























































Schedule	Where		What	Tools I Used	Overall, I felt
Starting my Day	Homeroom	Outside	 Morning Announcements/ Pledge of Allegiance	 Help from others	   
	Speech office	OT gym		 Fidgets/handheld	   
	Resource classroom	Gym	 Locker	 Stretching	   
	Different classroom	Desk	 Calendar	 Schedule	
	Hallway		 Bathroom		
	<b>Other places:</b>		<b>Other activities:</b>	<b>Other tools / supports:</b>	<b>Other:</b>
Morning Block	Homeroom	Outside	 Math  Technology	 Help from others	   
	Speech office	OT gym	 Writing  Music	 Fidgets/handheld	   
	Resource classroom	Gym	 Library	 Stretching	   
	Different classroom		 Reading <b>My job:</b>	 Schedule	
	<b>Other places:</b>		 PE  Art	<b>Other tools / supports:</b>	<b>Other:</b>
	<b>I learned:</b>		<b>Other activities:</b>		



























# My School Day

Date:

<b>Lunch Block</b>	Classroom Cafeteria Different classroom <i>Other places:</i>	 Ate  Drank  Talked <i>Other activities:</i>	 Help from others  Fidgets/handheld  Stretching  Schedule <i>Other tools / supports:</i>	            <i>Other thoughts:</i>
<b>Afternoon Block</b>	Homeroom Speech office Resource classroom Different classroom <i>Other places:</i>	<div> <div>  Math   Writing   Reading   PE   Art   I learned:         </div> <div>  Technology   Music   Library  <b>My job:</b> </div> </div> <i>Other activities</i>	 Help from others  Fidgets/handheld  Stretching  Schedule <i>Other tools / supports:</i>	            <i>Other:</i>
<b>Plans for After School:</b>	<div>  Outside          Video games          Play          Store          TV          Read          Library          Art          Technology       </div> <i>Other Plans:</i>			

My Afternoon/ Evening

Date:

Schedule	Where	What	Tools I Used	Overall, I felt
After School	 Outside	 Video games  Run	 Help from others	   
	 Home	 Play  Technology	 Fidgets/handheld	   
	 Store	 TV  Read	 Stretching	   
	 Park	 Art  Car ride	 Schedule	
	 Library	<b>Other activities:</b>	<b>Other tools / supports:</b>	<b>Other:</b>
Dinner	 Home	 Ate	 Help from others	   
	 Other house	 Drank	 Fidgets/handheld	   
	 Restaurant	 Talked	 Stretching	   
	 On the road	<b>Other activities:</b>	 Schedule	<b>Other:</b>
Plans for School Tomorrow:	 Read  Library	 Art  Technology	 Talk  PE	 Music  Math
	<b>Other Plans or ways to prepare:</b>			