and Refugees (BAMF). (Accessed September 27th, 2019.)




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Figure 5: Content usability of an article about the “Digitalisierungsagenda 2020” published by the German Federal Office for Migration and Refugees (BAMF). (Accessed September 27th, 2019.)

4.2 Z-Shaped Pattern

A z-pattern design traces the route the human eye travels when they scan the page— left to right, top to bottom:

1. First, people scan from the top left to the top right, forming a horizontal line
2. Next, down and to the left side of the page, creating a diagonal line
3. Last, back across to the right again, forming a second horizontal line

When viewers' eyes move in this pattern, it forms an imaginary "Z" shape. This pattern works because most western readers will scan a page the same way that they would scan a book—top to bottom, left to right.

Z-Pattern scanning occurs on pages that aren't centered on the text (for text-heavy pages such as articles or search results, it's better to use F-Pattern). This makes z-pattern good solution for simple designs with a minimal copy and a few key elements that need to be seen. Minimalist pages or landing pages centering mostly around one or two main elements can implement the Z-pattern to encourage users to follow this natural method.

Where to use the Z-Pattern.



The premise of the Z-layout is actually pretty simple: impose the letter Z on the page. Ideally, you want people to see your most important information first and your next most important information second. Thus, important elements should be placed along the scanning path and visitors should be presented with the right information at the right time.

Figure 6: Z-layout truly shines in design projects where simplicity and a call-to-action are the most important principle. Facebook landing page is an example of Z-Layout.

Source: <https://uxplanet.org/>

z-shaped-pattern-for-reading-web-content-cell35f

It's essential to create a flow

Flow is about leading the eye from one part of a page to another in the direction you want it to move. You create flow through a combination of visual weight and visual direction. Here are a few best practices to keep in mind when creating a flow:

(a) **Point #1 — Logo**

Point #1 is a starting point of viewer's journey. It's a prime location for your logo.

(b) **Point #2 — Search or Login Elements**

Place the items that you want the reader to see first along the top of the Z. The eye will naturally follow the path of the Z, so the goal is to place your secondary "call to action" at the end. Put more visual weight into Point #2 element—make the button (or another key element) bright and colorful to get users attention and guide users along the Z-pattern.

(c) **Center area of the page — Hero image or main message**

The trick to this area is fill it with content that interests the user, while still urging their sight downward to the next line. For example, you can place a hero image in the center of the page to separate the top and bottom sections and guide the eyes along the Z path.

(d) **Point #3 — Useful information**

The purpose of Point #3 is to guide the users to the final call to action at Point #4. For example, if your page promotes some product that you want to sell, you want potential customers to see the copy that will convince them to buy before they see the "Buy Now" button. Thus, you can use Point #3 to provide benefits or other helpful information for them.

(e) **Point #4 — Action UI Elements**

Point #4 is the finish line, the row between it and Point 3 should contain content that pushes the user's sight to the corner. Point #4 itself is an ideal place for your primary Call to Action.

Below you can see two great example of Z-layout from Basecamp and Evernote.

4.3 *Zig-Zag-Shaped Pattern*

The interesting and useful thing to know about the Z-pattern is that we can extend this pattern a little by seeing it more as a series of z-movements instead of one big z-movement.

As you can see below, this is exactly what Dropbox does by guiding users through a few key product features and finishing their repeated Z-pattern with "Sign Up For Free" call-to-action button. In

