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**Demonstrations for Robots in Immersive Virtual Reality**

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# **Demonstrations for Robots in Immersive Virtual Reality**

by

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## **THESIS**

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# Demonstrations for Robots in Immersive Virtual Reality

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Our world is designed by humans, for humans. This makes humanoid robots the perfect general-purpose platform to automate repetitive or dangerous tasks done by people. However, due to the complexity of humanoid robots and the shortage of demonstration data, research in robot learning for humanoids is scarce. To address these challenges, I present a VR interface named DRIVR (Demonstrations for Robots in Immersive Virtual Reality) for collecting human demonstrations for humanoid robots in both simulation and reality. The demonstrations are then used to train a baseline imitation learning algorithm that uses an underlying controller to abstract away the complexity of whole-body control. I further propose that by embedding this data collection mechanism in VR video games, we can amass a large-scale dataset of high quality human demonstrations that can drive the development of future autonomous humanoids. To illustrate the feasibility of this idea, we collect a small dataset on toy tasks in simulation and a real robot using the VR interface. We then show that the trained policy can be deployed with a reasonable success rate.

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# Chapter 1

## Introduction

Humanoid Robotics, Imitation Learning, and Virtual Reality (VR) are some of the most exciting and rapidly developing fields in technology today. It is perhaps no surprise that the marriage of these three technologies can have far-reaching impacts. Using VR, humans can control robots in an immersive simulation, or they can remotely teleoperate robots to perform dangerous tasks. The trajectories from the human demonstrations can then be used to train Imitation Learning policies, which can enable robots to perform the tasks autonomously. While deep Reinforcement Learning methods have been successful in teaching robot to learn from repeated interactions with an environment given a reward function, the sample inefficiency, need for online interactions, and reward engineering efforts make them difficult to implement in a humanoid platform. On the other hand, imitation learning skips over the requirement to create reward functions to shape a behavior and instead lets the robot learn directly from offline demonstrations.

However, due to the complexity of humanoid robots, the lack of large-scale data for training, and the difficulty of creating an intuitive interface for humans to control robots, there has been no research on teaching humanoid

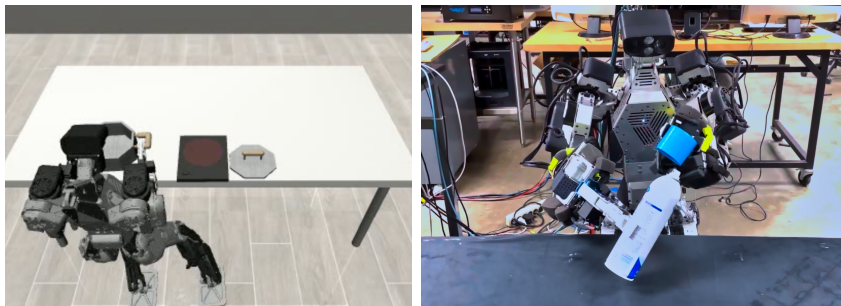


Figure 1.1: The proposed interface can be used to teleoperate a simulation environment (left) and a real robot (right).

robots to perform locomotion and bi-manipulation tasks, as far as I'm aware. There has been work to teach fixed-base robot arms through VR demonstrations [28], but humanoid robots are significantly more difficult to train due to the need to consider robot dynamics and ground reaction forces. Also, although there is a large body of work on teleoperating humanoids using VR and motion capture devices, I have not found any attempt to use the teleoperation data to train a neural network policy to control the humanoid autonomously. Furthermore, these "telepresence" systems are usually very complicated and require expensive hardware, which makes them unsuitable for scaling up data collection in a distributed manner.

In this thesis, I present a simple VR interface that uses the commonplace Oculus Quest 2 headset. I believe that compared to other humanoid teleoperation systems, the software architecture used in this project is uniquely positioned to be both adaptable to VR games and accessible to the public. Although the interface is simple, it is nonetheless powerful enough to teach a humanoid robot to perform some simple tasks. In simulation, I hypoth-

esize that this setup can be incorporated in VR video games to massively scale up data collection. VR games contain rich interactions with the virtual world, have built-in rewards to label successes and failures, and integrate with powerful physical simulation engines. As a result, they are perfect for collecting human demonstrations to potentially teach humanoids to perform the same tasks in the real world. For example, Cook-Out is a VR game that requires players to cook in a kitchen, which is a valuable skill for humanoids to learn. In addition, on the real-robot side, we could potentially distribute the data collection by letting users with VR headsets control the robot remotely. This is similar to the RoboTurk crowd-sourcing platform for fixed-base arm robots [19]. I hope that by open-sourcing the teleoperation codebase later this summer, research in humanoid robot learning can be made more accessible.

To show that we can use the collected demonstrations to train a humanoid to perform simple tasks, we present a hierarchical approach that learns a motion policy from teleoperation demonstrations with an underlying controller. The policy outputs the desired poses of the hands, while the whole-body controller takes care of balancing the robot and tracking the desired trajectory. An overview of this design is presented in Figure 1.2.

