

Your pharmacy benefit services

OptumRx® is your plan's pharmacy services manager and is committed to helping you find cost-effective ways to get your medication(s).

Set up your online account

Once registered on our website, access the online pharmacy section through the Pharmacies & Prescriptions tab to:

- Manage your home delivery medications.
- Set up email or text message¹ reminders.
- Check your order status.

Use a network pharmacy

Be sure to fill your prescriptions at a network pharmacy, otherwise they may not be covered or you may pay more². Finding a network pharmacy is easy:

- Log in to oxfordhealth.com, then choose "Online Pharmacy" on the Pharmacies & Prescriptions tab. Then, on the OptumRx home page, enter your ZIP code beneath "Locate a Pharmacy" and click "Go."
- Or call the toll-free phone number on the back of your health plan ID card. TTY users can dial 711.

¹ OptumRx provides this service at no additional cost to you. Standard message and data rates charged by your carrier may apply.

² In New York, prescriptions filled at an out-of-network pharmacy may not be covered. In New Jersey, you may need to pay more for prescriptions filled at an out-of-network pharmacy.



 Need more information? Visit oxfordhealth.com to learn more.

Home delivery from OptumRx

Use OptumRx home delivery to help manage the medications you take regularly. Home delivery is safe, reliable and offers the following advantages:



Convenience

Get standard shipping at no additional cost on medications delivered to your mailbox.



24/7 access and reminders

Speak to a pharmacist who can answer questions any time, any day. Even set up text and email reminders to help you remember to take or refill your medications.

Make the choice to use home delivery



By going online:

Visit the online pharmacy through the Pharmacies & Prescriptions section on oxfordhealth.com, register and follow the simple step-by-step instructions.



By phone:

Call the toll-free member phone number on the back of your health plan ID card. TTY users can dial 711. It's helpful to have your ID card and medication bottle(s) available.



By ePrescribe:

Ask your doctor to send an electronic prescription.

If you need your medication right away, ask your doctor for a one-month prescription to fill at a local pharmacy and a three-month prescription you can use to set up home delivery.



Log on to oxfordhealth.com to start using home delivery.

Making medication decisions

Use the Prescription Drug List (PDL)

The PDL is a list of your plan's covered medications. The medications are organized into cost tiers. Choosing medications in lower tiers may help you save money.

Cost tier	Includes	Helpful tips
\$ Tier 1 Lowest cost	Lower-cost medications. Some brand-name medications.	Tier 1 medications have the lowest out-of-pocket costs. Consider generic alternatives.
\$\$ Tier 2 Mid-range cost	Mix of brand-name and generic medications.	Tier 2 drugs may cost less than Tier 3 drugs ³ .
\$\$\$ Tier 3 Highest cost	Highest cost brand-name medications and some generic medications.	Many Tier 3 medications have lower-cost options in Tiers 1 or 2. Ask your doctor if they could work for you ³ .

Some Connecticut plans have a fourth tier that includes higher cost brand-name and generic medications, as well as non-preferred brand-name and specialty medications.

Save money

Generic medications may have a lower co-pay than brand-name medications. Ask your doctor if there is a generic alternative for you.

Compare prices

Search for lower-cost alternatives. Just log in to the online pharmacy through the Pharmacies & Prescriptions section of oxfordhealth.com, and follow the instructions.

³ Generic medications in Tiers 2 and 3 will not exceed \$25 for a 30-day supply.



Need more information? Visit the Pharmacies & Prescriptions section on oxfordhealth.com to learn more.

Tips



Know your plan

Your plan may require one or more of the following for your prescription to be covered:

Prior authorization — approval to get a medication.

Step therapy (First Start) — trying one medication before another.

Quantity limits — only a certain amount of the medication is allowed with your co-pay or in a specific time period.

All of these items are subject to medical review and appeal.



Check your Prescription Drug List (PDL)

Your PDL is a list of covered medications. The list is broken into sections called tiers. Choosing medications in lower tiers may save you money. Check your PDL often.



Talk to your doctor

When you talk with your doctor, use the PDL to confirm coverage and costs. You can also talk about what you need to do to get your medication.



Log on to oxfordhealth.com and check the Pharmacies & Prescriptions section to see if you could save.