

7.3 Trigonometric Substitution

Strategy 21. With square roots and other troublesome factors, it sometimes helps to substitute trigonometric functions in order to use their identities for cancellation.

Expression	Substitution	Differential	Fact to Use
$a^2 - x^2$	$x = a \sin(\theta) \Rightarrow x^2 = a^2 \sin^2(\theta)$	$dx = a \cos(\theta) d\theta$	$1 - \sin^2(\theta) = \cos^2(\theta)$
$a^2 + x^2$	$x = a \tan(\theta) \Rightarrow x^2 = a^2 \tan^2(\theta)$	$dx = a \sec^2(\theta) d\theta$	$1 + \tan^2(\theta) = \sec^2(\theta)$
$x^2 - a^2$	$x = a \sec(\theta) \Rightarrow x^2 = a^2 \sec^2(\theta)$	$dx = a \sec(\theta) \tan(\theta) d\theta$	$\sec^2(\theta) - 1 = \tan^2(\theta)$

Problem 22. Prove $\int \frac{1}{1+x^2} dx = \arctan(x) + C$.

$$\begin{aligned} \text{Let } 1+x^2 &= 1+\tan^2\theta = \sec^2\theta \\ x^2 &= \tan^2\theta \\ x &= \tan\theta \\ dx &= \sec^2\theta d\theta \end{aligned}$$

$$x = \tan\theta \Rightarrow \arctan(x) = \theta$$

$$\begin{aligned} \int \frac{1}{1+x^2} dx &= \int \frac{1}{\sec^2\theta} \sec^2\theta d\theta \\ &= \int d\theta \\ &= \theta + C \end{aligned}$$

$$= \arctan(x) + C \quad \square$$

Problem 23. Evaluate $\int \frac{\sqrt{9-x^2}}{x^2} dx$.

$$\text{Let } 9-x^2 = 9-9\sin^2\theta = 9\cos^2\theta$$

$$\begin{aligned} x^2 &= 9\sin^2\theta \\ x &= 3\sin\theta \\ dx &= 3\cos\theta d\theta \end{aligned}$$

$$\left(\begin{aligned} \frac{\sin^2\theta + \cos^2\theta}{\sin^2\theta} &= \frac{1}{\sin^2\theta} \\ 1 + \cot^2\theta &= \csc^2\theta \end{aligned} \right)$$

$$\begin{aligned} \int \frac{\sqrt{9-x^2}}{x^2} dx &= \int \frac{3\cos\theta}{9\sin^2\theta} 3\cos\theta d\theta \\ &= \int \frac{\cos^2\theta}{\sin^2\theta} d\theta \\ &= \int \cot^2\theta d\theta \end{aligned}$$

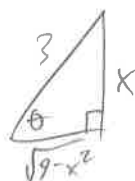
$$= \int \csc^2\theta - 1 d\theta$$

$$= -\cot\theta - \theta + C$$

$$= -\frac{\sqrt{9-x^2}}{x} - \arcsin\left(\frac{x}{3}\right) + C$$

$$\begin{aligned} x &= 3\sin\theta \\ \frac{x}{3} &= \sin\theta \end{aligned}$$

$$\arcsin\left(\frac{x}{3}\right) = \theta$$



$$\cot\theta = \frac{\text{adj}}{\text{opp}} = \frac{\sqrt{9-x^2}}{x}$$

Problem 24. Evaluate $\int \frac{2x}{x^2+1} dx$.

(Smarter way w/out trig!)

Let $u = x^2+1 \Rightarrow du = 2x dx$

$$= \int \frac{du}{u} = \ln|u| + C = \boxed{\ln|x^2+1| + C}$$

OR
Trig
Way

Let $x^2+1 = \tan^2\theta + 1 = \sec^2\theta$

$x^2 = \tan^2\theta$

$x = \tan\theta$

$dx = \sec^2\theta d\theta$

$$= \int \frac{2 \tan\theta}{\sec^2\theta} \sec^2\theta d\theta$$

$$= 2 \ln|\sec\theta| + C$$



$\tan\theta = \frac{x}{1} = \frac{\text{opp}}{\text{adj}}$

$\sec\theta = \frac{\text{hyp}}{\text{adj}} = \frac{\sqrt{x^2+1}}{1}$

$$= \boxed{2 \ln(\sqrt{x^2+1}) + C}$$

$$= \boxed{\ln(x^2+1) + C}$$

Problem 25. Evaluate $\int \frac{1}{x^2\sqrt{x^2+4}} dx$.