1. First, we take advantage of the similar kinematic structures between the robot and demonstrators and collect demonstrations using immersive VR. We only record the  $SE(3)$  pose of the hands and abstract away the other joint configurations. This lets us easily retarget human motions to the humanoid robot, which has fewer degrees of freedom in the arms.

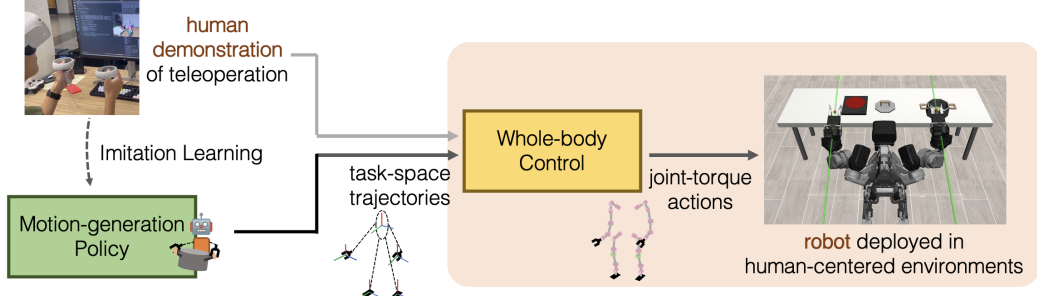


Figure 1.2: An overview of the hierarchical learning framework used in this work. Diagram credit to Mingyo. First, we get the desired hand trajectories and walking commands from the demonstrator. Second, we send these commands to the whole-body controller to produce joint-torque actions of the robot. Third, a behavior cloning policy is trained to imitate the human demonstrations.

This also makes it easier to learn the motion, since the policy can delegate joint-space controls to the underlying controller.

2. Then, we send the desired hand trajectories and walking commands to the whole-body controller to produce joint-torque actions of the robot. The controller prioritizes the robot’s stability while tracking the hand and feet trajectories, so it may not track the trajectories perfectly. However, the human demonstrator can adapt to the tracking error by observing the effects of their actions in the VR headset. The walking commands are implemented with a sequence-based DCM gait planner, which allows the user to take a step or turn the robot in one of the four directions. Since these commands are discrete, the locomotion is not very fluid or precise.

3. Finally, a behavior cloning policy is trained to imitate the human demonstrations. The policy needs to learn the state-action distribution of whole-body control behaviors and adapt to it in a closed-loop manner similar to the human. During deployment, the generated trajectories are passed to whole-body control just like during demonstration. The policy achieves reasonable success rate in simple simulation tasks, but it fails for more complex tasks involving manipulation while walking and precise motions. Future research directions to improve the policy will be discussed in the end.

In the below sections, more details about the motivations for this project are given.

## 1.1 Humanoid Robots

Humanoid robots have gained a lot of attention in recent years. After Boston Dynamic’s Atlas made headlines by jumping and dancing with human-like dexterity [10], Tesla also entered the market by developing the cheap and mass-producible humanoid named Optimus. If the cost of the robot could be kept below \$20,000 like Elon Musk promised [26], we would be entering a world where general purpose humanoids could replace humans for unsafe and repetitive tasks. Many startups are also getting a lot of funding recently to pursue humanoid robots. Apptronik is an Austin-based startup that aims to create humanoids that can work alongside people. One of their prototypes, DRACO 3, is the platform used for this thesis.

This interest in humanoids is justified by their versatility and social capabilities. They can be used as personal assistants, as companions for the elderly, as workers in factories, and as first responders in disaster zones. The morphology of humanoids enables them to easily adapt to the human-centered world that we live in. Every tool, every environment, and every task in our society is designed for the human form. It wouldn't make sense to redesign power tools or get rid of stairs for the convenience of robots, so creating robots that can take advantage of the existing infrastructure made for humans is extremely valuable. Also, as humans, it's easier to provide demonstrations to a robot that has a similar form as us, rather than having to train our brain to adapt to the morphology of the robot.

## **1.2 VR Teleoperation Interface**

In order for imitation learning to succeed on robots, high-quality demonstrations are essential. Using a VR interface is desirable since it closes the observation and embodiment gap. Instead of looking at the robot externally, the human will have the same perception as the robot. Instead of having to map the human body's joints to the robot's joints, the human is directly controlling the robot's joints. Because of the human brain's impressive capability to adapt, the demonstrator can quickly learn to treat the arms of the robot as their own arms, and perform tasks intuitively as they do in their own body. Indeed, there are various experiments that shows that humans can start to take ownership of their virtual body, even if the body is very different

from their own, if appropriate multisensory correlations are provided [15] [25].

In addition, since humanoid robots have to maintain balance while following hand trajectories, the whole-body controller may fail to track the hand trajectory perfectly. So, in order to move the robot hand to a desired position, one needs to constantly observe the effects of their actions before deciding where to move next. In experiments, we notice that humans are great at adapting to the whole-body control’s tracking error in this closed-loop manner. By using the VR interface, we are essentially borrowing the human brain’s power to solve the embodiment mismatch issue and perform closed-loop actions.

