


YOUR MISSION

To be One of 1000 Stoics to engage in acts of kindness and/or service during the month of April.



Fun Fact: The Stoic Fellowship Month of Service was inspired by the birthday of Marcus Aurelius (April 26) who wrote “**Let your one delight and refreshment be to pass from one service to the community to another, with God ever in mind.**” [6:7].

So in this spirit, and in his honor, we announce the 1st...

ONE THOUSAND STOICS CHALLENGE

Here's what to do!


1 Engage in a kind/helpful activity of your choice. You can do this in the circles closest to you (family, friends) or in wider social roles (community, charity) or the widest circles (humanity and nature) For ideas, check out this amazing website:

<https://medium.com/stoics-in-action/stoic-month-of-service-the-1000-stoics-challenge-d767bdd12730>

2 Fill out this super-simple Google form to say that you participated in the One Thousand Stoics Challenge:
[Super-Simple Form](#)

Here are some ideas from around the fellowship:

- ▶ Send a letter of appreciation to somebody in your life, thanking them for something they have done or just for being a part of your life
- ▶ Send a care package to a deployed soldier
- ▶ Reach out to a lonely person
- ▶ Donate books to the library
- ▶ Donate blood or platelets
- ▶ Volunteer at shelter or food bank
- ▶ Share your talents with someone who needs a hand
- ▶ Learn CPR
- ▶ Prepare an Emergency Kit
- ▶ Participate in community clean up
- ▶ Volunteer at an animal shelter
- ▶ Make a donation to a charity
 - ▶ Write an encouraging note to someone facing a challenge
 - ▶ Recycle
 - ▶ Take a walk in nature
 - ▶ Plant a garden



An anonymous benefactor will also donate 50 cents for every valid form completed (up to \$500) to the **TSF Pioneer Program**—which collects the stories of modern Stoics and supports the Fellowship's endowment.

You are hereby challenged!

Together we make a difference.



The Stoic Fellowship

<https://stoicfellowship.com/>