4 The variation with extension x of the force F applied to a spring is shown in Fig. 4.1.

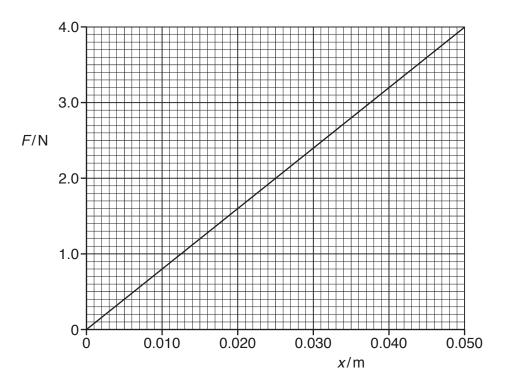
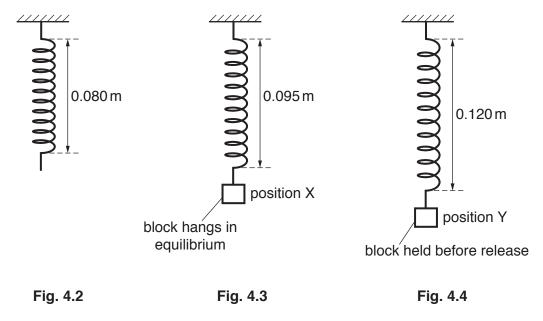


Fig. 4.1

The spring has an unstretched length of 0.080 m and is suspended vertically from a fixed point, as shown in Fig. 4.2.



A block is attached to the lower end of the spring. The block hangs in equilibrium at position X when the length of the spring is 0.095 m, as shown in Fig. 4.3.

The block is then pulled vertically downwards and held at position Y so that the length of the spring is 0.120 m, as shown in Fig. 4.4. The block is then released and moves vertically upwards from position Y back towards position X.

(b)		onstant = Nm ⁻¹ [2] astic potential energy of the spring is 0.055 J when X.
(c)	The block has a mass of 0.122kg. Calcula the block for its movement from position Y	[2] te the increase in gravitational potential energy of to position X.
(d)		energy = J [2] y stated in (b) and your answer in (c) to determine, X:
	(ii) its speed.	energy = J [1]
		speed = ms ⁻¹ [2]

[Total: 9]

Fig. 4.1 to determine the spring constant of the spring.

(a)