



Alex Bregman

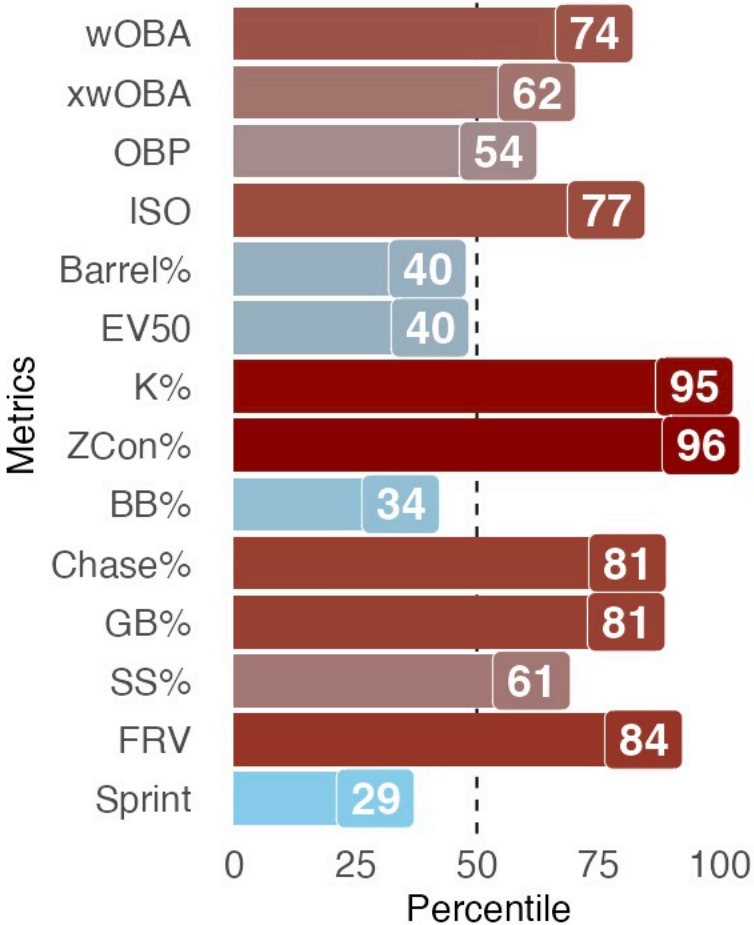
2025 Status: Free Agent | 3B | Age: 31



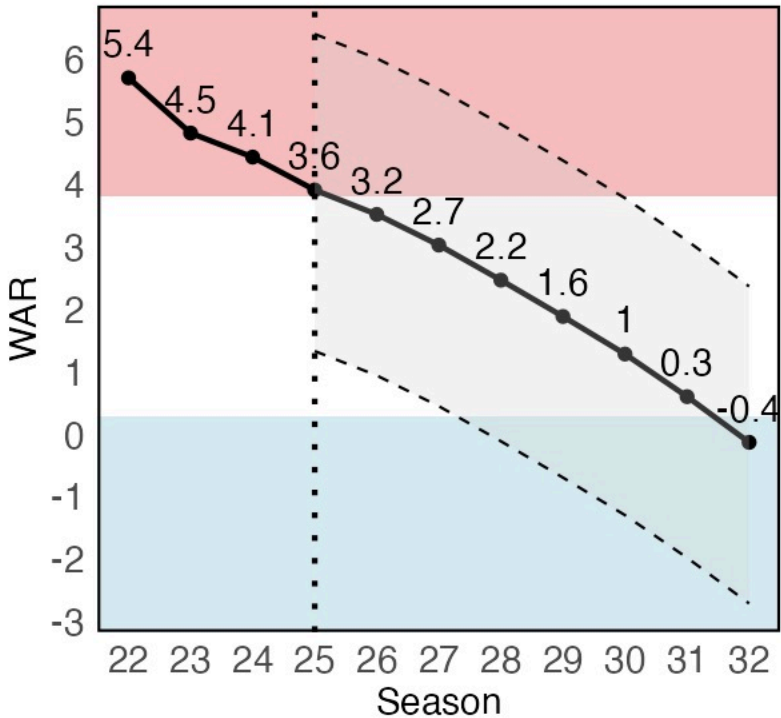
Prior 3-Year Metrics

Year	PA	Performance				Power		Contact		Discipline		Angle		Def/Spd	
		wOBA	xwOBA	OBP	ISO	Barrel%	EV50	K%	ZCon%	BB%	Chase%	GB%	SwSp%	FRV	Sprint
2022	656	0.358	0.350	0.366	0.195	7.3	98.4	11.7	90.6	13.3	17.8	33.5	36.2	3.3	26.6
2023	724	0.351	0.351	0.363	0.179	5.4	98.1	12.0	91.3	12.7	18.6	35.4	35.8	0.6	26.3
2024	634	0.331	0.319	0.315	0.193	6.4	99.0	13.6	91.3	6.9	23.6	36.5	34.9	5.5	26.7
League_Avg		0.313	0.314	0.315	0.158	8.0	99.7	22.4	82.3	8.3	28.9	42.9	33.8	0.0	27.3

