4	(a)	Explain what is meant by <i>gravitational potential</i> energy and <i>kinetic</i> energy.  gravitational potential energy:
		kinetic energy:
	(b)	[2] A ball of mass 400 g is thrown with an initial velocity of $30.0\mathrm{ms^{-1}}$ at an angle of $45.0^\circ$ to the horizontal, as shown in Fig. 4.1.
		path of ball ball 45.0°
		Fig. 4.1  Air resistance is negligible. The ball reaches a maximum height $H$ after a time of 2.16 s.
		(i) Calculate  1. the initial kinetic energy of the ball,
		kinetic energy =
		$H = \dots m [2]$

		potential energy =J [2]
(ii)	1.	Determine the kinetic energy of the ball at its maximum height.
		kinetic energy =
	2.	Explain why the kinetic energy of the ball at maximum height is not zero.
		[1]

**3.** the gravitational potential energy of the ball at height H.