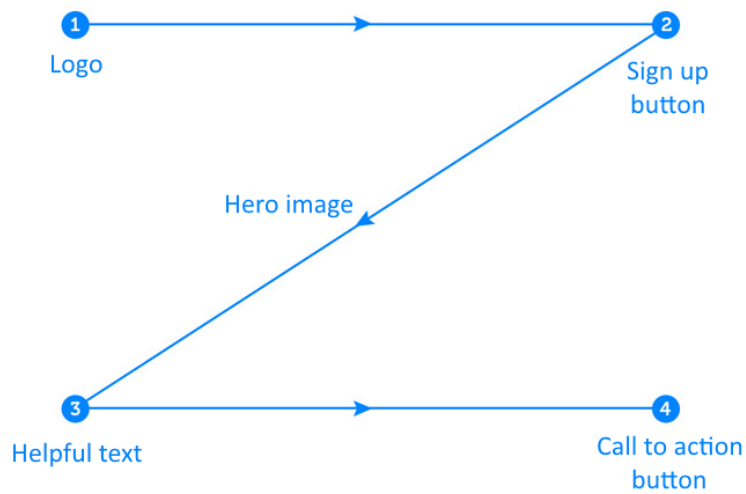
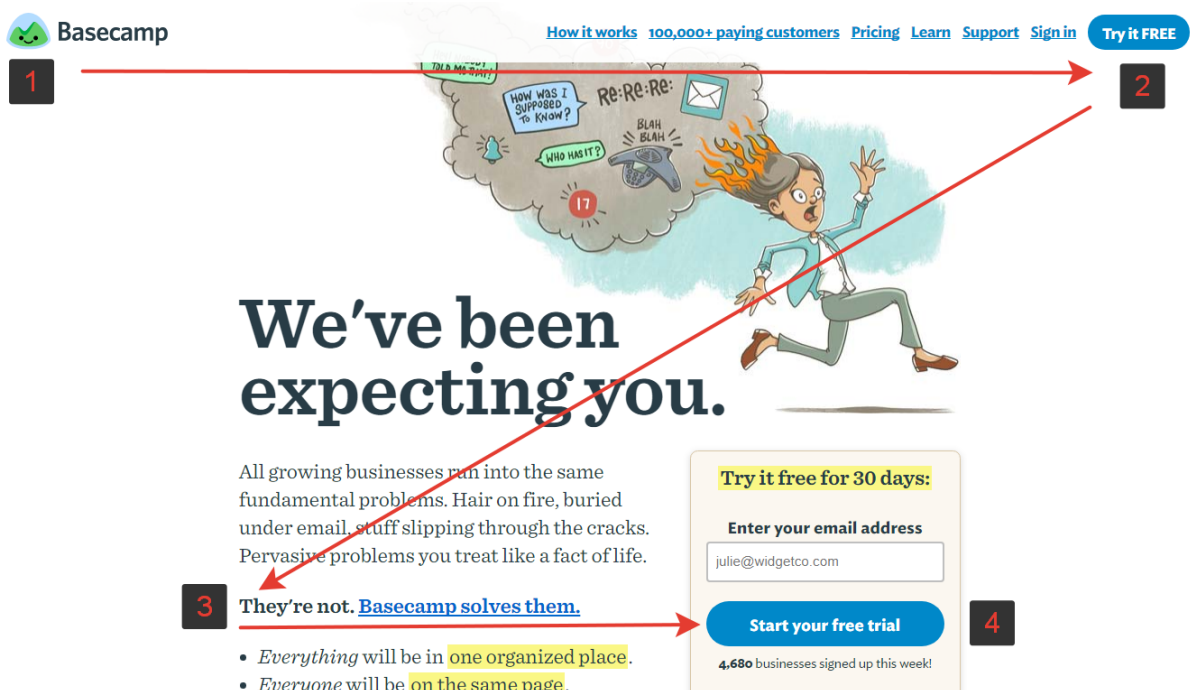


Figure 7: The Z-layout

Figure 8: Z-layout used on the basecamp.com landing page. (Source: <https://basecamp.com/>)