### **1.3 Scaling up Demonstration Dataset for Humanoids**

Recently, we have seen the successes of training deep learning algorithms on mind-blowingly huge datasets. For example, GPT-4 [20] is believed to be trained on most texts on the internet, which enables its scalable transformer architecture to produce human-like texts. The ability of the transformer to scale can also impact the robot learning field, since many transformer architectures for robotics has been proposed with impressive results [30] [14]. Notably, researchers at Google demonstrated that their transformer architecture is able to absorb a large dataset of multi-task demonstrations from different robots and even simulations, and the resulting model is able to generalize to unseen tasks, environments, and objects in a zero-shot manner [11]. Importantly, they demonstrated that by incorporating simulation data with

the real-robot data, not only was the real-robot policy not degraded, but the generalization performance also improved significantly on objects only seen in simulation. This shows that even if the simulation isn't very realistic, the model can still absorb useful information that helps with generalization. The researchers stated that their dataset "consists of over 130k episodes, which contain over 700 tasks, and was collected with a fleet of 13 robots over 17 months." The scale of this dataset is very impressive, but the collection procedure seems very costly, and it is still small in scale compared to the billions of images used to train today's image generation models. In addition, the dataset isn't publicly available, and they are collected on single-arm wheeled robots instead of humanoids.

So, how can we scale up humanoid demonstration collection in a cheaper manner than investing manpower to collect demonstrations on the real robot? One proposal is to learn from the plethora of YouTube videos online. For example, [8] shows that by watching YouTube videos of house tours, an off-policy Q-learning algorithm can learn the semantic cues in a human environment to improve navigation efficiency. To make it possible to learn dexterous manipulation skills from YouTube videos, [24] trained a neural network to retarget human finger poses from a video to a robotic hand. However, due to the difficulty of inferring 3D poses from video, the lack of proprioceptive view from the eyes of the human, and the ignorance of the person's internal state such as their joint positions, the wealth of information that online videos possess still remain out of reach for practical applications of robot learning.



Between learning from YouTube videos and collecting demonstrations on the real robot, taking advantage of the rich manipulation data from VR applications might just be practical enough to scale up humanoid data to satiate the appetite of today’s deep learning methods. In VR, the human sees exactly what the robot sees, the hand poses are measured precisely by the headset and controllers, and the simulated robot provides full access to its internal states. As realistic simulation games such as Microsoft Flight Simulator rise up in popularity, we are presented with a valuable opportunity to collect high-quality human hand trajectories at scale for robot-learning research. This is not unreasonable since Meta is most likely already collecting information about the users’ surroundings and actions for targeted ads [27].

# Chapter 2

## Background

In this chapter, the necessary background information for this work is introduced. Then, existing literature that relates to our goal will be surveyed.

### 2.1 Imitation Learning

In imitation learning, a task is demonstrated by a human instructor multiple times until a robot can imitate the demonstrated behavior and perform the task autonomously. There are many forms of imitation learning. The simplest form is Behavioral Cloning, where the robot learns to imitate the motion without inferring the actual goal. This becomes a supervised learning problem with the inputs being the observations and the outputs being the actions taken. This simple method is often effective [28], but it is prone to covariant shift [22], in which the errors in actions accumulate and the state deviates from the ones shown in demonstration. Another class of algorithms is inverse reinforcement learning, in which the agent tries to reverse-engineer the reward function from the demonstrations. However, this is usually computationally expensive due to the requirement to run reinforcement learning as an inner-loop.

The specific imitation learning algorithm used in our work is Behavioral Cloning with Recurrent Neural Networks (RNN) and Gaussian Mixture Models (GMM). RNN maintains information about the past and can be viewed as injecting the inductive bias of sequentiality. Namely, it preserves time translation invariance by using the same neural network weights at each time step [6]. GMM uses a mixture of Gaussians with different means to approximate a multimodal distribution, such as the multiple ways that a human may do a specific task.

## 2.2 Whole-body Control (WBC)

Whole-body control is a robotics approach that aims to control the entire robot’s body, including its arms, legs, torso, and head, to achieve a desired task. The specific form we are using is called implicit hierarchical whole-body controller [1], which uses an implicit hierarchy of tasks to allow for different prioritization of control depending on whether the robot is performing locomotion or manipulation. For example, we would like the robot to prioritize foot motion over hand motion when the robot is walking.

Whole-body control can be formulated as finding the optimal joint acceleration  $\ddot{q}^*$  and contact forces  $f_r^*$  to minimize a loss function:

$$\min_{\ddot{q}, f_r} \sum_{i=1}^n w_i \|J_i \ddot{q} + \dot{J}_i \dot{q}_m - \ddot{x}_i^d\|^2 + w_{f_r} \|f_r^d - f_r\|^2 + \lambda_q \|\ddot{q}\|^2 + \lambda_{f_r} \|f_r\|^2$$

subject to the constraints of robot dynamics, contact, maximum reaction force, joint position limit, and torque limit. The first term in the loss function

represents the task space error, or the deviation of the robot’s end-effector position and orientation from the desired values. The second term represents the contact force error. The third term regularizes the joint acceleration to control the trade-off between task performance and joint motion smoothness. The fourth term regularizes the contact force to prevent damage to the robot or the environment.

## 2.3 Related Work

### 2.3.1 VR for Imitation Learning

The work that most closely relates to ours is [28], which also involves using a consumer VR headset to teleoperate a robot. They show that by using only half an hour of demonstrations collected in VR, an imitation learning algorithm can be trained to perform simple manipulation tasks such as grabbing a ball or pushing a block. However, their robot has a fixed base, so they can directly use their robot’s built-in Jacobian-transpose based controller instead of a whole-body controller. Instead of streaming stereoscopic images to the headset, they use Unity to render the colorized point cloud from the robot’s 3D camera to allow the user to look around freely in the VR world. They argue that since the robot’s head has low degrees of freedom and moves slowly, controlling its movement using the headset’s movement will cause motion sickness. Indeed, we are faced with the same problem. However, instead of using a point cloud that could look strange for the demonstrator, we simply disallowed movements of the head. This is sufficient for our tasks, and it does

not seem to impact immersion. For learning, they also use a Behavior Cloning algorithm. However, they are only controlling one arm of the robot, whereas we are controlling both. They are also using the depth image as an input, but we only provide stereoscopic images. Finally, we are using an RNN to preserve information from previous time steps, while they only provide the 5 most recent end effector poses and no image history.

Another work that utilizes VR for robot learning is [4], which uses the hand-tracking capabilities of the Oculus Quest II headset to teach a robot hand dexterous manipulation skills. They first retarget the human hand joints to a robot hand with 4 fingers, then they use visual self-supervised learning combined with a simple nearest neighbor algorithm to successfully manipulate objects unseen during training. Although they are using a VR headset, they are not using stereoscopic rendering to create depth perception. Instead, they are rendering the robot’s camera as a 2D video in Unity. Similarly, there is a senior thesis project teleoperating a small car in VR, and they also use a 2D video displayed through Unity [16].

### **2.3.2 Demonstration Interface**

There are multiple ways to collect demonstrations for imitation learning in existing literature. First, a teleoperation input device with 6 degrees of freedom such as the SpaceMouse can be used to control the position and orientation of the robot’s end effector [31]. However, it can be unintuitive for people to translate a 3D motion into the push and turn of a button, especially

if there is a need to control 2 arms at once. In addition, since SpaceMouse controls the velocity instead of position, it requires training to perform actions involving precision. Second, humans can directly hold the robot to move it in a desired trajectory by applying force [2] [23]. This is called kinesthetic teaching, but it requires the human to come into the frame to control the robot, which becomes a problem when the policy is trained on vision data. To avoid this, we can also build a replica of the robot and move the replica manually, while the main robot follows its trajectory. For example, [29] used a low-cost replica of their bi-manipulation robot to collect demonstrations for fine manipulation tasks. To do so, a human demonstrator pushes the end-effectors of the replica robot to backdrive its joints, and the resulting joint positions are issued as commands for the actual robot to follow. While this method achieved impressive results for the fixed-base robot, they cannot handle the floating-base dynamics of humanoid platforms, which requires torque control to account for the dynamics of the robot.

Since we can manipulate a replica of the robot to create demonstrations, why can't we use our own body as this replica? After all, humanoids are design to mimic the morphology of humans. Indeed, we can directly record the kinematics of human motions [7]. Using either a camera or a motion capture system, we can measure the angular displacement of the joints precisely, and then we can map the values to the robot's joints. However, robots can have different mass distributions and degrees of freedom than humans. So, the actions that humans perform may be impossible for robots or cause them to

lose balance. Therefore, learning a good mapping and using a whole-body controller to maintain balance are crucial to the success of this method.

### 2.3.3 Learning for Humanoids

As mentioned in the introduction, there does not seem to be prior work on training humanoid robots to perform manipulation tasks. Two works that cut close are [5], which uses Hidden Markov models to imitate a human demonstration, and [13], which uses motion planning to produce fluid transitions between locomotion, loco-manipulation, and manipulation. However, both works only consider a simple simulation with only kinematics and no dynamics, so their results are impossible to be applied to the real world.

