4 A metal ball of mass 40 g falls vertically onto a spring, as shown in Fig. 4.1.

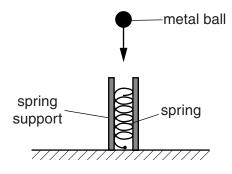


Fig. 4.1 (not to scale)

The spring is supported and stands vertically. The ball has a speed of 2.8 m s⁻¹ as it makes contact with the spring. The ball is brought to rest as the spring is compressed.

(a) Show that the kinetic energy of the ball as it makes contact with the spring is 0.16 J.

(b) The variation of the force F acting on the spring with the compression x of the spring is shown in Fig. 4.2.

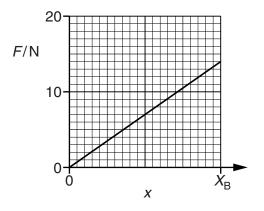


Fig. 4.2

The ball produces a maximum compression $X_{\rm B}$ when it comes to rest. The spring has a spring constant of $800\,{\rm N\,m^{-1}}$.

Fig. 4.2 to

(i) calculate the compression $X_{\rm B}$,

$$X_{\rm B}$$
 = m [2]

[2]

(ii)	show that not all the kinetic energy in (a) is converted into elastic potential energy in the spring.
	[2]