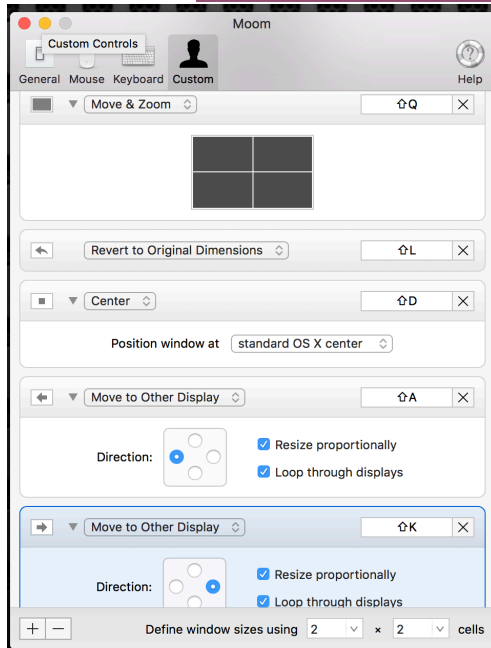This Alfred workflow allows you to control your Moom app within Alfred 3.
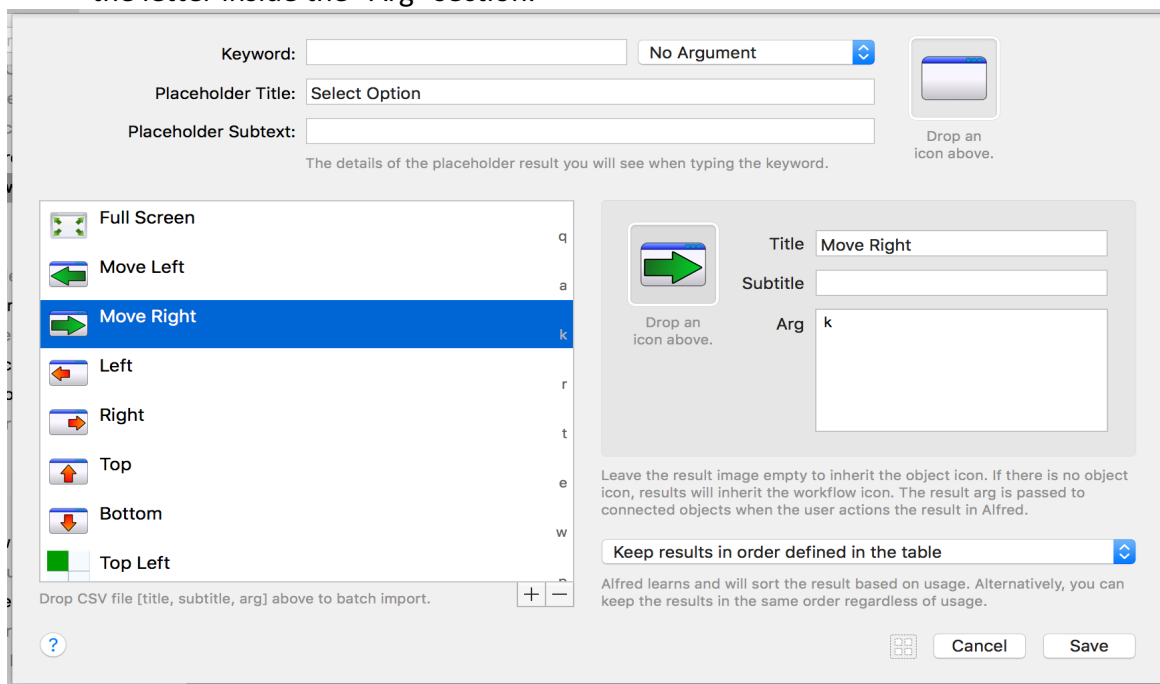
Installation:

1) Create your Moom layout shortcuts. You must always have "shift" as your modifier key.
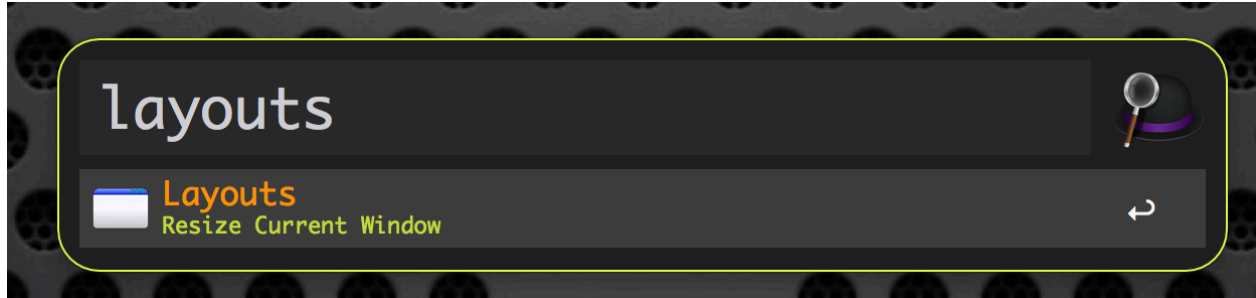   **Moom:** https://itunes.apple.com/us/app/moom/id419330170?mt=12

2) Add your Moom commands in the "List Filter" within the Alfred workflow, including just the letter inside the "Arg" section.

Use instructions:

1) Open Alfred and type "layouts". You must have the window you wish to move as the active frontmost window.

2) Select one of the options and press Enter.

- Your window will move to the selected position or monitor.

Key features:
- You can use this workflow to activate any keyboard shortcut defined in Moom.
- Supports multiple monitors.

Notes:

- If you wish to change "shift" from being the modifier key you must modify the AppleScript.
Example: