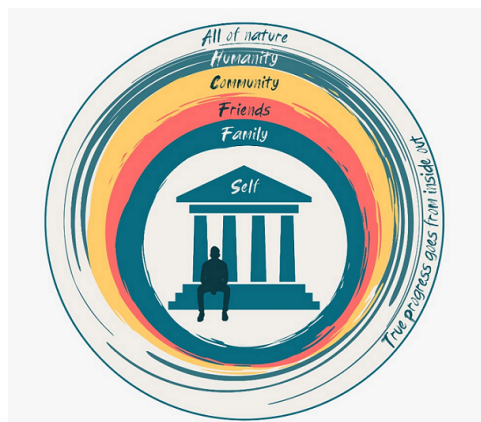


2023 Month of Service Participation Booklet



Sign up here to join the effort and receive updates:

[The 2023 - 1000 Stoics Challenge](#)

Social by Nature - we are made for each other, not to hinder but to help. In this Spirit the Month of Service was created to celebrate 'kindness and care' in the Month of April, in honor of Marcus Aurelius birthday (4/26).

As part of this celebration **The 1000 Stoics Challenge** was created and has become an annual feature. In the first year there were 95 good deeds and in 2022: 165. 1000 acts of kindness hasn't been achieved yet, but progress is being made and you can help!

What is the essence of this challenge?

1. In April, do a good deed
2. Share the good deed with the community
3. Good deeds are counted and acknowledged

How to participate:

As part of the principle of oikeiosis, we are encouraged to expand our kindness from acts of self-care to caring of nature and everything in between. Here are some examples...

Self-care: Choose a healthy snack, meditate, journal, exercise

Family: Express gratitude, schedule quality time, comfort and encourage

Friends: Make a new friend, reconnect with an old one

Community: volunteer at a food bank, give blood, participate in a park clean-up

Humanity: promote peace, justice, and those things that make the world better for everyone

Nature: pick up litter, donate to an environmental fund, feed the birds

Share with the Community

Using the form below, record your good deed so that it can be added to the total. There will be an option to remain anonymous, in which case the deed may be counted but the benefactor's name withheld.

Sharing form:

<https://forms.gle/duf4RJ4Y3j14RGM5A>

Photo upload:

<https://forms.gle/BkXRPgmhumkLNd2J7>

*One photo of up to 10mb may be uploaded. To share additional photos please send to james@stoicfellowship.com

**Photos will be posted on social media to celebrate and inspire

Counted and Acknowledged

All good deeds are counted and there is no limit to a person's participations, in fact, there is an opportunity to earn a badge for each week of the challenge:

2023 Theme: Oikeiosis

Week 1: April 1 - 7 Self-Care

Week 2: April 8-14 Friends & Family

Week 3: April 15-21 Community and Human Family

Week 4: April 22-28 World and Nature

April 29-30 Intergenerational: Young help the old and old help the young

Here are the badges you can earn during the month - a jpeg will be sent for you to display as desired.



Everyone who collects all the awards will the Everyday Hero Badge:



Badge Designs By [Stoic People](#)

Acknowledgement for Stoas

All stoas that participate will have the Spartan icon displayed in front of their Stoa's listing in the 2023 Indifferents Quarterly newsletters. Stoas that have at least one member, earn a badge in each of the five areas will be acknowledged in I.Q. with a golden Spartan



Acknowledgement for Regions

Returning in 2023 will be the regional challenge, with the Region that has the most participations acknowledged in Indifferents Quarterly and earning bragging rights for the year.

Bonus

In addition to these acknowledgements, there will be a regular drawing for Thank You Gifts held at the end of each week. Prizes may include Amazon gift cards and 2023 Challenge T-shirts

Now it's up to you!

How will you participate and celebrate the rational and social part of our nature? This is an opportunity, at least for a moment or two, to be something you've always wanted to be...

To be the strength, the calm, the care, the joy, the encouragement, the hand up, the pat on the back, the warm embrace.

In the end, the challenge is about manifesting virtue in the world. In fulfilling our nature there are no limits to what we can be...for ourselves and for others.

Join us in 2023 as we aim to contribute a measure of virtue to the world.

Sign up to join the effort and receive updates:

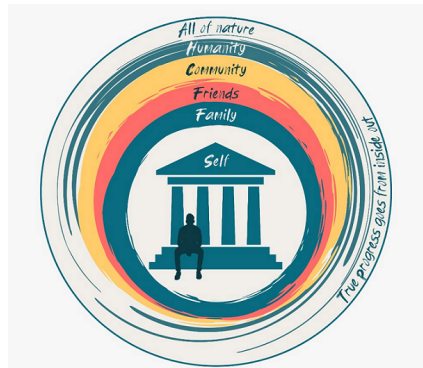
[Challenge Participant](#)

Track our collective progress via the "[1000 Stoics Challenge Care-o-meter](#)":

Legacy Gear

Support the Stoic Fellowship with the purchase of a **Month of Service T-shirt or sweatshirt**. It is the gift that keeps on giving. Each purchase counts as a good deed for the challenge and part of each purchase helps build the Fellowship Endowment, which aims to make The Stoic Fellowship financially self-sustaining.

Join the Month of Service Team competition by choosing your favorite style. Each item contains the 2023 Logo:



Purchase this design to support Team A (Kellys)

Purchase this design to support Team B (James)



1000 Stoics Challenge Sweatshirt

\$40.00

Select options



1000 Stoics Challenge Tee

\$30.00

Select options



1000 Stoics Challenge Sweatshirt

\$40.00

Select options



1000 Stoics Challenge Tee

\$30.00

Select options

In the end everyone wins!

Get your Shirt today! <https://wares.stoicfellowship.com/>

Note: The incentives are in celebration and gratitude, as an extra fun and social element. The true reward, of course, is virtue for its own sake.