Let $x^2+4 = 4\tan^2\theta + 4 = 4\sec^2\theta$

$x^2 = 4\tan^2\theta$

$x = 2\tan\theta$

$dx = 2\sec^2\theta d\theta$

$$= \int \frac{1}{4\tan^2\theta \sqrt{4\sec^2\theta}} 2\sec^2\theta d\theta$$

$$= \int \frac{\sec\theta}{4\tan^2\theta} d\theta$$

$$= \int \frac{\cos\theta}{4\sin^2\theta \cos\theta} d\theta$$

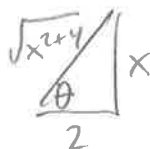
Let $u = \sin\theta$
 $du = \cos\theta d\theta$

$$= \int \frac{du}{4u^2}$$

$$= \int \frac{1}{4} u^{-2} d\theta$$

$$= -\frac{1}{4} u^{-1} + C$$

$$= -\frac{1}{4\sin\theta} + C$$



$\sin\theta = \frac{x}{\sqrt{x^2+4}}$

$$= \boxed{-\frac{\sqrt{x^2+4}}{4x} + C}$$

Problem 26. Evaluate $\int \frac{x}{\sqrt{x^2+4}} dx$.

Smart way:

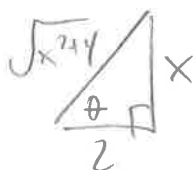
$$\begin{aligned} \text{Let } u &= x^2+4 \\ du &= 2x dx \\ \frac{1}{2} du &= x dx \end{aligned}$$

$$\begin{aligned} &= \int \frac{1/2}{\sqrt{u}} du \\ &= \int \frac{1}{2} u^{-1/2} du \\ &= \frac{1}{2} u^{1/2} + C \\ &= \boxed{\sqrt{x^2+4} + C} \end{aligned}$$

Trig Way

$$\begin{aligned} \text{Let } x^2+4 &= 4\tan^2\theta+4=4\sec^2\theta \\ x^2 &= 4\tan^2\theta \\ x &= 2\tan\theta \\ dx &= 2\sec^2\theta d\theta \end{aligned}$$

$$\begin{aligned} &= \int \frac{2\tan\theta}{\sqrt{4\sec^2\theta}} 2\sec^2\theta d\theta \\ &= \int 2\sec\theta \tan\theta d\theta \\ &= 2\sec\theta + C \end{aligned}$$



$$\begin{aligned} &= 2 \frac{\sqrt{x^2+4}}{2} + C \\ &= \boxed{\sqrt{x^2+4} + C} \end{aligned}$$

Problem 27. Evaluate $\int_0^{3\sqrt{3}/2} \frac{x^3}{(4x^2+9)^{3/2}} dx$.

Hard &

Smart way:

$$\begin{aligned} \text{Let } u &= 4x^2+9 \\ x^2 &= \frac{u-9}{4} \end{aligned}$$

$$\begin{aligned} du &= 8x dx \\ \frac{1}{8} du &= x dx \end{aligned}$$

$$\begin{aligned} &= \int_0^{3\sqrt{3}/2} \frac{x^2}{(4x^2+9)^{3/2}} x dx \\ &= \int_{x=0}^{x=3\sqrt{3}/2} \frac{u-9}{4} \frac{1}{8} \frac{1}{u^{3/2}} du \\ &= \int_{x=0}^{x=3\sqrt{3}/2} \frac{u-9}{32u^{3/2}} du \end{aligned}$$

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$$\begin{aligned} &= \int_{x=0}^{x=3\sqrt{3}/2} \frac{1}{32} u^{-1/2} - \frac{9}{32} u^{-3/2} du \\ &= \left[\frac{1}{16} u^{1/2} + \frac{9}{16} u^{-1/2} \right]_{x=0}^{x=3\sqrt{3}/2} \\ &= \left[\frac{\sqrt{4x^2+9}}{16} + \frac{9}{16\sqrt{4x^2+9}} \right]_0^{3\sqrt{3}/2} \\ &= \left(\frac{\sqrt{4(\frac{3\sqrt{3}}{2})^2+9}}{16} + \frac{9}{16\sqrt{4(\frac{3\sqrt{3}}{2})^2+9}} \right) - \left(\frac{\sqrt{9}}{16} + \frac{9}{16\sqrt{9}} \right) \\ &= \left(\frac{6}{16} + \frac{9}{16(6)} \right) - \left(\frac{3}{16} + \frac{9}{16(3)} \right) \\ &= \frac{36+9-18-18}{16 \cdot 6} = \frac{9}{16 \cdot 6} = \frac{3}{16 \cdot 2} \\ &= \boxed{\frac{3}{32}} \end{aligned}$$

