

Week's Theme:

Projects (max 2):

	Monday	Tuesday	Wednesday	Thursday	Friday
Focus					
Work	1.	1.	1.	1.	1.
	2.	2.	2.	2.	2.
Flex	3.	3.	3.	3.	3.
Chores	4.	4.	4.	4.	4.
	5.	5.	5.	5.	5.
Notes					
Daily	8 9 10 11 12 13 14 15	8 9 10 11 12 13 14 15	8 9 10 11 12 13 14 15	8 9 10 11 12 13 14 15	8 9 10 11 12 13 14 15
work					
chores					
excercise					
Done	1 □ - 2 □ - 3 □ - 4 □ - 5 □	1 □ - 2 □ - 3 □ - 4 □ - 5 □	1 □ - 2 □ - 3 □ - 4 □ - 5 □	1 □ - 2 □ - 3 □ - 4 □ - 5 □	1 □ - 2 □ - 3 □ - 4 □ - 5 □

Bonus Work					
Time					
Notes					

Week Review

Delivered:

Wins:

Struggles: