

## Pulmonology Medical History

Patient: Sarah Johnson

Date: 10/26/2024

Age: 58

Gender: Female

Chief Complaint

"Getting winded easily when walking up stairs for the past 3 months"

History of Present Illness

Progressive dyspnea on exertion for 3 months

Symptoms worse with humidity and cold air

Occasional dry cough, especially in mornings

No hemoptysis

No chest pain with breathing

Can walk 1 block before becoming short of breath

No recent respiratory infections

No fever or night sweats

Past Medical History

Hypertension

Type 2 Diabetes

Hyperlipidemia

Previous ankle fracture (2015)

No history of asthma or COPD

No history of pneumonia or TB

Respiratory Risk Factors

Former smoker (20 pack-year history, quit 10 years ago)

No occupational exposures

No known asbestos exposure

No recent travel

Medications

Metformin 1000mg BID

Lisinopril 20mg daily

Atorvastatin 40mg daily

Aspirin 81mg daily

No current inhaler use

Social History

Retired teacher (no occupational exposures)

Lives with spouse in single-story home

No pets

No mold exposure

Moderate alcohol use

No current tobacco use

## Review of Systems

### Respiratory

(+) Exertional dyspnea

(+) Morning cough

(-) Hemoptysis

(-) Pleuritic chest pain

(-) Wheezing

(-) Sputum production

(-) Night sweats

### Vital Signs

RR: 18

O2 Sat: 96% on RA

BP: 142/88

HR: 82

Temperature: 98.6°F

### Physical Exam

No use of accessory muscles

Normal respiratory effort at rest

Lung fields clear to auscultation

No wheezing or crackles

Good air movement throughout

No chest wall tenderness

Normal tactile fremitus

No clubbing of digits

No cyanosis

### Pulmonary Function Tests (if available)

FEV1: Pending

FVC: Pending

DLCO: Pending