

# HELEN SHRESTHA

Student



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4372553531



Email  
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Location  
26 Thistlewaite crescent , Scarborough

## + SUMMARY

- Dynamic and organized Worker with a passionate mind of providing best results.
- Adept of handling various kitchen tasks including food preparation, dish washing and maintaining cleanliness.

## + EDUCATION

### Diploma in computer programming

Georgian College / Toronto / January, 2024 - Present

- Currently enrolled in Computer Programming Course with the expected graduation till August 2024.

### High School

XAVIER INTERNATIONAL SECONDARY SCHOOL / Kathmandu / July, 2020 - August, 2022

## + WORK EXPERIENCE

### Dishwasher (Cleaning)

Marbl / Toronto King Street West / October, 2023 - February, 2024

### Kitchen Helper

Hakka Bistro / Parliament St, Toronto / May, 2023 - September, 2023

### Server

Bajeko Sekuwa / Kathmandu, Nepal / September, 2022 - January, 2023

## + ACHIEVEMENTS

### Employee of the month

- Recipient of employee of the month on December 2023 for consistently demonstrating exceptional dedication, outstanding performance and a strong commitment to work.
- Recognized for going above and beyond in delivering results and contributing to collaborative work environment.

## + SKILLS

- Communication
- Customer Service
- Serving and Teamwork
- Physical Indurance
- Basic Culinary Skills
- Food safety and sanitation
- Dishwashing and Kitchen Equipment Operation

## + LANGUAGE

- Nepali ● ● ● ● ●
- English ● ● ● ● ●
- Hindi ● ● ● ● ●

## + REFERENCES

### Shristi Pun

Margo