



ESTHER LAU YI CI

UTAR MBBS Y4

PERSONAL INFORMATION

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LEADERSHIP

2022 – 2023: Year 2 MBBS Class Representative

2022 – 2023: Chairperson Asian Medical Students' Association (AMSA) UTAR

Led UTAR medical students in organising multiple events, including the national Medics Intervarsity Academic Olympiad (MIAO), national Medics Intervarsity Games (MIVG) and student exchange programs (AMSEP)

2023: Organising Team The 4th MK FMHS International Conference 2023

Assist UTAR MK. Faculty of Medicine and Health Science in organising the conference

2023 – 2024: Chairperson UTAR World Awareness Day Event Series

Organise multiple events to raise awareness about cancer, diabetes, obesity, thyroid etc. Event collaborators/sponsors range from private hospitals, the Malaysia Endocrine & Metabolic Society (MEMS) etc.

2023 – 2025: Out-campus Representative Medical and Health Sciences Society (MHSS) UTAR

Represents MHSS UTAR in organising multiple events, webinars and public health programs. Act as the main liaison with external parties for collaborations such as the Malaysia Department of Orang Asli Development.

2023 – present: Surgical Workshops

Participated in multiple surgical workshops, namely, UTAR Basic Surgical Skill Lab Campaign (BSSLC) and MSSS x NUMed Surgical Symposium by Newcastle University Medicine Malaysia.

Act as a facilitator and trainer for surgical workshops

2024 – Present: MBBS Student Representative UTAR Student Developmental Committee

Represents medical students and acts as a voice to bring up issues, suggestions and improvements for discussion to the faculty board.

EDUCATION

SMK Methodist, Sibul, Sarawak
2014 – 2018
(Results: 10As, 1B+)

Methodist College Kuala Lumpur
(Cambridge A-level)
2019 – 2020
(Results: 1A*, 1A, 1B)

Universiti Tunku Abdul Rahman,
Sg Long Campus
(Bachelor of Medicine, Bachelor
of Surgery - MBBS)
2021 – Present

LANGUAGE

- CHINESE
- MALAY
- ENGLISH
- FOOCHOW

AWARDS

- MODEL STUDENT OF THE YEAR
- UTAR SCHOLARSHIP AWARD 2022
- 2023/2024 BACHELOR OF MEDICINE AND BACHELOR OF SURGERY MERIT AWARD

**2025: Chairperson
UTAR Medical Outreach 1.0**

Along with the clinical year medical students and medical professors at UTAR, we strive to provide free health screenings and education to the Indigenous people's community in Malaysia.

**2025: Chairperson
Acute Medical Emergency Workshop 2025**

This event provides clinical year medical students with knowledge and education through various emergency case studies, guiding them on how to diagnose and manage patients in the future.

**2025: Facilitator and Trainer for Cricothyroidotomy
Precision in Practice SurgMed Summit (PIPSS) 2025**

Hosted by Medical Undergraduate Society (MUGS), University of Cyberjaya.

**Present: Student Advisor
National Nutrition Conference 2025**

Along with Professor Dr Lee Way Seah (Chairperson of Malaysian Society of Paediatric Gastroenterology, Hepatology and Nutrition, MYSPGHAN) and his team, this event gathers health sciences students and specialists in Malaysia to discuss the impact of nutrition on long-term health outcomes and recovery.

**Present: Chairperson
Clinical Hands-on Workshop: Clinical Medicine for Dummies**

Along with Prof. Dr. Rosidah Ibrahim (Pioneer in Malaysia's Emergency Medicine, Chairperson for SIG Disaster Medicine CEP), this event strives to enhance medical students' clinical competency in patient care and clinical procedures.

**Present: Student Council
Academy For Silent Mentor (AFSM)**

Along with medical students around Malaysia, we guide silent mentors through their end-of-life care, embalming, organising and joining surgical and practical skills (Intubation, suturing, central-line insertion, chest tube insertion etc.) workshops and talks.

CLINICAL EXPERIENCE

2023:

Self-initiated attachment for one week during the semester break at Dr. Clement Chen Surgical Specialist Clinic, Malaysia.

2023 – 2024: MBBS Year 3

Accomplished the 5 major postings (Internal Medicine, General Surgery, Obstetrics and Gynaecology, Paediatrics, Orthopaedic Surgery and Traumatology)

2024: General Posting

Accomplished 2 weeks of general posting at a private clinic (Chiew S Clinic)

Accomplished 2 weeks of elective general posting (Hippotherapy) at Happy Farms Hippotherapy Centre.

2024 - 2025: MBBS Y4

Accomplished 11 postings (Public Health and Community Medicine, Rehabilitation Medicine, Radiology, ENT, Ophthalmology, Psychiatry, Anaesthesiology, Forensic Science, ED, CCU, Family Medicine)

PUBLICATIONS

Retneswari Masilamani, Mohammed AJ, Seah ZF, Shreena Kaur, Esther LYC. Work-related musculoskeletal disorders and its association with job satisfaction among retail shop employees. The 6th International Conference on Public Health and Well-being 2024. 17-18 Sept 2024. Kuala Lumpur. Malaysia (virtual).

Masilamani, R., Mohammed Abdulrazzaq Jabbar, Esther Lau Yi Ci, Seah Zi Feng, & Shreena Kaur. (2025). PREVALENCE OF WORK-RELATED MUSCULOSKELETAL DISORDERS AND ITS ASSOCIATED FACTORS AMONG RETAIL SHOP EMPLOYEES OF SUNGAI LONG TOWN IN SELANGOR. *Malaysian Journal of Public Health Medicine*, 25(1), 81–89. Retrieved from <https://mjphm.org/index.php/mjphm/article/view/3250>.