Nonetheless, there are recent successes on learning humanoid locomotion. [18] adapts the Rapid Motor Adaptation work [17] to bipedal robots. It uses an adaptation module to enable the walking controller to adapt to changing environment in real-time. [21] uses IsaacGym simulation to train a humanoid locomotion controller that responds to velocity commands robustly. Their work seems to be a more robust version of [18] where instead of explicitly adapting to the environment, the transformer implicitly infers the environment through past actions rapidly in every time step. Indeed, they showed that their controller can even maintain balance when objects are thrown at it. There have been attempts at using Isaac Gym and RL to train humanoids to walk in simulation in a brute-force manner without success. What this work did different is that they 1. Use a two-step approach to first train an

RL policy using ground-truth observations and guidance from gait heuristics, during which they can iterate quickly to find the best reward functions and gait parameters, and then train the real RL policy with actual observations. They use the policy from the first step to guide the real policy by adding the KL divergence between the two policies in the loss function and annealing its weight as training goes on. 2. Use a transformer model that is only given the positions and velocities of the body and joints as well as previous commands, so it’s practically “blind” when it comes to the physical environment. Just by observing the effect of its previous actions on the robot body, the transformer is able to quickly adapt in-context. Although in their experiment the LSTM baseline got close in success rate, the transformer is able to walk much faster and adapt to new situations much more quickly. They claim that the LSTM baseline is not able to transfer to the real robot. However, they are able to perform zero-shot sim-to-real transfer of the transformer policy since they do aggressive domain randomization from everything in the robot to the environment. Unlike a classical control algorithm, their model on the real robot is able to adapt to a backpack added on its back and even motor malfunctions (simulated by decreasing PD gains for a motor by a half).

#### **2.3.4 Humanoid Teleoperation**

There is a recent surge in interest to remotely teleoperate robots. XPRIZE hosted the AVATAR competition in 2022, in which teams compete to develop telepresence technology that allows a human to control a robot



remotely to complete a set of tasks. Their overarching goal is for humans to be able to see, hear, touch, and interact with the world in the body of a robot, while the people themselves can be on the other side of the world. While most robots in the competition don't have legs, there are a few humanoids, and most teams are using VR technology to create an immersive visual experience.

There is a recent survey on teleoperation of humanoids [9], some of which competed in AVATAR. The authors also claim that humanoid teleoperation is a new field with high resource demand, so not many labs are working on it. The works they summarized include very complicated motion capture and feedback setups that tracks the movement of users' feet and relays the sense of touch to the users. The survey unifies the teleoperation systems into a framework with 6 components. First, human measurements are taken. Then, the measurements are retargeted to the robot. After a delayed communication channel, the robot executes its controller to produce low-level commands. The robot's sensory input is then retargeted to human feedback, and human teleperception is provided. This is similar to our framework, but we only have vision feedback and hand trajectory plus locomotion commands as actions. They also mention that streaming the camera images to VR can cause motion sickness during locomotion, but this could be fixed by adopting digital image stabilization techniques.

The cockpit interface for NASA's Valkyrie humanoid is a good example of a sophisticated VR teleoperation system [12]. The interface has a complex user interface that allows the operator to directly specify where to place future

footsteps. There is a 3D model of the humanoid for visualization, and both a depth point cloud and a 2D RGB footage of the environment are presented to the user.

These complex teleoperation systems make sense if the goal is to create immersive telepresence or to perform critical missions in outer space. However, if the goal is to teach robots common loco-manipulation skills, these systems can be overkill. In order to scale up data collection and lower the barrier of entry for humanoid research, I opted to use a single Oculus Quest II as the interface. Although it is missing many components such as feet tracking and tactile sensing, it is enough for simple loco-manipulation tasks. In addition, VR is a rapidly developing industry, so future household headsets will mostly likely incorporate more sensors. For example, the recently-released Meta Quest Pro supports leg tracking.

## Chapter 3

### VR Interface

In this chapter, I'll go into the implementation details of the VR interface. The requirements for the interface are as follows:

1. It needs to report the 6-DOF poses of left and right hands as well as additional buttons for locomotion and gripper control.
2. Stereoscopic images need to be streamed and displayed on the VR headset to create depth perception for the wearer.
3. It needs to connect to both the simulation codebase written in Python and the real-robot controller written in C++.
4. The latency should be low and the computation speed should be fast so that the wearer can provide demonstrations with ease. The computation resource consumption should be low because the simulation and whole-body controller are resource-intensive.

First, an overview of the architecture is given. Then, I justify some of the design decisions. Finally, I analyze the performance of the system.