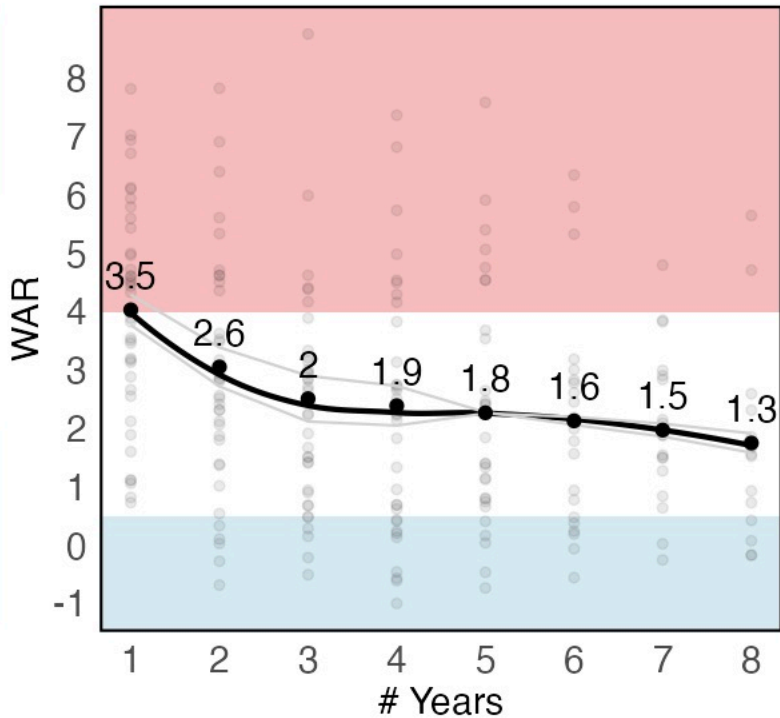
2024 Percentile Rankings



Modeled WAR (2022-32)



