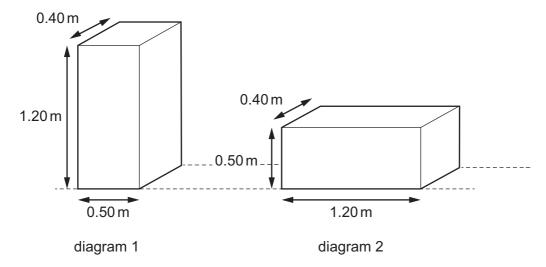
- 13 What is the condition for an object to be in equilibrium?
 - **A** The object's velocity and the resultant torque on it must both be zero.
 - **B** The object's velocity must be zero.
 - **C** The resultant force and the resultant torque on the object must both be zero.
 - **D** The resultant force on the object must be zero.
- 14 A uniform solid cuboid of concrete of dimensions $0.50\,\text{m} \times 1.20\,\text{m} \times 0.40\,\text{m}$ and weight $4000\,\text{N}$ rests on a flat surface with the $1.20\,\text{m}$ edge vertical as shown in diagram 1.



What is the minimum energy required to roll the cuboid through 90° to the position shown in diagram 2 with the $0.50\,\text{m}$ edge vertical?

- **A** 200 J
- **B** 400 J
- **C** 1400 J
- **D** 2600 J

Space for working