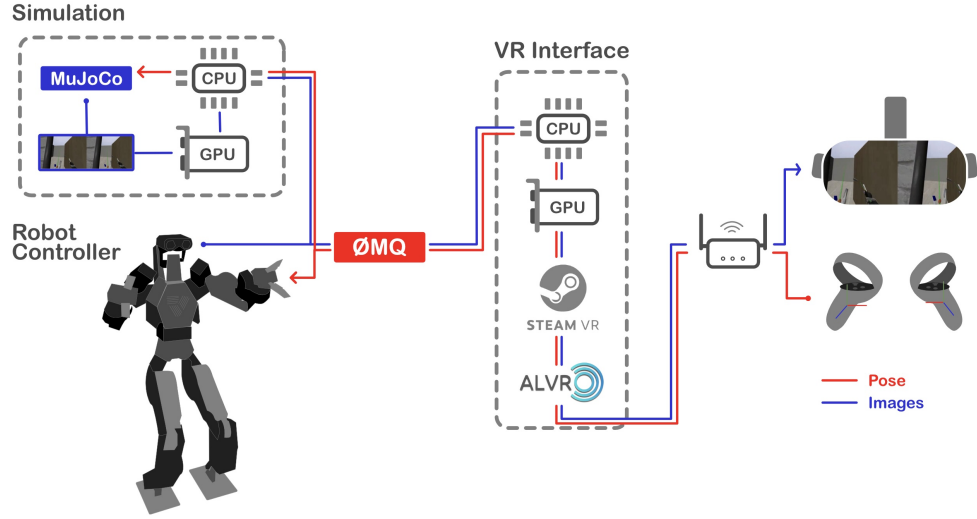


Figure 3.1: Architecture for the VR interface

### 3.1 Architecture

Figure 3.1 describes the software architecture. The VR interface code written in C++ runs on a separate laptop, which is connected to either the simulation desktop or the robot control station for the real robot. We use OpenVR (implemented in SteamVR) and ALVR (Air Light VR) for the communication between the laptop and the headset. OpenVR is a low-level API for VR applications designed to support a wide range of VR devices. ALVR is an open-source project that allows streaming Steam VR games from the laptop to the headset via Wi-Fi. It implements technologies such as Asynchronous Timewarp and Fixed Foveated Rendering for a smoother experience. ZMQ is an asynchronous messaging library that simplifies message-passing between different programs or devices.

For the simulation, we use Mujoco with Python binding for the physical simulation and Robosuite for the objects in the scene. We first render the scene using a virtual stereoscopic camera that is adjusted to match the interpupillary distance of the VR headset. Then, the rendered pixels are copied from the GPU to CPU and sent to the VR interface using ZMQ and ethernet. The interface code listens to the images and writes them into a GPU texture used by OpenVR. Finally, SteamVR and ALVR transmits the images through a router and displays them in the VR headset. At the same time, the interface polls the VR headset for the poses of the headset and controllers through OpenVR. It transforms the controller poses to the local frame of the headset, and they are then mapped to the poses of the robot hands in the robot’s local frame. The latter mapping involves aligning the rotation axes of the controller with the axes used in the simulation. Let  $R_t$  be the transformation between the VR axes and the simulation axes,  $R_{vr}$  be rotation of the controller from its natural orientation, and  $R_{sim}$  be the desired rotation to be applied to the robot hands. Their relation can be expressed as

$$R_{sim} = R_t^{-1} R_{vr} R_t$$

The transformed hand poses are then published continuously using a ZMQ pub socket. When the simulation needs a VR command, it pulls the most recent command from the queue and sends it to the whole-body controller.

The setup for the real robot is similar. However, since the robot has a lot more components to manage, it will be described in more details in the next chapter.

## 3.2 Design Choices

Some difficult design decisions were made to satisfy the requirements defined above. They are explained in the section in hopes of providing documentation and guidance for others working on similar systems.

### 3.2.1 OpenVR

Initially, a website was created based on WebXR and JavaScript to stream controller poses over the internet. I wanted to improve the latency by keeping the connection within a local network, but I encountered difficulty in setting up HTTPS certificates in the campus lab. After getting tired of tunneling the connection over the internet, I decided to pursue a more low-level approach. The native Oculus SDK could work, but it would limit the option to change VR systems in the future. Unity is a good option for cross-platform compatibility, but since there's only a need to stream images and controller poses, a game engine is an overkill. I also don't believe that Unity exposes the low-level functionality to directly show the stereoscopic images. Since Unity uses the low-level OpenVR API, I decided to use it directly. Although a newer API called OpenXR is gaining steam, I feel that the performance benefits of OpenXR doesn't justify its complexity compared to OpenVR.

Using OpenVR has several advantages. First, it has great performance since it is used by VR games and has direct support from VR headset manufacturers. The fact that all SteamVR games use it also makes it suitable for my proposal to embed the demonstration collection system in video games. Sec-

ond, it delegates the work of video streaming to existing technologies. Many VR headsets support direct HDMI connection from the computer’s graphics card, which OpenVR can take full advantage of since it takes input images from OpenGL. Even though the Quest doesn’t have an HDMI cable, it is still possible to use the Oculus Link (over an USB cable) or Oculus Air Link (over a local network) with OpenVR. These are sophisticated streaming technologies that predict the user’s movements and streaming latency to render ahead of time, and they encode the frames as slices in H.264 [3]. ALVR is an open-source alternative that implements similar technologies with the added benefit of having experimental support for Linux. This is much more performant and scalable than hand-coding an image streaming pipeline, as done by [4]. Finally, OpenVR works on a variety of Operating Systems and targets many VR headsets. My code readily runs on Windows laptops just like Linux.