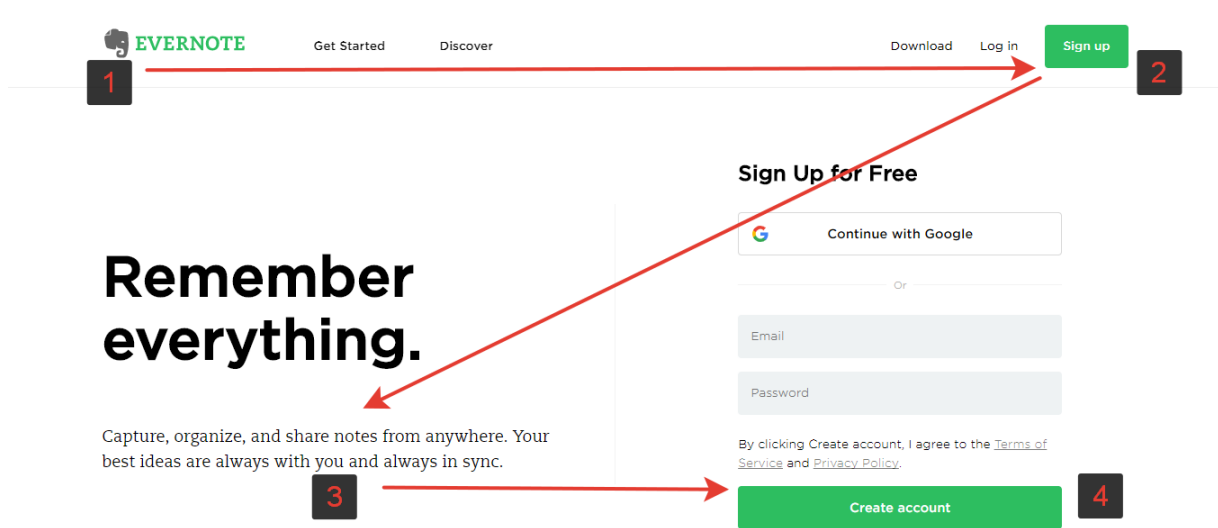


Figure 9: Z-layout used on the evernote.com landing page.

Source: <https://evernote.com/>

this layout “Learn More” buttons play a role of secondary call-to-action buttons that help readers go to the next relevant page without needing to read a full copy.

The new evernote.com landing page also adapted to the improved zig-zag-layout.

4.4 F-Shaped Pattern

9

The F-Pattern describes the most common user eye-scanning patterns when it comes to blocks of content. F for fast. That’s how users read your content. In a few seconds, their eyes move at amazing speeds across your website’s page.

The pattern was popularized by NNGroup eyetracking study which recorded more than 200 users looked at thousands of web pages and found that users’ main reading behavior was fairly consistent across many different sites and tasks. This reading pattern looked somewhat like an F and has the following three components:

- Users first read in a horizontal movement, usually across the upper part of the content area. This initial element forms the F’s top bar.
- Next, they scan a vertical line down the left side of the screen, looking for points of interest in the paragraph’s initial sentences. When they found something interesting they read across in a second horizontal movement that typically covers a shorter area than the previous movement. This additional element forms the F’s lower bar.
- Finally, users scan the content’s left side in a vertical movement.

⁹ Source: <https://uxplanet.org/>

f-shaped-pattern-for-reading-content-80af79cd339

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Figure 10: Zig-Zag-layout used on the dropbox.com landing page.

