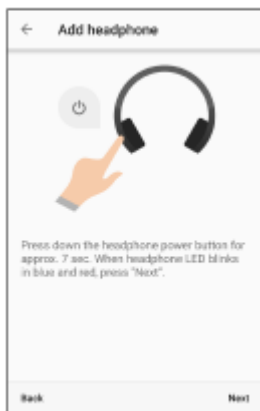# Sony | Headphones Connect

Connecting to Sony headphones

Launch the "Sony | Headphones Connect" app on your smartphone/iPhone, then perform the initial settings by following the on-screen instructions to connect your Sony headphones to your smartphone/iPhone via BLUETOOTH.

Was this information helpful?

Yes   No