### **3.2.2 Image Transfer from GPU to CPU**

Since our interface script is written in C++ (since the Python OpenVR binding doesn’t work well) while the simulation is in Python, we need a way to transfer the rendered images between processes. First, we can use memory sharing or pybind to transfer the Mujoco simulation state. Using the simulation states, the C++ code can directly render the scene using Mujoco and pass the result directly to OpenVR within the GPU. However, since Mujoco allocates simulation data structure dynamically, it’s difficult to do inter-process memory sharing. Second, we could hypothetically share the GPU buffer ren-

dered by the python script with the C++ script, but OpenGL contexts don't seem to allow inter-process sharing. Third, we can lose some performance and transfer the images from GPU to CPU. Once the images are in memory, we can send them over using ZMQ.

The last approach was chosen to make the design more adaptable to the real robot, where the images are always coming from memory. The rendered images have a resolution of  $1096 \times 2$  by 1176, where the width is multiplied by 2 to account for both eyes. The rendering of an image takes .3 milliseconds on the RTX3090 GPU, copying it to the CPU consumes 3 milliseconds, and sending it through ZMQ uses .6 milliseconds. Overall, this number is negligible compared to the simulation and whole-body control times, so this performance is acceptable.

### **3.2.3 Asynchronous Message Passing**

The simulation uses a ZMQ sub socket to get actions from the pub socket in the interface script. Usually this is done synchronously, meaning that the simulation waits for the interface to provide a response after requesting. However, this approach usually takes 70 milliseconds for the message round-trip. This delay can be reduced to .1 milliseconds by using an asynchronous approach. In this case, the sender and receiver simply run at their own pace, and the ZMQ threads in the background takes care of getting the messages ready. When the simulation requests an action, the ZMQ simply gets the most recently received message in its queue and returns it. Since the interface runs



at a higher frequency than the simulation, there will never be a case where no action is available. Also, by setting the "conflate" option in ZMQ, we can reduce the need of a queue by only keeping the most recent message.

### **3.2.4 Separate Computer for VR Interface**

At first, the simulation and interface scripts ran on the same desktop computer. However, we noticed that the scripts were competing for resources, causing performance degradation. We chose ALVR since it's the only option on Linux to connect to VR, and its wireless design enables remote teleoperation. However, encoding the stream in real time consumes CPU power needed for the whole-body controller. When running, the simulation and whole-body controller takes up 1500% of the CPU, while ALVR and SteamVR consume around 200%. After decoupling the VR interface to a separate laptop, we noticed around 10% performance improvement.

## **3.3 Performance Analysis**

The performance of the VR Interface is acceptable. Using asynchronous message passing and a separate laptop for VR interface, receiving images and sending commands are both sub-millisecond operations. The biggest contributor to latency is ALVR, which adds about 70 milliseconds of latency. However, this is nothing compared to the latency introduced by slow simulation. In the simulation loop, for every rendering and communication with the interface, we run 25 simulation steps and 5 whole-body control computations. In compar-

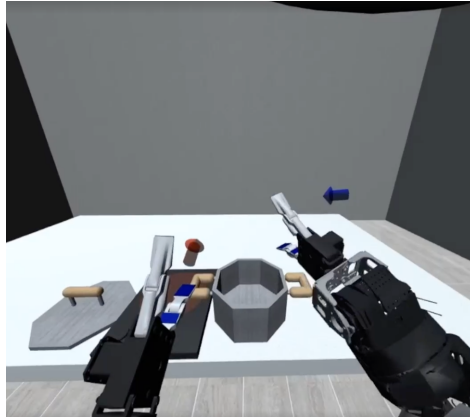


Figure 3.2: The robot hands takes time to reach the desired controller poses (represented by arrows).

ison, on the hardware, the whole-body control code is run 20 times between every two action inputs. This means that in simulation, the whole-body control code may not have reached the desired action before a new action is given. Indeed, the slow tracking speed of the whole-body control introduces a large delay between the movement of the controller and the robot’s hands reaching the desired poses. We qualitatively assessed this by rendering the desired poses as arrows in simulation, and we found that for fast motions, the robot can take up to a second to reach the desired state.

Another big issue with the current setup is speed. The current simulation loop can only achieve around 10 fps in the contact-rich kitchen environment. This is also the reason we can’t simply increase whole-body control computation frequency. A humanoid robot capable of walking requires an accurate physical simulation. We are using Mujoco with the RK4 integrator and PGS numerical solver at 50 iterations per time step, where the time step is

set at 2 milliseconds. We have also tried running the numerical solver at 10 iterations per time step, sacrificing some precision for speed. For debugging, we also tried rendering the images using OpenCV instead of sending them to the VR headset. Some performance numbers are shown in Table 3.3. Since the quickest loop time is 70 milliseconds, there is no hope that our setup can reach 60 fps. From the table, we see that using OpenCV to display images takes quite a lot of time, whereas sending the images to VR is faster. When walking is not involved, the whole-body controller time is reduced drastically, while manipulation tasks involving contact slows down Mujoco. Overall, Mujoco and whole-body control are the biggest culprits for performance issues.