Source: <https://basecamp.com/>

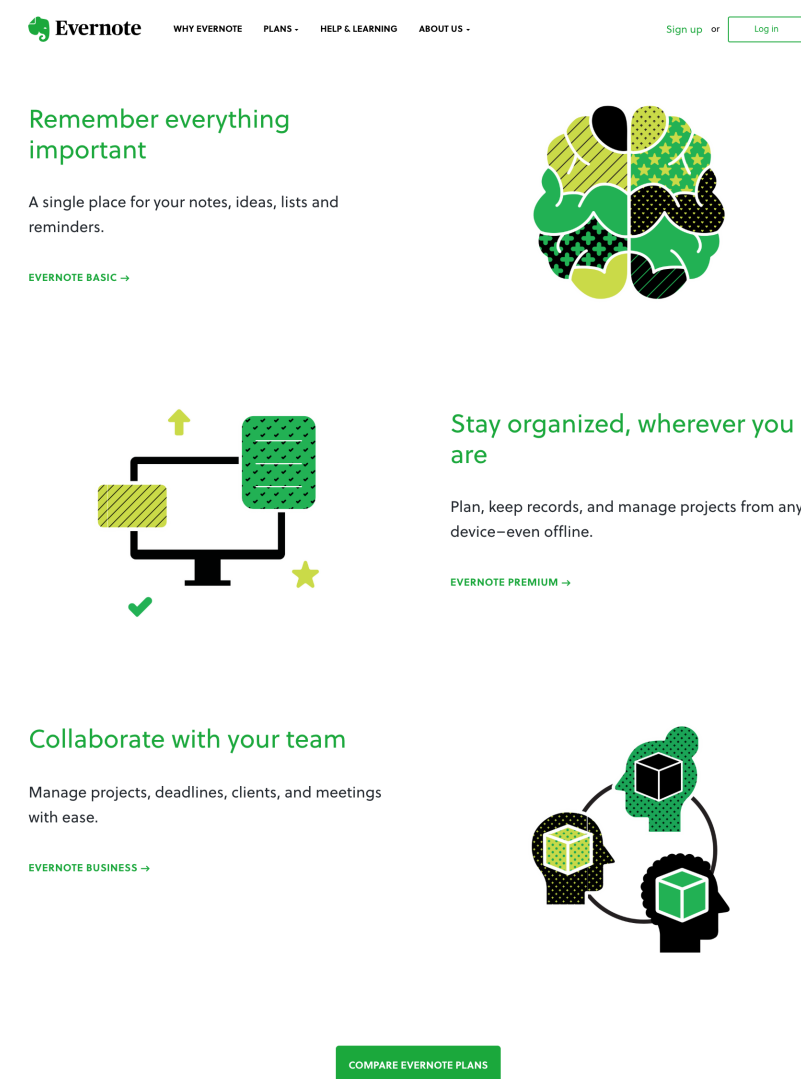


Figure 11: Zig-Zag-layout used on the new evernote.com landing page.
Source: <https://basecamp.com/>

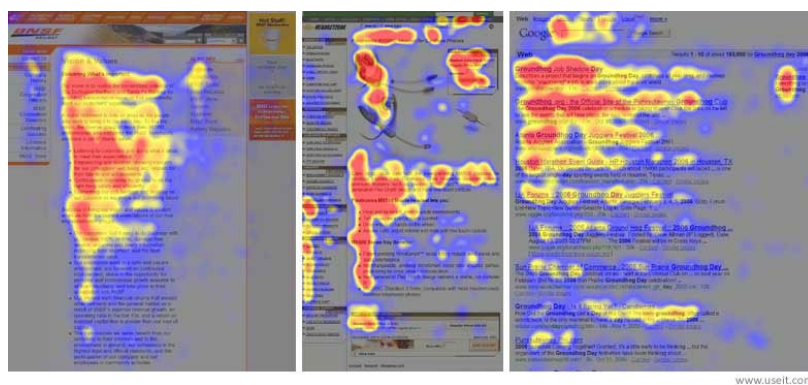


Figure 12: The NNGroup demonstrates how eye-tracking studies revealed that users (in left-to-right reading cultures) typically scan heavy blocks of content in a pattern that looks like the letter F or E. The areas where users looked the most are colored red; the yellow areas indicate fewer views, followed by the least-viewed blue areas. Gray areas did not attract any fixations.

(Source: <https://uxplanet.org/>

f-shaped-pattern-for-reading-content-80af79cd339

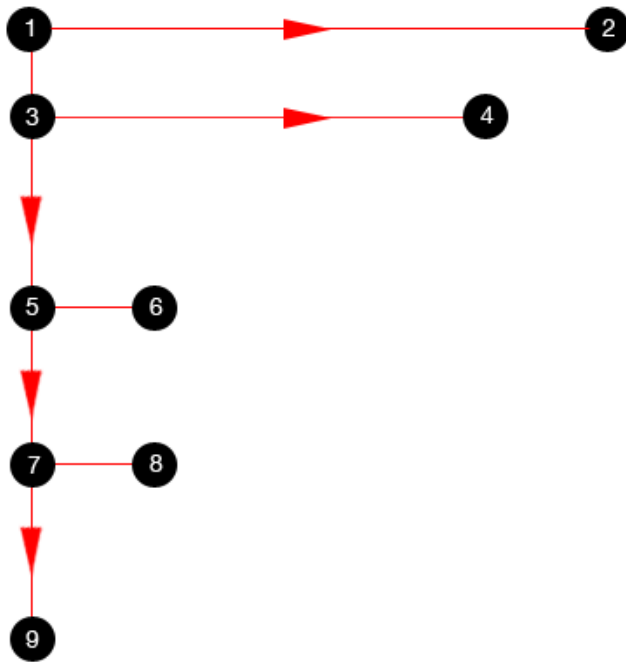


Figure 13: Our eyes are trained to start at the top-left corner, scan horizontally, then drop down to the next line and do the same until we find something of interest.

Obviously, users' scan patterns are not always comprised of exactly three parts. When the reader finds something they like, they begin reading normally, forming horizontal lines.

Why should it be used? F-shaped pattern will help you create a design with good visual hierarchy, a design that people can scan easily. F-shaped layout feels comfortable for the most western readers, because they have been reading top to bottom, left to right for their entire lives.

When should it be used? The F-pattern is the go-to layout for text-heavy websites like blogs and news sites. If there is a lot of content—especially text—users will respond better with the layout that designed according to the natural scanning format.

The F-Layout gives the designer more control over what gets seen. It is therefore important to prioritize the content from most to least important before arranging elements. Once it is clear what you want your users to see, you can simply place them in the pattern's 'hot spots' for the right interactions.

