

Category	Attention score					Downloads					Citations				
	Feature	Effect size		95% CI	n	Feature	Effect size		95% CI	n	Feature	Effect size		95% CI	n
Keywords	resistance training	0,90	large	0,52 – 1,27	28	resistance training	1,05	large	0,72 – 1,39	34	resistance exercise	0,84	large	0,46 – 1,21	28
	vo2max	0,87	large	0,53 – 1,20	35	endurance or HIT training	1,04	large	0,75 – 1,32	48	insulin resistance	0,63	medium	0,27 – 0,99	30
	endurance or HIT training	0,86	large	0,56 – 1,16	44	resistance exercise	0,92	large	0,54 – 1,29	28	mitochondria	0,61	medium	0,39 – 0,83	80
	performance	0,83	large	0,57 – 1,10	56	training	0,91	large	0,76 – 1,06	185	hypertrophy	0,53	medium	0,21 – 0,85	39
	resistance exercise	0,72	medium	0,33 – 1,11	26	performance	0,90	large	0,66 – 1,15	66	performance	0,50	medium	0,26 – 0,74	66
	endurance exercise	0,65	medium	0,30 – 1,00	32	vo2max	0,89	large	0,59 – 1,20	42	endurance or HIT training	0,48	small	0,20 – 0,77	48
	glucose	0,64	medium	0,31 – 0,97	36	endurance exercise	0,87	large	0,55 – 1,20	37	reactive oxygen species	0,48	small	0,18 – 0,79	42
	sleep apnea	-0,63	medium	-0,93 – -0,33	43	exercise training	0,80	large	0,52 – 1,08	50	vo2-kinetics	0,47	small	0,11 – 0,83	30
	physical activity	0,55	medium	0,24 – 0,86	42	exercise	0,72	medium	0,63 – 0,81	587	MRI	0,45	small	0,21 – 0,69	70
	respiratory	-0,52	medium	-0,65 – -0,39	268	hypertrophy	0,70	medium	0,39 – 1,02	39	muscle	0,44	small	0,12 – 0,75	39
Title	uncategorized UPOS	-0,31	small	-0,6 – -0,01	45	proper nouns (%)	-0,44	small	-0,51 – -0,37	961	proper nouns (%)	-0,52	medium	-0,59 – -0,44	961
	proper nouns (%)	-0,20	small	-0,30 – -0,10	440	mention top25 nouns	0,37	small	0,31 – 0,44	3229	mention top25 nouns	0,46	small	0,39 – 0,52	3229
	top25 nouns (%)	0,19	negligible	0,10 – 0,27	1155	question mark	-0,35	small	-0,49 – -0,22	219	question mark	-0,44	small	-0,58 – -0,31	219
Abstract	mention top25 nouns	0,83	large	0,17 – 1,48	2126	mention top25 verbs	-0,66	medium	-1,12 – -0,20	3742	number of sentences	-0,35	small	-0,42 – -0,29	1813
	mention 'goal'	-0,32	small	-0,65 – 0,00	37	mention 'objective'	-0,27	small	-0,45 – -0,09	122	number of words	-0,32	small	-0,39 – -0,26	1706
	number of P-values	0,31	small	0,22 – 0,40	796	number of words	0,23	small	0,16 – 0,29	1706	mention top25 verbs	-0,26	small	-0,73 – 0,20	3742
Collaboration	affiliation to Denmark	0,44	small	0,20 – 0,69	68	affiliation to Denmark	0,54	medium	0,31 – 0,77	78	number of authors	0,40	small	0,34 – 0,46	1808
	affiliation to the UK	0,42	small	0,25 – 0,58	160	affiliation to the UK	0,40	small	0,25 – 0,55	189	affiliation to Denmark	0,27	small	0,04 – 0,50	78
	affiliation to Australia	0,36	small	0,20 – 0,53	155	number of authors	0,38	small	0,32 – 0,44	1808	affiliation to Japan	-0,18	negligible	-0,38 – 0,02	103
Publication	animal study	-0,56	medium	-0,66 – -0,47	614	article type: editorial corr	-1,38	large	-1,47 – -1,28	488	article type: editorial corr	-1,48	large	-1,58 – -1,39	488
	human study	0,55	medium	0,46 – 0,64	1397	article type: review	1,02	large	0,89 – 1,15	246	article type: research	0,87	large	0,80 – 0,95	3536
	article type: review	0,33	small	0,17 – 0,48	182	animal study	-0,62	medium	-0,69 – -0,55	1349	year in print	-0,80	medium	-0,86 – -0,73	1913
Engagement	via news outlet (%)	1,68	large	1,53 – 1,83	197	via Youtube (%)	1,44	large	1,25 – 1,63	114	via Youtube (%)	1,01	large	0,82 – 1,19	114
	via blogs (%)	1,49	large	1,32 – 1,66	159	via news outlets (%)	1,38	large	1,24 – 1,53	197	via patents (%)	0,99	large	0,80 – 1,18	110
	mentions by scientists (%)	1,41	large	1,32 – 1,50	1272	via reddit (%)	1,35	large	1,06 – 1,65	46	via policies (%)	0,92	large	0,62 – 1,21	45