



# Alex Bregman

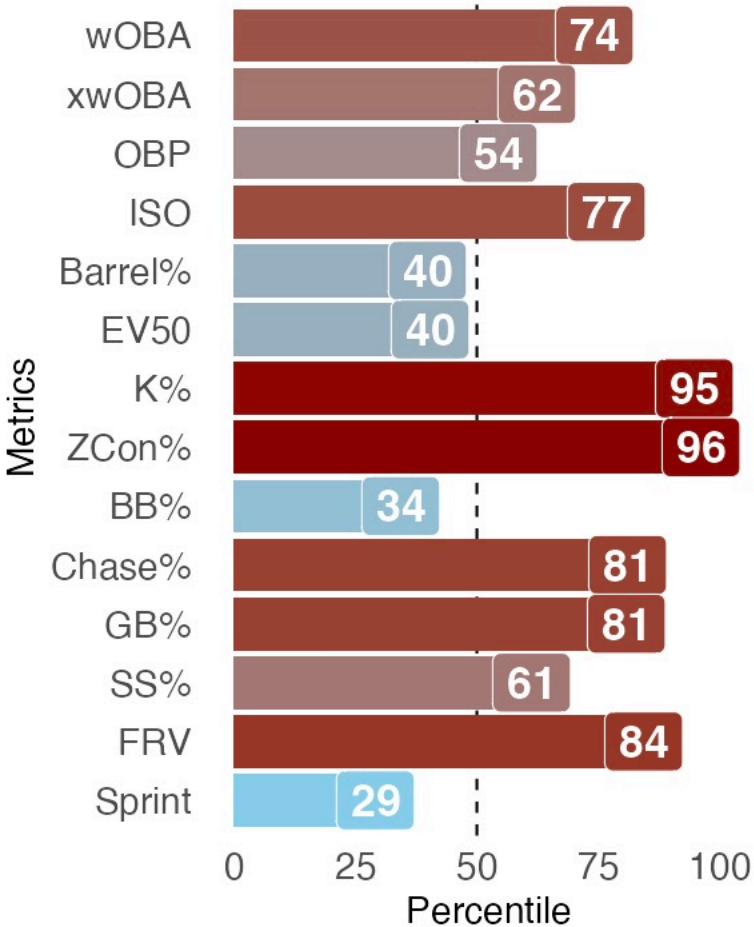
2025 Status: Free Agent | 3B | Age: 31



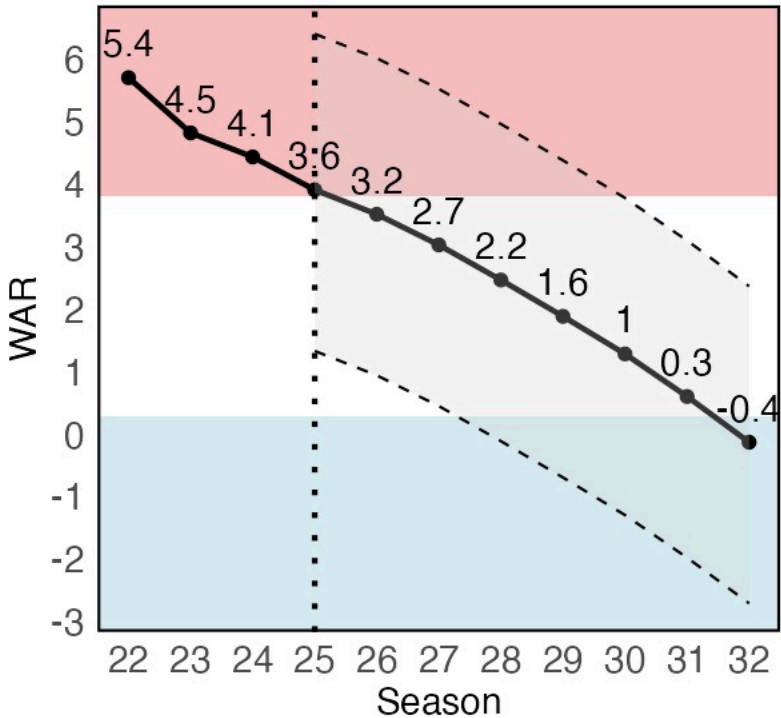
## Prior 3-Year Metrics

Year	PA	Performance				Power		Contact		Discipline		Angle		Def/Spd	
		wOBA	xwOBA	OBP	ISO	Barrel%	EV50	K%	ZCon%	BB%	Chase%	GB%	SwSp%	FRV	Sprint
2022	656	0.358	0.350	0.366	0.195	7.3	98.4	11.7	90.6	13.3	17.8	33.5	36.2	3.3	26.6
2023	724	0.351	0.351	0.363	0.179	5.4	98.1	12.0	91.3	12.7	18.6	35.4	35.8	0.6	26.3
2024	634	0.331	0.319	0.315	0.193	6.4	99.0	13.6	91.3	6.9	23.6	36.5	34.9	5.5	26.7
League_Avg		0.313	0.314	0.315	0.158	8.0	99.7	22.4	82.3	8.3	28.9	42.9	33.8	0.0	27.3

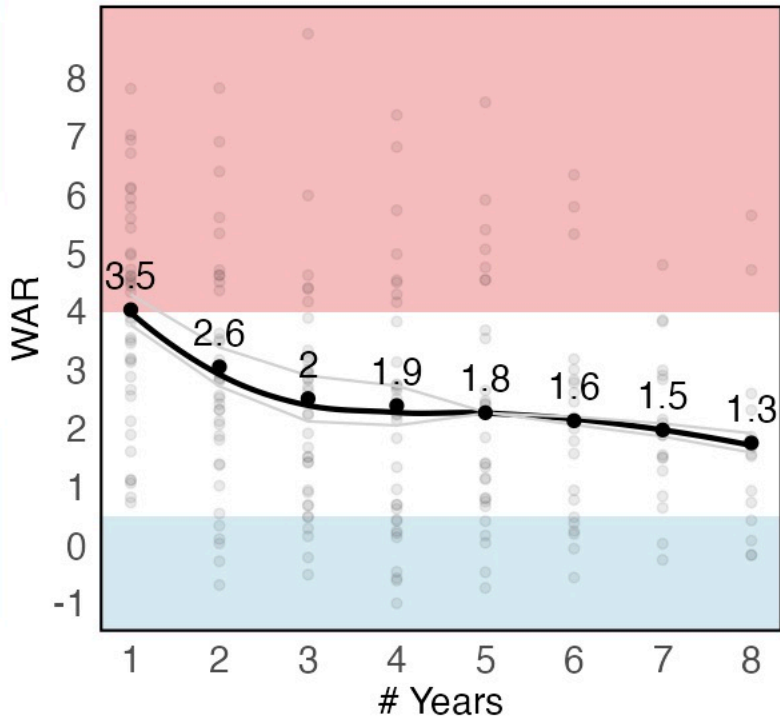
## 2024 Percentile Rankings



## Modeled WAR (2022-32)



## 8-Year Cohort WAR Distribution



## Average 8-Year WAR Projection

Age	31	32	33	34	35	36	37	38
Avg. Projected WAR	3.6	2.9	2.4	2.0	1.7	1.3	0.9	0.4