Bear in mind, that the first two paragraphs are the most important. Therefore, the most important content should be placed near to the top of the page as possible in an attempt to communicate the site's (or page) purpose quickly. The user will usually read horizontally

across the header, so here's a good place for a navigation bar.

5 *Design Thinking*

This section answers the two questions:

- a) *What is design thinking, and*
- b) *Why is it important*

5.1 *What is Design Thinking?*

[Definition]

A Design Thinking Problem Solving Example

Thinking outside of the box can provide an innovative solution to a sticky problem. However, thinking outside of the box can be a real challenge as we naturally develop patterns of thinking that are modelled on the repetitive activities and commonly accessed knowledge we surround ourselves with. It takes something to break away from a situation where we're too closely involved to be able to find better possibilities.

To illustrate how a fresh way of thinking can create unexpectedly good solutions, let's look at a famous story. Some years ago, an incident occurred where a truck driver had tried to pass under a low bridge. Alas, he failed, and the truck became firmly lodged under the bridge. The driver was unable to continue driving through or reverse out.

The story goes that as the truck became stuck, it caused massive traffic problems, which resulted in emergency personnel, engineers, firefighters, and truck drivers gathering to negotiate various solutions so as to dislodge the truck.

Emergency workers were debating whether to dismantle parts of the truck or chip away at parts of the bridge. Each spoke of a solution which fitted within his or her respective level of expertise. In the heat of the emergency, all parties carried on with their ways of viewing the problem, including the truck driver, whose initial dismay over a scraped roof had turned into a deeper concern.

A boy walking by and witnessing the intense debate looked at the truck, at the bridge, then looked at the road and said nonchalantly, *"Why not just let the air out of the tires?"* to the absolute amazement of all the specialists and experts trying to unpick the problem.

When the solution was tested, the truck was able to drive free with ease, having suffered only the damage caused by its initial attempt to pass underneath the bridge. Whether or not the story actually happened in real life, it symbolizes the struggles we face where oftentimes the most obvious solutions are the ones hardest to come by because of the self-imposed constraints we work within.

Challenging our assumptions and everyday knowledge is often difficult for us humans, as we rely on building patterns of thinking in order not to have to learn everything from scratch every time. We rely on doing everyday processes more or less unconsciously—for example, when we get up in the morning, eat, walk, and read—but also when we assess challenges at work and in our private lives. Especially experts and specialists rely on their solid thought patterns, patterns that serve them well in their respective fields, not to men-

tion the people to whom they deliver their skills. Even so, it can be very challenging and difficult for experts to start questioning their knowledge. Pride aside, it can prove more than a little disconcerting to think that many years of education and practical experience can hinder rather than help in dealing with a problem.

Design thinking is firmly based on generating a **holistic and empathic understanding** of the problems that people face, and that it involves ambiguous or inherently subjective concepts such as emotions, needs, motivations, and drivers of behaviors. This contrasts with a solely scientific approach, where there's more of a distance in the process of understanding and testing the user's needs and emotions—e.g., via quantitative research. Tim Brown sums up that design thinking is a third way: design thinking is essentially a problem-solving approach, crystallized in the field of design, which combines a holistic user-centered perspective with rational and analytical research with the goal of creating innovative solutions.

Design thinking is an iterative and non-linear process. This simply means that the design team continuously use their results to review, question, and improve their initial assumptions, understandings and results. Results from the final stage of the initial work process inform our understanding of the problem, help us determine the parameters of the problem, enable us to redefine the problem, and, perhaps most importantly, provide us with new insights so we can see any alternative solutions that might not have been available with our previous level of understanding.

6 *Summary*

Design thinking is essentially a problem-solving approach specific to design, which involves assessing known aspects of a problem and identifying the more ambiguous or peripheral factors that contribute to the conditions of a problem. This contrasts with a more scientific approach where the concrete and known aspects are tested in order to arrive at a solution. Design thinking is an iterative process in which knowledge is constantly being questioned and acquired so it can help us redefine a problem in an attempt to identify alternative strategies and solutions that might not be instantly apparent with our initial level of understanding. Design thinking is often referred to as 'outside the box thinking', as designers are attempting to develop new ways of thinking that do not abide by the dominant or more common problem-solving methods – just like artists do. At the heart of design thinking is the intention to improve products by analyzing how users interact with products and investigating the conditions in which they operate. Design thinking offers us a means of digging that bit deeper to uncover ways of improving user experiences.

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