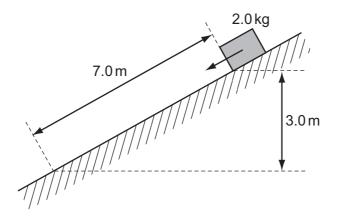
15 A block of mass 2.0 kg is released from rest on a slope. It travels 7.0 m down the slope and falls a vertical distance of 3.0 m. The block experiences a frictional force parallel to the slope of 5.0 N.



What is the speed of the block after falling this distance?

- **A** $4.9 \,\mathrm{m \, s^{-1}}$
- **B** $6.6\,\mathrm{m\,s^{-1}}$
- $C 8.6 \,\mathrm{m\,s^{-1}}$
- **D** $10.1 \,\mathrm{m\,s^{-1}}$
- 16 A man has a mass of 80 kg. He ties himself to one end of a rope which passes over a single fixed pulley. He pulls on the other end of the rope to lift himself up at an average speed of 50 cm s⁻¹.

What is the average useful power at which he is working?

- **A** 40 W
- **B** 0.39 kW
- **C** 4.0 kW
- **D** 39 kW

Space for working