Table 3.1: Simulation performance numbers. The left column denotes whether OpenCV or the VR headset is used to display the image and the number of PGS iterations per time step. The last row shows a manipulation task without locomotion. In each loop, Mujoco runs 25 times, WBC runs 5 times, and rendering runs once. The first three columns measure the time taken in each run, the fourth column shows the total time taken by each loop, while the last three columns show their percent contribution to total loop time considering the number of times they run.

	Mujoco (ms)	Render (ms)	WBC (ms)	Total (ms)	Mujoco	Render	WBC
CV, 50	1.72	30	7.7	120	35%	27%	31%
CV, 10	.8	30	7.7	100	21%	33%	39 %
VR, 50	1.72	8	6	92	48%	8%	34%
VR, 10	.92	8	6	70	33%	11%	44%
VR, 50 no walking	2.12	8	5	90	57%	8%	25%

However, this is not the end of the story for potentially embedding our setup in a video game. As mentioned, our simulation codebase is written in Python. When the C++ codebase from the hardware team is used, each

WBC computation is reduced from 5 to .45 milliseconds. In fact, the hardware team has their own simple simulation in PyBullet for debugging purposes. As mentioned before, they run 20 simulation steps and 20 WBC calls per loop. On the same machine, their loop is able to execute 40 times per second with the VR interface. Needless to say, one of our current tasks is to substitute our Python code with their C++ code.

## Chapter 4

# Real-Robot Experiments

In this chapter, the details of how our experiments are conducted on the real robot are introduced. However, due to the complexity of the robot system, the infrastructure built for collecting demonstrations and deploying the neural network policy needs to be described first. Specifically, a real-time system was build to integrate the camera, grippers, whole-body controller, and the VR headset.

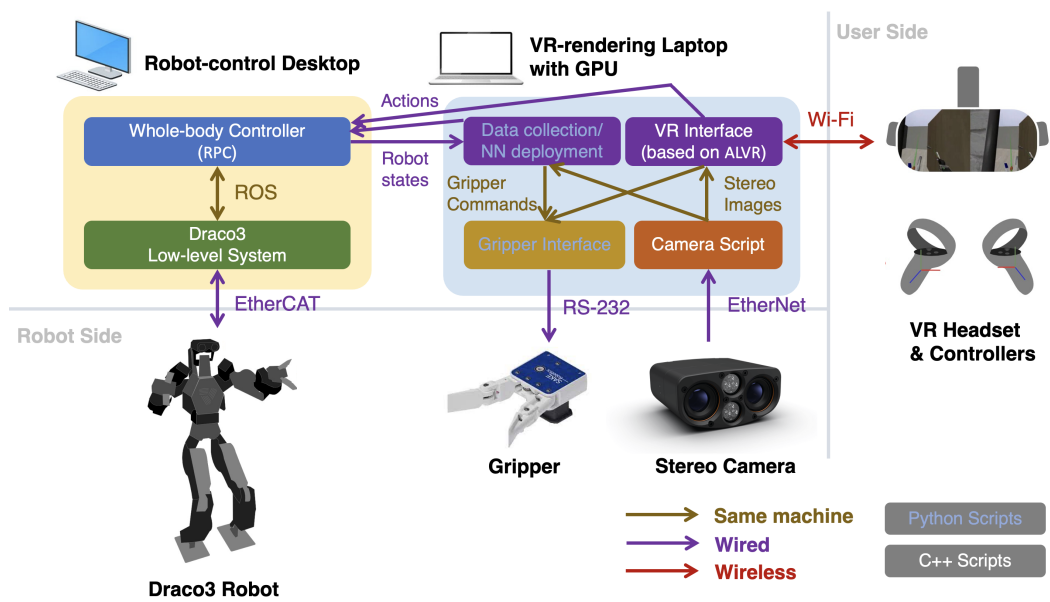


Figure 4.1: The infrastructure used to collect demonstrations and deploy policy on the real robot

# Chapter 5

## Simulation Experiments

## Chapter 6

### Future Works

Immersive demonstration with force feedback

<https://arxiv.org/pdf/2301.09157.pdf>

training techniques used in VR fixed-base

representation learning holodex



## Appendices

## Appendix A

### Lerma's Appendix

The source  $\text{\LaTeX}$  file for this document is no longer quoted in its entirety in the output document. A  $\text{\LaTeX}$  file can include its own source by using the command `\verbatiminput{\jobname}`.

## Appendix B

### My Appendix #2

#### **B.1 The First Section**

This is the first section. This is the second appendix.

#### **B.2 The Second Section**

This is the second section of the second appendix.

##### **B.2.1 The First Subsection of the Second Section**

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##### **B.2.2 The Second Subsection of the Second Section**

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##### **B.2.2.1 The First Subsubsection of the Second Subsection of the Second Section**

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#### **B.2.2.2 The Second Subsubsection of the Second Subsection of the Second Section**

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## Appendix C

### My Appendix #3

#### C.1 The First Section

This is the first section. This is the third appendix.

#### C.2 The Second Section

This is the second section of the third appendix.

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