Trig Way

$$\begin{aligned} \text{Let } 4x^2+9 &= 9\tan^2\theta+9=9\sec^2\theta \\ 4x^2 &= 9\tan^2\theta \\ 2x &= 3\tan\theta \\ x &= \frac{3}{2}\tan\theta \\ dx &= \frac{3}{2}\sec^2\theta d\theta \end{aligned}$$

$$\begin{aligned} &= \int_{x=0}^{x=3\sqrt{3}/2} \frac{27/8 \tan^3\theta}{(9\sec^2\theta)^{3/2}} \frac{3}{2} \sec^2\theta d\theta \\ &= \int_{x=0}^{x=3\sqrt{3}/2} \frac{1/8 \tan^3\theta}{\sec^3\theta} \frac{3}{2} \sec^2\theta d\theta \\ &= \frac{3}{16} \int_{x=0}^{x=3\sqrt{3}/2} \frac{\tan^3\theta}{\sec\theta} d\theta \\ &= \frac{3}{16} \int_{x=0}^{x=3\sqrt{3}/2} \frac{\tan\theta(\sec^2\theta-1)}{\sec\theta} d\theta \end{aligned}$$

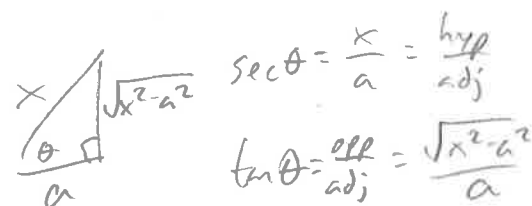
$$\begin{aligned} &= \frac{3}{16} \int_{x=0}^{x=3\sqrt{3}/2} \sec\theta \tan\theta - \sin\theta d\theta \\ &= \left[\frac{3}{16} (\sec\theta + \cos\theta) \right]_{x=0}^{x=3\sqrt{3}/2} \end{aligned}$$

= etc.

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Problem 28. Evaluate $\int \frac{dx}{\sqrt{x^2 - a^2}}$ for $a > 0$.

$$\begin{aligned} \text{Let } x^2 - a^2 &= a^2 \sec^2 \theta - a^2 = a^2 \tan^2 \theta \\ x^2 &= a^2 \sec^2 \theta \\ x &= a \sec \theta \\ dx &= a \sec \theta \tan \theta d\theta \end{aligned}$$



$$\sec \theta = \frac{x}{a} = \frac{\text{hyp}}{\text{adj}}$$

$$\tan \theta = \frac{\text{opp}}{\text{adj}} = \frac{\sqrt{x^2 - a^2}}{a}$$

$$= \int \frac{a \sec \theta \tan \theta}{a \sec \theta \tan \theta} d\theta$$

$$= \int \sec \theta d\theta$$

$$= \ln |\sec \theta + \tan \theta| + C$$

$$= \ln \left| \frac{x}{a} + \frac{\sqrt{x^2 - a^2}}{a} \right| + C$$

$$= \ln |x + \sqrt{x^2 - a^2}| - \ln a + C$$

$$= \ln |x + \sqrt{x^2 - a^2}| + C$$

Problem 29. Evaluate $\int \frac{1}{\sqrt{3 - 2x - x^2}} dx$. *Hint* Complete the square.

$$= \int \frac{1}{\sqrt{4 - (x+1)^2}} dx$$

$$\begin{aligned} \text{Let } 4 - (x+1)^2 &= 4 - 4\sin^2 \theta = 4\cos^2 \theta \\ (x+1)^2 &= 4\sin^2 \theta \\ x+1 &= 2\sin \theta \\ dx &= 2\cos \theta d\theta \end{aligned}$$

$$= \theta + C$$

$$\begin{aligned} \sin \theta &= \frac{x+1}{2} \\ \theta &= \arcsin\left(\frac{x+1}{2}\right) \end{aligned}$$

$$= \arcsin\left(\frac{x+1}{2}\right) + C$$

$$= \int \frac{1}{\sqrt{4\cos^2 \theta}} 2\cos \theta d\theta$$

$$= \int 1 d\theta$$

Suggested Homework: Section 7.3 numbers 2, 4, 5, 7, 9, 10, 11, 16, 22