

C1- Connections

- Share your favorite thing about training with every other person in the room
  - (crisp) high five!
1. What do you train?
  2. How do you train?
  3. What's the goal of the training?
- 1 thing per sticky. Group the stickies.

C3 - Concrete Practice

- Training From The Back Of The Room  
Sharon Bowman
- The 4Cs model
    - Connections
    - Concepts
    - Concrete Practice
    - Conclusions
  - Lesson plan example (this!)
  - Lesson plan idea



60m

C2- Concepts

- Positive enviroment
  - What, why
- The Learning Cycle
  - (re)do → feedback → reflection → repeat
- Primacy-Recency Principle
- X is better than Y

C4- Conclusion

1. SMART goal: one (small!) thing you will to change tomorrow.
2. fist bump

Move	Speak	Draw	Listen	Write	20m			15m	Move	Speak	Draw	Listen	Write
Move	Speak	Draw	Listen	Write	15m			5m	Move	Speak	Draw	Listen	Write