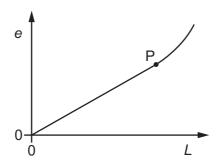
**20** Forces are applied to the ends of a rod so that its length increases. The variation with load *L* of the extension *e* of the rod is shown.



The point P is the elastic limit.

Which shaded area represents the work done during the plastic deformation of the rod?