8-Year Cohort WAR Distribution



Average 8-Year WAR Projection

Age	31	32	33	34	35	36	37	38
Avg. Projected WAR	3.6	2.9	2.4	2.0	1.7	1.3	0.9	0.4

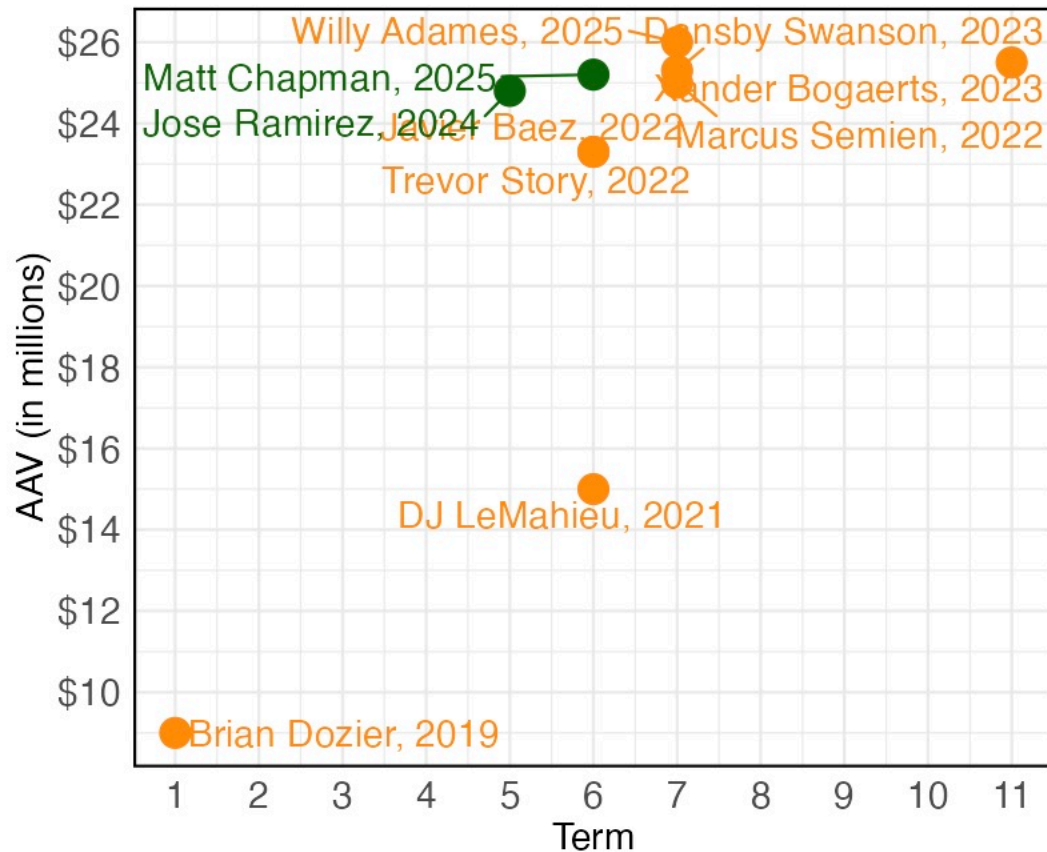


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## Player Contract Comparables



## Recent Contract Comparisons

Name	AgeF	Prim	Season	Term	AAV	Weighted WAR
Willy Adames	29	SS	2025	7	\$26.0	4.2
Xander Bogaerts	30	SS	2023	11	\$25.5	5.1
Dansby Swanson	29	SS	2023	7	\$25.3	5.3
Matt Chapman	32	3B	2025	6	\$25.2	4.4
Marcus Semien	31	2B	2022	7	\$25.0	4.3
Jose Ramirez	31	3B	2024	5	\$24.8	5.4
Trevor Story	29	2B	2022	6	\$23.3	3.9
Javier Baez	29	SS	2022	6	\$23.3	3.6
DJ LeMahieu	32	2B	2021	6	\$15.0	5.3
Brian Dozier	32	2B	2019	1	\$9.0	3.6
<b>Alex Bregman</b>	<b>31</b>	<b>3B</b>	<b>2025</b>	<b>NA</b>	<b>NA</b>	<b>4.5</b>

## Recommendation

Bregman's case is interesting. On one hand he has the career track record to suggest he can eclipse the 6-7 year AAV's his comparable predecessors got. For a long-term deal, beating \$26 million is certainly doable. On the other hand, Bregman is not particularly close to matching Anthony Rendon's 7 year/\$245 million deal he signed in 2020. Bregman has simply not displayed enough offensive consistency to warrant that value over a long stretch. Because he is coming off a down year offensively, and because he has the overall profile that I believe makes a bounce back likely, my recommendation is for Bregman to take a short-term deal. A potential 2-3 year contract, with an opt out after 2025 and an AAV in the \$35-\$40MM range. This is more in-line with his projections and allows him to reestablish his value next offseason. While he still likely won't match Rendon's third base free agent record, he could certainly be looking at offers in the 6 years/\$30-\$32MM AAV range.



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## Financial Projections

Season	Years	Age	Model				Cohort				Average			
			WAR	Salary	Total	AAV	WAR	Salary	Total	AAV	WAR	Salary	Total	AAV
2025	1	31	3.6	\$40.7	\$40.7	\$40.7	3.5	\$40.0	\$40.0	\$40.0	3.6	\$40.3	\$40.3	\$40.3
2026	2	32	3.2	\$37.2	\$77.9	\$39.0	2.6	\$29.7	\$69.7	\$34.9	2.9	\$33.5	\$73.8	\$36.9
2027	3	33	2.7	\$32.4	\$110.3	\$36.8	2.0	\$24.1	\$93.8	\$31.3	2.4	\$28.2	\$102.1	\$34.0
2028	4	34	2.2	\$26.4	\$136.7	\$34.2	1.9	\$23.2	\$117.0	\$29.2	2.0	\$24.8	\$126.8	\$31.7
2029	5	35	1.6	\$19.8	\$156.5	\$31.3	1.8	\$22.3	\$139.3	\$27.9	1.7	\$21.0	\$147.9	\$29.6
2030	6	36	1.0	\$12.6	\$169.1	\$28.2	1.6	\$21.0	\$160.3	\$26.7	1.3	\$16.8	\$164.7	\$27.4
2031	7	37	0.3	\$4.0	\$173.1	\$24.7	1.5	\$19.5	\$179.7	\$25.7	0.9	\$11.7	\$176.4	\$25.2
2032	8	38	-0.4	-\$5.7	\$167.4	\$20.9	1.3	\$16.9	\$196.7	\$24.6	0.4	\$5.6	\$182.0	\$22.8

## 8-Year AAV Projections

• Average — Cohort — Model

