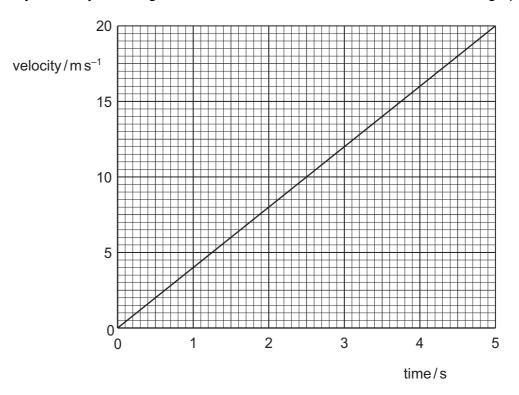
8 The velocity of an object during the first five seconds of its motion is shown on the graph.



- What is the distance travelled by the object in this time?
- **A** 4 m
- **B** 20 m
- **C** 50 m
- **D** 100 m
- 9 The diagram shows a velocity-time graph for a mass moving up and down on the end of a spring.
 Which point represents the velocity of the mass when at the lowest point of its motion?

